

CENTURION FOOTNOTES

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DATES ... DATES ... DATES

On the local front, our Australian Centurions qualifier leads what is sure to be a busy 2023 year. A number of our Centurion race dates have already been set.

Apr 15-16, 2023	2023 Australian Centurions 100 Miles Qualifier See http://www.coburg24hr.org/24hr/	Coburg, VIC, AUS
May 27-28, 2023	2023 Continental Centurions 100 Miles Qualifier See https://www.olat.nl/iwe	Weert, NED
June 3-4 2023	2023 USA Centurions 100 Miles Qualifier See https://fansultraraces.org/	Bloomington, MN, USA
Aug 19-20, 2023	2023 English Centurions 100 Miles Qualifier Entries at https://www.entrycentral.com/Middlesbrough_100_mile_Challenge	Middlesbrough, GBR
Sept 22-23 2023	2023 NZ Centurions 100 Miles Qualifier See https://nz.srichinmoyraces.org/races/auck/24hr	Auckland, NZL

Internationally, the following ultra walks are on the horizon

Mar 25-26, 2023	24 Heures de Château-Thierry
Apr 29-30, 2023	Marche du Grand Est (awaiting confirmation)
May 30 – Jun 3, 2023	Paris-Alsace Crédit Mutuel

As always, check the AURA calendar for the latest Australian news (<https://www.aura.asn.au/2023-aura-calendar-of-events/>).

PRAMESH PRASAD AT THE 2023 WORLD CROSS COUNTRY

I reported in our last newsletter that **Pramesh Prasad (C81)** had been selected as part of the Fijian team to contest Open Men's race at the World Cross Country Championships in Bathurst, NSW, on Saturday 18th February. Well, he made it to Bathurst and competed, as evidenced by the following photo. Well done Pramesh!

I was able to watch the races on TV and did manage to see Pramesh running as part of a group early in the event. But things did not go to plan. Let me explain. A very worrying storm front was scheduled to hit Bathurst late afternoon and the organisers were so concerned that they decided to start the final event (the Open Men's 10km) 30 minutes earlier. This was only announced 1 hour before the scheduled start time so you can imagine the team managers running around looking for their athletes to let them know to bring forward their warm ups. Anyway, word spread and the race got underway at the earlier time. But the stormy conditions came through even earlier than expected, with the last laps being run in gale force winds, thunder and lightning and heavy rains. This forced the organisers to stop the back of the field at the start of the last lap. Pramesh was one of those effected, and the results show him as a DNF, along with a number of others. It was a disappointing outcome for him, but it was still wonderful to be part of the World Cross Country experience. (PS: There is a push to get World Athletics to give all the runners a position and points in both the Open Men's and Open Women's championships, where runners were stopped.)

And his WCC representation has an interesting footnote. At 13 years old, Pramesh was selected in the Fijian Junior team for the 1988 World Cross Country Championship in NZ. He was first reserve but could not travel with the team as he was too young. He had the uniform, visa and bag packed and was ready to go if any junior team member couldn't race. Now finally after 34 years, his dream to compete in the World Cross Country Championship came true. From being the youngest athlete in 1988 World Cross Country Championship to now being the oldest athlete ever to compete in the Open Mens in 2023 at age 48.

His final thought: *We should never stop running after our dream, if you work hard, we can get there.*



Pramesh checking out the course in Bathurst the day before the World Cross Country race

You can read more about Pramesh’s career at <http://www.vrwc.org.au/tim-archive/articles/wv-pramesh-prasad.pdf>.

COBURG 24 HOUR ENTRIES

With the Coburg 24 Hour Carnival now less than 4 weeks away, here is a list of walk entries. We have a strong field in the men’s 24 Hour Walk and I am hopeful of seeing a number of new Australian Centurions. The other walk divisions are a bit thin on for competitors at the moment but I am hopeful that will change by race day. If you are Melbourne based, make sure you come down to Coburg on the weekend of 15-16 April and help support the walkers. Event website at <http://www.coburg24hr.org/24hr/race-entry/>.

24H Walk Women - 1			
Zakis, Marnie	1974	VIC	I know Marnie from the racewalking world, where she competes in Melbourne. She started running in 2013, never having run a km in her life. She completed the Princes Park 6 Hour Run in 2018 and racewalked the 2020 Virtual Melbourne Marathon half marathon in December 2020. She then turned her sights on Coburg, entering the 2021 6H walk division and winning with a great first up 45.421km. She returned in 2022 for the 12 Hour walk and this year she has upped the ante even further, nominating the 24H walk.
24H Walk Men - 7			
Hunter, Hugh	1960	VIC	Hugh, who first ran at Coburg way back in 2008, has done a huge number of marathons and ultra races (heading towards 200) throughout Europe/America/Africa and has a 24H Run best of 188 km, set in 2004. Over the years he has challenged himself with events that are off the beaten track, like the Marathon de Sables (254km across the Sahara) and the Yukon Arctic Ultra (300 miles). He shows his Scottish background by competing in a kilt so he is instantly recognizable on the track. Spent nearly 3 years working overseas in the Middle East from 2014 to 2016 (not exactly an ultra running climate) but returned to Melbourne in 2017, adding to his Coburg tally with finishes in the 2017 and 2018 and 2021 Coburg 24H runs. This year, he has swapped to his walking shoes and will do the 24H walk. We welcome him back for his

			sixth Coburg appearance.
Isaacs, David	1962	VIC	David competed in his first ever ultra at the 2021 Coburg Carnival, walking to a total distance of 107.573km in the 24H division. He was back again in 2022 with 91.300km. He returns this year for his third 24H walk attempt. Welcome back, David!
Kandelaars, Arie	1964	NED	Arie is one of our overseas walkers looking for a centurion walk finish (100 miles) this year. It will be his fourth visit downunder, after falling short of the required total in our 2018, 2019 and 2022 events. It's a case of returning to complete unfinished business. Arie himself has 5 Centurion badges to his credit: African (2016, 23:52:00), English (2017, 23:49:27), NZ (2017, 23:36:29), Continental and USA (2018, 23:52:14). Five badges in quick succession and the aim is to add a sixth one in Coburg 2023.
Leijtens, Thomas	2001	NED	22 year old Thomas is another of our overseas walkers. Although very young by ultra standards, he has walked 50 miles+ on approx 40 occasions, around 20 of them being 100km+ and 4 of them 100 miles. He has a 50 miles PB of 9:37:30, done in the Netherlands in 2019. An exciting addition to our walking field.
Richardson, Saul	1973	NSW	Saul had his first ever long walk at the 2012 Sri Chinmoy 24H in Sydney, completing a good 128.8km. He then became a regular on the ultra scene, amassing walk PBs of 43.492km (6H), 80.800km (12H) and 139.028km (24H). He has 5 previous Coburg appearances and is back again in 2023.
Svensson, Christer	1969	SWE	Christer has been one of Sweden's top walkers, both in racewalking and ultra walking modes, for many years now. He won the Swedish 50km racewalk way back in 1995 (4:26:06) and represented Sweden on multiple occasions in the IAAF Racewalking World Championships in the 50km (1999, 2006 and 2008). He has 3 Centurion badges (Continental C375 2009 22:09:06, English C1110 2013 20:19:28 and US C82 2016 20:14:50) and it will be great to see him in action here in Melbourne. He is still in great shape, as evidenced by his walk distance of 181km in the recent Rouen 28 Hour Walk in France.
12H Walk Women - 1			
Fitton, Susan	1969	VIC	Sue tells me that she loves our race so much that she has decided to dip her toes into the ultra world and try the 12H walk this year. Great to see!
12H Walk Men - 1			
Watt, Bruce	1939	VIC	Bruce, born in 1939, will be our oldest competitor this year. He ran marathons back in the 70's and 80's (31 in total). he returns in 2023 with the 6H walk. It will be wonderful to see him in action at Coburg and I am sure he will get lots of support from us all.
6H Walk Women - 1			
Primasari, Nita	1990	VIC	This will be Nita's first ultra and she says she is looking forward to it. So are we, Nita!
6H Walk Men - 1			
Haverly, Steven	1959	VIC	Steve does the occasional racewalk here in Melbourne and been saying for some time now that he wanted to try a longer walk. This year's the year. Welcome aboard, Steve.

24 HEURES DE BOURGES, BOURGES, FRANCE, 25-26 FEBRUARY 2023

Late February saw Emmanuel Tardi in Bourges, 200km south of Paris, for the annual French 100km Championships, held in conjunction with the 24 Heures de Bourges. Each lap was 2.5km in length, with a smaller 600m lap in operation during the final hour. The start time was 1PM. Emmanuel tells me that the numbers were smaller than usual.

In the women's event, 32 year old **Morgane Ausello** started fast, reaching the 50km mark in 5h20, en route to a sub 11 hour finish, but after 60km She fainted, fell, and lost consciousness and had to be taken from the track. The good news is that she has fully recovered. Once she had retired, **Veronique Bessot** took over, reaching the 100km in 12:22:36 to take the French title. She then retired, leaving **Sylvie Maison** to stride to victory in the 24 Hour event with a distance of 175.932 km.

In the men's event, **Florian Letourneau** walked for 3 hours with **Alexandre Forestieri** before powering away, going on to win both the 100km (10:58:43) and the 24 Hour (194.555 km). He looks the man to beat in this month's French 24 Hour Championship Chateau-Thierry (to be held on the weekend of 25-26 March). But French 50km world record holder Yohann Diniz is intending to start so hold the front page!

Daniel Bocuze won the 2 x 6 Hour event with 998.019 km. As usual there were short distance races (10km and 5km) on the Sunday morning but the numbers were small.

24 Hour Walk Women

1.	MAISON Sylvie	Strasbourg Aa	175.932 km	7.331 km/h
2.	CAOUDAL Claire	Cm Roubaix	153.098 km	6.379 km/h
3.	BIZARD Claudie	Thiais Ac	152.139 km	6.339 km/h
4.	BIRAUD Sylvie	Athletisme Sud 17	148.299 km	6.179 km/h
5.	ARNAULT Françoise	Neuilly Sur Marne Athletisme	119.763 km	4.990 km/h

24 Hour Walk Men

1.	LETOURNEAU Florian	Ac Chateau Thierry	194.555 km	8.106 km/h
2.	ERARD Christophe	Asm Bar-le-duc	178.328 km	7.430 km/h
3.	MALFONDET Alain	NI Paris	176.625 km	7.359 km/h
4.	LETESSIER Gilles	Entente Rochefort Ocean Athlet	173.196 km	7.217 km/h
5.	MAILLOT Marc	Grac Athletisme*	160.757 km	6.698 km/h
6.	BOURICHON Christophe	Us Champagne-sur-seine	160.199 km	6.675 km/h
7.	PINEAU Laurent	Athletisme Sud 17*	158.927 km	6.622 km/h
8.	FORESTIERI Alexandre	Ust Courir A Saint Tropez	157.604 km	6.567 km/h
9.	RIGAL Jean-marc	Domont Athletisme	156.181 km	6.508 km/h
10.	VICTOR Etienne	Arnouville Gonesse Villiers-le	156.035 km	6.501 km/h
11.	SADET Francois	NI Mery Es Bois	144.157 km	6.007 km/h
12.	ARNAULT Jacques	Neuilly Sur Marne Athletisme	142.263 km	5.928 km/h
13.	ENJOLRAS Jean-claude	NI Les Abrets En Dauphine	126.243 km	5.260 km/h

100km Women French Championship

1.	BESSOT Veronique	MAF/62	Domont Athletisme	12:22:36
2.	MAISON Sylvie	MAF/73	Ill Bruche A Lingolsheim	13:00:15
3.	CAOUDAL Claire	MAF/69	Cm Roubaix	14:31:15
4.	BIRAUD Sylvie	MAF/67	Haute Saintonge Athlé	14:53:56
5.	BIZARD Claudie	MAF/59	Thiais Ac	15:35:09
6.	ARNAULT Françoise	MAF/48	Neuilly Sur Marne Athletisme	19:16:97
	AUSELLO Morgane	SEF/92	Nice Cote D:azur Athletisme	DNF

100km Men French Championship

1.	LETOURNEAU Florian	MAM/88	Ac Chateau Thierry	10:58:43
2.	FORESTIERI Alexandre	MAM/82	Ust Courir A Saint Tropez	11:46:29
3.	ARNAULT Jacques	MAM/62	Neuilly Sur Marne Athletisme	12:07:45
4.	LANEAU Maxime	MAM/84	Us Camon	12:27:43
5.	ERARD Christophe	MAM/70	Asm Bar-le-duc	12:37:46
6.	MONTANI Alexandre	MAM/66	As Monaco	12:44:34
7.	GROS Gildas	MAM/67	Cis Anould	12:46:03
8.	SEFFARI Abdelaziz	MAM/58	Afa Feyzin-venissieux	13:20:44
9.	VANDENBERGHE Renaud	MAM/70	Marne Et Gondoire Athletisme	13:28:04
10.	BOURICHON Christophe	MAM/70	Us Champagne-sur-seine	13:52:02
11.	PINEAU Laurent	MAM/68	Haute Saintonge Ath	14:05:02
12.	MAILLOT Marc	MAM/59	Grac Renwez	14:12:58
13.	RIGAL Jean-Marc	MAM/59	Domont Athletisme	15:05:24
14.	BATTIST Bruno	MAM/55	Domont Athletisme	16:10:12
15.	GIRAUDEAU Denis	MAM/51	Ulac Pays Fouesnantais	16:14:42
16.	MARTINUZZI Pierre	MAM/73	Domont Athletisme	21:47:56

2 x 6 Hour Walk

1.	BOCUZE Daniel	MAM/55	Fac Andrezieux	98.019 km
2.	LABARRE Bertrand	MAM/57	Cs Provins Athletisme	88.460 km
3.	TILLIER Ludovic	MAM/79	Le Chesnay-rocuencourt	83.252 km
4.	MOUGENOT Patrick	MAM/63	Marne Et Gondoire Athletisme	82.597 km
5.	GALMICHE Catherine	MAF/57	Arnouville Gonesse	45.000 km
6.	MOREIRA Brigitte	MAF/65	Ca Foecy	35.000 km

10 km Walk

1.	BOYER Nicolas	MAM/77	Us Champagne-sur-seine	55:06
2.	BIZARD Lucie	SEF/90	Stade Francais	57:05
3.	BABOIN Michel	MAM/56	Saran Loiret Athletic Club	1:00:00
4.	TARDI Emmanuel	MAM/67	La Postillonne Longjumeau	1:32:43



Florian Letourneau with Alexandre Forestieri behind, Alain Malfondet and Christophe Erard



Claudie Bizard, Claire Caoudal, Sylvie Maison and Veronique Bessot (photos Emmanuel Tardi)

24 HEURES DE CAPITANY, COLOMIERS, FRANCE, 25-26 FEBRUARY 2023

Thanks to Emmanuel for the results of this new 24 Hour walk, held in the town of Colomiers in southern France. This meet has been going since 2018 but its longest category up till now has been 12 Hours. This year, it was extended to include the 24 Hour category. Overall, that means 4 races are now contested: 24 Hours (run and walk), 12 Hours (run and walk), 6 Hours (run and walk), 3 Hours (run only). All races were held on a loop of approximately 1.2km, completely flat and protected. The run fields were large. The walk fields weren't too bad either, with 32 walkers in total. See more at <https://www.runningmag.fr/12038/les-12h-de-capitany.html>. No big walk distances, as unfortunately it was held on the same weekend as the 24 Heures de Bourges.

24 Heures de Capitany à la Marche

1.	DELANGE Dominique	149.842 km	
2.	VEROVE Eric	146.470 km	
3.	BARBIER Florence	138.602 km	
4.	MOUTIER Jacques	138.602 km	
5.	MUNCH Frederic	134.106 km	
6.	ODOUARD Dominique	131.858 km	
7.	GANCI Anne-Marie	128.486 km	
8.	ROCCO Jean Marie	122.866 km	
9.	DEGEORGE Laurent	121.742 km	
10.	KRENKE-LAROCHE Alexandra	114.998 km	
11.	RATEAUX Floriane	111.626 km	
12.	MEDICI Christian	106.006 km	
13.	IZQUIERDO Esther	90.270 km	
14.	BLEUZE Valérie	88.022 km	
15.	VALDERRAMA Stéphanie	85.774 km	
16.	GOUPIL Maxime	81.278 km	
17.	PIERRE Patrick	71.162 km	
18.	CORMIER Mireille	68.914 km	
	DECAMPS Julie	DNF	(38.566 km)

12 Heures de Capitany à la Marche

1.	KLEIN Cyril	71.162 km	
	GOURVES Jennifer	DNF	(50.930 km)

6 Heures de Capitany à la Marche

1.	LACHE Cyrille	54.302 km	
2.	GAUTRET Bruno	47.558 km	
3.	CANTET Nadège	45.310 km	
4.	OMPRARET Odile	45.310 km	
5.	CAZENAVE Vincent	44.186 km	
6.	RAMANOEL Richard	39.690 km	
7.	BOULAIS Yvette	38.566 km	
8.	LAFFARGUE Georges	38.566 km	
9.	DINTILHAC Alain	37.442 km	
10.	RAKINIC Laëtitia	37.442 km	
11.	SAVARE Valerie	36.318 km	
12.	COSSON Maryse	27.326 km	



Florence Barbier, Cyrille Lache and Dominique Delange (photos Emmanuel Tardi)

2022 AUSTRALIAN CENTURION WALKERS AGM

Our Australian Centurions 2022 Annual General Meeting was held at The Glasshouse restaurant in Caulfield East (Melbourne) on Sunday 26th February 2023, starting at 12:30PM and followed by lunch. The minutes of the AGM can be read at <http://centurions.org.au/documents/2022%20AGM%20Minutes.pdf>.

The meeting confirmed the Australian Centurions committee which will lead us in 2023. Only 1 change, as we welcomed Pramesh Prasad (C81) to the General Committee.

Club Executive	President	Terry O'Neill (C 18)
	Vice President	David Billett (C 50)
	Treasurer	Stuart Cooper (C 5)
	Secretary	Tim Erickson (C 13)
General Committee	Records and Rankings Officer	Tim Erickson (C 13)
	Assistant Secretary	-
	Up to two general members of Committee	Karyn O'Neill (C 45)
		Michelle Thompson (C 58)
		Pramesh Prasad (C 81)

We had 2 items of General Business.

- The announcement of the winner of the 2022 Gordon Smith Award (see below).
- Details of a refresh for our Centurion polo shirts (see below).

2022 GORDON SMITH AWARD GOES TO

This annual award, named after Australian Centurion Number 1, is awarded for the **Best Australian Ultra Distance Walking Performance of the Year**. Award criteria are as follows

- It is restricted to performances done in Australia.
- It is awarded for the best SINGLE performance.
- All Australian Centurions will vote on a short list of performances, as proposed by the Executive.

Previous winners are	2005 Deryck Skinner (C 51)	2006 Stan Miskin (C 23)
	2007 Terry O'Neill (C 18)	2008 Deryck Skinner (C 51)
	2009 Peter Bennett (C 24)	2010 Peter Bennett (C 24)
	2011 Michelle Thompson (C 58)	2012 Barry Loveday (C 62)
	2013 Tim Erickson (C 13)	2014 Michelle Thompson (C 58)
	2015 John Kilmartin (C 67)	2016 Linda Christison
	2017 Robin Whyte (C29)	2018 Claire Tallent
	2019 Gerald Manderson (C31)	2020 Not Awarded
	2021 Pramesh Prasad (C81)	

We had 3 nominations for 2022, as proposed by our Executive:

- **Joffrid Mackett (C82):** 23:32:07 in his first ever ultra walk
- **Remy van den Brand (C83):** dominating our Centurion qualifier in Coburg
- **David Billett (C50):** A masterful walk in the Adelaide 6 Day Race

Voting has finished and I am pleased to announce that the 2022 Gordon Smith Award winner is **David Billett (C50)**.

52 year old David was the standout walker in the annual Adelaide 6 Day walk, held in October 2022 in that city. He walked magnificently to work his way through the field of runners and snatch second place overall in the dying hours. His final distance of 607.921 km was an Australian Residential record, second only to Gerald Manderson's All-Comers record of 622.000km. On the way through, he bettered Peter Bennett's 200km walk Open record of 29:35:53 with his time of 29:17:54 and bettered Justin Scholz's Open 500km record time of 4D + 23:00:04 with his time of 4D + 20:29:53. These performances were of course also M50 Residential and All-Comers records.

No less significantly, David also completed 100 miles in the first 24 hours of the event (something he has done in quite a few multi-day events). His 100 mile time, rounded up to the end of his current lap, came out at 23:30:30. This was his sixth Centurion walk, an impressive stat.



David passing the 200km mark in his 6 Day walk in Adelaide

UPDATE ON THE 2022 GERMAN CENTURIONS QUALIFIER

Readers will remember the various discussions, in the aftermath of the inaugural German Centurion race. The Fellowship of International Centurions Committee has put out the following statement which ratifies the results and sets some ground rules for future events which are billed as Centurion walks.

The Fellowship of International Centurions Committee has completed a review of the 2022 German Centurion, undertaken in Bochum on 1 and 2 October. This review process included scrutinizing data from entrants, cross referencing data with online results, discussing the process of communication about the event, and timing and measurement processes. The lap distance was checked informally with calibrated measurement equipment and found to be accurate after the event. The committee is convinced that no entrant completed the event as a result of a short course, nor that any entrant would have chosen to withdraw when they did due to a course being measured long.

As the committee was not formed prior to the German event, it accepts that it holds no reasonable authority for officially determining the status of the German event. However, a process of careful consideration of the data gathered and subsequent discussion took place, and the committee has agreed that it is reasonable for the German event results to be added to the Fellowship of International Centurions. This decision was not unanimous. The Facebook group and other reference points will be updated accordingly in time.

With clear guidelines now in place, it is expected that future new events will agree to, and ultimately conform with the qualification process as adopted by this committee if they wish to be admitted to the Fellowship of International Centurions. This protects the integrity of Centurion walking and ensures high standards of event delivery will be met, thus giving confidence to individuals that wish to participate.

To remove conjecture, should the German event be staged again in 2023 or beyond, it will be considered as a “new” event and will be required to adhere to the adopted Event Qualification requirements.

TIME FOR CENTURION POLO SHIRT REFRESH

For some time now, the Australian Centurions committee has been keen to facilitate a refresh to our popular centurion polo shirt. Thanks to Bill Dyer (C 15) who has looked into this and found a supplier who can produce new tops, very similar to our current ones.

The supplier has sent us their size chart for mens, ladies and kids polos. As you can see, they cater for every size possible.

CODE:

HC001/HC004

NAME:

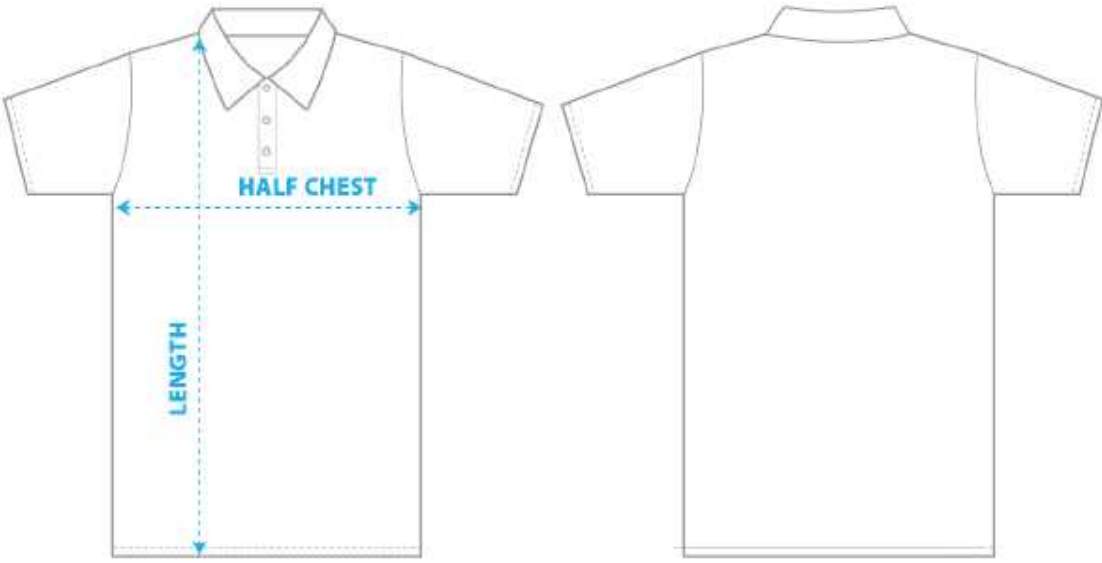
AU POLO SHORT SLEEVE/LONG SLEEVE

HC001/HC004

MEN'S	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
LENGTH	68	70.5	73	75.5	78.5	82	86	90	94	95	96	97
HALF-CHEST	51	53	56	58.5	61	65	68.5	73	76.5	80	83.5	87

LADIES	8	10	12	14	16	18	20	22	24
LENGTH	60.5	62.5	66	69	71	73	75.5	76.5	79
HALF-CHEST	46	48	50.5	53	56	59.5	63.5	66	69.5

CHILD	4	6	8	10	12	14	16
LENGTH	54	56	58	60	65	68	71
HALF-CHEST	40	42	44	46	48.5	51	53.5



The diagram shows two views of a polo shirt: a front view on the left and a back view on the right. The front view has two blue dashed lines with arrows indicating measurements. One line is horizontal across the chest, labeled 'HALF CHEST'. The other is vertical from the top of the collar to the bottom hem, labeled 'LENGTH'.

We will now sort out prices and order form and get it all out to everyone asap. So stay tuned!

FINANCIAL CATCHUP

It's been a while since I have published a Financial Report as there has been little activity month by month. But it's about time we got back into proper accountability mode, so here are the transactions since the last newsletter.

Incoming	Carol Baird – Donation	100.00
Outgoing	Consumer Affairs – Annual Incorporation Payment	61.20
	Keyhole Engraving – Gordon Smith Trophy	16.00
	Keyhole Engraving – RWA 100km Championship medals	54.00
Balance		1419.29

As our bank balance has been healthy for some time now, I have not called for donations, for a couple of years, and we have been gradually whittling away at our balance. With the need to complete a polo shirt order in the near future, we need to put out a call and start building up the account again.

So...it's time for everyone to make a small donation to the club. If you want to do it electronically, our bank details are

Bank: Westpac
BSB Number: 033003
Acct Name: Australian Centurions Walkers Inc.
Acct Number: 123947

Or you can post a cheque to us (payable to Australian Centurions Walkers Inc.) via the Secretary's address

Tim Erickson
1 Avoca Crescent
Pascoe Vale
Victoria, 3044
Australia

or if you are overseas and use paypal, you can make a payment to paypal account terick@melbpc.org.au and I will make sure it is forwarded into our account.

UNTIL OUR NEXT NEWSLETTER

That's our second newsletter done for the year. I hope you found lots of interesting reading. For us here in Melbourne, it's fast forward as we approach our 2023 Australian Centurions qualifier at Coburg.

With kind regards

Tim Erickson (C13)

Secretary, Australian Centurion Walkers
Victoria, Australia