

CENTURION FOOTNOTES

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President	Terry O'Neill (C 18)	0400 190 988
Vice-President	David Billett (C 50)	0458 385 138
Secretary	Tim Erickson (C 13)	0412 257 496
Treasurer	Stuart Cooper (C 5)	0421 470 949

DATES ... DATES ... DATES

We are now well into our 2022 calendar year, with lots of long distance walking events on the horizon. As always, check the AURA calendar for the latest Australian news (<http://aura.asn.au/>). All the centurion qualifiers, except for that of the African Centurions, are now in place. The African Centurions website and facebook page have not been updated for a couple of years and they seem to have gone to ground. Here are the upcoming dates I have captured.

Sep 17-18, 2022	28 Heures de Roubaix	Roubaix, FRA
Oct 1-2, 2022	Inaugural Deutschland Centurion Walk See https://www.facebook.com/events/624831541966151	Bochum, GER
Oct 29-30, 2022	24 Heures de Dijon	Dijon, FRA
Nov 12-13, 2022	Sri Chinmoy NZ 24H Championship See https://nz.srichinmoyraces.org/races/auck/24hr NZ Centurions 100 Mile Qualifier	Auckland, NZ
Nov 27, 2022	8 Heures d'Etampes-sur-Marne	Etampes-sur-Marne, FRA
Dec 28-29, 2022	US Centurions Qualifying Event See https://www.unitedstatescenturionwalkers.com/?page_id=1717	Phoenix, Arizona, USA

In big news, race director Erin Talcott (US Centurion C85) advises that a second 2022 US Centurion Qualifier will be held alongside the *Across the Years* running festival at Camelback Ranch in Phoenix, Arizona. Walkers can choose to sign up for either the 24-hour, 48-hour, 72-hour, or six-day races, but they must start on December 28 at 9:00am to participate in the Centurion Qualifier. US Centurions secretary Rob Robertson has posted further info at https://www.unitedstatescenturionwalkers.com/?page_id=1717.

And in other news of import, I have set the date for our 2023 Australian Centurions qualifier at Coburg. As usual, it will be held in conjunction with the Coburg 24 Hour Carnival, on the weekend of 15-16 April 2023. Entries will be opening soon. See more information at <http://www.coburg24hr.org/24hr/>.

Apr 15-16, 2023	Coburg 24H Carnival (including Australian Centurions Qualifier)	Coburg, VIC, AUS
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OUT AND ABOUT

Justin and Sharon Scholz are continuing their tandem bike cycle around Europe and the UK. Last month, their route took them to Nijmegen in the Netherlands, where they planned to participate once again in the Nijmegen 4 Days Walk (this year was the 104th edition). They arrived, only to find that the forecast for the first day of walking was 40C. The extreme temperature forced the organisers to cancel that day's walk and the event was reduced to a 3 Day walk. The temperatures were still in the thirties during the subsequent days but at least they were spared the worst of the weather. Nice article at <https://nltimes.nl/2022/07/20/104th-edition-international-nijmegen-marches-kick>. Justin has come out publicly to say that this is his favourite event. This was the third time that he and Sharon have competed in it. Walkers are expected to walk 50km on each of the 4 days.

2022 SWEDISH FOTRALLY, SWEDEN, FROM FRIDAY 1 JULY FOR AS LONG AS IT TAKES!

The *Backyard Ultra* is certainly the flavour of the month around the world, with events being scheduled at a rate of knots (the backyard ultra is a form of ultramarathon race where competitors must consecutively run the distance of 6,706 meters (4.167 miles) in less than one hour. When each lap is completed, the remaining time within the hour is typically used to recover for the next hour's race.)

What's with the odd looking hourly distance of 6,706m. Well, multiply that by 24 and you get 160.94km (ie 100 miles).

While it's a great concept, it is certainly not the first of its type and the standard remains the Swedish Fotrally which is held each year around Stockholm. Let me explain.

The Long Walk is a novel by Stephen King, published under the pseudonym Richard Bachman in 1979. It was collected in 1985 in the hardcover omnibus *The Bachman Books*, and has seen several reprints since. Set in a dystopian present, the plot revolves around the contestants of a gruelling walking contest, held annually by a totalitarian version of the United States of America. In 2000, the American Library Association listed *The Long Walk* as one of the 100 best books for teenage readers published between 1966 and 2000. According to Stephen King, it is the first novel he wrote, begun eight years before his novel *Carrie* was published in 1974, when he was a freshman at the University of Maine in 1966–1967. It's a ripper yarn that I first read many years ago. Of course, in the book, once you dropped behind, you were shot. Luckily that does not happen with Fotrally – you are simply out of the race but live to fight again another day!

So, just how far can a person go before he/she can go no further? Well, in 2009, Pontus Kylberg decided to put the concept to the test and organised what is perhaps the ultimate ultra challenge. The walkers walk day and night, without rest until there is only one left standing. Hundreds test themselves each year but only a few get beyond the 24 hour mark. From then on, it's a brutal war of attrition as, one by one, they fall by the wayside. All contestants walk together as a group at a speed of 5 km/h. In the front there is a leading vehicle which the contestants may not pass and in the back there is a portable toilet which the contestants may not be passed by. Each contestant gets 25 minutes per 24 hours for toilet breaks (all the contestants are timed). You must carry what you need, with support zones only once every 6 hours where you can supplement drinking water and food stocks. But the race itself never stops, even for such refreshment points. You must get going before the rear vehicle passes. There is also a national team competition with Swedish and Norwegian walkers normally putting teams in.

Wow! What a concept. Let's focus on the last few editions.

- The 2014 event was fought out between Swedish walkers **Silvio Cannavá** and **Lena Jensen**. Lena eventually had to call it quits after 55 hours of walking, leaving Silvio as the last man standing. In fact, Swedish walkers filled the first 25 places that year.
- The 2015 staging really upped the ante on what was possible with winner **Fredrik Forsström** walking for an amazing **87 hours and 45 minutes**, just over 32 hours above the previous record. **Jonas Davidsson** took second place in the same time (but obviously could no longer continue) while Silvio Cannavá, Pia Rosvall, PerOla Axelsson and Niklas Grebäck also shattered the 2014 record of 55 hours. For 44 year old Forsström, it was his 4th Fotrally – his previous placings had been 20th (2012 24:20), 3rd (2013 33:26) and 5th (2014 48:18). 5km/hr for some 88 hours comes out at around 440km of continuous walking.
- In 2016, it came down to another two person duel, with **PerOla Axelman** eventually winning with 72 hours 12 minutes, after **Robert Jonsson** had to stop, total distance 361km! Obviously Axelsson could have gone on but he called it quits at that stage, content with being the last person standing. It was his sixth attempt and the win gave him his first victory after 5th, 4th, 3rd and 2nd placings in previous years.
- A similar two person duel happened in 2017, when **Richard Andersson** outlasted **Ange Truss** by walking for 81 hours (405km).
- 2018 saw a duel between the same two walkers. After **87 hours and 48 minutes**, the win was finally decided when officials forced Agne Truss to retire, worried that her condition had deteriorated too much to continue. That left Richard Andersson as the final walker, repeating his 2017 win. They had both bettered the previous record of 87 hours and 45 minutes and had each walked a total distance of 439km! Richard chose to stop then as well. I suppose when you have won and set a new record, you can be excused for resting on your laurels!
- 2019 saw Agne Truss finally take the overall title and become the first non Swedish winner, finally outlasting Swedish walker Niklas Yjord, with a final time of **75 hours and 6 minutes**.

The improvement in the event can be traced with the winning times from the 11 annual stagings held up till and including 2019.

Year	Name	Location	Time (hh:mm)
2009	Thomas Gjutarenäfvé	Tullinge, Sweden	9:45
2010	Maria Thomsen	Stockholm, Sweden	29:58
2011	Jonas Davidsson	Hägersten, Sweden	33:21
2012	Jonas Davidsson	Hägersten, Sweden	50:40

2013	Silvio Cannavá	Stockholm, Sweden	48:05
2014	Silvio Cannavá	Stockholm, Sweden	55:00
2015	Fredrik Forsström	Huddinge, Sweden	87:45
2016	PerOla Axelsson	Stockholm, Sweden	72:12
2017	Richard Andersson	Lund, Sweden	81:00
2018	Richard Andersson	Lund, Sweden	87:48
2019	Agne Truss	Södertälje, Estonia	75:06
2020	Cancelled due to Covid		
2021	Cancelled due to Covid		

After a 2 year covid related break, the big question was – how far could they go this year? Unlike recent years when the route was around Lake Mälaren, 2022 saw the event held in the Swedish city of Mariefred, with four different six-hour routes around the city. The walk got underway at 9PM on Friday 1st July, with 103 of the 200+ entrants toeing the line.

101 of the 103 starters completed the first loop (6 hours), 78 completed the second loop (12 hours), 52 completed the third loop (18 hours) and 30 completed the fourth loop (24 hours). From then on, the numbers dropped quickly and, by the 25 ½ hour mark, there were only 13 walkers left. Obviously, many had set themselves the task of reaching the 24 hour mark but could not go much further. Double that to 48 hours and there were only 4 walkers left in contention. Immediately after the eighth lap, **Johan Nilsson** retired at 48.05 and when Pernilla Otto retired at 51.46, it was down to the final 2, **Charlotta Sahlström** and **Anders Jungefors**. Just over three hours later, as the sun rose just after 4AM on Monday 4th July, Charlotta stopped, meaning that Anders was the winner in his fifth Fotrally. He has gone further each time he has participated.



Anders Jungefors strides to victory in the 2022 Fotrally

Here are the placings and distances of the 30 who reached the 24 hour mark, as per <http://www.fotrally.se/resultat>.

1.	Anders Jungefors	Stockholm	Sweden	55 hr 10 min
2.	Charlotta Sahlström	Täby	Sweden	55 hr 10 min
3.	Pernilla Otto	Johanneshov	Sweden	51 hr 46 min
4.	Johan Nilsson	Nacka	Sweden	48 hr 05 min
5.	Anna Hessel	Uppsala	Sweden	36 hr 00 min
6.	Viktor Strömquist	Uppsala	Sweden	33 hr 10 min
7.	Jerry Nordgren	Johanneshov	Sweden	30 hr 12 min
8.	Christer Leijon	Kramfors	Sweden	30 hr 07 min
9.	Nicklas Ulvnäs	Uppsala	Sweden	28 hr 39 min
10.	Christer Janzon	Stockholm	Sweden	28 hr 37 min
11.	Niklas Mylfalk	Solna	Sweden	28 hr 03 min
12.	Helen Lagerblad	Mora	Sweden	27 hr 54 min
13.	Mattias Fahlén	Boxholm	Sweden	27 hr 25 min
14.	Karl Lewenhagen	Mariefred	Sweden	25 hr 19 min
15.	Karin Kebbe Helin	Årsta	Sweden	25 hr 07 min

16. Birger Fält	Norsborg	Sweden	25 hr 01 min
17. Stefan Larsson	Bollebygd	Sweden	24 hr 31 min
18. Filip Angeria	Saltsjö-Boo	Sweden	24 hr 27 min
19. Stefan Jonsson	Mariefred	Sweden	24 hr 21 min
20. Markus Åkerman	Åby	Sweden	24 hr 18 min
21. Stefan Edström	Järfälla	Sweden	24 hr 14 min
22. Linda Nordmark	Järfälla	Sweden	24 hr 14 min
23. Maria Herngren	Stockholm	Sweden	24 hr 05 min
24. Stefan Olsson	Bromma	Sweden	24 hr 02 min
25. Jorild Mossljung	Torslanda	Sweden	24 hr 02 min
26. Andreas Mossjung	Torslanda	Sweden	24 hr 02 min
27. Aaron Neath	Walsall	Great Britain	24 hr 02 min
28. Hans Dahlén	Stockholm	Sweden	24 hr 01 min
29. Frans Örneholm	Uppsala	Sweden	24 hr 01 min
30. Kristoffer Björklund	Kil	Sweden	24 hr 01 min



The rate of attrition, hour by hour: graphic from Vi som går Fotrally facebook page

ENGLISH CENTURIONS 100 MILES QUALIFIER, MIDDLESBROUGH, GBR, AUG 20-21, 2022

The annual English Centurions 100 Miles qualifying walk was held on the weekend of 20-21 August at the Middlesbrough Sports Village. The race, which kicked off at midday on the Saturday, saw walkers complete an initial short lap, followed by 164 full laps of 974m around a cycle track, to make up the 100 miles distance.

The weather forecast indicated fairly warm conditions, with winds of 15 mph or thereabouts on Saturday, followed by a gentler breeze on Sunday, and relatively dry conditions. The reality was anything but, with strong winds from 2PM onwards and heavy rain overnight. Yet, of the 34 starters, 17 attained 100 miles within the allotted 24 hours. Talk about a tough lot!

English walker **Jonathan Hobbs** was an easy winner, with a time of 18:44:32, ahead of Belgian walkers **Peter Asselman** (19:57:43) and **Diederik Van Nieuwshove** (20:18:47). The big news for Australians was the success of **Justin Scholz (C61)** and **Sharon Scholz (C63)** who finished together (as usual) in a time of 22:42:43. It was the second time that Justin and Sharon have completed the English Centurions race and it adds to their ever-growing tally of centurion walks. Justin now sits on 21 finishes, equal with Peter Bennett (C24) while Sharon now sits on 11 finishes, one ahead of Carol Baird (C39). They are our most prolific Australian based centurions.

We also had some European based Australian centurions in action, namely **Kim Janssens (C76)** 21:45:14, **Andrew Tittley (C84)** 21:45:14 and **Jantinus Meints (C73)** 23:19:38.

I also point readers to a wonderful article on the triumph of Lancashire Walking Club entrant Adrian Edwards who overcame adversity to finish the 100 miles in 23:29:28. See <https://lancswalkingclub.com/2022/08/22/heroic-adrian-triumphs-over-adversity-to-join-the-centurions/>

Full results, including lapsplits, are found at <https://www.arrowliveresults.com/TheMiddlesbrough100mileChallenge>.



Left: The rain sets in



Right: Yet another centurion finish for Justin and Sharon



And the badges to prove it!

100 Mile Walk Women

1.	Sharon Scholz	W45	Australia	160.934 km	22:42:43	7.086 km/h
2.	Hazel Fairhurst	W55	Lancs WC	160.934 km	22:50:28	7.046 km/h
3.	Jacqueline Van Drongelen	W50	Netherlands	160.934 km	23:35:38	6.821 km/h
4.	Helen Middleton	W55	E&H	104.300 km	14:42:47	7.089 km/h

100 Mile Walk Men

1.	Jonathan Hobbs	SM	Ashf	160.934 km	18:44:32	8.587 km/h
2.	Peter Asselman	M40	Belgium	160.934 km	19:57:43	8.062 km/h
3.	Diederik Van Nieuwenhove	M50	Belgium	160.934 km	20:18:47	7.923 km/h
4.	Kim Janssens	M45	Belgium	160.934 km	21:45:14	7.398 km/h
5.	Andrew Titley	M55	IOMVAC	160.934 km	21:45:15	7.398 km/h
6.	Frank van der Gulik	M40	Netherlands	160.934 km	22:16:30	7.225 km/h
7.	Justin Scholz	M45	Australia	160.934 km	22:42:43	7.086 km/h
8.	Gunter Luypaerts	M45	Belgium	160.934 km	22:44:33	7.076 km/h
9.	Johan Stesmans	M40	Belgium	160.934 km	22:54:55	7.023 km/h
10.	Jantinus Meints	M60	Netherlands	160.934 km	23:19:38	6.899 km/h
11.	Frans Leijten	M45	Netherlands	160.934 km	23:22:45	6.884 km/h

12. Adrian Edwards	M60	Lancs WC	160.934 km	23:29:28	6.851 km/h
13. Boetje Huliselan	M65	Netherlands	160.934 km	23:34:39	6.826 km/h
14. Richard McChesney	M50	New Zealand	160.934 km	23:45:21	6.775 km/h
15. Martin Payne	M60	Lancs WC	151.169 km	23:51:40	6.335 km/h
16. Philip Wilson	M70	unatt	148.240 km	23:45:34	6.239 km/h
17. Kevin Marshall	M60	Ilf	133.593 km	19:15:16	6.938 km/h
18. Arjan Bogerd	M50	Netherlands	132.617 km	22:07:21	5.995 km/h
19. Bob Thomas	M70	unatt	111.135 km	23:45:34	4.678 km/h
20. Ray Sharp	M60	USA	107.229 km	14:28:18	7.410 km/h
21. Mike Vankerkhove	M35	Belgium	83.794 km	11:50:21	7.078 km/h
22. Graham Jackson	M50	N Vets	80.865 km	10:43:16	7.543 km/h
23. Martin Fisher	M55	Redcar	79.888 km	11:59:21	6.663 km/h
24. John Borgars	M75	Phoe	74.030 km	10:00:19	7.399 km/h
25. John Constandinou	M50	Bir	73.053 km	12:12:14	5.986 km/h
26. Colin Moore	M60	IOMVAC	65.242 km	10:19:48	6.316 km/h
27. Arjan Lukken	M55	Netherlands	54.501 km	08:21:29	6.521 km/h
28. Chris Flint	M75	Sy WC	53.524 km	09:14:36	5.791 km/h
29. Sailash Shah	M55	Lancs WC	52.548 km	08:51:34	5.931 km/h
30. Haydn Mark Kenna	M60	unatt	47.666 km	09:58:59	4.775 km/h

Justin wrote the following report for us: Thanks mate, and congrats to you and Sharon.

We're very happy we have achieved a centurion here – our second in the UK. And I'm now sitting on 21 finishes total, with Shaz on 11. That brings me equal with the most prolific Australian centurion, Peter Bennett.

We executed our now generally reliable and normal plan for a centurion walk – go fairly hard to achieve 48km in the first 6 hours, then slow down but still get past 90km in 12 hours. We were mostly cruising for this part, though the wind became progressively stronger and proved a real test for many hours from about 2pm.

As the evening arrived, we hoped the wind would lessen, but this only occurred when the rain came. For a long while the showers seemed to be skirting around us. Then a few spits, and then a steady fall, and finally, howling winds and at times torrential rain for two hours.

Shaz and I were quite wet when we decided to change, but happy enough. Unfortunately though, even initially dry clothes weren't enough to allow us to warm up with the wind, and somehow I was starting to feel wet on the chest again, despite being in a rainproof jacket.

We soldiered on, having nothing else to really get into and knew we couldn't stop and shelter, or we'd possibly fail to get to 100 miles. Some other entrants were still in shorts and t-shirt, and we have no idea how they managed that, and/or if it proved problematic at a later stage.

Thankfully, the rain stopped just shortly after midnight, and just soon enough for Shaz and I to then gradually warm up, and eventually dry out.

By this stage I have no idea what position I was in, and didn't care. Only the successful achievement of the 100 miles mattered. The scoreboard as such didn't give a lot of detail from which an entrant could determine their position, other than showing the remaining laps amongst 7 other walkers shown on the screen as they crossed the line.

We were fairly sure that Shaz was 5 or more laps in front of the other female entrants (four in total) and thus at 12 hours we slowed further, only needing 10 minute laps to get the job done. Though we didn't slow that much, we did let our laps slip to between 8:40 and 8:50 (974m lap).

As we arrived at about 9am, with three hours to go, we were passed by the second placed female entrant, who was flying. We continued to watch her move away, and I did some maths and realised that at our current pace we would be caught.

At this stage we were looking like a 23:10 finish time. I explained this to Shaz, and in her true style she immediately sped up by 30 seconds per lap. It hurt, but was achievable. And thus Shaz crossed the finish line as first lady, a full lap and about 100m ahead of the very strong Hazel Fairhurst. About 22:45.

In total, there were 17 successful centurion finishers. And of the "nation" battle, which is an important part of this event, the Netherlands won.

We were well attended by friends and family of other runners, and of the organisers and feed station crew generally. For all, we are grateful for the support.

Well done to Centurions organiser **Sue Clements (C35)** and feed station helper **Jill Green (C38)**. It takes a lot of people to host such an event and Sue and Jill were amongst the many who went above and beyond the call of duty.

This was Justin's and Sharon's third centurion finish this year (Australian, Continental and English races) and they will next don the centurion shoes for the inaugural German Centurions walk in early October.

24 HEURES DE WADELINCOURT, WADELINCOURT, BEL, AUG 27-28, 2022

Thanks to Emmanuel Tardi who was in Wadelincourt (Belgium) last weekend for the annual Wadelincourt 24 Hour Walk. This is one of the official qualifying events for the 2023 Paris-Alsace Classic and the event was well supported, with 19 walkers contesting the 24 Hour option, and quite a few more walking in the 6 Hour and 2x6 Hour Walk options.

For the first 23 hours, walkers circled around a 3.5km loop before dropping to an 800m loop for the final hour. The weather was good, with no rain and with mild temperatures.

Fabrice Henry won easily the men's 24H race with 185.005km, ahead of **Gilles Letessier** (175.119km) and **Ignace Matthys** (168.606km). They were the only men to walk in excess of 100 miles. In the women's race, newcomer **Malika Zeriki** surprised everyone with a winning distance of 180.411km. And a special mention for **André Rassaind**, aged 85 (born August 15th 1937), who finished the race with 120km.

The 2x6 Hour Walk (first leg 1-7PM on Saturday and the second leg 7AM-1PM on Sunday) was won by French woman **Sylvie Maison** with 95 422km while **Florian Letourneau** was the best of the 6 Hour walkers with 58.875km.

And finally, a nice 3 minute video from the race – <https://www.notele.be/it32-media118966-clap-de-fin-pour-les-24h-de-marche-athletique-de-wadelincourt.html>. You can even see Emmanuel in action around the 45 sec mark.

24 Hour Walk

1.	HENRY Fabrice	Frijep Cor. Margny Verdon	185 005 km	24h	7.709 km/h
2.	LETESSIER Gilles	Entente Rochefort Ocean Athlet	175 119 km	24h	7.297 km/h
3.	MATTHYS Ignace		168 606 km	24h	7.025 km/h
4.	PORCHER Claude		146 370 km	24h	6.099 km/h
5.	TILLIER Ludovic	Le Chesnay-Rocquencourt	129 518 km	24h	5.397 km/h
6.	RASSAIND Andre	Al Voiron	119 938 km	24h	4.997 km/h
7.	DANDOY Jeremy		107 004 km	24h	4.459 km/h
8.	OLIVARES Mathieu	Neuilly Sur Marne Athletisme	104 846 km	24h	4.369 km/h
9.	VANDENDAUL Daniel		100 000 km	24h	4.167 km/h
10.	ALAIN Alexandre		100 000 km	24h	6.617 km/h
11.	CECCALDI Georges	Entente Chalon/Saone Athl.	94 657 km	24h	3.944 km/h
12.	BOUELE Cedric		86 313 km	24h	3.596 km/h
13.	PRUCKNER Jaroslav		82 284 km	24h	3.429 km/h
14.	FILLIEUX Christian		61 346 km	11:15:47	5.447 km/h
15.	MOREL Philippe		54 318 km	7:02:24	7.716 km/h
1.	ZERIFI Malika		180 411 km	24h	7.517 km/h
2.	SONNOIS Martine	Racing Club Haut-jura Morez	142 627 km	24h	5.943 km/h
3.	DUCRUET Nadia	Ac Chateau Thierry	135 042 km	24h	5.627 km/h
4.	GILLARD Lydia	Marche Mythique Organisation	102 123 km	24h	4.255 km/h

2x 6 Hours Walk

1.	ARNAULT Jacques	Neuilly Sur Marne Athletisme	91 508 km	12h	7.626 km/h
2.	LABARRE Bertrand		89 452 km	12h	7.454 km/h
3.	MARECHAL Pascal	Ac Chateau Thierry	89 102 km	12h	7.425 km/h
4.	SEYNAEVE Serge	Cm Roubaix	84 971 km	12h	7.081 km/h
5.	ROCHA Fernando		82 712 km	12h	6.893 km/h
6.	MOUGENOT Patrick	Marne Et Gondoire Athletisme	79 782 km	12h	6.649 km/h
7.	VAN HOVE Peter		61 346 km	12h	5.112 km/h
8.	Myriam et Benjamin	NICOLAS M - LEROY B	57 832 km	12h	4.819 km/h

9.	BURLLOT Pascal	Spn Vernon*	39 780 km	12h	3.315 km/h
10.	GILLARD Francois		31 843 km	12h	2.654 km/h
1.	MAISON Sylvie	Strasbourg Agglomeration Athle	95 422 km	12h	7.952 km/h
2.	BIZARD Claudie	Thiais AC	88 319 km	12h	7.360 km/h
3.	ARNAULT Françoise	Neuilly Sur Marne Athletisme	78 212 km	12h	6.518 km/h
4.	MAURICE Fabienne	Ac Chateau Thierry	73 376 km	12h	6.115 km/h



Fabric Henry, Malika Zerifi and Gilles Letessier (photos Emmanuel Tardi)



Sylvie Maison, Florian Letourneau and André Rassaind (photos Emmanuel Tardi)

6 Hours Walk Saturday

1.	CYS Jeremy	Ac Chateau Thierry	43 744 km	6h	7.291 km/h
2.	CECILLON Jean	Marche Mythique Organisation	43 644 km	6h	7.274 km/h
3.	PANNIER Josiane	Havre Ac	42 489 km	6h	7.082 km/h
4.	PLEE Maryline	Bourges Entente Athletisme	36 712 km	6h	6.119 km/h
5.	LEGRAND Guy		12 150 km	6h	6.138 km/h

6 Hours Walk Sunday

1.	LETOURNEAU Florian	Ac Chateau Thierry	58 875 km	6h	9.813 km/h
2.	ERARD Christophe	Asm Bar-le-duc	54 483 km	6h	9.081 km/h
3.	MICHELOT Remi	Es Thaon	47 500 km	6h	7.917 km/h
4.	GUILLOT Mickael	Ac Chateau Thierry	44 375 km	6h	7.396 km/h
5.	GONTHIER Christophe		43 152 km	6h	7.192 km/h
6.	PANNIER Josiane	Havre Ac	40 310 km	6h	6.718 km/h
7.	STRADIOT Ludovic		37 569 km	6h	6.262 km/h
8.	TARDI Emmanuel	LP Longjumeau	36 710 km	6h	6.118 km/h

24 HEURES DE VILLENAVE D'ORNON, FRANCE, 27-28 AUGUST 2022

Wadelincourt was not the only 24 Hour Walk contested in Europe last weekend. You only had to jump across the border and travel to SW France and you could have competed in the 24 Heures de Villenave d'Ornon. Again good numbers overall but not as high a quality field as in the Belgian race. **Alain Malfondet** was the only walker to reach 100 miles, with his final distance of 162.208kml. Event website at <http://www.24hvillevave.fr/index.php/2-non-categorise/199-accueil-24h-2>.

24 Hours Walk

1.	MALFONDET Alain	M4M/65	Non Licencie	162.208 km
2.	GOURVES Jennifer	M0F/87	Non Licencie	150.030 km
3.	PINEAU Laurent	M3M/68	S/l Haute Saintonge Athletisme	146.265 km
4.	MUNCH Frederic	M3M/69	Non Licencie	142.202 km
5.	DELANGE Dominique	M6M/57	Aj Auxerre Section Marathon	141.188 km
6.	FREYBURGER Sabrina	M2F/75	Ultra Marathon France	141.016 km
7.	MULLER Cathy	M1F/81	S/l Ca De Champigneulles	136.863 km
8.	BIRAUD Sylvie	M4F/67	S/l Haute Saintonge Athletisme	125.118 km
9.	RATEAUX Floriane	M4F/66	Non Licencie	120.814 km
10.	GANNE Laurent	M4M/64	Us Aigrefeuille Athletisme	116.041 km
11.	DELESTRE Francoise	M7F/49	Non Licencie	115.968 km
12.	VIGNAUD Annette	M5F/58	S/l Perigueux Running	112.984 km
13.	SERROT Delphine	M0F/85	Non Licencie	112.969 km
14.	ROCCO Jean Marie	M7M/52	Rocco Team	111.243 km
15.	DEGEORGE Laurent	M4M/65	Ca Morcenx	106.606 km
16.	DELARUE Jacques	M7M/52	Non Licencie	105.492 km
17.	POUGET Didier	M4M/66	Non Licencie	101.487 km
18.	LEDUN Fayrouz	M2F/76	As Soustons Running	94.411 km
19.	DINTILHAC Alain	M7M/51	Non Licencie	93.924 km
20.	GUILLOU-CAMARGO Arnaud	M0M/83	Non Licencie	92.064 km
21.	HUBY Anne-Cecile	M1F/82	Non Licencie	91.470 km
22.	PELLE Marie Claire	M6F/57	Ca Villenave D'ornon	85.142 km
23.	SAJUS Michael	M0M/84	Non Licencie	83.232 km
24.	PIERRE Patrick	M7M/48	Cercle Athl. Castelsarrasinois	83.066 km
25.	LEDUN Anne Marie	M6F/53	As Soustons Running	67.701 km
26.	LEVAIQUE Raymond	M7M/49	S/l Haute Saintonge Athletisme	64.787 km
27.	RACINE Camille	M0F/84	Non Licencie	62.135 km
28.	THIEBAULT Clementine	M2F/74	Non Licencie	62.135 km
29.	SAJUS Christian	SEM/99	Non Licencie	53.628 km
30.	MICHEAU Jean	M6M/57	Non Licencie	48.017 km
31.	MACCARI Patrick	M6M/56	Non Licencie	45.837 km
32.	SAJUS Patrick	M6M/54	Non Licencie	29.142 km

12 Hours Walk

1.	BOUBAKEUR Jimmy	M3M/69	Non Licencie	87.555 km
2.	ROBIN Rodolphe	M2M/76	Ca Villenave D'ornon	85.866 km
3.	FERREIRA Julien	M1M/81	Co-km 42 St Just Le Martel	84.082 km
4.	FERRARA Bernard	M5M/59	Non Licencie	82.140 km
5.	ELMON Sandra	M2F/73	Non Licencie	75.977 km
6.	RAMANOEL Richard	M6M/56	Non Licencie	69.231 km
7.	DELARUE Michele	M6F/55	Non Licencie	67.289 km
8.	SAVARE Valerie	M5F/62	Non Licencie	65.724 km
9.	JEGO Karine	M1F/79	Non Licencie	61.996 km
10.	GOUPIL Maxime	SEM/96	Non Licencie	56.016 km
11.	VERGNIOL LEVAIQUE Corinne	M4F/67	S/l Haute Saintonge Athletisme	52.521 km
12.	MOREAUX Jean-Francois	M6M/54	Ca Villenave D'ornon	49.993 km
13.	POUGET Sylvie	M4F/63	Non Licencie	43.693 km
14.	COURBON Gabriel	M8M/47	Non Licencie	0.204 km

6 Hours Walk

1.	LAUBRETON Stephane	M2M/73	Non Licencie	44.843 km
2.	CAZENAVE Vincent	M4M/66	Non Licencie	41.504 km
3.	LEONE Melanie	M0F/87	Non Licencie	41.101 km
4.	OMPRARET Odile	M3F/68	Non Licencie	40.381 km
5.	SALILLAS Xavier	M2M/74	Non Licencie	38.513 km
6.	MAUREL Thierry	M6M/56	Courir Sympa Saverdun	30.940 km
7.	COSSON Maryse	M7F/50	Non Licencie	26.357 km
8.	CAZEAUX Nadine	M3F/68	Non Licencie	22.618 km

3 Hours Walk

1.	CELLE Christian	M6M/53	S/l Cm Floirac	23.599 km
2.	DARDENNES Raymond	M5M/61	Non Licencie	23.089 km
3.	LOUIS Jacques	M8M/44	S/l Bergerac Athletique Club	23.068 km
4.	LOUIS Sandrine	M3F/69	Non Licencie	22.313 km
5.	FAVRIOU Carole	M4F/65	Non Licencie	20.015 km
6.	BOURICHON Marie-France	M2F/77	S/l Ua Gujan-mestras	19.586 km
7.	BARRERE Severine	M2F/74	Non Licencie	16.661 km
8.	GONZALEZ Albert	M5M/60	S/l Cm Floirac	16.185 km
9.	PINCON Heloise	JUF/03	Non Licencie	13.685 km
10.	PINCON Nadege	M2F/74	Non Licencie	13.684 km



Alain Malfondet in action (photo from Emmanuel Tardi)

CHANGE IN EXECUTIVE

With the untimely passing of **Robin Whyte (C29)** in June, the Vice Presidency of the Australian Centurions became vacant. After a discussion amongst the remaining members of the Executive, it was decided to invite **David Billett (C50)** to take up the mantle. David has graciously accepted the position and will join the Committee which now reads as follows

Club Executive	President	Terry O'Neill (C 18)
	Vice President	David Billett (C 50)
	Treasurer	Stuart Cooper (C 5)
	Secretary	Tim Erickson (C 13)
	Records and Rankings Officer	Tim Erickson (C 13)
General Committee	Assistant Secretary	-
	Additional members	Karyn O'Neill (C 45) and Michelle Thompson (C 58)

David brings a wealth of experience to his new role. A well known and highly respected ultra runner, a former AURA records officer and a 5 times centurion walk finisher, he bridges the worlds of long distance running and long distance walking Welcome aboard David!

UNTIL OUR NEXT NEWSLETTER

Another bumper issue, full of news. And spring is only a couple of days away here in Melbourne. It's about time as it's been a long and cold winter. Time to dust of those walking shoes and get out and about!

Yours in centurion walking

Tim Erickson (C13)
Secretary, Australian Centurion Walkers, Victoria, Australia, 3044