

CENTURION FOOTNOTES

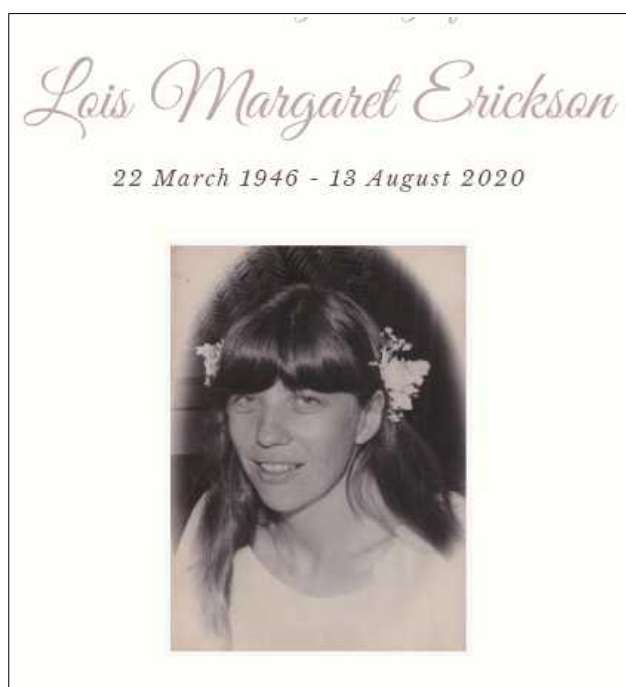
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THANK YOU TO EVERYONE

It's been a few months since our last Australian Centurions newsletter, so this is the first chance I have had to officially thank everyone from the ultra walking community who have sent their support to me and to our extended family, following the death of my wife Lois in mid August. So many of our overseas based Australian centurions have stayed with us here in Melbourne and have been cared for by Lois.



Due to COVID restrictions, a small private funeral service was held for Lois on Wednesday 19th August. For our Melbourne based friends, we will wait till next year to hold our wake in the post-covid atmosphere of 2021! In the interim, I have setup a tribute page at <http://www.erickson.id.au/erickson/Lois.shtml>.

DATES...DATES...DATES

We are coming to the end of what has been a very tough year for the ultra distance community (as well as everyone else). On the Victorian front, our covid lockdown has meant that there have been few if any ultras since March.

On a happier note, the iconic Coast to Kosci ultra is back on the table, after a 2 year absence. I see there are 59 entries (see <https://www.coast2kosci.com/aboutthisyearsrace.html>), including **Justin Scholz (C61)** and **David Billett (C50)** who I assume will be in running mode. The race will start at 5:30am on Friday 4th December on the beach at Eden, NSW, and will finish 240km later at Charlotte Pass, after the runners have climbed Mount Kosciuszko, Australia's highest peak. It will be the 12th time this iconic ultramarathon has been held.

Dec 6 (Sun), 2020

Coast to Kosci 240km ultra

NSW

That's it for 2020. With Britain and Europe in covid lockdown again, nothing looks likely to happen on that front for some time now.

2021 AUSTRALIAN CENTURION QUALIFIER - DATE SET

After a long time spent waiting and watching, we have now decided the coast looks clear in Australia for our 2021 Coburg 24 Hour Carnival. This of course doubles as our 2021 Australian Centurion qualifier.

Event: 2021 Coburg 24 Hour Carnival and Australian Centurions Qualifying 24 Hour

Venue: Harold Stevens Athletics Track, Coburg, Victoria

Date: 17-18 April 2021

Website: <http://www.coburg24hr.org/24hr/>

Event Page: <http://www.coburg24hr.org/24hr/race-entry/>

50 of the 77 entrants in our cancelled 2020 event decided to roll their entries over to 2021. Since opening entries 3 days ago, we have taken 15 additional entries, taking our total to 65. This is a great start and we look set for a bumper set of races in 2021.



OUT AND ABOUT

I received a letter from **Jill Green (C38)** recently. In it, Jill advises

If we weren't in COVID times, I would have had a little celebration. The Equator is 24,901 miles. On 21st Feb 2020, I made it to 99,604 miles, 4 times around the world. Then on 5th April, I hit 100,000 miles. This is just a personal goal I had. All miles had to be a proper walk (not going to the shops!) I started to keep a training record in 1985.

That is a mind boggling number of miles. Well done Jill. Inspirational stuff!

LES 24 HEURES DE VILLENAVE D'ORNON, FRANCE, 29-30 AUGUST

Thanks to Emmanuel Tardi for news on this 24 Hour ultra event which was held at Villenave d'Ornon, near Bordeaux in France in August. It was a big carnival, with separate run and walk divisions and large fields. There were 4 events in total - 24 Hours (10AM start), 3 Hours (10:45AM start), 6 Hours (2:30PM start) and 12 Hours (9:15PM start). This ensured there were always plenty of athletes on the 1.1km circuit. Some walkers asked for an official 20km split so organizers appointed official judges for this. Lots more info and photos are available at <https://24hvillevave.fr/>.

The start lists were huge – 116 entries in the 24H, 64 entries in the 12H, 70 entries in the 6H and 68 entries in the 3H – and a fair proportion of them were in the walk divisions. Fantastic stuff.

24 Hour Walk

1.	PINEAU Laurent	M3M/68	Haute Saintonge Athletisme	161km722m
2.	LE GARGASSON Patrick	M4M/64	Uaca Saint Briec	146km885m
3.	ELMON Sandra	M2F/73		141km198m
4.	CANTET Nadege	M2F/73	Tarbes Pyrenees Athletisme	140km153m
5.	LEVAIQUE Raymond	M7M/49	Haute Saintonge Athletisme	137km034m
6.	RATEAUX Floriane	M3F/66		134km535m
7.	VIGNAUD Annette	M5F/58	Perigueux Running	131km797m
8.	KAMPER Francis	M7M/49		131km418m
9.	AGNIMEL Aurelien	M3M/66		131km144m
10.	IMHOF Florence	M5F/60	Ca Villenave D:ornon	113km563m
11.	PELLE Marie-claire	M4F/63		104km625m
12.	PIERRE Patrick	M7M/48	Cercle Athl. Castelsarrasinois	97km824m
13.	GRANCOIN Sebastien	M1M/76		82km690m
14.	ROCHA Fernando	M3M/70	Athle Vosges Pays De Mirecourt	54km309m

12 Hour Walk

1.	THOUMELIN Laurent	M2M/73	Athletisme Sarthe Loir 72	83km816m
2.	FILLIEUX Christian	M6M/55		82km418m
3.	CASTAING Valerie	M2F/71		79km246m
4.	JOACHIM Jean christophe	M2M/71		78km208m
5.	LAVAL Laurent	M4M/64		76km690m
6.	FERRARA Bernard	M5M/59		75km570m
7.	BIRAUD Sylvie	V2F/67		73km266m
8.	SAVARE Valerie	M4F/62		63km742m
9.	CAZEAUX Nadine	M3F/68		61km899m
10.	RECHOU Yves	M0M/84		61km874m
11.	LEDUN Anne-marie	M6F/53		56km034m
12.	BOURICHON Christophe	M3M/70	Us Champagne-sur-seine	51km703m
13.	SAURA Christian	M7M/46		36km544m

6 Hour Walk

1.	RIVOAL Claude	M5M/60		46km611m
2.	VANOOSTHUYSE Jean-franck	M1M/79	Us Talence	45km467m
3.	OMPRARET Odile	M3F/68		44km637m
4.	THOUMELIN Robin	JUM/01	As Libourne	44km077m
5.	CAZENAVE Vincent	M3M/66		43km376m
6.	LEONE Melanie	SEF/87		42km431m
7.	BITEAU Jean	M7M/47		39km134m
8.	BOURICHON Christophe	M3M/70	Us Champagne-sur-seine	38km667m
9.	RAY Monique	V3F/52		37km982m
10.	OUF Patrick	M5M/58		37km005m
11.	HENRY Marie-christine	M1F/76	Us Et Culturelle Saucataise	33km818m
12.	LASSERRE Nicole	M6F/54	Us Et Culturelle Saucataise	33km818m
13.	COSSON Maryse	M7F/50		31km332m
14.	PALAISE-DRILLAUD Veronique	M0F/81		23km967m
15.	SAHAGUN Marie jose	M1F/76		10km419m

3 Hour Walk

1. MADELINE-DEGY Martin	JUM/01	Les Pointes De St Sulpice	33km124m
2. VALLEE Kyrian	SEM/94	Ca Balma	32km595m
3. RODRIGUEZ Remi	SEM/89	Ca Balma	31km329m
4. FOUJEM GANNO Daniel (Cmr)	M2M/74	Cm Floirac	31km112m
5. LABROUSSE Stephane	M5M/59	Athletisme Olympic Pontois	25km883m
6. CELLE Christian	M6M/53	Cm Floirac	25km700m
7. BOURICHON Christophe	M3M/70	Us Champagne-sur-seine	25km089m
8. LOUIS Jacques	M8M/44	Bergerac Athletique Club	24km416m
9. COURTAS Mickael	SEM/86		24km347m
10. RAMANOEL Richard	M5M/56		21km574m
11. MICHAUD Jean-louis	M4M/61		20km639m
12. HEGUY Corinne	M4F/64	Cm Floirac	20km167m
13. GONZALEZ Albert	M5M/60	Cm Floirac	19km595m
14. BOZELLE Jean-francois	M5M/58	Ca Villenave D:ornon	18km703m
15. BIANCHIN Bernard	M6M/53	Ca Villenave D:ornon	18km703m
16. ROCHAT Charles	M7M/49	Cm Floirac	18km337m
17. BOURICHON Marie-france	M1F/77	Us Champagne-sur-seine	17km774m

20km Walk

1. MADELINE-DEGY Martin	JUM/01	Les Pointes De St Sulpice	1:37:05
2. VALLEE Kyrian	SEM/94	Ca Balma	1:38:15
3. RODRIGUEZ Remi	SEM/89	Ca Balma	1:38:15
4. FOUJEM GANNO Daniel (Cmr)	M2M/74	Cm Floirac	1:58:11
5. LABROUSSE Stephane	M5M/59	Athletisme Olympic Pontois	2:22:52
6. CELLE Christian	M6M/53	Cm Floirac	2:24:19
7. BOURICHON Christophe	M3M/70	Us Champagne-sur-seine	2:24:21
8. LOUIS Jacques	M8M/44	Bergerac Athletique Club	2:32:56



*Laurent Pineau (24115), Sandra Elmon, Martin Madeline-Degy (366), Remi Rodriguez (367) and Kyrian Vallée (368)
(all photos from Emmanuel Tardi)*

28 HEURES DE ROUBAIX, ROUBAIX, FRANCE, 19-20 SEPTEMBER 2020

Emmanuel next travelled to Roubaix, in the north of France, for their annual 28 Hour Race, held on the weekend of 19-20 September. It was one of the few ultra walks held in the last 6 months so was a cause for some celebration. Due to Covid restrictions, there was only French walkers this year - no Dutch, no English, etc - and that meant a small field of only 34 gathered for the 11AM start on the Saturday morning, but it's still fantastic news. The lap was 2km in length, in the beautiful Parc Barbieux in the centre of the city.

Serge Georgelin led the first part of the race, reaching 50km in 5h30 and 100km in 11h45, but he stopped in the middle of the night after 116km. This meant that **Alexandre Forestieri** was now in front, a position that he kept to the finish,

recording a final distance of 216.312km, 4km ahead of **Maxime Laneau**, with **Pascal Marechal** 2km further back in third place. In the women's walk, **Sylvie Maison** led from start to finish, with a final distance of 187.762km.

28 Heures de Roubaix

1.	FORESTIERI Alexandre	Ust Courir A Saint Tropez	216.312 km	7.725 km/h
2.	LANEAU Maxime	Us Camon	212.312 km	7.583 km/h
3.	MARECHAL Pascal	Ac Chateau Thierry	210.368 km	7.513 km/h
4.	LETESSIER Gilles	Non Licencié	204.732 km	7.312 km/h
5.	BALLAND Johann	Athletic Vosges Entente Clubs	183.347 km	6.548 km/h
6.	DEPARDAY Fabien	UA des Cotes d Armor	179.958 km	6.427 km/h
7.	DELANGE Dominique	Aj Auxerre Section Marathon	176.148 km	6.291 km/h
8.	YVERT Louis	Cm Roubaix	174.468 km	6.231 km/h
9.	TINTIN Ronald	Ao Charenton	168.818 km	6.029 km/h
10.	PICOT Gérard	Rando Montfermeil	166.452 km	5.945 km/h
11.	DUET Denis	Jogging Aventure Roncquoise	160.657 km	5.738 km/h
12.	GROS Gildas	Es Thaon	159.172 km	5.685 km/h
13.	DALOZ Robert	Neully Sur Marne Athletisme	147.706 km	5.275 km/h
14.	GUILLOT Mickael	Ac Chateau Thierry	146.931 km	5.248 km/h
15.	GRADOS Stephane	Cm Roubaix	140.843 km	5.030 km/h
16.	ROBERT Jean-pierre	Athle Halluin-val-de-lys	139.983 km	4.999 km/h
17.	RASSAIND Andre	Al Voiron	137.775 km	4.921 km/h
18.	OLIVARES Mathieu	Neully Sur Marne Athletisme	136.368 km	4.870 km/h
19.	ROCHA Fernando	Athletic Vosges Entente Clubs	129.347 km	4.620 km/h
20.	ARNAULT Jacques	Neully Sur Marne Athletisme	88.995 km	3.178 km/h
	GEORGELIN Serge	Ea Cessonaise	116.000 km	
	DANDROY Jeremy	Cm Roubaix	106.000 km	
	TRIZZULLA Giacomo	Rfc Liege	102.000 km	
	BOUDIGNON Thierry	Ultra Marathon France	102.000 km	
	HASSEVELDE Sebastien	Touquet Opale Athletisme	76.000 km	
	LHERITIER Michel	Sainte Maure Athletic Club	58.000 km	
	BIEBUYCK Pascal	Ath Ac	40.000 km	
	SEYNAEVE Serge	Cm Roubaix	26.000 km	
	FAUQUEUR Raymond	Entente Littoral Athletisme No	26.000 km	
	DEBEURNE Philippe	Cm Roubaix	10.000 km	
1.	MAISON Sylvie	Strasbourg Agglomeration Athle	187.762 km	6.706 km/h
2.	BIZARD Claudie	Thiais Ac	171.059 km	6.109 km/h
3.	GILLARD Lydia	Marche Mythique Organisation	150.317 km	5.368 km/h
4.	ROCQUAIN Melanie	Non Licencié	133.983 km	4.785 km/h



Maxime Laneau, Alexandre Forestieri, Pascal Marechal, Sylvie Maison and Claudie Bizard (photos Emmanuel Tardi)

Lots more photos at <https://www.facebook.com/photo?fbid=10220992302751422&set=pcb.10220992307831549>.

RAMSEY BAKERY END TO END WALK, SUNDAY 20TH SEPTEMBER

The Ramsey Baker End to End Walk (<http://www.endtoendwalk.org/>) is an annual race walking event from the Point of Ayre to the Sound, hugging the west coast and travelling from the northern tip to the southern tip of the Isle of Man. It is one of a number of huge participation events held on the island each year, but this year was different, with the race almost exclusively a local affair, given covid travel restrictions.

While numbers might have been effected, it was still a big event by any standard, with a field of 215 walkers. What is even more impressive is the fact that 139 of the walkers finished the full distance within the 10 hour limit, with the rest stopping at one or other of the checkpoints along the way. Think of the organisation that goes on behind the scenes, with all the marshals, water station stewards, judges and sweeper crews ensuring a seamless day's walking for everyone.

Richard Gerrard continued his recent domination of the event, with his seventh consecutive victory. Gerrard finished the 39.22-mile route in 6:37:18, slightly faster than his 2019 winning time of 6:38:10 and not far from his 2014 PB of 6:29:23. But he needed to race hard to win, given that two-time Parish Walk winner **Liam Parker** was making his debut in the event and shadowed him the whole way. It was only towards the end that Richard was able to break free, eventually winning by just over 3 minutes. It was an impressive debut for Liam.

Last year's winner Hannah Hunter was probably a favourite in the women's event but I don't see her in the results so it looks to me like she was a DNS. The win went to last year's third place finisher **Sophie Dvorakova** with a time of 7:31:37

Photos at <https://www.facebook.com/photo/?fbid=10158720528959630&set=pcb.10158720537294630>. I managed to find this fine shot in the gallery.



Richard Gerrard (right) and Liam Parker (left) in action last Sunday in the End to End

Full results at <https://my.raceresult.com/151523/Live>. The top 25 finishers are shown below

Ramsey Bakery End to End Walk (39.22 miles) – first 25

1.	Richard Gerrard	M45	6:37:18
2.	Liam Parker	SM	6:40:25
3.	Adam Killip	SM	6:58:36
4.	Noel Ash	M45	6:59:18
5.	James Quirk	M45	7:07:13
6.	David Walker	M45	7:16:34
7.	Simon Gawne	SM	7:17:54
8.	Kevin Edwards	SM	7:18:46
9.	Connor Gilbert	SM	7:23:58
10.	Michael Bonney	M55	7:27:24

11. Michael Readshaw	M60	7:27:59
12. Paul Sayle	M40	7:30:07
13. Sophie Dvorakova (W)	SW	7:31:37
14. Tristan Shields	SM	7:32:47
15. Andrew Dent	M45	7:39:02
16. Tony Edwards	M55	7:41:39
17. David Williams	SM	7:42:15
18. Louise Gimson (W)	W40	7:42:39
19. Andrew Dawson	M50	7:46:58
20. Richard Leigh	M45	7:47:15
21. Andy Green	M65	7:47:15
22. Lorna Gleave (W)	W35	7:47:28
23. Stephanie Burton (W)	W55	7:50:39
24. Chris Cale	M45	7:52:31
25. Ben Scott	M45	7:54:28

SRI CHINMOY NZ 24 HOUR TRACK CHAMPIONSHIPS, AUCKLAND, 14-15 NOVEMBER 2020

The new Zealand Centurions 24 Hour qualifier in mid November in Auckland was the ONLY centurion event for the year, all others being cancelled or postponed. It went ahead as scheduled, as part of the annual Sri Chinmoy 24 Hour Championships. NZ Centurions secretary Philip Sharp reports as follows

The NZ Centurion qualifier finished about four hours ago. I judged the full 24 hours. Except for the 22°C temperature on the Saturday, the weather was very good - no rain, and little to no wind.

There were three walkers in the 24 hours and one in the 12 hours. M60 NZ ultrarunner **Richard Young** from Christchurch became a NZ centurion, reaching 100 miles in 22:57:55. Richard walked the 24 hour run last year and I suggested he try the walk this year.

Wellington F60 racewalker **Terri Grimmitt** started well but after about twelve hours started leaning to the right from the waist. The lean increased and her hip became sore. Her lap times slowly crept up. Once they were above six minutes, she wisely decided to stop, having covered 92.8 km. I have no doubt she can go a lot further in 24 hours.

The third walker in the 24 hour was **Craig Welsh**. He had done no training and did not expect to go far. This proved to be so.

2006 Commonwealth Games 50K silver medalist **Tony Sargisson** was the 12 hour walker. I believe this was his first ultra. He started as a man on a mission, lapping in 2:20. Things did not go to plan. He developed two blisters and blood started accumulating under two toe nails. He stopped just after six hours, having covered 54+ km.

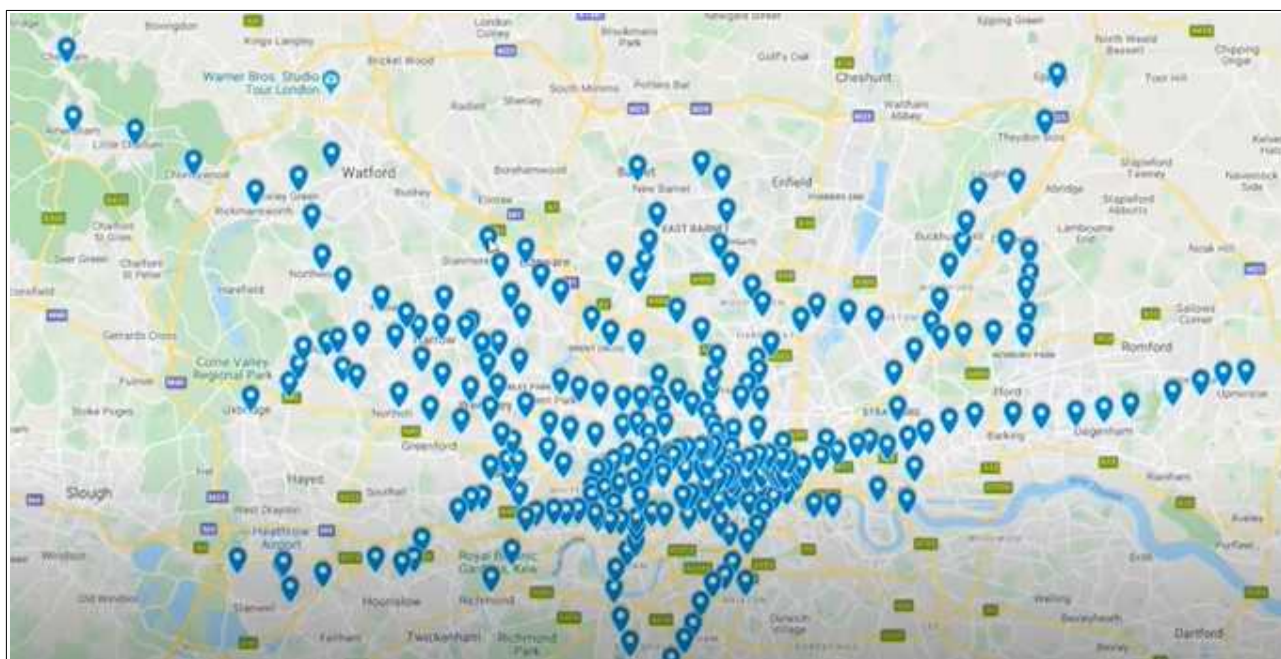


Richard Young (NZ C28) strides out soon after sunrise on the Sunday morning

With all other centurion qualifiers cancelled, Richard is the ONLY new centurion for 2020. That is certainly a first. See the updated NZ Centurions list at <http://www.centurions.org.au/documents/List%20of%20NZ%20Centurions.pdf>.

A FINE FEAT FOR RICHARD MCCHESENEY

London based New Zealand ultra walker **Richard McChesney** has added another long distance feat to his growing list of accomplishments - walking to all 270 London Tube Stations in five days. That required 523km of walking along a carefully planned route. As proof, he took a selfie outside each and every one of the stations. And he has put together a great little youtube video to document the challenge - you can access it on his website at <http://richardwalkslondon.com/>. It is the latest in a number of challenges that Richard has set himself over the last few years.



Richard McChesney visited all 270 London Tube Stations in a 5 day endurance feat. I am in awe!

DAVY CROCKETT CONTINUES HIS HISTORY OF THE 100 MILER

I noted in August's newsletter that USA ultra historian Davy Crockett had published a number of very comprehensive and interesting articles about the history of the 100 mile event.

[The 100-miler: Part 1 \(1737-1875\)](#)

[The 100-miler: Part 2 \(1874-1878\)](#)

[The 100-miler: Part 3 \(1879-1899\)](#)

[The 100-miler: Part 4 \(1900-1919\)](#)

[The 100-miler: Part 5 \(1902-1926\) England](#)

[The 100-miler: Part 6 \(1927-1934\) Arthur Newton](#)

[The 100-miler: Part 7 \(1930-1950\)](#)

Davy has now added five further chapters to the ever growing story.

[The 100-miler: Part 8 \(1950-1960\)](#)

[The 100-miler: Part 9 \(1961-1968\)](#)

[The 100-miler Part 10 \(1968-1968\)](#)

[The 100-miler Part 11 \(1970-1971\)](#)

[The 100-miler Part 12 \(1971-1973\)](#)

Wally Hayward and Ron Hopcroft

First Death Valley 100s

1969 Walton-on-Thames 100

Women run 100-milers

Ron Bentley and Ted Corbitt

They are fantastic reading and are the result of extensive research. Well done Davey.

UNTIL OUR NEXT NEWSLETTER

It's a small newsletter this time around, given the lack of races on which to report. We are thinking of our overseas based members and supporters as they cope with their restricted personal circumstances. At least we can all get out for a walk, that most wonderful of contemplative exercises.

Go for a walk and watch your cares and worries fade away.

Yours in Centurion walking

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