CENTURION FOOTNOTES

DECEMBER 2018 – VOL 25 NUMBER 10

The Official Magazine of Australian Centurion Walkers Inc Founded 1971, Incorporated 2000, No. A0040301S http://www.centurions.org.au

 President
 Terry O'Neill (C 18)
 03-95435753

 Vice-President
 Robin Whyte (C 29)
 02-62928994

 Secretary
 Tim Erickson (C 13)
 03-93235978

 Treasurer
 Lois Erickson
 03-93235978

DATES...DATES

There are always ultra opportunities on offer for those walkers wanting a challenge. Some are shown below. In addition, the AURA calendar shows additional Australian ultra events that may suit serious ultra walkers – check it out at http://aura.asn.au/.

e, FRA
FRA
elle, FRA
nesota, USA
f Man
gnes, FRA
F 3

I see that 5 of the 6 Centurion qualifiers for 2019 are now known. Still waiting on date and venue for the African Cent.

SANDRA BROWN CONTINUES TO AMAZE

The amazing **Sandra Brown (C36)** has been pounding the pavement yet again with a 3 more hundreds to take her tally to 11 for the year.

Firstly, back to September when Sandra and husband Richard, along with **Sue Clements (C35)** all completed the annual Nijmegen to Rotterdam 160kms/100 miles. It is not a race but is, rather, a walk together, with a view to complete the 160km in 29 hours. They all did the deed! Sandra commented:

This was my 7th completion, Sue's 8th, and Richard's first! It was great that he was able to experience this fantastic walk across Holland's varied landscapes in the excellent company of many Centurions and other friends, and he greatly enjoyed it too.

Next to the October for the Goring on Thames 100 Miles which she walked in what turned out to be dreadful conditions

A couple of weeks ago I did the Centurion Running Autumn cross country 100: 4x25 miles [Thames Path long distance trail east and west, Ridgeway long distance trail north and south] based in the pretty and historic village of Goring on Thames. I did this event 3 years ago in glorious autumn weather. This year I have experienced some very odd weather in my events. The Bourges and Chateau Thierry 24h walks in the Spring both had profoundly cold weather ["the Beast from the East" brought snow to all Europe including CT that weekend.] The Essex 100 in July was about the hottest weekend of the year and only 4 completed the full 100 miles. Then the August Centurions 100 in the IOM saw us catch the tail end of a hurricane, with strong winds and heavy rain. Something similar happened around Goring: Saturday was hot and humid, bringing its own issues, then the rain and winds started about midnight and continued into Sunday, so the last section of the Thames Path felt at times like wading in the River Thames. Anyway, I walked all the way and finished very happily in 26.00.42, two hours within the cut off. That makes 196 events of 100 miles or more, and is the 80th 100 miles

Finally, to November when she and Kathy Crilley competed in the Monaco 'No Finish Line' 24 Hour. Over to Sandra again:

Last weekend Kathy Crilley and I again enjoyed joining other athletes and members of the local community in walking/running in the Monaco "No Finish Line" 24h, to raise funds for children's charities. The banks put up I euro for each km completed. The weather was again mild and dry, but with strong winds. To my surprise, I finished first lady and 4th individual overall with 170.095 kms. Kathy completed 125.920 kms. This is an event with a great heart and I suspect we'll be back!

For the record, that makes 11 hundreds this year for Sandra (see below) and brings her grand tally to 197. Gosh, it seems only a couple of years ago that Sandra hit the 100 mark. And now she is quickly closing on 200.

187	Feb	24 Heures de Bourges	169.359km	24hW
188	Mar	24 Heures de Chateau Thierry	169.450km	24hW
189	Apr	Frawley 24 Hour Track Race	173.2km	24hR
190	May	Kent Cinque Ports 100	100mi / 34h 27m	L
191	May	Schiedam	100mi /	C
192	July	Essex 100	103.2mi / 25:01:46	R
193	Aug	Douglas, IOM	100mi / 22:05:01	C
194	Aug	Nijmegen to Amsterdam	180km / 35h	W
195	Sept	Nijmegen to Rotterdam	160km / 29hrs	W
196	Oct	Goring on Thames	100 Miles / 26:00:42	W
197	Nov	Monaco No Finish Line	170.095km /24h	24HR

See her full event listings at http://centurions.org.au/centranks.shtml.





Sandra at the 'No Finish Line' 24H in Monaco (photos https://www.facebook.com/nofinishlinemonaco/photos/)

OUT AND ABOUT

Michelle Thompson (C58) and I were in action on Sunday 28th October in the annual Ned Kelly Chase in Wangaratta. Rather than choose the 100km option, we decided to take it a little easier and entered the 50km. The sole walkers there, we finished together in 5:59:47, although we did take a couple of wrong turns (our own fault) and walked an extra 1.3km. I could have done without that. This is a wonderfully friendly and well run event that I continue to recommend for our Australian ultra walkers.



Michelle and Tim in the 2018 Ned Kelly Chase in Wangaratta

John Kilmartin (C67) was in action in the annual Portland Marathon in country Victoria on Sunday 4th November, winning the walk division with a time of 5:02:40. It's a fairly hilly course so a good walk by John.



John approaches the finish line in the Colac marathon last month

Well done to **Colin Heywood** (C75) who cleaned up big time at the Northern Territory Athletics awards which were held on the evening of Sunday 28th October in Darwin. He won the Masters Male Athlete for the 4th year and the Male Athlete of the Year for the 2nd year. It is great to see a walker doing so well. Congrats Col!

We all know that **Sharon Scholz** (C63) is one heck of a walker, having just completed the full set of centurion badges with her recent finish in the African Centurion qualifier in Cape Town. But astute readers will know that she is also one

heck of a runner and she was wearing her running hat last weekend when competing in the Australian team at the Asia 24 Hour Run Championships in Taiwan. This race marked her 10th selection / 9th participation in a World Championship and she produced the goods once again, helping the Australian women's team to second overall. AURA President Rob Donkersloot summed it up nicely

Here are the results from the Asia 24 Championships, however it needs a little context:

- It was 32C, hot and humid and warm at night. Oppressive sums it up.
- Matty Eckford had a massive dizzy spell and went head first into the railings with a sickening blow. They needed to pry his head out between the bars to release him. Matty insisted on keeping running, there was no talking him out of it (I tried)
- Nikki Wynd collapsed in the evening and was non coherent. She had four bags of IV fluids. When the medics finally released her she refused to go back to the hotel, and remained with the team for the duration
- Everyone was there to run for the team, and believe me they all gave it 200% and then some. It was incredible to see runners push It as far as they possibly could, they all did without exception. Amazing to witness such an incredible team spirit in what is often such an individual sport.

Ewan Horsburgh	235.7 km
Mick Thwaites	231.3 km
Stephen Redfern	208.2 km
John Yoon	205.9 km
Matthew Eckford	184.8 km
Tia Jones	218.1 km
Tia Jones Donna Urquhart	218.1 km 194.5 km
	_
Donna Urquhart	194.5 km

Tia won the silver medal in the individual competition after battling incredibly hard all day. The men's and women's teams both won silver, beaten only by the powerhouse that is Japanese ultra running.

A massive thank you to the crew who were there assisting their runners achieve their success, a huge effort.

Well said Rob, and well done to Sharon and all the other Aussie runners.



Sharon, along with Nikki Wynd, Donna Urquhart and Tia Jones, at the Asia 24H Championships presentation

UPDATE ON THE 2019 COBURG 24 HOUR CARNIVAL

In late October, when the Australian Ultra Runners Assn (AURA) announced the events selected to host the AURA Australian Championships for 2019, the Coburg 24 Hour Carnival was amongst them. The Aust Champs list reads

15 March 2019	48 Hour	Canberra 48 Hour Carnival, Canberra, ACT
13 April 2019	24 Hour	Coburg 24 Hour Carnival, Coburg, VIC
14 April 2019	50km Road	The Australian Running Festival, Canberra, ACT
9 June 2019	Short Trail	Cleland 50km, Adelaide, SA
12 Oct 2019	Long Trail	Hume & Hovell 100km, Tumbarumba, NSW
27 Oct 2019	100km Road	Ned Kelly Chase, Wangaratta, VIC

That means we will be hosting the Australian 24 Hour Track Running Championships alongside our Centurion qualifier. Of course, the runners and walkers will be in different lanes so no issues there.

Even more reason to come to Coburg next year as either a walker or a runner - not that you need a reason!

Early entries are strong and we have 22 places allocated already. The following have already entered the 24H Walk

Martin Vos (NED) Colin Heywood (NT) Peter Gray (VIC) Arie Kandelaars (NED) Gertrude Achterberg (NED) Dawn Paris (VIC)

Arie and Gertrude competed last year and are back for another attempt at that elusive badge. Colin (fresh from his successful walk last year) is back again in 2019, along with regulars Peter and Dawn. We will also welcome Dutch walker Martin Vos, already a double centurion (British and Continental).

LE GRAND PRIX DE LA VOIE SACRÉE, BAR LE DUC TO VERDUN, FRANCE, SUNDAY 11 NOVEMBER

If you ever find yourself in France on Armistice Day (11th November), then I have just the walking race for you. November 11th is a public holiday in France because of course it marks the end of the First World War (this year was the 100th anniversary). It also sees the annual staging of the Grand Prix de la voie Sacrée which is a 57.7km race between Bar le Duc and Verdun. The race has been held each year since 1980. In even years, it goes from Bar le Duc to Verdun and in odd years, it goes from Verdun to Bar le Duc.

The road used is a memorial road. It is the only road in France who don't have number, it's only named "La Voie Sacrée". It was along this road that some one million soldiers travelled to the famous Battle of Verdun in 1916. Most of them never came back. Memorial milestones, each with a soldier's helmet on it, are placed every kilometre.

Emmanuel Tardi was there this year to lend support and to take photos. There were 23 starters this year for the 9AM start, with the temperature around 12°C, very good for walkers. By the 10km mark, the lead group had whittled to **Florian Letourneau, Mathieu Olivares, Christer Svensson** (the 2015 winner), **Christophe Erard** (the 2016 winner) and **Gérard Guétat** (the 2017 winner). By the 21km mark, the pack had been reduced to Guétat, Olivares and Svensson, with Letourneau 500m further back. At this point, Letourneau changed gear, catching the leaders by 30km and then going on to win in 5:35:45, just over 6 minutes ahead of Gerard Guetat (5:4136). **Zbigniew Klapa**, one of the Paris-Colmar legends with 5 victories in the 1990s, finished 6th with 6:11:37. In the women's race, **Dora Jakob-Brière** from Switzerland won easily with 6:32:41, her 5th win.

The ancillary events of 21.5km were won by **Philippe Bibet and Sonia Demon**. Now aged 90 years, **Robert Schouckens**, the winner of the 1977 Paris-Strasbourg, finished the race with time of 3:22, after passing the 20km mark in 3:11.

Emmanuel's photos can be seen at https://photos.app.goo.gl/Z4mMZENN4r3DTikD9.

Emmanuel has also documented the complete la voie Sacrée results from 1980 to 2018. Just scroll to the bottom of page http://centurions.org.au/centranks.shtml to check it out.

Bar le I	Ouc to Verdun - 57 km		
1.	LETOURNEAU Florian	AC ChÂTEAU Thierry	5:35:45
2.	GUETAT Gérard	Troyes omnisport	5:41:36
3.	OLIVARES Mathieu	Neuilly sur marne Athlé	5:48:40
4.	ERARD Christophe	ASM Bar le Duc	6:00:05
5.	SVENSSON Christer	Suède	6:01:39
6.	KLAPA Zbigniew	Pologne	6:11:37
7.	MAUREL Eric	AMB	6:21:22
8.	MARECHAL Pascal	AC ChÂTEAU Thierry	6:25:51
	BRIERE Dora	CM Cour Lausanne	6:32:41
	PFISTER William	ASM Bar le Duc	6:40:01
	PELLERIN Alain	AC ChÂTEAU Thierry	6:51:12
	JACQUEMIN Mickaël	AVEC Mirecourt	6:51:13
	LABARRE Bertrand	CS Provins	7:00:05
	VERNIER Jean Pierre	Paris	7:17:30
15.	ANXIONNAT Claudine	AVEC Bruyères	7:25:55
	AURELLE Philippe	CM Cour Lausanne	7:31:40
	PFLIEGER Erick	Lille	7:42:11
18.	LUZINAR Adeline	AC Villeneuve d :Asq	7:45:50
	GOULAMALY Reza	Lathuille	7:51:20
20.	MARTINACHE Sophie	Bourghelles	7:55:00
	THORREZ Rosa Maria	Marcq en Bareuil	7:55:00
22.	RODIER Nicole	ES Witry les Reims	7:07 for 50 km
		•	
	to Verdun - 21 km		
1.	BIBET Philippe	Us Toul	1:44:45
1. 2.	BIBET Philippe RENOLLET Quentin	CMA Charleville	1:51:26
1. 2. 3.	BIBET Philippe RENOLLET Quentin DEMON Sonia	CMA Charleville EFSRA Reims	1:51:26 1:52:56
1. 2. 3. 4.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie	CMA Charleville EFSRA Reims AVEC Mirecourt	1:51:26 1:52:56 1:57:37
1. 2. 3. 4. 5.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32
1. 2. 3. 4. 5. 6.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59
1. 2. 3. 4. 5. 6. 7.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03
1. 2. 3. 4. 5. 6. 7. 8.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25
1. 2. 3. 4. 5. 6. 7. 8. 9.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19
1. 2. 3. 4. 5. 6. 7. 8. 9.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23
1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence TABOURET Guy	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc ASM Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03 2:23:23
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence TABOURET Guy JACQUEMIN Joël	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc ASM Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03 2:23:23 2:23:50
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence TABOURET Guy JACQUEMIN Joël BARTHELEMY Svetlana	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc ASM Bar le Duc	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03 2:23:23 2:23:50 2:26:45
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence TABOURET Guy JACQUEMIN Joël BARTHELEMY Svetlana FRISON André	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc ASM Bar le Duc US Toul AVEC Mirecourt ASM Bar le Duc Wissembourg	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03 2:23:23 2:23:50 2:26:45 2:27:55
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence TABOURET Guy JACQUEMIN Joël BARTHELEMY Svetlana FRISON André CHAUMET Daniel	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc ASM Bar le Duc US Toul AVEC Mirecourt ASM Bar le Duc Wissembourg Hiremenil	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03 2:23:50 2:26:45 2:27:55 2:30:36
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence TABOURET Guy JACQUEMIN Joël BARTHELEMY Svetlana FRISON André CHAUMET Daniel PENKALLA Marie Geneviève	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc ASM Bar le Duc US Toul AVEC Mirecourt ASM Bar le Duc Wissembourg Hiremenil Longecart en Plaine	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03 2:23:23 2:23:50 2:26:45 2:27:55 2:30:36 2:30:36
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21.	BIBET Philippe RENOLLET Quentin DEMON Sonia BOBAN Valérie MORASWKI Bogdan MONMESSIN Marie Astrid TOURNOIS Pascal BRASTEL Adeline RODRIGUEZ Lucie DEILLER Céline FLORENTIN Catherine THIRIOT Louis ROLAND Louis FLORENTIN Thierry PIERRE Florence TABOURET Guy JACQUEMIN Joël BARTHELEMY Svetlana FRISON André CHAUMET Daniel	CMA Charleville EFSRA Reims AVEC Mirecourt ASPTT Bar le Duc ES Thaon ASM Bar le Duc EFRSA Reims COCAA Châlons ASPTT Bar le Duc ASM Bar le Duc ASM Bar le Duc US Toul AVEC Mirecourt ASM Bar le Duc Wissembourg Hiremenil	1:51:26 1:52:56 1:57:37 1:58:32 2:00:59 2:05:03 2:09:25 2:18:19 2:18:23 2:18:57 2:19:24 2:20:13 2:22:36 2:23:03 2:23:50 2:26:45 2:27:55 2:30:36





Left: Christophe Erard, Christer Svensson, Gérard Guetat and Florien Letourneau Right: Zbigniew klapa passes one the memorials placed every kilometre along the road









Robert Schouckens, Philippe Bibet, Sonia Demon and Dora Jakob (all photos Emmanuel Tardi)

LES 8 HEURES D' ETAMPES-SUR-MARNE, ETAMPES-SUR-MARNE, FRANCE, 25 NOVEMBER

Emmanuel Tardi was in Etampes sur Marne, 100km east of Paris, last for their annual 8 hours race last Sunday. As always, it was well supported, with about 60 walkers who had come to compete in the streets of this small village of 1200 people. The lap was 2.5km long and included a very hard hill of 400m length, (32m height rise). The start was at 8AM, under a small by very cold rain, conditions which stayed for the full day.

Florian Letourneau led from start to finish in the men's 8 Hour race, winning with 75.0km, ahead of **Fabian Deparday** and **Mathieu Olivares**, both on 70km. **Christine Lepage** led the women's 8 Hour race early, before **Emilie Bizard** caught her, going on to win with 65.0km. Lepage held on for second place with 62.5km. The ancilliary 10km race was won by **David Stefannely**.

After the disappointment of the Corcieux race on October 28th, when he was stopped after 44km in his attempt to beat the M80 50km world best, **Alexis Jordana** was here for another attempt. He had special authorization and don't need to finish the race to have his 50km time ratified. He walked very evenly, beating the world best by more than 13 minutes with a time of **6:28:38**. Here are Emmanuel's updated 50km M80 all-time rankings

6:28:38	Alexis JORDANA	FRA	81	Etampes-sur-Marne	26.11.18
6:41:31	Bauke te NIJENHUIS	NED	80	Schiedam	14.05.16
6:56:37	Robert SCHOUCKENS	BEL	83	Tilburg	02.10.11
6:58:00	Jean PICHON	FRA	81	Etampes-sur-Marne	19.10.14
7:02:23	Jaap VISSER	NED	81	Douglas , IOM1	08.08.18
7:04:01.4	Koos VAN RIJN	PB	80	Rotterdam1	04.09.08

Alexis's 50m splits were 36'59, 37'52, 38'23, 38'26, 39'10, 39'46, 38'43, 39'11, 39'07 and 40'51.

Alexis was born on 10th Feb 1937 and began racewalking in 1954 as a junior. He finished 10th in the 1959 20km French Championship and 12th in 1961 (1:54:14). His first 50km was, as far as Emmanuel knows, was on 7th July 1963 in Cherbourg, when he finished with a time of 5:11:22. In Masters events, he has won 19 medals (including 5 golds) at World Championship level, starting with Melbourne in 1987 when he was 3rd in the M50 5000m (23:48), and 20 medals (2 golds) at European Championship level, starting with 1982.

Emmanuel's photo album at https://www.facebook.com/photo.php?fbid=10215800210152352.

R	Hours	Women

1.	BIZARD PLANCHOT Emilie	Neuilly Sur Marne Athl	65.0km	7:59:46	8.129 km/h
2.	LEPAGE Christine	Nl Corps-nuds	62.5km	7:59:09	7.826 km/h
3.	BIZARD Claudie	Thiais Ac	60.0km	7:52:34	7.618 km/h
4.	SALOMEZ Benedicte	Neuilly Sur Marne Athl	55.0km	7:47:11	7.064 km/h
5.	TOP Virginie	Chierry- J Y Cours	52.5km	7:48:09	6.729 km/h
6.	EMONIERE Mireille	Nl Vitry-sur-seine	52.5km	8:02:00	6.535 km/h
7.	NITYAGOVSKAYA Liudmila (RUS)	Tv Forst	50.0km	7:46:18	6.434 km/h
8.	SAUNEUF Lola	Marne Et Gondoire Athl	45.0km	7:55:51	5.674 km/h

8 Hours Men

lours	s Men				
1.	LETOURNEAU Florian	Ac Chateau Thierry	75.0km	7:57:08	9.431 km/h
2.	DEPARDAY Fabien	Stadium Montigny Athl	72.5km	7:53:45	9.182 km/h
3.	OLIVARES Mathieu	Neuilly Sur Marne Athl	72.5km	7:58:55	9.083 km/h
4.	POTIER Nicolas	Athle Pays De Fougeres	70.0km	7:56:06	8.822 km/h
5.	VARAIN Cedric	Ac Chateau Thierry	70.0km	7:58:12	8.783 km/h
6.	LACHE Cyrille	Blagnac Sc	70.0km	7:58:54	8.770 km/h
7.	MARECHAL Pascal	Ac Chateau Thierry	67.5km	7:45:30	8.700 km/h
8.	GEORGELIN Serge	Ea Cesson	67.5km	7:45:31	8.700 km/h
9.	MOREL Philippe	Team Trail Chalons En Champ	67.5km	7:46:46	8.677 km/h
10.	LANEAU Maxime	Us Camon	67.5km	7:58:15	8.468 km/h
11.	PELLERIN Alain	Ac Chateau Thierry	67.5km	7:59:32	8.446 km/h
12.	BOUFFLERT Eric	Ga Basse Seine	67.5km	7:59:41	8.443 km/h
13.	PAPI Luca		67.5km	7:59:41	8.443 km/h
14.	LABARRE Bertrand	Cs Provins Athletisme	65.0km	7:45:38	8.376 km/h
15.	COULOMBEL Pierre	CM Roubaix	62.5km	7:46:06	8.045 km/h
16.	HIERNARD Alain	Marche Mythique Organis	62.5km	8:06:02	7.716 km/h
17.	SEYNAEVE Serge (BEL)	Cm Roubaix	60.0km	7:47:23	7.702 km/h
18.	GUEUDET David		60.0km	7:52:10	7.624 km/h
19.	RIVOAL Claude	Ea Cesson	60.0km	7:58:06	7.530 km/h
20.	THEVENIN Hugues	NI Torcy	60.0km	7:58:53	7.517 km/h
21.	CECCALDI Georges	Entente Chalon/saone	60.0km	8:01:40	7.474 km/h
22.	DIEN Daniel	Neuilly Sur Marne Athl	60.0km	8:03:32	7.445 km/h
23.	MOUGENOT Patrick	Marne Et Gondoire Athl	57.5km	7:52:34	7.301 km/h
24.	ROCHA Fernando	Nl Vittel	52.5km	7:45:22	6.769 km/h
25.	GUILLOT Mickael		52.5km	7:46:13	6.757 km/h
26.	ESTEVES Jean-marc	Chierry- J Y Cours	52.5km	7:48:12	6.728 km/h
27.	HAGHEBAERT Eric	Ac Chateau Thierry	52.5km	7:48:32	6.723 km/h

28.	PICOT Gerard	Rando Montfermeil	52.5km	7:54:10	6.643 km/h
29.	KESSELMARK Patrick	Nl Mareuil-les-meaux	52.5km	7:54:29	6.639 km/h
30.	EMONIERE Philippe	Cosm Arcueil	52.5km	8:02:00	6.535 km/h
31.	JORDANA Alexis	Blagnac Sc	50.0km	6:28:34	7.721 km/h
32.	CATRY Thierry	Cm Roubaix	47.5km	8:10:37	5.809 km/h
33.	GLASER Jean-bernard	Neuilly Sur Marne Athl	45.0km	7:57:55	5.650 km/h
	FILLIEUX Christian (BEL)	Caf	35.0km	4:33:23	7.682 km/h
	BIEBUYCK Pascal (BEL)	Ac Ath	32.5km	3:58:26	8.178 km/h
10km V	Valk				
1.	STEFANELLY David	Ouest Yvelines Athle	10km	56:26	10.632 km/h
2.	FORESTIERI Alexandre	Ust Courir A Saint Tropez	10km	56:40	10.588 km/h
3.	BONNOMET Arthur	Co Champagne Aa	10km	57:46	10.387 km/h
4.	MAUREL Eric	Ufolep	10km	1:02:10	9.651 km/h
5.	BAUDET Mathias	Rc Epernay	10km	1:02:35	9.587 km/h
6.	REY Julien	Co Champagne Aa	10km	1:03:44	9.414 km/h
7.	TARDI Emmanuel	LP Longjumeau	10km	1:21:31	7.360 km/h
8.	LEGLISE Didier		10km	1:24:03	7.139 km/h
9.	DENISE Sabine		10km	1:24:59	7.060 km/h
10.	HIERNARD Isabelle	Nl Afd 02	10km	1:26:56	6.902 km/h
11.	MACQUART Angelique		10km	1:27:00	6.897 km/h
12.	BELLEC Jean-marc	NL Lescherolles	10km	1:30:58	6.596 km/h

Relay

1.	KASSANDRA	Playe Christophe - Bordier Daniel - Gutierrez Evguénia	67.0km	7:59:07 8.453 km/h
2.	AFD 02	Mallet Martine - Jobert Jacqueline - Mallet Christian	60.0km	7:47:39 7.698 km/h
3.	LES 3 AMIS	Carcaillon Martine - Pannier Josiane - Carcaillon Alain	60.0km	7:56:54 7.549 km/h
	AUDIFFRET	Degryse J-Claude - Tabary Florence - Castel Thierry	DQ	







Florian Letournou, Emilie Bizard and M80 50km world record holder Alexis Jordana (photos Emmanuel Tardi)

IS THE GREAT AUSTRALIAN ROAD RACE OVER?

Have you ever wondered why the AURA calendar shows so many trail runs, quite a few track races, but so few road ultras? The answer lies in the ever increasing demands of local councils re safety and planning. And now another of the classics bites the dust.

At this time, I am normally watching the Coast to Kosci unfold via my computer. This iconic race of 240km travels from the NSW south coast to the top of Mt Kosciuzko, Australia's highest peak. It was first held in 2004 and is now an

integral part of our Australian ultra calendar. It has even seen a walker participating, with **Peter Bennett (C24)** finishing in both 2011 and 2012. Sadly, it is no more, after being cancelled last month. The ever increasing approvals roundabout had become too much for race organiser Paul Every.

Rob Donkersloot, President of AURA, has written a very comprehensive opinion piece on the future of road based ultras. It's worth a read - see https://www.aura.asn.au/is-the-great-australian-road-race-over/?
<a href="https://www.aura.asn.a

It's an issue that effected the racewalking community many years ago. The Victorian Race Walking Club used to have lots of road classics but they disappeared one by one, victims of council and police regulation. You can read my history of these events at http://www.vrwc.org.au/tim-archive/articles/The%20VRWC%20Classics.pdf.

Luckily our annual Australian Centurions qualifier is track based, so we are spared this angst.

FINANCIAL NEWS

Another quite month for us.

Income: Donation Tim Erickson 50.00
Bank Interest 0.58
Expenditure: Photocopying and postage 20.00
Bank balance \$2419.46

We do not charge an annual fee for membership but rely on the generosity of our members and supporters to keep us afloat. If you have not given lately, now is the time! Our bank details are

Bank: Westpac

BSB Number: 033003

Acct Name: Australian Centurions Walkers Inc.

Acct Number: 123947

UNTIL OUR NEXT NEWSLETTER

That's our 10th and final Australian Centurions newsletter for 2018. In past years, I have restricted myself to 8 issues per year but, this year, the increasing news flow from the ultra distance world has enabled me to produce two additional issues.

As we head into our hot Australian summer and quickly close in on Christmas, I wish all our Australian Centurion members and friends my warmest regards and hope that 2019 brings only good tidings.

Yours in Centurion walking

Tim Erickson (C13), 1 Avoca Crescent, Pascoe Vale, Victoria, Australia, 3044