CENTURION FOOTNOTES

MAY 2019 - VOL 26 NUMBER 04

The Official Magazine of Australian Centurion Walkers Inc Founded 1971, Incorporated 2000, No. A0040301S http://www.centurions.org.au

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WELCOME TO OUR NEW AUSTRALIAN CENTURIONS

Six walkers completed 100 Miles (160.934km) within the requisite 24 Hours at our 2019 Australian Centurions Qualifying event at Coburg earlier this month, five of them becoming new Australian Centurions in the process. Belgian walker Kim Janssens led them home with 22:19:38. Here's how they looked as they each reached that elusive mark







C76 Kim Janssens: 22:19:38

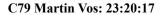
C77 Marco Bloemerts: 22:42:30

C78 Jurgen de Waart: 23:13:03











C80 Gertrude Achterberg: 23:36:28

Congratulations to Kim, Marco, Jurgen, Martin and Gertrude (C76-C80) who are the first of our new members for 2019 and congratulations to Sharon for yet another successful hundred. See the full race report later in the newsletter.

DATES...DATES

There are always ultra opportunities on offer for those walkers wanting a challenge. Some are shown below. In addition, the AURA calendar shows additional Australian ultra events that may suit serious ultra walkers – see http://aura.asn.au/.

Apr 27-28, 2019	24 Heures de Dijon (2019 Paris Alsace qualifier)	Dijon, FRA
May 9-15, 2019	EMU 6 Day Race, Balatonfüred, Hungary	
•	See http://www.emusport.hu/en/node/75	
Jun 1-2, 2019	FANS 24 Hour (2019 USA Centurion Qualifier)	Minneapolis, Minnesota, USA
	See http://www.fans24hour.org/index.html .	
Jun 5-9, 2019	Paris Alsace Classic (422km men, 305km women)	Across France
June 8-9, 2019	2019 Continental Centurions Qualifier	Weert, NED
	See https://www.olat.nl/iwe .	
Jun 9, 2019	Gold Coast 100	Gold Coast, QLD
Jul 13-14, 2019	Adelaide 6/12/24 Hour Races	Adelaide, SA
Aug 17-18, 2019	2019 English Centurions Qualifier	Castletown, Isle of Man
	See http://www.isleofman100milewalk.co.uk/ .	
Sep 2019	Roubaix 28 Heures	Roubaix, FRA
Sep 25-26, 2019	Sri Chinmoy NZ 24H (NZ Centurions Qualifier)	Auckland, NZ
	See https://nz.srichinmoyraces.org/races/auck/24hr .	
Oct 12-13, 2019	St Thibault 24 Heures (2020 Paris Alsace qualifier)	St Thibault de Vignes, FRA
Oct 27, 2019	Ned Kelly Chase (50km, 100km)	Wangaratta, VIC
Sept 26-27, 2020	Just A Walk In The Park – USA Centurion Qualifier	Owego, NY, USA
	See https://raceroster.com/events/2020/15288/not-just-a-wa	<u>llk-in-the-park-v30</u>

We are still waiting on date and venue for the 2019 African Centurion qualifier. 2018 was announced as their last year on Robbin Island so presumably we will see a new venue in 2019.

OUT AND ABOUT

The amazing **Sandra Brown (C36)** notched up 'hundred' number 201 on the weekend of 13-14 April at the Crawley A.I.M. 24 Hour Track Run in Crawley, West Sussex. This was her 4th 100 miler or more in the last 7 weeks, a truly astounding feat. And the season is early! She reports:

The weather was very cold with frost and hail, but there were some excellent performances. I walked and managed 22.31:06 for 100 miles, which I gather is a W70 world best running performance, and 169.289 km for 24 Hour which is a British and possibly European W70 best. Not my best but well content in the circumstances!

You can see Sandra's result at http://www.whatsmytimeresults.co.uk/myresults.aspx?uid=17047-177-1-10572. And check out her year by year progressive build to her current 201 tally at http://centurions.org.au/documents/Sandra http://centurions.org.au/documents/Sandra http://centurions.org.au/documents/Sandra http://centurions.org.au/documents/Sandra https://centurions.org.au/documents/Sandra <a href="https://centurions.org.au/documents/Sandra <a href="https://centurions.org.au/documents/Sandra <a href="https://centurions.org.au/documents/Sandra <a href="https://centurions.org.au/documents/Sandra <a href="https://centurions.org.au/documents/Sandra <a h

Alas, no photos available to record this latest feat, so I have delved into the archive for a shot of Sandra at our 1999 Australian Centurions qualifying event at the Clifton Hill athletics track. For the record, Sandra arrived in Melbourne on the Friday, spent Friday night at a backpackers in the inner city, fronted at 2PM on the Saturday afternoon at the track, quietly got down to business and walked her 100 miles, got a lift to the airport for the flight back to London on the Sunday afternoon, arrived home on Tuesday morning and went straight to work!

Oh, and she did a pretty fair walk also, breaking all our Australian women's records up to and including 100 miles (when she stopped, packed and rushed to the airport). Her record splits were as follows

50 Miles: 09:08:52 12 Hours: 103.600 km 100 km: 11:33:24 100 Miles: 19:14:56 That 1999 event saw the largest ever number of walkers reach the 100 mile mark, 7 in all, Five of them were first time Australian Centurions and two were repeat offenders!

Sandra Brown	England	100 miles	19:14:56	C36 ***
Herbert Neubacher	Germany	100 miles	21:03:07	C37 ***
Jill Green	England	100 miles	21:15:35	C38 ***
Gerald Manderson	NZ	100 miles	21:36:09 *	C31
Robin Whyte	ACT	100 miles	21:34:48 *	C29
Carol Baird	ACT	100 miles	22:16:43	C39 ***
Gerrit de Jong	Holland	100 miles	22:51:24	C40 ***



Sandra Brown at the 1999 Australian Centurions 24 Hour walk in Melbourne

Check out more photos from this race at http://centurions.org.au/1999photos.shtml.

32ND COBURG 24 HOUR CARNIVAL, COBURG, 13-14 APRIL

Saturday 13th April 2019 saw a record 101 athletes (76 runners and 25 walkers) toeing the line for the 36th annual staging of this iconic Victorian ultra event, now in its 32nd year. As always, the carnival played host to the Australian Centurions. This year, additional prestige was added with the AURA Australian 24 Hour Track Championships also added to the bill.

With hot weather the week before and with the temperatures climbing again the following week, the weekend proved just about perfect, with temperatures peaking around 20C on Saturday before cooling to a pleasant 12C on Saturday night.

Full results can be sourced at http://www.coburg24hr.org/24hr/history/2019-coburg-24h/. My discussion in this report is restricted to the walkers.

Make sure you check out https://www.facebook.com/trailsplus/videos/413310032782819/ for one of the Saturday night highlights! I won't say that ultra competitors are all dinosaurs but.....

The 24 Hour walk saw 11 starters, with most of them targeting the tough 100 miles (160.934km) standard. The hunt for centurion badges had attracted 5 walkers from overseas, 4 from Netherlands and one from Belgium. They lined up against the 5 Victorian based walkers and one from the top end (that's the Northern Territory for non aussies).

The pace was on target from the start, with **Kim Janssens** (NED), **Marco Bloemerts** (NED), **Jurgen de Waart** (NED/VIC), **Sharon Scholz** (VIC), **Martin Vos** (NED), **Gertrude Achterberg** (NED), **Arie Kandelaars** (NED) and **Colin Heywood** (NT) all heading off at the required pace.

Colin Heywood was the first to fall off the pace. He had qualified as centurion C75 in last year's event and had returned with the aim of improving his 100km time. Alas, it was not his day and he called it quits after 51km. The next to feel the pinch was Dutchman Arie Kandelaars. He had come over last year but with an injury that prevented him finishing. This year was meant to complete unfinished business, but it was not to be. He was forced off the track in the middle of the night, with nausea and dizziness. To his credit, he did eventually rejoin the race, walking to a distance of 128.151km.

There were no such problems for the rest of the lead group, as they powered through the hours and, one by one, reached the 100 mile mark in fine form. More of that below. Most stopped either at that point or at the completion of the lap, job done. Only Sharon Scholz walked on, reaching 163.983km at the final gun.

24 Hour Walk Women									
1.	Sharon Scholz	C63	VIC	163.983 km					
2.	Gertrude Achterberg	C80	NED	160.934 km					
3.	Dawn Parris		VIC	126.724 km					
	*** 11 3 5								
24 Hour	r Walk Men								
1.	Kim Janssens	C76	BEL	161.263 km					
2.	Marco Bloemerts	C77	NED	161.263 km					
3.	Jurgen de Waart	C78	VIC	160.934 km					
4.	Martin Vos	C79	NED	160.934 km					
5.	Arie Kandelaars		NED	128.151 km					
6.	Liam Keating		VIC	68.812 km					
7.	Peter Gray		VIC	55.607 km					
8.	Colin Hevwood	C75	NT	51.605 km					

In summary, six walkers completed 100 Miles (160.934km) within the requisite 24 Hours, five of them becoming new Australian Centurions in the process. Belgian walker Kim Janssens led them home with 22:19:38.

C76	Kim Janssens	BEL	22:19:38
C77	Marco Bloemerts	NED	22:42:30
C78	Jurgen de Waart	NED/AUS	23:13:03
C63	Sharon Scholz	VIC	23:15:15
C79	Martin Vos	NED	23:20:17
C80	Gertrude Achterberg	NED	23:36:28

With his walk, Marco became the first Dutch walker to earn badges in all 6 active Centurion Clubs. Gertrude has now earned badges in 5 of the 6 clubs. Kim and Martin each now have 3 badges. Sharon already has all 6 badges so this was just another centurion finish to add to her ever growing list of achievements. For Jurgen, it was his first ever centurion walk, and he came out of the blue. Originally from Netherlands and now living in Victoria, he decided a year ago that he wanted to attempt the centurion distance. After 12 months of quietly training on his own, he joined us and completed this toughest of tasks. For Gertrude, it must have been especially pleasing. She had come over last year but had failed in her attempt, closing out the 24 hours with only 138km.

The carnival also hosted the Racewalking Australia 100km walk championships, with placings as shown below.

RWA 100km Walk Championship Men

1.	Kim Janssens	BEL	13:17:32
2.	Marco Bloemerts	NED	13:44:29
3.	Jurgen de Waart	AUS	13:47:29

RWA 100km Walk Championship Women

Ι.	Sharon Scholz	AUS	13:40:50
2.	Gertrude Achterberg	NED	14:00:17
3.	Dawn Parris	AUS	19:14:34







Marco Bloemerts, Sharon Scholz and Kim Janssens







Martin Vos, Gertrude Achterberg and Jurgen de Waart

The meet also included 12 Hour and 6 Hour Run and Walk Championships as well as a track marathon run The 12H races started at midday on Saturday alongside the 24 Hour, the marathon run started at 6PM on Saturday and the 6 Hour races started at 6AM on Sunday morning.

The 12 Hour and 6 Hour walk fields were small but still produced some good performances.

- Michelle Thompson (C58) had her first walk in 2 years, after a long injury related outage. She showed that she had lost little of her form, leading the field throughout the first 12 hours and setting a series of new Australian W50 records along the way. She then walked through to the 100km mark (which she reached in 12:14:49) before stopping. She of course holds all our Australian W45 and Open records. Now that she has moved up to the W50 division, we can expect to see more records toppling.
- **Karen Chiarello** from the Isle of Man, already an accomplished English Centurion walker, had hoped to knock off a good 12 hour walk but she had caught a cold while holidaying in Australia and she was forced out early, feeling very poorly.

- Centurions Justin Scholz (C61) and Karyn O'Neill (C45) had comfortable strolls.
- **Pramesh Prasad**, the current Victorian 50km racewalking champion, surprised us with an entry for what was his first ultra walk. And he did not disappoint, powering through to 56.512km. Alas, he just fell short of Andrew Ludwig's M40 6 Hour record of 56.855km.
- **Albin Hess** finished second to him in the 6H walk with a very good distance of 46.658km, only 9m short of his PB. As he said later, if only he not chatted so much during his walk....!
- Albin's daughter **Elise Hess** (18 years of age) joined him for the walk and reached an impressive first up 37.493km. Great effort Elise!

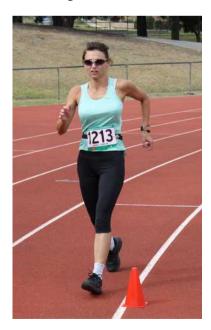
12 Hou	r Walk Women			
1.	Michelle Thompson	C58	VIC	98.177 km
2.	Karen Chiarello		IOM	17.201 km
12 Hou	r Walk Men			
1.	Justin Scholz	C61	VIC	58.322 km
6 Hour	Walk Women			
3.	Karyn O'Neill	C45	VIC	41.367 km
4.	Elise Hess		VIC	37.493 km
5.	Sandra Howorth		VIC	36.420 km
6 Hour	Walk Men			
1.	Pramesh Prasad		VIC	56.512 km
2.	Albin Hess		VIC	46.658 km
3.	Ernie Hartley		VIC	34.832 km
4.	John Timms		VIC	32.787 km

Australian Masters Ulra Distance Walk Records

Michelle Thompson	50km Walk	W50 Residential	5:41:14	Coburg	13-14/04/2019
Michelle Thompson	6 Hour Walk	W50 Residential	52.594km	Coburg	13-14/04/2019
Michelle Thompson	50 Miles Walk	W50 Residential	9:36:29	Coburg	13-14/04/2019
Michelle Thompson	12 Hour Walk	W50 Residential	98.177km	Coburg	13-14/04/2019
Michelle Thompson	100km Walk	W50 Residential	12:14:49	Coburg	13-14/04/2019







Pramesh Prasad, Karen Chiarello and Michelle Thompson (photos Tim Erickson and Bernie Goggin)

A final note of thanks to the many people who deserve special mention

- Bernie Goggin and Brian Delaney who share the overall event management load with me.
- Heather Collyer who coordinates the canteen and so much else what a superb job!
- The key Coburg Harriers members who were there for most if not all of the event and the other volunteers, many of them Coburg Harriers members, who helped with event setup or pulldown or who came for periods during the race to help out.
- Sadly we were without the sterling services of the late Bernie Leddin this year. We missed his huge efforts manning the refreshment tables. Thanks to Bennie Tancredi who took on the job and ensured competitors were ably looked after throughout the race.
- Robyn and Brett Saxon of TrailsPlus for their event recording. They enhanced their chip system to provide 6 lanes of matting this year, thus doing away with overhead detectors, and it worked seamlessly for our lane 1, 3 and 5 competitors. They also further customised their software system to allow enhanced displays and reports. Anyone who came for a look could not help but be impressed by their "Rolls Royce" setup. To have the results confirmed and printed out a few minutes after the final gun goes is an amazing thing when I think back to our old manual days, with Mark Kelly and Brian Delaney sweating it out behind the scenes.
- Australian Centurions Michelle Thompson, Terry and Karyn O'Neill and Bill Dyer who looked after our overseas walkers with a big multi-tent area at the top of the track.
- Michael Gillan for his dedicated work as masseur this year, and for many years past. His closing comments are always "see you next year!"
- The Western Sports Trainers Assn (John and Charlie) who looked after the first 12 hours of first aid duty.
- Our fantastic long term firstaid support Libby Ravalli who then took over and supported us during the second half of the event.

As can be seen, it takes a lot of dedication and enthusiasm to put on an event like this.

Some people have already asked me when next year's race is likely to be scheduled. As Easter Sunday is on 12th April 2020, it won't be that weekend. The following weekend, which is **18-19 April 2020**, looks a very strong possibility. However, as many of our Coburg Harriers club helpers are also involved in Athletics Victoria competition, we normally wait to confirm the key AV summer and winter season dates before we lock it in. So the final decision will be made in July/August. But pencil in that weekend for the time being.

THE CENTURION LEADERBOARD

I mentioned above that Marco Bloemerts had now achieved all 6 available Centurion badges, Gertrude Achterberg had taken her count to 5 and Kim Janssens and Martin Vos had taken their count up to 3. USA Centurion coordinator Rob Robertson maintains the official list at https://www.walk100miles24hours.com/wp-content/uploads/2019/04/Multi-Centurions.pdf.

Here is a cut and paste from the top of the document. England's Sandra Brown sits atop the list with 7 badges, something that can no longer be achieved, given the demise of the Malaysian Centurion badge. We now have 7 walkers with the maximum 6 currently available badges. It is great to see Australians Sharon Scholz and Justin Scholz in this list and also great to see Australian Geoff Hain only one behind, with 5 badges.

BADGE HOLDER			BRITISH CONTINENTAL		UNITED STATES AUSTRALIAN		RALIAN	NEW ZEALAND		MALAYSIAN		AFRICAN				
1 F	SANDRA BROWN	GBR	7	UK C735 1982	CN C131	1984	US C50	2000	AU C36	1999	NZ C4	1999	ML C7	2001	AF C9	2016
1 F	JILL GREEN	GBR	6	UK C898 1992	CN C282	1999	US C53	2000	AU C38	1999	NZ C8	2001	ML C20	2003		
2 F	CAROLINE MESTDAGH	BEL	6	UK C1061 2007	CN C366	2008	US C72	2010	AU C56	2009	NZ C17	2010			AF C24	201
3 M	RUDY SCHOORS	BEL	6	UK C1062 2007	CN C367	2008	US C73	2010	AU C55	2009	NZ C15	2010			AF C25	201
4 M	ROB ROBERTSON	USA	6	UK C1169 2016	CN C454	2017	US C78	2015	AU C68	2016	NZ C25	2018			AF C11	2016
5 M	JUSTIN SCHOLZ	AUS	6	UK C1173 2017	CN C437	2016	US C76	2015	AU C61	2012	NZ C21	2015			AF C32	2018
6 F	SHARON SCHOLZ	AUS	6	UK C1174 2017	CN C436	2016	US C77	2015	AU C63	2013	NZ C20	2015			AF C33	2018
7 M	MARCO BLOEMERTS	NLD	6	UK C1193 2018	CN C410	2015	US C90	2018	AU C77	2019	NZ C22	2017			AF C13	2016
1 M	HERBERT NEUBACHER	GER	5	UK C959 1997	CN C203	1989	US C54	2000	AU C37	1999	NZ C9	2001			9	
2 M	GEOFF HAIN	AUS	5	UK C1051 2006	CN C368	2008	US C68	2007	AU C49	2004	NZ C14	2005				
3 M	JANTINUS MEINTS	NLD	5	UK C1101 2012	CN C388	2011	US C80	2015	AU C73	2018					AF C31	2018
4 F	GERTRUDE ACHTERBERG	NLD	5	UK C1186 2017	CN C458	2017			AU C80	2019	NZ C23	2017			AF C17	2016

LA MARCHE DU GRAND EST, DOMREMY-LA-PUCELLE, FRANCE, 6-7 APRIL 2019

La Marche Du Grand Est (the Great East Walk) was the latest 24 Hour walk to be contested in Europe. Held on the weekend of 6-7 April in the Grand Est region of France, it consisted of a long point to point race from Domremy-la-Pucelle to Epinal.

It was the second last Paris Alsace qualifier. One qualifier remains, namely Les 24 Heures de Dijon (also known as La ronde de Ducs) on 27-28 April) before the fields are finalised for the Paris-Alsace classic. See the current qualifiers at http://www.marche-mythique.org/bilans.html. So far, 13 women and 42 men have qualified for the Paris-Alsace.

In the absence of last year's winner Emmanuel Lassalle, Russian ultra champion **Dmitriy Osipov** won the men's race with 189.405 km, while French walker **Emilie Bizard Blanchot** won the women's race with 157.580km. There were additional categories for lesser distances and for relays but I will only publish the results of the 24H, which had few competitors (5 men and 1 women). See more at https://www.facebook.com/watch/?www.facebook.com/watch/?www.facebook.com/watch/?www.viavosges.tv/info/info/Lundi-sportsz9WYQbohqe.html.

Men

1.	OSIPOV Dmitriy	189,405 km	23:49:00	7,953 km/hr
2.	OLIVARES Mathieu	184,625 km	23:44:00	7,779 km/hr
3.	JACQUEMIN Mickaël	171,480 km	23:45:00	7,220 km/hr
4.	VANDENDAUL Daniel	166,700 km	23:33:00	7,079 km/hr
	PETER Vincent	108,200 km	13:57:00	7,756 km/hr

Women

1. BIZARD PLANCHOT Emilie 157,580 km 22:19:00 7,061 km/hr

THE NAPOLEON 100 KM WALK, BRUSSELS TO GERAADSBERGEN, BELGIUM, FRIDAY 12 APRIL



Presentatie sportproject The Napoleon 100 km Walk

Rudy Schoors (C55) reports on a special walk, held in Belgium on the weekend of 12-13 April.

In 2017 The Belgian Walking Association (BWA) organized *The Tour of Flanders Walk* (260 km) and in 2018 *The Ghent – Wevelgem Walk* (250 km). Both walked on the same roads as the professional cyclists do. This year they decided to walk from the capital Brussels to Geraadsbergen on Friday 12th of April. The Grand Place of Brussels is a magnificent place to start a 100km walk. Geraadsbergen, famous for its steep climb 'The Muur', is a monument in Belgian cyclist history, and a fitting place to finish the walk.

The idea was a limited participation of walkers in two groups: one group at a pace of 7 km/h led by a road captain (I was responsible for that group) and the second group at a pace of 6.3 km/h (led by Jean-Luc Roman). The first group counted 40 walkers and the second group 44. The walkers had to keep with their group for the first 80km, after which they could walk the last 20km at their own pace.

We had 10 stops at feeding stations during the first part, where there was plenty of drinks and nutritious foods to keep the body going. At the 52km mark, we stopped for one hour at a brasserie. Here you could eat spaghetti and change clothes and shoes if necessary.

This historic walk passed some very nice places of interest. First you had of course the old buildings of Brussels, the park of Solvay and, as one of the highlights, the battle fields of Waterloo (the Lion was special lightened for the event), the Castle of Beersel and the Castle of Gaasbeek.

Weather conditions were very good: a cold -2°C during the night and around 8°C during the day. The walk itself was hilly with some steep, short climbs. Most of the time we walked on paved roads and some part on small tracks.

The event was successful, with only one person having to drop his pace and continue in the second group. All the participants finished the challenge. Not a surprise: the weather was ok, provision was excellent, and all the walkers were well trained and experienced.

Four Australian Centurions walked the first edition of 'The Napoleon Walk': AU-55 **Rudy Schoors**, AU-56 **Caroline Mestdagh**, AU-60 **Eddy Goeman** and AU-73 **Jantinus Meints**. A few hours later at the other end of the globe, our Belgian friend **Kim Janssens** became AU-76. It was a glorious weekend for the Belgian walkers!

The promotion of ultra-walking in Belgium couldn't be better, with all the historic places we passed through.

Website: http://www.belgianwalkingassociation.com/nl/the-napoleon-100-km-challenge-walk

Pictures: http://www.belgianwalkingassociation.com/nl/the-napoleon-100-km-challenge-walk/organisatiethe-napoleon-100-km-challenge-walk/sfeerbeelden-2



Kim Janssens (C76), Caroline Mestdagh (C55) and Rudy Schoors (C56) celebrate Kim's Australian Centurion feat with what else but Belgian beer!

41ST NACHT VAN LOON OP ZAND 15 HOUR WALK, LOON OP ZAND, NETHERLANDS, 13-14 APRIL

Thanks to **Sue Clements** (C35) for her report on the annual *Nacht van Loon Op zand*, one of the most well known of the many Dutch classics.

This race, organised by Ad and Coby Leermakers of Hart van Brabant, is held annually in the village Loon op Zand near Tilburg in the south of Holland. This was my 11th participation but the first time I helped the loyal team of helpers set up the impressive venue in the 'Sporthal de Wetering'. Apart from it accommodating the lap scoring team (plus screen for instant feedback to each walker) the venue also provided a convenient place for refreshments and walkers could access their bags.

Walkers started the 15 hour at 9.00pm Saturday and began by walking two short laps, then a longer lap for most of the duration, and ended on the shorter lap for the final hour. They had two options: walk as far as they could in 15 hours or complete 80km.

This was the 41st edition and over the years there have been some impressive performances. The best men's performance was in 1987 when Ad Leermakers completed 146.150 km; the best women's was 129.200 km by Marlene Radder-Willems in 2001.

The excellent standard of support continues to provide walkers with a reliable opportunity to achieve their best and is ideal preparation for walking 100 miles in 24 hours. The good support was especially appreciated this year because the sub-zero temperatures at night and the early hours added to the challenge.

This year the furthest distance in the 15 hour race was by Dirk van Nieuwenhuizen, 125.687 km. Dirk also completed 80km in the fastest time, 9:14:34. Full results for the races and details of other ultradistance walks can be found on the club's website at www.wsv-hartvanbrabant.nl.

My sincere thanks to everybody who worked so hard to ensure the 41st edition was a successful and enjoyable weekend. I hope this article encourages others to enter next year's race. I definitely intend returning and will keep a beady on the website for the date. Hope to see you there!

Fantastic report Sue! Apart from Sue, a number of our other Australian Centurions were in action, namely Adrie Ros (C74), Sandra de Graaf (C69) and Bertus van Ginkel (C70). Here are the results of the two main walk events.

Nacht v	an Loon Op zand 15 Hour Walk								
1.	Dirk Jan Nieuwenhuizen	125,687 km	15:09:00	8,704 km/h					
2.	Peter Asselman	119,269 km	15:08:00	8,511 km/h					
3.	Jan 't Mannetje	116,543 km	15:08:00	8,287 km/h					
4.	Jimmy Millard	111,971 km	15:05:00	8,208 km/h					
5.	Dick van Peer	108,762 km	15:00:00	8,049 km/h					
6.	Michel Verschuren	107,399 km	15:00:00	7,954 km/h					
7.	Ton van Andel	105,553 km	15:05:00	7,855 km/h					
8.	Adrie Romijn	104,190 km	15:05:00	7,793 km/h					
9.	Maik Eijdems	104,190 km	15:09:00	7,658 km/h					
10.	Adrie Ros	102,827 km	15:00:00	7,649 km/h					
11.	Marcel van Tulden	99,618 km	15:00:00	7,636 km/h					
12.	Sue Clements	99,618 km	15:07:00	7,384 km/h					
13.	Mitchell Perdon	98,255 km	15:06:00	7,102 km/h					
14.	Hanny Klumpkens	98,255 km	15:09:00	6,995 km/h					
15.	Marcel Dekker	96,409 km	15:05:00	6,886 km/h					
16.	Yvonne Grootswagers-Leermaker	95,046 km	15:08:00	6,859 km/h					
17.	Habib Sahli	92,320 km	15:02:00	6,848 km/h					
18.	Adrie Zoon	89,594 km	15:00:00	6,815 km/h					
19.	Ad Leermakers	87,748 km	15:03:00	6,805 km/h					
20.	Cris Fernandez	85,022 km	15:00:00	6,764 km/h					
3 .7 3 .4									
	an Loon Op zand 80km Walk - Me								
1.	Dirk Jan Nieuwenhuizen	80,450 km	9:14:34	8,704 km/h					
2.	Bart Snoeren	80,450 km	9:27:09	8,511 km/h					
3.	Remy van den Brand	80,450 km	9:42:28	8,287 km/h					

	4.	Michel Verschuren	80,450 km	9:48:03	8,208 km/h
	5.	Jan 't Mannetje	80,450 km	9:59:41	8,049 km/h
	6.	Peter Asselman	80,450 km	10:06:51	7,954 km/h
	7.	Thomas Leijtens	80,450 km	10:14:32	7,855 km/h
	8.	Rieks Haan	80,450 km	10:19:23	7,793 km/h
	9.	Jimmy Millard	80,450 km	10:30:20	7,658 km/h
	10.	Jan Nieuwenhuysen	80,450 km	10:31:06	7,649 km/h
	11.	Dick van Peer	80,450 km	10:32:08	7,636 km/h
	12.	Ton van Andel	80,450 km	10:53:40	7,384 km/h
	13.	Marco Timmermans	80,450 km	11:19:42	7,102 km/h
	14.	Adrie Ros	80,450 km	11:30:05	6,995 km/h
	15.	Maik Eijdems	80,450 km	11:40:57	6,886 km/h
	16.	Marcel van Tulden	80,450 km	11:43:46	6,859 km/h
	17.	Cris Fernandez	80,450 km	11:44:50	6,848 km/h
	18.	Hans Pranger	80,450 km	11:48:18	6,815 km/h
	19.	Jan Sinot	80,450 km	11:49:22	6,805 km/h
	20.	Mitchell Perdon	80,450 km	11:53:40	6,764 km/h
	21.	Marcel Dekker	80,450 km	12:12:40	6,588 km/h
	22.	Adrie Zoon	80,450 km	12:15:55	6,559 km/h
	23.	Gerard Spreeuw	80,450 km	12:24:50	6,481 km/h
	24.	Bertus van Ginkel	80,450 km	12:33:13	6,409 km/h
	25.	Zeeger van den Berg	80,450 km	12:36:44	6,379 km/h
	26.	Jos van Gorp	80,450 km	12:38:23	6,365 km/h
	27.	Wil van Dooren	80,450 km	12:40:38	6,346 km/h
	28.	Hein Sanders	80,450 km	12:46:11	6,300 km/h
	29.	Remy Levink	80,450 km	12:48:21	6,282 km/h
	30.	Jan Dinnissen	80,450 km	12:49:39	6,272 km/h
	31.	Habib Sahli	80,450 km	12:53:23	6,241 km/h
	32.	Peter de Laat	80,450 km	13:08:01	6,126 km/h
	33.	René Beukema	80,450 km	13:34:22	5,927 km/h
	34.	Ad Leermakers	80,450 km	13:49:10	5,822 km/h
	35.	W.J.J. de Bruin	80,450 km	14:08:37	5,688 km/h
	36.	Will Ubben	80,450 km	14:13:20	5,657 km/h
	37.	Chris Lauwen	80,450 km	14:35:15	5,515 km/h
Nac	cht v	an Loon Op zand 80km Walk - Woi	men		
	1.	Adrie Romijn	80,450 km	11:21:56	7,078 km/h
	2.	Jenny Bergs	80,450 km	11:27:56	7,017 km/h
	3.	Yvonne Grootswagers-Leermakers	80,450 km	11:50:40	6,792 km/h
	4.	Sue Clements	80,450 km	12:12:37	6,589 km/h
	5.	Hanny Klumpkens	80,450 km	12:24:59	6,479 km/h
	6.	Aaf Peters - de Rijk	80,450 km	12:30:50	6,429 km/h
	7.	Sandra de Graaff	80.450 km	12:30:54	6.428 km/h

Sandra de Graaff 6,428 km/h 80,450 km 12:30:54 Rageni Goeptar-Sewnarain 80,450 km 12:38:31 6,364 km/h 80,450 km Hilde van Oosterwijk 12:47:35 6,289 km/h 10. Corina Riezebos-Rijploeg 80,450 km 13:12:00 6,095 km/h 11. Esli Toes 6,025 km/h 80,450 km 13:21:10 12. Kelly Kuiper 80,450 km 13:24:56 5,997 km/h

And, since I couldn't find any photos from the walk, I thought I would delve back into the archive for an older shot of Sue. Here we see her with the other finishers fromour 1998 Australian Centurions qualifier at the Collingwood Harriers track in Clifton Hill, Melbourne. Like 1998, it was a good year for finishers, with 6 in total, of whom 5 were inaugural Australian Centurions and one was a repeat offender.

Gerald Manderson	NZ	C31	21:37:31
Norm Morriss	NZ	C32	22:32:47
Yiannis Kouros	VIC	C33	22:55:23
Roger LeMoine	GBR	C34	23:04:51
John Harris	QLD	C12	23:10:36
Sue Clements	GBR	C35	23:58:40

Here they are:



1998 Australian Centurion finishers Roger le Moine, John Harris, Yiannis Kouros, Gerald Manderson, Sue Clements and Norm Morris

FINANCIAL NEWS

It's not often that I can say "no change to the bottom line this month" but this time I can. I do have a payments pending for updating the perpetual trophies and honour board, along with some postage related costs, but that is currently a work in progress.

We do not charge an annual fee for membership but rely on the generosity of our members and supporters to keep us afloat. If you have not given lately, now is always a good time! Our bank details are

Bank: Westpac

BSB Number: 033003

Acct Name: Australian Centurions Walkers Inc.

Acct Number: 123947

UNTIL OUR NEXT NEWSLETTER

Another big newsletter, with plenty news from here and overseas. Welcome to our newest centurion members! May you have many more years of productive walking into the future.

Yours in Centurion walking

Tim Erickson (C13), 1 Avoca Crescent, Pascoe Vale, Victoria, Australia, 3044