

# CENTURION FOOTNOTES

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## DATES...DATES...DATES

There are always ultra opportunities on offer for those walkers wanting a challenge. Some are shown below. In addition, the AURA calendar shows additional Australian ultra events that may suit serious ultra walkers – see <http://aura.asn.au/>.

Sep 14-15, 2019	Roubaix 28 Heures	Roubaix, FRA
Sep 25-26, 2019	Sri Chinmoy NZ 24H (2019 NZ Centurions Qualifier) See <a href="https://nz.srichinmoyraces.org/races/auck/24hr">https://nz.srichinmoyraces.org/races/auck/24hr</a> .	Auckland, NZ
Oct 12-13, 2019	St Thibault 24 Heures (2020 Paris Alsace qualifier)	St Thibault de Vignes, FRA
Oct 27, 2019	Ned Kelly Chase (50km, 100km)	Wangaratta, VIC
Oct 26-27, 2019	<b>2019 African Centurion Qualifier</b>	Stellenbosch, Sth Africa
Sept 26-27, 2020	Just A Walk In The Park (2020 USA Centurion Qualifier) See <a href="https://raceroster.com/events/2020/15288/not-just-a-walk-in-the-park-v30">https://raceroster.com/events/2020/15288/not-just-a-walk-in-the-park-v30</a>	Owego, NY, USA
Apr 13-14, 2019	Coburg 24H Carnival (2020 Aust Centurions qualifier)	Coburg, VIC

The 2019 African Centurion Walk is now official – it will take place on 26-27 October 2019. This year, the event will be in the heart of Stellenbosch at the Coetzenburg stadium. The course will weave through the town's oak-shaded streets and Coetzenburg precinct, with each loop averaging approximately 30 minutes. Entries are now open via the website at <http://africancenturion.com/>.

## COBURG CARNIVAL 2020 ENTRIES OPEN!!!

Entries are now open for the 2020 Coburg 24 Hour Carnival, and hence entries are now open for our 2020 Australian Centurions qualifying race at Coburg. Interest looks big with 20 entries taken in the first week!

Entries and race info at <http://www.coburg24hr.org/24hr/race-entry/>.  
Centurion specific info at <http://centurions.org.au/event2020.shtml>.

## OUT AND ABOUT

A couple of years ago, I purchased “*The Clock Keeps Ticking*”, the autobiography of renowned English ultra runner **Sharon Gayter** (see <http://sharongayter.com>). She had first come to my attention in 2006 when she broke Sandra Brown's *Lands End to John O'Groat* record of 13 days 10 hours and 1 minute. Sharon's plan had been to break 12 days but she ended up with 12 days 16 hours and 22 mins.

Last month, I followed Sharon online via her facebook page (<https://www.facebook.com/groups/461672731047521/>) as she revisited the run, hoping to regain her world best which had been beaten by Marina Anderson in 2008 and now stood at 12 days 15 hours and 46 mins. This time, she was going from North to South (JOGLE) and she did it in fine style, covering the 822 miles in a new record of 12 days, 11 hours, 6 minutes, and 7 seconds. You can read all about it at <https://www.bbc.com/news/uk-49212792>

Note that the run from one end of the United Kingdom to the other can be done in either direction (LEJOG or JOGLE). John O'Groats is in the far north of Scotland and Land's End is in western Cornwall.



Sharon arrives at Land's End after 12 days of running (photo Izzy Wilkinson, <https://www.bbc.com>)

**David Billett (C50)** was in action in the Adelaide 24 Hour on the weekend of 13-14 July. He was in running mode on that occasion, recording an excellent 192.674km. Well done David!

**Kim Janssens (C76)** was in action in the annual Dodentocht 100km event in Belgium on the weekend of 10-11 August. This is one of Kim's regular events that he has been doing since his first in 2010.



David and Kim in action in their respective events

### 2019 ENGLISH CENTURIONS 100 MILES WALK, CASTLETOWN, ISLE OF MAN, 17-18 AUGUST

The English Centurions 100 Mile qualifying walk in Castletown in mid August was a huge success, with 27 walkers completing the full distance, 16 of them first timers (C1196-C1211). The annual race, which was held over a 1 mile loop in the Isle of Man city (see <http://www.isleofman100milewalk.co.uk/>), was a huge logistics exercise and the local organisers did a superb job, as usual.

Dutch walker **Rob Tersteeg** led the whole way and was never challenged, winning with a very good time of 19:47:15. **Andrew Titley** and **Paul Sayle** were next early on, followed by **Peter Asselman**, but it was Asselman who held together the best of the three, taking second place with 20:24:24, ahead of Titley with 20:59:54 and Sayle, who was the first of the new centurions, with 21:15:42.

**Bernie Johnson** and **Sandra Brown** had a great battle in the women's race, with Bernie taking first place after a close fought race-long contest. Less than 3 minutes separated them at the finish, with Bernie 22:39:51 and Sandra 22:42:39. Bernie walked the whole way with her husband **Lee Johnson**, who crossed the line with her, hand in hand, thus claiming his first centurion badge. **Claire Bass** was third in the womens race with 23;13:24.

For 70 year old ultra legend Sandra Brown, it was her 8<sup>th</sup> hundred this year and her 205<sup>th</sup> overall, extending her tally year by year to a tally that will probably never be challenged. See <http://centurions.org.au/documents/Sandra%20Brown%20Ultra%20record%20-%20year%20by%20year.pdf>.

Full results, with all vital splits, etc, can be found at <https://my3.raceresult.com/112940/participants?lang=en>.

There are some great videos of husband and wife team Bernie and Lee Johnson finishing, along with the finishes of Sandra and Claire – check them out at <https://www.facebook.com/manxathletics/videos/2229167467210186/> and <https://www.facebook.com/manxathletics/videos/488216652008559/>. There is also an excellent 1 hour video from the weekend, available at <https://youtu.be/yfx4LQZwyDw>.

US Centurion secretary Rob Robertson advises that of the 16 new British Centurions, six (**Edwin van Wijngaarden, Peter Duijst, Claire Law -Bass, Adrie Romijn, Dick Stoevelaar** and **Wilko Koster**) joined the Multiple Centurion Badge list while **Corina Riezebos-Rijploeg** moved up to 3 centurion badges. Rob has updated his full multiple-badge listing at <https://www.walk100miles24hours.com/wp-content/uploads/2019/08/Multi-Centurions-1.pdf>

### **Tower Insurance Isle of Man 100 mile Open Race Walk**

1.	Rob Tersteeg	64	Rotterdamse Wandelsport Vereniging	NED	100	19:47:15	
2.	Peter Asselman	4	ACL	BEL	100	20:24:24	
3.	Andrew Titley	66	IOM Vets	IOM	100	20:59:54	
4.	Paul Sayle	59		IOM	100	21:15:42	<b>C1196</b>
5.	Edwin van Wijngaarden	69		NED	100	21:30:41	<b>C1197</b>
6.	Colin Vesty	70	Leicester Walking Club	UK	100	21:47:42	
7.	Graham Jackson	36	northern masters ac	UK	100	21:48:21	<b>C1198</b>
8.	Frank van der Gulik	67	De LAT	NED	100	22:09:11	
9.	Bernie Johnson (W)	37	IOMVAC	IOM	100	22:39:51	
10.	Lee Johnson	38	IOMVAC	IOM	100	22:39:51	<b>C1199</b>
11.	Sandra Brown (W)	9	Surrey Walking Club	UK	100	22:42:39	
12.	Peter Duijst	19	Rotterdamse Wandelsport Vereniging	NED	100	22:43:53	<b>C1200</b>
13.	Martin Vos	71	Rotterdamse Wandelsport Vereniging	NED	100	22:55:29	
14.	Andrew Dent	17		UK	100	23:01:09	<b>C1201</b>
15.	Claire Bass (W)	6	Ely Runners	UK	100	23:13:24	<b>C1202</b>
16.	Frans Leijtens	45	Rotterdamse Wandelsport Vereniging	NED	100	23:20:30	
17.	Corina Riezebos-Rijploeg (W)	57	Rotterdamse Wandelsport Vereniging	NED	100	23:35:12	<b>C1203</b>
18.	Mathijs Timmermans	65	KWBN	NED	100	23:39:11	
19.	Sophie Dvorakova (W)	20		IOM	100	23:45:43	<b>C1204</b>
20.	Mark Hemsall	33		IOM	100	23:45:43	<b>C1205</b>
21.	May Hooper (W)	35	Manx Harriers	IOM	100	23:47:59	<b>C1206</b>
22.	Courtenay Heading	32	IOMVAC	IOM	100	23:51:14	<b>C1207</b>
23.	Adrie Romijn (W)	58		NED	100	23:52:20	<b>C1208</b>
24.	Stephanie Burton (W)	11		IOM	100	23:53:28	
25.	Alison Kenyon (W)	41		IOM	100	23:53:29	<b>C1209</b>
26.	Dick Stoevelaar	63	Rotterdamse Wandelsport Vereniging	NED	100	23:54:03	<b>C1210</b>
27.	Wilko Koster	44	Rotterdamse Wandelsport Vereniging	NED	100	23:54:58	<b>C1211</b>
	Gabriel Farmer	24		IOM	90	23:50:53	
	Stewart Jones	39	Manx Harriers	IOM	85	20:22:20	
	Martin Fisher	26	Readcar Racewalking Club	UK	85	23:32:25	
	Nicola Raven (W)	56	Manx Harriers	IOM	84	20:35:24	
	Sharon Cain (W)	12	Manx Harriers	IOM	80	20:12:04	
	Edmund Shillabeer	61	Ilford AC	UK	68	20:01:33	
	Christopher Flint	27	Surrey Walking Club	UK	66	23:32:26	
	Raymond Harris	31		IOM	62	14:26:21	
	Sandra De Graaff (W)	16	Rotterdamse Wandelsport Vereniging	NED	62	14:51:03	
	Cristian Fernandez	25	Rotterdamse Wandelsport Vereniging	NED	60	14:14:06	
	Kathryn Prince (W)	55		IOM	60	14:26:05	

Kellie Hands (W)	30		IOM	60	14:43:02
Adrian Edwards	21	Lancashire Walking Club	UK	59	13:09:52
Mark Lund	48		IOM	58	13:34:57
Louise Hollings (W)	34	Manx Harriers	IOM	58	14:02:33
Sailash Shah	60	Lancashire Walking Club	UK	53	14:08:34
Richard Brown	8	Surrey Walking Club	UK	51	12:35:03
Don Arthurs	3		UK	50	12:00:34
Annie Donnelly (W)	18		IOM	48	12:36:50
Sue Clements (W)	14	Cambridge & Coleridge	UK	47	11:18:04
George Smolinski	62	Leicester Walking Club	UK	46	10:49:38
Arjan Lukken	47	Rotterdamse Wandelsport Vereniging	NED	45	10:32:03
Arjan Bogerd	7	Rotterdamse Wandelsport Vereniging	NED	42	9:59:23
Andy Green	29	Manx Harriers	IOM	39	7:55:35
Michael Corlett	15		IOM	36	11:50:20
David Walker	72	Manx Harriers	UK	35	6:47:36
Russell Walker	73		IOM	33	7:50:25
Voirrey Earnshaw Cain (W)	13	Manx Harriers	IOM	33	8:16:49
Hans J van der Helm	68	KWBN	NED	23	5:17:28
Maik Eijdem	23	OLAT	NED	23	5:20:56
Barbara Watt (W)	74		IOM	18	4:15:39
Alan Mcculloch	50		IOM	14	3:00:44

The 20 mile walk was won by **Ian Richards**, ahead of **Simon Gawne** and **Tony McIntosh**. The IOM walkers were to the fore. And our intrepid reporter **Emmanuel Tardi** also completed the 20 miler (well done, Emmanuel).

#### Tower Insurance Isle of Man 20 mile Open Race Walk

1. Ian Richards	231	Steining AC	UK	20	3:19:15
2. Simon Gawne	212		IOM	20	3:27:54
3. Tony Mackintosh	225	IOM Vets	IOM	20	3:30:22
4. Christopher James Burn	204		IOM	20	3:36:05
5. Hardeep Minhas	226	Leicestershire	UK	20	3:38:09
6. Michael Readshaw	230		IOM	20	3:39:07
7. Steve Kemp	222	EMAC	UK	20	3:45:29
8. Ray Beattie	203		IOM	20	3:49:39
9. Michelle Turner (W)	234	Northern AC IOM	IOM	20	3:51:17
10. Lorna Gleave (W)	213		IOM	20	3:55:16
11. Keith Green	215	Manx Harriers	IOM	20	3:56:35
12. Jayne Farquhar (W)	209	Manx Harriers	IOM	20	3:59:50
13. Michael Shippides	232		IOM	20	4:01:33
14. Elizabeth Corran (W)	206	Manx Harriers	IOM	20	4:07:10
15. Andy Baxendale	202	IOMVAC	IOM	20	4:07:46
16. Colin Moore	227	IOMVAC	IOM	20	4:12:36
17. David Hoben	218	Surrey Walking Club	UK	20	4:23:42
18. Claudine Anxionnat (W)	201	AVEC pays de bruyeres	FRA	20	4:31:44
19. Maureen Cox (W)	207		IOM	20	4:36:56
20. Dermot O'Toole	229		IOM	20	4:44:46
21. Anne Dudley (W)	208		IOM	20	4:44:47
22. Mick Holgate	219	Manx harries	IOM	20	4:48:49
23. Veronica Leijtens (W)	224	RWV	NED	20	4:50:31
24. Rebecca Hands (W)	217		IOM	20	4:54:19
25. Christine Corlett (W)	205		IOM	20	5:03:35
26. Emmanuel Tardi	233	La Postillonne Longjumeau	FRA	20	5:08:14
Rebecca Greatbatch (W)	214	Manx Harriers	IOM	9	2:11:59

The following Centurion perpetual trophies given awarded

<b>The Ko van der Kwaak Cup</b> (winning team - Britain vs Netherlands)	Netherlands
<b>Bristol 'Unicorn' Trophy</b> (1 <sup>st</sup> female existing Centurion)	Bernie Johnson
<b>Hammond Trophy</b> (1 <sup>st</sup> male existing Centurion)	Rob Tersteeg
<b>C.145 Hew Neilson Trophy</b> (1 <sup>st</sup> new Centurion)	Paul Sayle

**Bill King Memorial Trophy** (youngest competitor to finish)  
**Eddy McNeir Trophy** (first male finisher aged 65 or over)  
**Chas. Shelley Trophy** (first female finisher aged 65 or over)  
**Sunday Dispatch Trophy** (Open winning team)

Sophie Dvorakova  
 N/A  
 Sandra Brown  
 Rotterdamse Wandelsport Vereniging

Further awards were made by the The Race Walking Association. The Wilkinson sword and the Cockerel Trophy went to UK race winners and RWA championship medals were awarded to the first three individuals and to the first three teams.

**The Wilkinson Sword** (first male finisher)  
**The Cockerel trophy** (first female finisher),  
**Tom Reynolds Shield** (winning men's team)  
 New Trophy (winning women's team)

Andrew Titley  
 Bernie Johnson  
 Isle of Man Veteran Athletics Club  
 No team finished

**Ken Smith Memorial Trophy** (the most meritorious performance on the day) Graham Jackson

The British Masters Athletic Federation Long Distance Championships were held in conjunction with the 20 miles, with winners as follows

W45	1	Michelle Turner	IOMVAC
W50	1	Jayne Farquhar	IOMVAC
W60	1	Elizabeth Corran	IOMVAC
M45	1	Tony Mackintosh	IOMVAC
M55	1	Steve Kemp	EMAC
M60	1	Hardeep Minhas	Leicestershire
M60	2	Colin Moore	IOMVAC
M70	1	Ian Richards	VAC

Thanks to Emmanuel Tardi for these photos. You can see lots more from the weekend at his big photo gallery at <https://photos.google.com/share/AF1QipN01Z0hpiKsF1FHqdoIHGNoV3OOOpGiFYp5ZZKZM6S03mYTEQpSXqx8fUJvOOvkALA?key=TTZJekhOczlmckVtbTY2NEVWY3NsSkxwYTZuVWdB>



*Andrew Tilley, Peter Asselman and Rob Tersteeg*



*Bernie Johnston, Sandra Brown and Claire Bass (photos Emmanuel Tardi)*



*Left: Rob Tersteeg crosses the finish line to win the English Centurions 100 Mile Walk  
Right: Emmanuel Tardi with fellow French 20 mile walker Claudine Anxionnat*

Sandra Brown reported:

We greatly enjoyed another excellent Castletown Centurion qualifying event thanks to Steve Taylor and the IOM team, the Centurions, the sponsors especially Tower Insurance, and the officials and supporters - all combined to make this a fantastic weekend. The enthusiasm and expertise surrounding walking in the IOM is always impressive. The event was held round a 1 mile circuit with 3 legs like the IOM symbol, in the historic centre of Castletown. This was the former capital until it was superseded by Douglas in the late 1800s. The small town has remained attractive and charming, and walkers were given a very warm welcome.

The international field and strong numbers [about 60 starters in the 100, including very strong local interest, and around 30 in the 20 miles on Sunday morning] ensured that the standard of competition was high. But, as you'll have seen from the results, the event was not an easy one and the completion rate for the 100 was, as usual, around 50%, with quite a few retirements. I think the challenge related partly to the strong wind, which added to the effort required and "ramped up" the short climb around the castle, and the shape of the course with turns which didn't suit everyone. The official feeding station and marshalling, and the support from families and friends, were excellent, and Jill Green [who like us completed the first IOM 100, an extended 85 miles Parish Walk] returned to support Sue Clements and Claire Bass.

It was a great pleasure to see so many Dutch/Continental Centurions join the English visitors in supporting the event. I was also delighted to see Manu Tardi and Claudine Anxionnat [an old friend from Paris-Colmar days and still a regular walker in Masters and ultra-distance events] participating in the 20 miles event. I know that Manu will share his expert observations on the races and results. In the ladies' race, I was well-placed till a late stage when I was a bit queasy, but I was thrilled to see Bernie Johnson, who walked strongly throughout with husband Lee, win the ladies' race in great style. New Centurion Claire Bass was 3rd, and in total 9 ladies finished the 100. In the men's race, 3 nations shared the honours: Rob Tersteeg of Holland first in 19.47.15, from Peter Asselman of Belgium, and IOM/UK Andrew Titley. 18 men finished the 100. I was the only over-70 finisher in the 100, and I was delighted to see former international Ian Richards M70 win outright the 20 miles event in fine style.

We thoroughly enjoyed the weekend in the lovely IOM. There were encouraging hints of a possible future IOM 100: we hope so, and in the meantime we look forward to returning to Colchester for the 100 in August 2020.

### SOME ISLE OF MAN CENTURION STATS

Taking of the Isle of Man's contributions to the centurion cause, here is what organiser Steve Taylor has to say:

There have been six 100 mile races held on the Isle of Man. Each event was on a different course with 109 walkers attaining new Centurion status.

1998 - Parish Walk plus 15 miles on Douglas promenade - 4 new Centurions  
 2006 - NSC track and roadway - 25 new Centurions  
 2013 - NSC roadway - 24 new Centurions  
 2015 - Castletown (2mile lap) - 32 new Centurions  
 2018 - NSC track - 8 new Centurions  
 2019 - Castletown (1mile loop) - 16 new Centurions

Sandra Brown is the fastest woman at 19:28:47 and the only woman to break 20 hours.  
 Richard Gerrard is the fastest man at 18:29:39. Only he and Dave Talcott have broken 19 hours.

Of the 140 walkers to complete 100 miles in these races, the breakdown is as follows  
 AUS - 2, BEL - 15, GBR (include IOM) - 89, NED - 30, RSA - 2, SWE - 1, USA - 1

### LANCASHIRE WALKING CLUB CENTURIONS: ROLL OF HONOUR

Few clubs have produced more English Centurions than the Lancashire Walking Club. The club recently posted its Centurion Roll of Honour (see <https://lancswalkingclub.com/2019/08/12/honouring-the-clubs-centurions-and-wishing-adrian-and-sailash-all-the-best-in-the-isle-of-man-august-17-18-2019/>) and it reads impressively, with 46 names.

18	Tommy E Payne	24:00:00	11/ 09/ 1908	London [24 hours track race]
20	A Ormrod	24:00:00	11/ 09 /1908	London [24 hours track race]
47	E G Mitchell	23:32:50	17/ 09/ 1909	London
101	George P Birchall	19:40:35	18/ 09/ 1936	Bradford
102	Jim O'Neill	19:51:52	18/ 09/ 1936	Bradford
110	Billy Pennington	22:54:01	18/ 09 /1936	Bradford
136	Frank O'Neill	22:06:18	20 /06/ 1947	London-Brighton and back
148	Cliff Royle	21:41:23	23/ 09 /1949	Bradford
194	Dick Ditchfield	22:25:37	03 /10 /1952	Bath to London
220	George J Birchall	19:32:27	23 /07/ 1954	Blackpool-Manchester and back
221	T L M Dally	20:37:19	23 /07 /1954	Blackpool Manchester and back
222	Albert Rigby [Sutton]	21:35:15	23 /07 /1954	Blackpool-Manchester and back
223	Joe Lambert	21:44:00	23/ 07/ 1954	Blackpool-Manchester and back
228	E E Riddell	23:20:27	23/ 07/ 1954	Blackpool-Manchester and back
252	John Grocott	22:11:53	01/ 07/ 1955	London-Brighton and back
255	Fred Pearce Snr	22:29:50	01/ 07/ 1955	London-Brighton and back
256	Vic Murray	22:29:50	01 /07/ 1955	London-Brighton and back
260	Joe Barraclough	18:26:12	06/ 07 /1956	Sheffield-Harrogate and back
261	Dick Smith	19:26:37	06 /07/ 1956	Sheffield-Harrogate and back

263	Ivor Percival [Leyland AC]		06 /07/ 1956	Leicester to Skegness
285	John Todd	23:07:37	18/ 07 /1958	Leicester to Skegness
294	J Derrick [Leyland AC]	21:29:12	03/ 07/ 1959	London-Brighton and back
307	Harry Tetlow	21:54:24	02 /07/ 1960	Leicester to Skegness
310	Joe Billington [Leyland AC]	21:59:00	02/ 07/ 1960	Leicester-Skegness
319	Bill Cowley	22:28:30	30/ 10/ 1961	Chigwell
330	Brian Howarth [Leyland AC]	22:09:27	06/ 07/ 1962	Leicester-Skegness
332	Chris Bolton	22:09:27	06 /07 /1962	Leicester to Skegness
355	Sid Smith	20:28:38	03/ 07/ 1964	Leicester to Skegness
414	Alan Hudson	19:20:52	03/ 08/ 1968	Leicester to Skegness
433	Alan Day	19:54:18	26/ 09/ 1969	Bristol
457	J Williamson	22:50:35	31/ 07/ 1970	Leicester to Skegness
502	Eddie Jones	23:22:10	28/ 07 /1972	Leicester to Skegness
509	Bill Maxwell [Leyland AC]	20:52:29	21/ 09/ 1973	Bristol
612	E Murray	22:25:17	14/ 10 /1977	Bristol
617	B Breen	22:50:58	14 /10/ 1977	Bristol
656	Frank Dolan	21:33:14	22 /06 /1979	Ewhurst
706	L P Hey	22:44:54	25/ 07/ 1980	Leicester
762	Robert Thacker	21:40:45	24 /06 /1983	Ewhurst
797	Alan Chandler	22;37:06	30/ 05/ 1986	Woodford
893	Ron Wallwork	22:26:07	21 /07 /1992	Leicester
899	Ian Garmston	23:16:24	21/ 07/ 1992	Leicester
973	John Payn	23:10:10	12 /08/ 2000	Newmarket
981	Joe Hardy	22:00:20	10 /08/ 2002	Blackpool
983	Hazel Fairhurst	23:31:27	10 /08 /2002	Blackpool
993	Alf Short	22:45:37	26/ 07/ 2003	Newmarket
998	Dave Evans	23:40:16	26 /07 /2003	Newmarket

#### 14<sup>TH</sup> EDITION OF THE 6 JOURS DE FRANCE, PRIVAS, FRANCE, 18-24 AUGUST

Thanks to Emmanuel Tardi for the results of the 14<sup>th</sup> annual French ultra festival, which has just been completed in Privas, in the south of France (see <http://www.6jours-de-france.fr>). The meet saw 65 entrants in the 6 Day category (18-24 August) and 48 entrants in the 48 Hour category (22-24 August). Each lap was 1.178km around the stadium and the weather was generally good, with a little rain during the second day. Overall, **Daniel Duboscq** (623.678 km) and **Claudie Bizard** (620.265 km) won the 6 Day Walk divisions, while **Jacques Arnault** (260.825 km) and **Francoise Arnault** (188.224km) won the 48 Hour Walk divisions.

#### 6 Jours Marche

1.	DUBOSCQ, Daniel	15.08.54	M65	623,678 km
2.	BIZARD, Claudie	27.05.59	F60	620,265 km
3.	CLEMENT, Philippe	03.08.64	M55	604,968 km
4.	CAILLEAUX, Patrick	09.12.50	M65	602,613 km
5.	DELANGE, Dominique	27.10.57	M60	555,532 km
6.	BIET, Christophe	19.05.66	M50	519,871 km
7.	LINARD, Benoit	24.03.65	M50	456,287 km
8.	ARITA, Seigi, jap	25.01.57	M60	428,493 km
9.	SCHEFFER, Christian	12.06.55	M60	435,001 km
10.	PIERRE, Patrick	19.08.48	M70	379,639 km
11.	KESSELMARK, Patrick	25.01.59	M60	354,183 km
12.	CAPUSANO, Alain	03.07.52	M65	305,509 km
13.	HARRE, Graeme,nz	09.01.67	M50	243,163 km
14.	POISSANT, Nicolas	06.08.73	M45	119,528 km
15.	BURGER, Alain	18.09.55	M60	171,409 km

#### 48 Heures Marche

1.	ARNAULT, Jacques	M	260.825 km	47:56:22
2.	ODOUARD, Dominique	M	230.210 km	47:44:58
3.	BLONDE, Daniel	M	216.081 km	47:48:48
4.	EMONIERE, Philippe	M	181.934 km	47:59:33
5.	ARNAULT, Francoise	F	177.224 km	47:45:48





*Claudie Bizard, Daniel Duboscq and Jacques Arnaut (photos Emmanuel Tardi)*

### THREE NEW USA CENTURIONS AT THE DOME

Just as one 6 Day race finishes, another starts, this time the *Six Days in the Dome Redux Foot Race* which started on Sunday 25<sup>th</sup> August in Milwaukee and will go until Sunday 1<sup>st</sup> September (see [www.run6days.com](http://www.run6days.com)).

Rob Robertson reports from The Dome, Milwaukee

What a weekend. I was invited as a Centurion judge for the first 24 hours of Six Days in the Dome, Milwaukee. A six day race. To qualify as a Centurion the walkers had to walk 100 miles in the first 24 hours. Who besides six badge Centurion Australian Justin Scholz would want to do that. We had five walkers. United States Centurion C34 **Mario Escobedo**, United States Centurion C48 **Ivo Majetic**. Multi World walking Record Holder **Yolanda Holder**. Multi day walker **Anthony Culpepper**, Long distance walker and almost Centurion **Bob Davidson**.

So here we all are inside a giant ice rink. A three lane track around all of it. Constant 55 degrees. It was obvious that three of my walkers wanted to copy Justin Scholz at EMU. Ivo, Anthony and Yolanda. Anthony was a pleasant surprise. Spends his days in the Colorado Rocky Mountains checking trees. Thin air and mountain hiking is good Centurion training. Ivo had stomach problems but vowed to gut out his hundred. Yolanda had one of those late hard up and down races. One hour you are on top. The next hour you think you are not going to make it. An emotional roller coaster.

The result. Three hundred mile finishers.

NEW Centurion <b>C93</b>	Anthony Culpepper	22:11:56
Centurion C48	Ivo Majetic	22:57:01
NEW Centurion <b>C94</b>	Yolanda Holder	23:51:32

C34 Mario Escobedo and Bob Davidson are doing the 6 Day Race which continues as I publish this newsletter.



*Yolanda Holder (left) and Anthony Culpepper (right) walking with Ivo Majetic*



*New U.S. Centurions Yolanda Holder and Anthony Culpepper (photos Rob Robertson)*

**VALE AUSTRALIAN CENTURION FOUNDER BRIAN PARKINSON: 1931-2018**

I had been trying for some time to contact Brian Parkinson, the last surviving of our Australian Centurion founders, and eventually I decided to search the obituaries, confirming there that he had died in June 2018. I am disappointed that I was not aware of this at the time, as I would have attended his funeral on behalf of his club. But I can at least let everyone know and update his club profile which is reproduced below.

**Brian Kent Parkinson** was born in 1931, the grandson of Basil Parkinson, one of the legends of Australian T&F.

Born in Lancaster, England, Basil Parkinson was a prominent runner with the Cheshire Tally-Ho Club before his arrival in Melbourne at the age of 21. In 1890 he founded the Melbourne Harriers, the colony's oldest club, where he had much success as a miler, hurdler, steeplechaser, and cross-country runner. He was instrumental in drafting the rules for a proposed Victorian Amateur Athletics Association. When the V.A.A.A. was formed at the Port Phillip Club Hotel in Flinders St., Melbourne, on 8<sup>th</sup> October 1891, he was elected as Honorary Secretary, and is considered the father of athletics in Victoria.

‘Parky’, as he became known, was a man of vision and enlightened values, a man who argued over a hundred years ago against the class based definitions of amateurism that existed in older countries. He was recognised as a member of the

Sports Australia Hall of Fame<sup>1</sup>. I remember Brian relating how Parky was most proud of the fact that, in his hayday, he could beat anyone running backwards.

It almost goes without saying that Brian was brought up in an athletics oriented family.

The athletics connections widened even further when Brian married Marion Redman, the daughter of former English walker Fred Redman<sup>2</sup>. Fred, a former World Junior Record Holder for the 10 mile distance, had migrated to Australia in 1961.

Brian duly joined Marion in the ranks of the walking fraternity and started to compete with the Victorian Amateur Walkers' Club (VAWC) who were based at Albert Park in Melbourne.



*Vale Brian Parkinson (1931-2018)*

When Len Mathews<sup>3</sup> contacted fellow walkers Fred Redman and Tom Daintry<sup>4</sup> with a view to forming an Australian chapter of the Centurions, Fred immediately drew his son-in-law into the working group. Brian had the business knowledge necessary to draw up a constitution and formally setup the new organisation and it was he who did most of this necessary ground work.

With the Centurions set up, Brian then stepped back and allowed the first Centurions to take control of their new organisation.

He was now an able sporting administrator and ran the 'Little Walkers' races each Saturday at Albert Park. In this capacity, he was responsible for introducing many future Victorian racewalk champions to our sport.

Brian's sporting administration career was cut short when he was posted to Papua New Guinea in the mid-seventies by Shell, for whom he worked. He spent over 10 years based in Port Moresby, until retiring in the late 1980's. His career at Shell had spanned nearly 40 years. Thoughts of retirement were forestalled when he was called back into the Shell world to return to PNG and take up his accounting portfolio again after a short break.

He finally returned to Melbourne in the mid 1990's and promptly returned to study. This eventually evolved into a variety of teaching roles, in which he continued long after the normal retirement age of 65.

Brian was also involved deeply in the Freemasons, and was a proud member of that organisation for over 60 years.

Into his mid eighties, Brian lived in the Melbourne suburb of Bentleigh and kept a fatherly eye on the doings of the Centurions.

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1 See <http://www.sahof.org.au/hall-of-fame/member-profile/?memberID=308&memberType=general>

2 See <http://centurions.org.au/centprofiles/founder%20fred%20redman.pdf>

3 See <http://centurions.org.au/centprofiles/founder%20len%20mathews.pdf>

4 See <http://centurions.org.au/centprofiles/founder%20tom%20daintry.pdf>

In recent years, his health had deteriorated, with a variety of issues, and it was a number of years since he had been able to attend any of our centurion functions. Eventually time caught up with him and he died on 20<sup>th</sup> June 2018, aged 87.

With Brian's passing, the last of our Australian Centurion founders has departed. He now joins fellow founders Len Mathews (1983), Fred Redman (1986) and Tom Daintry (2002) in our honour role.

The Centurions and the Victorian Race Walking Club each remember Brian for his many contributions to their clubs.

#### NINETEENTH CENTURY ADVENTURER NATHANIEL HOLMES BISHOP



I meant to point out this gem of an article by USA ultra historian and runner Davy Crocket a few newsletters ago but got sidetracked by life. In it, Davy tells the little-known story of 17-year-old **Nathaniel Holmes Bishop** (1827-1902) of Boston who left home to walk across South America in 1855. With only \$45 in his pocket he hired on as crew on a roach-infested merchant ship that was heading for Buenos Aires, Argentina. From there, the story unfolds. Check out <http://ultrarunninghistory.com/across-america-on-foot-1/>. It's a mind blowing adventure.

In 1868 Bishop published a booklet about the trip. Titled *The Pampas and Andes: A Thousand Mile Walk Across South America*, it made him famous. You can read the third edition of Bishop's amazing book, published in 1870, in its original book format at [https://books.google.com.au/books/about/The\\_Pampas\\_and\\_Andes.html?id=n572enZLEz4C](https://books.google.com.au/books/about/The_Pampas_and_Andes.html?id=n572enZLEz4C).

In the 1870s, Bishop took up canoeing and paddled from New York to Florida in a 58 pound paper canoe. Later he also rowed down the Mississippi River. He was a founding member of the American Canoe Association in 1880, and earned a fortune growing cranberries in New Jersey. He died and was buried in Toms River, New Jersey, in 1902. In his will, he left \$30,000 to fund a library in Dover, New Jersey, to be run by women. It was eventually established in 1941.

#### AUSTRALIAN 100 MILE ALL-TIME RANKING LISTS NOW PUBLISHED

I have been meaning for some time to update a few of my old ranking lists that have fallen well behind. First cab off the rank is the 100 Mile Ranking list. It shows all walkers who have completed the 100 mile distance within 24 hours within Australia. The list also includes 100 mile walk performances for Australian walkers when competing overseas in ratified competitions. Sometimes an overseas performance will be of 24 Hour duration but the 100 mile split may not be accessible. Thus certain results are missing from the list. But overall, it remains a fairly comprehensive list.

It's been added to my Centurions ranking webpage at <http://centurions.org.au/centranks.shtml>. Let me know if you see any errors.

#### 100 MILE RANKING LIST - MEN

1.	Ian Jack	C17	34	17:59:30	03/11/1979	George Knott Athletics Track, Clifton Hill, VIC
2.	Jim Gleeson	C03	40	18:33:58	23/10/1971	Edwards Lake Athletics Track, Reservoir, VIC
3.	John Smith	C16	40	18:49:20 *	07/10/1978	Gosford, NSW
	<i>Jim Gleeson</i>	C03	41	19:16:14	21/10/1972	Edwards Lake Athletics Track, Reservoir, VIC
4.	Peter Bennett	C24	38	19:42:54	08/10/1994	George Knott Athletics Track, Clifton Hill, VIC
5.	Justin Scholz	C61	38	19:43:21	16/06/2013	Blacktown Athletics Track, Blacktown, NSW

	<i>Peter Bennett</i>	C24	53	19:48:40	28/06/2009	UQ Athletics Track, St Lucia, QLD
	<i>Peter Bennett</i>	C24	57	20:33:00	* 15/09/2013	Middle Park, VIC
6.	Robin Whyte	C29	54	20:37:12	05/10/1996	George Knott Athletics Track, Clifton Hill, VIC
7.	Clarrie Jack	C04	26	20:39:45	23/10/1971	Edwards Lake Athletics Track, Reservoir, VIC
	<i>Peter Bennett</i>	C24	56	20:40:22	* 28/07/2012	Caboolture Historical Village, Caboolture, QLD
	<i>Justin Scholz</i>	C61	41	20:43:51	19/06/2016	Campbelltown Aths Track, Campbelltown, NSW
8.	Bill Dillon	C19	41	20:51:06	23/11/1979	Duncan McKinnon Reserve, Glenhuntly, VIC
9.	Gordon Smith	C01	37	20:58:09	16/10/1938	Bankstown Oval, Sydney, NSW
	<i>Justin Scholz</i>	C61	41	21:03:00	15/06/2016	Blacktown Athletics Track, Blacktown, NSW
10.	Herbert Neubacher (GER)	C37	36	21:03:07	18/10/1999	Harold Stevens Athletics Track, Coburg, VIC
	<i>Justin Scholz</i>	C61	42	21:04:54	* 06/08/2017	Bury St. Edmunds, England
11.	Mark Wall	C59	52	21:08:36	* 12/07/2009	Newmarket, England
12.	John Kilmartin	C67	63	21:11:56	19/04/2015	Harold Stevens Athletics Track, Coburg, VIC
13.	Terry O'Neill	C18	23	21:13:08	03/11/1979	George Knott Athletics Track, Clifton Hill, VIC
14.	Eddy Goeman (BEL)	C60	49	21:16:23	15/04/2012	Harold Stevens Athletics Track, Coburg, VIC
15.	Barry Loveday	C62	34	21:16:23	* 29/07/2012	Caboolture Historical Village, Caboolture, QLD
	<i>John Kilmartin</i>	C67	64	21:26:48	* 16/08/2015	Castleton, Isle of Man, GBR
16.	Ivo Majetic (USA)	C71	48	21:30:55	23/04/2017	Harold Stevens Athletics Track, Coburg, VIC
	<i>Robin Whyte</i>	C29	57	21:34:48	18/10/1999	Harold Stevens Athletics Track, Coburg, VIC
17.	Stuart Cooper	C05	20	21:36:53	23/10/1971	Edwards Lake Athletics Track, Reservoir, VIC
18.	Gerald Manderson (NZL)	C31	54	21:37:31	19/09/1998	George Knott Athletics Track, Clifton Hill, VIC
	<i>Gerald Manderson (NZL)</i>	C31	55	21:39:33	18/10/1999	Harold Stevens Athletics Track, Coburg, VIC
	<i>Gordon Smith</i>	C01	36	21:43:00	1937	Centennial Park, Sydney, NSW
	<i>Justin Scholz</i>	C61	41	21:45:16	* 15/05/2016	Schiedam, NED
19.	Mike Porter	C09	50	21:45:47	18/10/1975	George Knott Athletics Track, Clifton Hill, VIC
	<i>Justin Scholz</i>	C61	43	21:48:12	03/02/2018	Cambelltown Aths Track, Campbelltown, NSW
	<i>Terry O'Neill</i>	C18	51	21:48:35	22/04/2007	Harold Stevens Athletics Track, Coburg, VIC
	<i>Peter Bennett</i>	C24	54	22:01:35	18/04/2010	Harold Stevens Athletics Track, Coburg, VIC
20.	Rudy Schoors (BEL)	C55	53	22:01:45	20/04/2008	Harold Stevens Athletics Track, Coburg, VIC
21.	Stan Jones	C10	50	22:04:59	18/10/1975	George Knott Athletics Track, Clifton Hill, VIC
22.	Chris Burn (IOM/GBR)	C72	42	22:08:09	22/04/2018	Harold Stevens Athletics Track, Coburg, VIC
	<i>Justin Scholz</i>	C61	37	22:09:03	* 15/07/2012	Adelaide, SA
	<i>Rudy Schoors (BEL)</i>	C55	57	22:10:05	15/04/2012	Harold Stevens Athletics Track, Coburg, VIC
23.	Tim Erickson	C13	25	22:10:27	09/10/1976	Kensington Olympic Park, Adelaide, SA
24.	Kim Janssens (BEL)	C76	45	22:19:38	14/04/2019	Harold Stevens Athletics Track, Coburg, VIC
	<i>Justin Scholz</i>	C61	40	22:24:28	04/10/2015	Auckland, NZL
25.	Jantinus Meints (NED)	C73	60	22:25:33	22/04/2018	Harold Stevens Athletics Track, Coburg, VIC
26.	Andrew Ludwig	C25	28	22:26:09	08/10/1994	George Knott Athletics Track, Clifton Hill, VIC
27.	Ken Walters	C26	62	22:28:31	08/10/1994	George Knott Athletics Track, Clifton Hill, VIC
	<i>Robin Whyte</i>	C29	58	22:29:32	03/09/2000	Harold Stevens Athletics Track, Coburg, VIC
	<i>Justin Scholz</i>	C61	40	22:29:51	* 07/06/2015	Minnesota, USA
28.	Fred Brooks	C42	67	22:31:15	08/04/2001	Harold Stevens Athletics Track, Coburg, VIC
29.	Norm Morriss (NZL)	C32	57	22:32:47	19/09/1998	George Knott Athletics Track, Clifton Hill, VIC
30.	Adrie Ros (NED)	C74	55	22:33:31	22/04/2018	Harold Stevens Athletics Track, Coburg, VIC
31.	Chris Clegg (USA)	C11	62	22:34:14	18/10/1975	George Knott Athletics Track, Clifton Hill, VIC
	<i>Andrew Ludwig</i>	C25	51	22:34:20	20/04/2008	Harold Stevens Athletics Track, Coburg, VIC
32.	Jens Borello (DEN)	C52	59	22:36:13	23/04/2006	Harold Stevens Athletics Track, Coburg, VIC
33.	Deryck Skinner	C51	72	22:39:55	02/10/2005	Santos Stadium, Adelaide, SA
	<i>Justin Scholz</i>	C61	44	22:40:08	16/03/2019	AIS Athletics Track, Canberra, ACT
	<i>Justin Scholz</i>	C61	38	22:40:37	* 15/09/2013	Middle Park, VIC
34.	Marco Bloemerts (NED)	C77	53	22:42:30	14/04/2019	Harold Stevens Athletics Track, Coburg, VIC
35.	Claude Martin	C14	42	22:42:53	08/10/1977	George Knott Athletics Track, Clifton Hill, VIC
	<i>Peter Bennett</i>	C24	57	22:44:26	* 20/07/2013	Caboolture Historical Village, Caboolture, QLD
36.	Bob Lee (NZL)	C47	49	22:44:44	18/04/2004	Harold Stevens Athletics Track, Coburg, VIC
37.	Jack Webber	C02	56	22:44:53	20/08/1971	Adelaide Harriers Track, Adelaide, SA
38.	Colin Heywood	C75	62	22:46:53	22/04/2018	Harold Stevens Athletics Track, Coburg, VIC
39.	David Billett	C50	49	22:47:45	16/03/2019	AIS Athletics Track, Canberra, ACT
	<i>Justin Scholz</i>	C61	44	22:47:46	21/10/2018	Cape Town, South Africa
40.	Michael Harvey	C43	38	22:48:26	08/04/2001	Harold Stevens Athletics Track, Coburg, VIC
41.	Bill Dyer	C15	16	22:50:33	08/10/1977	George Knott Athletics Track, Clifton Hill, VIC
42.	Gerrit de Jong (NED)	C40	58	22:51:24	18/10/1999	Harold Stevens Athletics Track, Coburg, VIC
	<i>Peter Bennett</i>	C24	56	22:53:09	15/04/2012	Harold Stevens Athletics Track, Coburg, VIC
43.	Yiannis Kouros	C33	42	22:55:23	19/09/1998	George Knott Athletics Track, Clifton Hill, VIC
	<i>Peter Bennett</i>	C24	58	22:58:16	27/07/2014	Caboolture Historical Village, Caboolture, QLD
44.	Dudley Pilkington	C07	56	22:59:00	10/10/1975	George Knott Athletics Track, Clifton Hill, VIC
45.	Fred Redman	C08	62	22:59:00	28/09/1973	Adelaide Harriers Track, Adelaide, SA
46.	Stan Miskin	C23	53	22:59:48	29/10/1988	Adelaide Harriers Track, Adelaide, SA
47.	Roger LeMoine (GBR)	C34	57	23:04:51	19/09/1998	George Knott Athletics Track, Clifton Hill, VIC

	<i>John Kilmartin</i>	C67	64	23:05:24	*	15/05/2016	Schiedam, NED
	<i>David Billett</i>	C50	42	23:06:56	*	15/09/2013	Middle Park, VIC
48.	John Harris	C12	47	23:10:36		19/09/1998	George Knott Athletics Track, Clifton Hill, VIC
49.	Jurgen de Waart (NED)	C78	56	23:13:03		14/04/2019	Harold Stevens Athletics Track, Coburg, VIC
50.	Steve Jordan	C64	56	23:13:33		16/06/2013	Blacktown Athletics Track, Blacktown, NSW
51.	Rob Robertson (USA)	C68	53	23:13:53		17/04/2016	Harold Stevens Athletics Track, Coburg, VIC
52.	Pat Fisher	C53	58	23:14:03		23/04/2006	Harold Stevens Athletics Track, Coburg, VIC
	<i>John Harris</i>	C12	23	23:18:15		18/10/1975	George Knott Athletics Track, Clifton Hill, VIC
	<i>Geoff Hain</i>	C50	61	23:18:30	*	01/06/2008	Schiedam, Holland
53.	Martin Vos (NED)	C79	49	23:20:17		14/04/2019	Harold Stevens Athletics Track, Coburg, VIC
	<i>Mark Wall</i>	C59	54	23:20:41		17/04/2011	Harold Stevens Athletics Track, Coburg, VIC
	<i>Deryck Skinner</i>	C51	74	23:23:30		12/08/2006	Runaway Bay Track, Gold Coast, QLD
	<i>Deryck Skinner</i>	C51	73	23:23:43		23/04/2006	Harold Stevens Athletics Track, Coburg, VIC
	<i>Geoff Hain</i>	C49	62	23:24:50		19/04/2009	Harold Stevens Athletics Track, Coburg, VIC
	<i>Geoff Hain</i>	C49	61	23:25:14	*	18/11/2007	Gravine, Texas, USA
54.	Boyd Millen (GBR)	C41	64	23:25:43		03/09/2000	Harold Stevens Athletics Track, Coburg, VIC
	<i>Geoff Hain</i>	C49	58	23:27:49		17/04/2005	Harold Stevens Athletics Track, Coburg, VIC
55.	George Audley	C22	52	23:28:48		28/05/1988	McGilvrey Oval, Perry Lakes, WA
	<i>Dudley Pilkington</i>	C07	63	23:29:00		15/12/1972	Spreyton Racecourse, Devonport, TAS
56.	Deryck Skinner	C51	73	23:30:12		01/10/2006	Santos Stadium, Adelaide, SA
	<i>Geoff Hain</i>	C49	58	23:30:38		15/10/2004	Santos Stadium, Adelaide, SA
	<i>Geoff Hain</i>	C49	60	23:31:43	*	20/08/2006	Isle of Man, GBR
	<i>Geoff Hain</i>	C49	60	23:33:47		22/04/2007	Harold Stevens Athletics Track, Coburg, VIC
57.	Geoff Peters	C20	57	23:34:10		06/09/1980	Adelaide Harriers Track, Adelaide, SA
58.	Caleb Maybir	C28	37	23:34:20		28/09/1996	ANZ Stadium. Nathan, QLD
	<i>John Harris</i>	C12	51	23:34:50		14/04/2002	Harold Stevens Athletics Track, Coburg, VIC
59.	Charles Arosanyin (NGR)	C46	35	23:35:32		13/04/2003	Harold Stevens Athletics Track, Coburg, VIC
60.	Ian Valentine	C57	48	23:37:03		19/04/2009	Harold Stevens Athletics Track, Coburg, VIC
	<i>Geoff Hain</i>	C49	59	23:37:24		02/10/2005	Auckland, NZL
	<i>Geoff Hain</i>	C49	59	23:38:25		23/04/2006	Harold Stevens Athletics Track, Coburg, VIC
61.	Jim Turnbull	C21	52	23:38:53		13/12/1986	Kingsley Reserve, Wanaroo, WA
62.	Peter Crump	C66	52	23:39:40	*	16/09/2013	Middle Park, VIC
63.	Merv Lockyer	C30	65	23:45:51		05/10/1996	George Knott Athletics Track, Clifton Hill, VIC
64.	Anyce Melham	C65	55	23:46:32		16/06/2013	Blacktown Athletics Track, Blacktown, NSW
65.	Albertus van Ginkel (NED)	C70	55	23:46:36		17/04/2016	Harold Stevens Athletics Track, Coburg, VIC
66.	Tim Thompson	C06	26	23:48:08		21/10/1972	Edwards Lake Athletics Track, Reservoir, VIC
	<i>David Billett</i>	C50	34	23:52:27		17/04/2005	Harold Stevens Athletics Track, Coburg, VIC
67.	Graham Watt	C48	28	23:59:23		18/04/2004	Harold Stevens Athletics Track, Coburg, VIC

\* Road Performances

#### 100 MILE RANKING LIST - WOMEN

1.	Sandra Brown (GBR)	C36	50	19:14:56		19/09/1999	Harold Stevens Athletics Track, Coburg, VIC
2.	Michelle Thompson	C58	45	19:53:19		05/04/2014	Harold Stevens Athletics Track, Coburg, VIC
3.	Sharon Scholz	C63	36	20:06:00		16/06/2013	Blacktown Athletics Track, Blacktown, NSW
	<i>Michelle Thompson</i>	C58	44	20:22:36		14/04/2013	Harold Stevens Athletics Track, Coburg, VIC
	<i>Michelle Thompson</i>	C58	47	20:28:57		17/04/2016	Harold Stevens Athletics Track, Coburg, VIC
4.	Carol Baird	C39	53	20:31:24		14/04/2002	Harold Stevens Athletics Track, Coburg, VIC
	<i>Carol Baird</i>	C39	53	20:48:52		06/07/2002	Auckland, NZL
	<i>Carol Baird</i>	C39	52	20:55:46		08/07/2001	Auckland, NZL
	<i>Sharon Scholz</i>	C63	40	21:04:54	*	06/08/2017	Bury St Edmunds, England
	<i>Carol Baird</i>	C39	51	21:13:27		19/10/2002	Adelaide Harriers Track, Adelaide, SA
5.	Jill Green (GBR)	C38	58	21:15:35		18/10/1999	Harold Stevens Athletics Track, Coburg, VIC
	<i>Carol Baird</i>	C39	51	21:26:10		03/09/2000	Harold Stevens Athletics Track, Coburg, VIC
	<i>Michelle Thompson</i>	C58	43	21:36:14		24/06/2012	Blacktown Athletics Track, Blacktown, NSW
	<i>Sharon Scholz</i>	C63	39	21:45:13	*	15/05/2016	Schiedam, NED
	<i>Carol Baird</i>	C39	51	21:47:47		08/04/2000	Harold Stevens Athletics Track, Coburg, VIC
	<i>Michelle Thompson</i>	C58	47	21:49:53	*	18/09/2016	Roubaix, FRA
	<i>Carol Baird</i>	C39	54	21:55:35		13/04/2003	Harold Stevens Athletics Track, Coburg, VIC
	<i>Michelle Thompson</i>	C58	42	22:03:27		17/04/2011	Harold Stevens Athletics Track, Coburg, VIC
	<i>Carol Baird</i>	C39	50	22:16:43		18/10/1999	Harold Stevens Athletics Track, Coburg, VIC
	<i>Sharon Scholz</i>	C63	39	22:24:28		04/10/2015	Auckland, NZL
	<i>Sharon Scholz</i>	C63	38	22:29:51	*	07/06/2015	Minnesota, USA
	<i>Carol Baird</i>	C39	60	22:34:05	*	12/07/2009	Newmarket, England
6.	Caroline Mestdagh (BEL)	C56	43	22:40:27		19/04/2009	Harold Stevens Athletics Track, Coburg, VIC
	<i>Sharon Scholz</i>	C63	37	22:40:37	*	15/09/2013	Middle Park, VIC
7.	Lyn Lewis	C44	46	22:46:54		14/04/2002	Harold Stevens Athletics Track, Coburg, VIC

	<i>Sharon Scholz</i>	C63	42	22:47:45	21/10/2018	Cape Town, South Africa
	<i>Caroline Mestdagh (BEL)</i>	C56	46	22:48:25	15/04/2012	Harold Stevens Athletics Track, Coburg, VIC
	<i>Jill Green (GBR)</i>	C38	63	22:58:31	17/04/2005	Harold Stevens Athletics Track, Coburg, VIC
8.	Carmela Carrassi	C27	43	23:09:03	13/04/1997	Harold Stevens Athletics Track, Coburg, VIC
9.	Karyn O'Neill	C45	58	23:14:56 *	15/09/2013	Middle Park, VIC
	<i>Sharon Scholz</i>	C63	42	23:15:15	14/03/2019	Harold Stevens Athletics Track, Coburg, VIC
	<i>Karyn Bollen</i>	C45	47	23:35:56	14/04/2002	Harold Stevens Athletics Track, Coburg, VIC
10.	Gertrude Achterberg (NED)	C80	48	23:36:28	14/04/2019	Harold Stevens Athletics Track, Coburg, VIC
	<i>Carmela Carrassi</i>	C27	43	23:36:59	14/04/1996	Harold Stevens Athletics Track, Coburg, VIC
	<i>Karyn O'Neill</i>	C45	56	23:44:26	17/04/2011	Harold Stevens Athletics Track, Coburg, VIC
11.	Sandra de Graaff (NED)	C69	48	23:45:32	17/04/2016	Harold Stevens Athletics Track, Coburg, VIC
12.	Catherine Cox	C54	54	23:54:28	20/04/2008	Harold Stevens Athletics Track, Coburg, VIC
13.	Sue Clements	C35	44	23:58:40	20/09/1998	George Knott Athletics Track, Clifton Hill, VIC

\* Road Performances

## FOCUS ON OUR NEW CENTURIONS

I have been chatting online with our 5 new 2019 Australian Centurions and putting some profiles together so that we can learn a little about how their paths led them to Coburg in April. Time to focus on the fifth of our 5 new members.

### **Gertrude Achterberg C80: 23:36:28**

When 48 year old Dutch walker Gertrude Achterberg completed her Australian Centurion qualifier at the 2019 Coburg 24 Hour Carnival on the weekend of 18-18 April, she added yet another centurion badge to a list that is now nearly complete.

2016	African Centurion, Cape Town	C17	23:42:50
2017	Continental Centurion, Weert	C458	23:52:15
2017	English Centurion, Bury St Edmunds	C1186	23:49:28
2017	New Zealand Centurion, Auckland	C23	23:29:45
2019	Australian Centurion, Coburg	C80	23:36:28

In fact, if she had successfully completed the 2018 USA Centurion qualifier, she would now have all 6 available badges. But more of that later.

Gertrude tells me that she played hockey, tennis and did cycling in her younger days and only started walking in 2014 while recovering from a knee injury. She has not looked back since.

Her first serious walk was in Schiedam in June 2014, as part of the Continental Centurions walk weekend. She targetted the 50 Miles (80.467 km), finishing in an impressive **11:15:30** and gaining her KennedyFriend badge.

Over the next couple of years, she did a number of the long distance non-race walks that dot the landscape in the Netherlands.

Her Kennedymars walk in Sittard in March 2016 is worth mentioning. On that occasion, she walked the full 80km option in a time of **11:48:00** and was one of 100 finishers, all under the 12 hour limit. That gives some idea of the popularity and depth of the sport of long distance walking in the Netherlands.

She was now ready to have a go for her first centurion badge, targetting the Continental Centurions qualifier in Schiedam in June of 2016. Alas, she was not quite ready, being forced to stop after completing 113.702km in 16:25:55. She was on target from a time perspective, but the body was spent.

Not to be put off, she travelled to South Africa in October 2016 as part of a small Dutch contingent to participate in the inaugural African Centurions qualifier on Robben Island, Cape Town. This time she was successful, finishing the 100 miles in **23:42:50** and becoming African Centurion 17. She was one of 19 successful walkers overall.



*Gertrude walking in the African Centurion in October 2016 on Robben Island*

2017 was a huge year for Gertrude with 3 further badges. She started her year with two Kennedymars walks, both in April – first in Helgelo (80km in **11:03:20**) and then in Sittard (80.467km in **11:42:30**). With these walks under her belt, she felt ready for her next attempt at the Continental Centurion badge.

This time she was successful, finishing the 100 miler in Weert in a time of **23:52:15**, becoming Continental Centurion number 458. Two months later, she gained her English Centurions badge C1186 with a time of **23:49:28** in Bury St Edmunds. Fast forward a further two months and she ticked off her New Zealand Centurions badge (C23) in Auckland with a time of **23:29:45**.



*Left: The 2017 New Zealand Centurion qualifier in Auckland:  
right to left Gertrude Achterberg, Arie Kandelaars, Marco Bloemerts, Antione Hunting and Damien Wood*

*Right: The 2017 Centurion qualifier in New Zealand – the camera captures Gertrude Achterberg, Arie Kandelaars and Rob Robertson around 9PM on the Saturday evening*

If 2017 was a year of consistent success, 2018 was the opposite, with failed attempts at her two remaining centurion badges. Her form in the Kennedymars at Sittard in late March was excellent (80km in **11:17:00**) and she travelled to Australia 3 weeks later with high expectations. She passed the half way mark at Coburg with 85.146km and looked set for a big total. Alas, she slowed in the second half, eventually retiring at a little over 20 hours, having covered 138.040km.



Six weeks later, her USA Centurion badge walk also went off the rails as she struggled to 123.115km. Overall, it was a year to forget.



*Gertrude with Arie Kandelaars at the USA Centurions walk in June 2018 – her one remaining badge!*

April 2019 saw her return to Coburg for a second attempt at her Australian Centurion badge, and this time she was successful, walking 87km in the first 12 hours and then completing a controlled second half to reach the 100 miles in **23:36:28**, thus earning Australian Centurion badge number 80.



*Gertrude in action at Coburg in April 2019, earning her Australian Centurions badge*

Only one badge remains, namely the USA Centurion badge, and I expect to see Gertrude making that trip across the waters to complete unfinished business either later this year or in 2020.

Final words to Gertrude:

*I enjoy the centurion walks because of the great journeys, the beautiful nature, culture and people I have met on the different continents.*

Well done Gertrude and welcome to the Australian Centurions!

## FINANCIAL NEWS

A quiet month, with our bank balance holding steady.

Incoming:	Bank Interest	0.22
Outgoing:	Dept of Consumer Affairs (annual Incorporation Payment)	59.20
	Crazy Domains – Website and Domain annual payments	<u>119.80</u>
Final Balance:		<b>2318.25</b>

## UNTIL OUR NEXT NEWSLETTER

Wow, what a bumper edition – 18 pages! That should provide plenty of inspiration for us all to don the walking shoes, open the front door, breath deeply and venture out into the unknown!

Yours in Centurion walking

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