

CENTURION FOOTNOTES

JANUARY 2017 – VOL 24 NUMBER 1

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DATES...DATES...DATES

There are always ultra opportunities on offer for those walkers after a longer challenge. Some are shown below. In addition, the AURA calendar shows quite a few additional Australian ultra events that may suit serious ultra walkers – check it out at <http://aura.asn.au/>. I am pleased to see an increased number of longer track based ultras on our local calendar.

Jan 28-29, 2017	SA 100km Track Championships	Adelaide, SA
Mar 3-4, 2017	Bourges 24H Walk	Bourges, FRA
Mar 5 (Sun), 2017	Coburg 6 Hour Track Championships	Coburg, VIC
Mar 17-19, 2017	Canberra 48 Hour Race (track 48H, 24H, 12H, 6H)	Canberra, VIC
Mar 25-26, 2017	Chateau Thierry 24H Walk	Chateau Thierry, FRA
Apr 22-23, 2017	Coburg 24 Hour Track Championships 2017 Australian Centurions 24H Qualifier See http://www.coburg24hr.org/24hr/	Coburg, VIC
Mar 4-5, 2017	24 Heures de Bourges (French Championship)	Bourges, FRA
Mar 2017	Chateau Thierry 24H	Chateau Thierry, FRA
May 31-Jun 3, 2017	Paris-Alsace Classic	Paris, FRA
June 3-4, 2017	2017 Continental Centurions 24H Qualifier	Weert, NED
June 3-4, 2017	FANS 24 Hour Track Championships 2017 USA Centurions 24H Qualifier See http://www.fans24hour.org/index.html	Minneapolis, Minnesota USA
Jun 17, 2017	Parish Walk (85 Miles)	Douglas, Isle of Man, GBR
Jun 24-25, 2017	Montguyon 24H Run/Walk	Montguyon, FRA
Jul 8-9, 2017	Sri Chinmoy 6H/12H/24H Track Championships	Sydney, NSW
Jul 8-9, 2017	Adelaide 6H/12H/24H Road Championships	Adelaide, SA
Aug 5-6, 2017	2017 English Centurions 24H Qualifier See https://www.facebook.com/events/990973581012094/	Bury St Edmonds, England
Aug 12-13, 2017	Track Ultra WA (24H, 12H, 6H, 3H)	Bunbury, WA
Aug 27-28, 2017	Vallorbe 24H Walk	Vallorbe, FRA
Sep 16-17, 2017	Roubaix 28H Walk	Roubaix, FRA
Sep 16-17, 2017	Nijmegen-Rotterdam 100km Walk	Nijmegen, NED
Sep 23-24, 2017	2017 USA Centurion 24H Qualifier	Owega, NY State, USA
Oct 7-8, 2017	St Thibault de Vignes, 24H Walk	St Thibault de Vignes, FRA
Oct 7-8, 2017	Sri Chinmoy NZ 24 Hour Championships 2017 New Zealand Centurions 24H Qualifier	Auckland, NZ
Oct 22, 2017	Ned Kelly Chase (100km, 50km)	Wangaratta, VIC

In particular, all the 2017 Centurion qualifying events are now gazetted, except for the African Centurions 24H which we are expecting to be held in October. Note there are two qualifying opportunities for the USA Centurions, the familiar FANS race in June and the newer one put on by Dave and Erin Talcott in September.

Apr 22-23, 2017	2017 Australian Centurions 24H Qualifier	Coburg, VIC
June 3-4, 2017	2017 Continental Centurions 24H Qualifier	Weert, NED
June 3-4, 2017	2017 USA Centurions 24H Qualifier	Minneapolis, Minnesota USA
Aug 5-6, 2017	2017 English Centurions 24H Qualifier	Bury St Edmonds, England
Sep 23-24, 2017	2017 USA Centurion 24H Qualifier	Owega, NY State, USA
Oct 7-8, 2017	2017 New Zealand Centurions 24H Qualifier	Auckland, NZ

OUT AND ABOUT

An excellent article on USA based Australian Centurion **Rob Robertson (C68)** who has now taken over the mantle as American Centurion coordinator – see <http://www.ardmoreite.com/sports/20161224/walk-for-change-burneyville-man-and-ultra-walker-traverses-100-miles-in-24-hours>. What a great story.

David Billett (C50) was working with ABC radio during the One Day Cricket International (Australia vs Pakistan) at the Adelaide Oval on Australia Day - in the commentary box as the statistician. When I asked him about it, he replied:

I have been statistician for my local cricket club (Coromandel Cricket Club) for the last 20 years. I have also scored a lot of higher level matches, including a bit of Sheffield Shield and some women's state and international matches. But this will be my first involvement in a men's international match.

Well done David. May it be the first of many such gigs!

Jill Green (C38) wrote me a long and interesting letter recently and, amongst other things, she discussed the 2017 Long Distance Walking Assn (LDWA) hundred which is to be held on the North York Moors on the weekend of 27-29 May. She and her partner Jim have been awarded places in the event which is now full at 500 walkers, with a waiting list for others hoping to get a late berth. All the people in the event must have done a 50 miles qualifying event to book their place. Now that sort of depth is impressive! See <https://www.ldwa.org.uk/2017hundred> for more info about the LDWA hundred.

Jill also passed on a short report of one of her recent walks and I just have to share it.

When I do a walk, I often pen a little bit about it. The following is from a social walk with the Kent LDWA group not long ago. We walk in a freezing fog. It is -6C but it feels colder to me. It takes time to snap off the front and ice from our car. We have allowed extra travelling time due to the weather forecast of fog and black ice. We do arrive in good time. Our group consists of 21 people. Our leader hangs on for five minutes for the walkers who have travelling problems due to the adverse conditions.

The first two big fields should have been deep wet mud so we are thankful it is frozen solid. We see a beautiful red dawn. We have an old saying "Red sky at night shepherd's delight, red sky in the morning shepherds warning". Well, today this was wrong. The patchy fog lifts and the bare winter trees look wonderful. I like winter walking when everything seems to be sleeping.

At 11am, we stop for a break. Some people have hot drinks in flasks, much better than the cold squash we have. Lunch is taken in a warm pub. We emerge after an hour and the cold hits us again. We are led back for the afternoon and arrive at our cars to a golden sunset.

On our return, we learn that there has been a pile up on the motorway due to the fog and ice. Sadly there have been fatalities. So while we have enjoyed such a happy day walking with friends, other people have endured a terrible day.

Each day is a gift. Treasure it. You never know what is going to happen.

Thanks so much Jill. What a wonderful writeup.

BARRY AND SHARON EXCEL IN TOUGH CONDITIONS

I don't have much in the way of ultra walking races to talk about this issue but some of our Australian centurions have been excelling on the running front recently and their performances certainly deserve our attention and accolades.

Australian Centurions, **Barry Loveday (C62)** and **Sharon Scholz (C63)** were part of the Australian team that contested the inaugural Asian 24 Hour Run Championships in Chinese Taipei in mid November. The weather was brutal in the opening hours of the race on the Saturday afternoon due to the stifling humidity and intense heat. Rather than get a respite overnight, the oppressive conditions continued unabated and then runners had to endure a final 9 hours of high daytime temperatures on the Sunday to finish the race.

Overall, the Aussies performed brilliantly and completed an almost clean sweep of the placings. In the men's race, **Barry Loveday (235.868km)** won, ahead of Japan's Takayoshi Shigemi (230.794km) and fellow Aussie John Pearson (224.849km). In the women's race, Australians Nikki Wynd (209.497km), Nicole Barker (209.995km) **and Sharon Scholz (189.173km)** provided a clean sweep. The distances were well below their best but understandable. Barry described it as the toughest event he has ever contested. He wrote a short report for his club Coburg Harriers, which I reproduce here.

Looking back in my ultra races so far, a race that stands out by far as the toughest is the 24hr Asian Champs. This was tough mentally and physically! The humidity was intense and like nothing I had experienced before! The first 6 hours didn't seem too bad and I was high on the adrenaline from the atmosphere. Even up to 12 hours, I was still feeling pretty good and I was starting to work out a final total in my head! By 14 hours things started to shift mentally and physically and I started to go a bit delirious due to the high humidity, something I had never experienced before. By the 18 hour mark I wasn't even sure where I was placing in the race, whether I was first, second or last. I was quite out of it! It took me about 2 hours to get back with it but by then the quads were completely smashed and I knew the Japanese guy was on my tail about 6K behind me and I was in serious trouble. When I tried to run the pain was really bad and when I tried to walk the pain was just as bad and if I stopped the Japanese guy would beat me, so the only option was to dig deep and keep going. Was I glad to hear the gun to signal the end of the race! I was very humbled to be round such a great supportive Aussie team and absolute diehard athletes which gave me the motivation to finish and thankfully win! Looking forward to my next race in 2017 in Canberra with a much cooler climate!

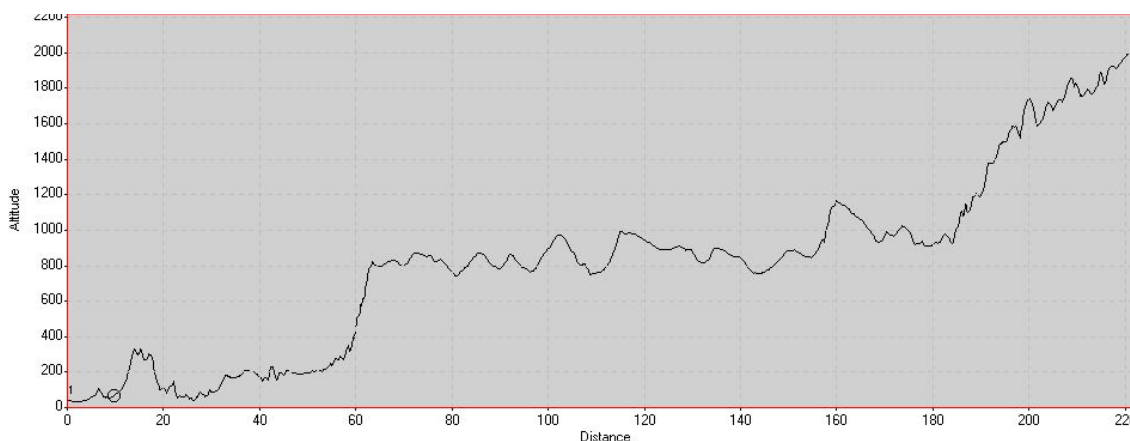
For their efforts, Barry and Sharon have both been selected in the Australian team to participate at the World 24 Hour Championships to be held in Belfast Northern Ireland on 1-2 July 2017. Well done guys.



Barry and Sharon in Chinese Taipei in December

CENTURIONS CHALLENGE THEMSELVES IN THE ANNUAL COAST TO KOSCI

In early December, a large field of 49 runners gathered in the southern NSW coastal town of Eden to contest the annual Coast to Kosci ultra, now in its 11th year. It is a very tough ask, requiring competitors to run a total of 240km from Eden to the top of Mt Kosciuszko, Australia's highest mountain, before backtracking to finish at Charlotte Pass. The course profile says it all – a total rise of well over 2000m, with the road rising steadily for the first 180km before a very challenging last 60km, a lot of it offroad.



Australian Centurions **David Billett (C50)** and **Sharon Scholz (C63)** were among the runners, David coming 20th with a time of **34:48:36** and Sharon coming 24th with **36:27:44**. An interesting stat for Sharon – it was her 5th C2K finish, her 5th event of 24 hours or longer for the year and she finished as the 5th woman in the C2K field. It was also David's fifth finish. The 5's have it! Full C2K results at <http://www.coast2kosci.com/live.php?sort=12&type=1>.



Sharon and david atop the cairn on Mt Kosciuszko

David is writing his own race report for us. It's not quite ready yet but I have read the draft and it makes for fascinating reading. But you'll have to wait for the next newsletter.

A NICE COLLECTION OF CENTURION BADGES

Justin Scholz (C61) and **Sharon Scholz (C63)** recently received their New Zealand Centurion medals from Richard McChesney. That takes their collection to 4 each - AUS, NZ, USA and Continental. Now this is a great photo (see below). Justin commented:

If you're looking for us on 5 or 6 August 2017, then start searching Bury St Edmunds in the UK. We'll be there aiming to add the UK equivalent (Centurions1911) to this bunch. And if South Africa has another event and it isn't on the Ned Kelly Chase weekend in October, then expect to find us taking a quick trip there in 2017 as well.



TELETHON, LES ULIS, FRANCE, 2-3 DECEMBER

Not much to report from the world of ultra distance walking at the moment but I did get one report from Emmanuel Tardi in early December, for a charity fundraiser near his home in the city of Les Ulis, France, where each kilometre walked gave €1 for disease research. The event included 24 Hours, 12 Hours and 6 Hours options and started at 7PM on the Friday evening. The course was a 1.045km loop which included a lap of the local athletics track. Some walkers produced good distances, especially considering the weather varied between a minimum of -2°C and maximum of 5°C.

24 Hours Walkers

8	GRASSI Alain	TEAM TDA	167:136 km
10	BIZARD Claudie (F)	THIAIS AC	148:200 km
17	KESSELMARK Patrick	MAREUIL LES MEAUX	97:181 km
30	MASSON Pascal	CM ROUBAIX	16:720 km

12 Hours Walkers

1	DAVID Christine (F)	Les Ulis	89:041 km
2	MOUGENOT Patrick	MEGA 77	81:192 km
3	MACHEMEHL Alain	LES ULIS	75:597 km
4	LANGLOIS Patrick	MEGA 77	33:440 km

6 Hours Walkers

4	LUDGER Emmanuel	PANNECIERES	43:454 km
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Patrick Kesselmark, Claudie Bizard, Christine David and Alain Grassi (photos Emmanuel Tardi)

100 MILES ALL-TIME RANKING LIST

As it's a quite time over our summer, here are some bits and pieces. First, the World All-Time ranking lists for the 100 mile walk. The performances here are pretty extraordinary and some of them go back many years – the oldest in the lists are those of **Frank O'Reilly** (16:54:16) and **Hew Neilson** (17:18:51), done way back in 1960. It's great to see **Michelle Thompson** (19:53:19) and **Sharon Scholz** (20:06:00) coming in at numbers 6 and 7 respectively in the women's list. And by way of interesting statistic, husband and wife pairing **Richard Brown** (16:50:28) and **Sandra Brown** (18:36:29) each sit in second place in their respective lists.

All-Time Top 10 – 100 Miles Men

1.	Jan de Jonge	NED	16:37:02	14-May-83	Sint-Oedenrode	NED	R
2.	Richard Brown	GBR	16:50:28	22-May-93	Sint-Oedenrode	NED	R
3.	Frank O'Reilly	GBR	16:54:16	02-Jul-60	Leicester-Skegness	GBR	R
4.	John Moullin	GBR	16:55:44	25-Jun-71	Ewhurst	GBR	R
5.	John Cannell	GBR	17:10:15	29-Jul-88	Leicester-Congerstone	GBR	R

6.	Derek Harrison	GBR	17:15:50	30-Jul-76	Leicester-Skegness	GBR	R
7.	Jan Vos	NED	17:17:59	31-May-80	Sint-Oedenrode	NED	R
8.	Hew Neilson	GBR	17:18:51	20-Oct-60	Walton	GBR	T
9.	M. Holmes	GBR	17:21:52	20-Aug-82	Leicester	GBR	R
10.	Dave Boxall	GBR	17:24:00	22-Jun-79	Ewhurst	GBR	R

All-Time Top 10 – 100 Miles Women

1.	Aaf de Rijk	NED	18:28:01	22-May-82	Sint-Oedenrode	NED	R
2.	Sandra Brown	GBR	18:36:29	27-Jul-84	Leicester	GBR	R
3.	Irene Corlett	GBR	18:54:05	20-Aug-82	Leicester	GBR	R
4.	Ann Sayer	GBR	19:32:37	31-May-80	Sint-Oedenrode	NED	R
5.	Marleen Radder-Willems	NED	19:46:27	06-Jun-98	Schiedam	NED	R
6.	Michelle Thompson	AUS	19:53:19	05-Apr-14	Coburg-Vic	AUS	T
7.	Sharon Scholz	AUS	20:06:00	16-Jun-13	Blacktown, NSW	AUS	T
8.	Sue Biggart	GBR	20:08:10	19-Aug-06	Douglas	GBR	R
9.	Lilian Millen	GBR	20:13:15	21-Jul-93	London-Battersea	GBR	R
10.	Annie van der Meer-Timmermans	NED	20:27:10	31-May-80	Sint-Oedenrode	NED	R

100 MILES ALL-TIME RANKING LIST - ENGLAND

And here is an equally impressive list (compliments of Gerrit de Jong) of all the walkers who have bettered 18 hours for the 100 Miles walk in the British Centurions qualifying event over the years – 24 walkers have ranked up 41 sub-18's. The list is headed by the great **Frank O'Reilly** who, although he lived and raced in England during his long career, was a proud Irishman and represented Ireland in the 50km racewalk in the 1960 Olympics in Rome.

1	Frank O'Reilly	Lozells Harriers	16:54:16	2-jul-1960	Leicester-Skegness
2	John Moullin	Belgrave Harriers	16:55:44	25-jun-1971	Ewhurst
	Frank O'Reilly	Lozells Harriers	16:58:16	6-jul-1962	Leicester-Skegness
3	Richard Brown	Surrey WC	17:00:35	29-jul-1988	Congerstone
4	John Cannell	Boundary Harriers	17:10:15	29-jul-1988	Congerstone
5	Derek Harrison	Boundary Harriers	17:15:50	1976-07-30	Leicester-Skegness
6	Hew Neilson	Woodford Green	17:18:51	20-oct-1960	Walton
7	M. Holmes	York Postal	17:21:52	1982-08-20	Leicester
8	Dave Boxall	Brighton & Hove	17:24:00	22-jun-1979	Ewhurst
9	Billy Baker	Queens Park	17:27:35	18-jun-1926	London-Brighton
10	Karl Abolins	R.Sutton Coldfield	17:32:16	3-jul-1964	Leicester-Skegness
11	Aleksey Radionov	RUS	17:32:30	21-jul-1993	London-Battersea
12	Tom Richardson	Bradford 6 x class	17:35:04	18-sep-1936	Bradford-track
13	Ad Leermakers	NED	17:38:27	29-jul-1988	Congerstone
14	Dirk Timmerman	BEL	17:38:27	29-jul-1988	Congerstone
15	Brian Adams	Leicester WC	17:39:28	1984-07-27	Leicester
	Derek Harrison	Boundary Harriers	17:43:00	1977-10-14	Bristol
16	Harold Whitlock		17:44:40	1952-10-03	Bath-London
	Dave Boxall	Brighton & Hove	17:45:10	1980-07-25	Leicester
	Derek Harrison	Boundary Harriers	17:45:53	22-jun-1979	Ewhurst
17	Klaas van 't Hoff	LAT	17:46:31	25-jun-1971	Ewhurst
	Karl Abolins	R.Sutton Coldfield	17:46:37	31-jul-1970	Leicester-Skegness
	Frank O'Reilly	Lozells Harriers	17:46:47	1959-07-03	London-Brighton-Back
	Frank O'Reilly	Lozells Harriers	17:47:00	3-jul-1964	Leicester-Skegness
18	Colin Young	Essex Beagles	17:48:05	20-oct-1960	Walton
	Frank O'Reilly	Lozells Harriers	17:48:08	5-jul-1963	London-Brighton-Back
	Dave Boxall	Brighton & Hove	17:50:01	2-aug-1974	Leicester-Skegness
19	Carl Lawton	Belgrave Harriers	17:51:51	1983-06-24	Ewhurst
20	Bob Dobson	Ilford AC	17:52:01	30-may-1986	Woodford
	Colin Young	Essex Beagles	17:52:32	1969-08-08	Leicester
	John Cannell	Boundary Harriers	17:52:39	1984-07-27	Congerstone
	Richard Brown	Surrey WC	17:52:47	28 juli 1991	Ewhurst
21	Jonnie Henderson	Sussex WC	17:53:40	17-jun-1937	London-Brighton
	Richard Brown	Surrey WC	17:54:28	28-jul-1990	Hungarton
	John Cannell	Boundary Harriers	17:55:10	26-jun-1987	Ewhurst
	Dave Boxall	Brighton & Hove	17:56:06	27-jun-1975	Ewhurst

22	Christopher Berwick	LeicesterWC	17:57:07	21-jul-1993	London-Battersea
23	Jan Vos	NED	17:57:31	1976-07-30	Leicester-Skegness
24	David Fall	Birchfield Harriers	17:57:59	2007-07-28	London
	Richard Brown	Surrey WC	17:58:17	21-jul-1993	London-Battersea
	Dave Boxall	Brighton & Hove	17:58:49	28-jul-1972	Leicester-Skegness

THE 2016 GORDON SMITH TROPHY GOES TO ...

This annual award, named after Australian Centurion Number 1, is awarded for the **Best Australian Ultra Distance Walking Performance of the Year**. Award criteria are as follows

1. It is restricted to performances done in Australia.
2. It is awarded for the best SINGLE performance.
3. All Australian Centurions will vote on a short list of performances, as proposed by the Executive.

Previous winners include	2005 Deryck Skinner (C51)	2006 Stan Miskin (C23)
	2007 Terry O'Neill (C18)	2008 Deryck Skinner (C51)
	2009 Peter Bennett (C24)	2010 Peter Bennett (C24)
	2011 Michelle Thompson (C58)	2012 Barry Loveday (C62)
	2013 Tim Erickson (C13)	2014 Michelle Thompson (C58)
	2015 John Kilmartin (C67)	

As is always the case, we had a number of very worthy local nominations and it was tough to whittle it down to four. But here they are, in date order, as proposed by our Executive:

- **Clarrie Jack (C4) - M70 6 Hour Walk – 51.227 km**

The 2016 Coburg 6 Hour Walk Championships, held at the George Knott Athletics Track in Clifton Hill on Sunday 9th March, saw 70 year old **Clarrie Jack (C4)** make short work of the current M70 6 Hour walk record of 50.741km (set by fellow Centurion Robin Whyte last year), powering through to **51.227km**.

Clarrie Jack	6 Hours	M70 All-Comers/Residential	51.227km	Coburg	6/03/2016
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- **Linda Christison – W55 200km and 48 Hours Records**

The inaugural Canberra 48 Hour Carnival, held at the AIS track in Bruce in mid March 2016, saw a small number of walkers in action but one performance stood out, namely that of 55 year old **Linda Christison**. Linda had been a runner for many years, from a 2.09 800m to a 2.52 marathon, finishing 33rd in the Boston Marathon and winning the Adelaide, Traralgon and Sydney Cities Marathon. She was training to go under 2:50 in 2004 when she began to lose co-ordination and was diagnosed with early onset Parkinson's disease. She was eventually no longer able to run but walked well using a walking stick to complete 133km in the 2015 Adelaide 24H championship. In the above Canberra event, she walked with her sister Heather the whole way to a final distance of 219.496km. A discussion was held within the Australian Centurions Executive as to whether Linda's performance should be recognised as a new age group record, given her walking stick. It was unanimously agreed. That means the following new Australian age group records have now been confirmed:

Linda Christison	200km	W55 All-Comers/Residential	43:18:31	Canberra	18-20 March
	48 Hours	W55 All-Comers/Residential	219.496km	Canberra	18-20 March

- **Michelle Thompson (C58) – Open Records for 100km and 12 Hours**

As usual, **Michelle Thompson (C58)** chipped away at her Australian Open Residential records in her annual outing in the Coburg 24 Hour Championships in April, setting two new ones as shown below, before she showed down and enjoyed the second half at a more leisurely pace. She is now ever so close to the Australian Open records of the great Sandra Brown.

Michelle Thompson	100km	Open Residential	11:36:29	Coburg	16-17/04/2016
Michelle Thompson	12 Hours	Open Residential	103.217 km	Coburg	16-17/04/2016

- **Val Chesterton – New W75 Records for Most Categories**

The other record breaker at Coburg was 75 year old **Val Chesterton** of ACT Race Walking Club in Canberra. Val last walked in our 24 Hour qualifier in 2009, setting a 24H PB of 115.578km. Now 6 years later and at 75 years of age, she bettered that distance with 118.696km. As no W75 woman had ever walked further than 6 hours, she set inaugural W75 Australian records for 50km, 50 Miles, 100km, 12 Hours and 24 Hours. The only

W75 record she failed to beat was the 6 Hour distance of Ellwyn Miskin (38.756km).

Val Chesterton	50 km	W75 All-Comers/Residential	8:22:23	Coburg	16-17/04/2016
Val Chesterton	50 Miles	W75 All-Comers/Residential	14:08:58	Coburg	16-17/04/2016
Val Chesterton	100 km	W75 All-Comers/Residential	18:30:00	Coburg	16-17/04/2016
Val Chesterton	12 Hours	W75 All-Comers/Residential	69.497 km	Coburg	16-17/04/2016
Val Chesterton	24 Hours	W75 All-Comers/Residential	118.696 km	Coburg	16-17/04/2016

Voting has now been completed and I am very pleased to announce that the 2016 Gordon Smith Award has been won by **Linda Christison**. I have advised Linda and will formally present her with the shield when I see her at the 2017 Canberra 48 Hour Carnival in March. She is a worthy winner and I am very pleased that her performance against the odds has now been suitably recognized.



Linda in action in her record breaking walk last March in Canberra

FOCUS ON BERNARDO JOSÉ MORA

I recently came across a very good profile of Spanish ultra distance walker **Bernardo José Mora**, published on Spanish sports website <http://top-sport.es/> - see <http://top-sport.es/bernardo-jose-mora-el-centurion-espanol/>. So I thought a slightly more indepth review of his wonderful walking career might be in order.

First to his PBs:	100 km	10.10.24	Rivera (Switzerland)	1991
	200 km	23.25.24	Chateau-Thierry (France)	2002
	100 miles	18.23.58	Schiedam (The Netherlands)	1998
	6 days	637,230km	Antibes (France)	2009

Not a bad set of performances! And now to the nitty gritty.

Bernardo José Mora was born in Palma, Spain, on August 10th, 1963. He took up the sport of walking in May 1982 and since then has covered around 120,000 km in walk training and racing.

In his younger days he was a good racewalker, winning Balearic championships over 5km, 10km and 20km and even taking a bronze medal in the the walk at the Spanish T&F Titles in 1992. In fact, his 37 Balearic championship wins between 1982 and 2016 make him the longest standing T&F winner for this Spanish region.

Since adding ultra distance walking to his repertoire in 1991, his performances have seen him consistently at the pointy end of the field. To take a few random results by way of example

- Second in the Six Hours of Perpignan (France) in 1991

- In 1992, he walked solo from Land's End (south of England) to John O'Groats (north of Scotland) – a distance of 1,350 km in 26 days and 5 hours
- Winner of the Twelve Hours of Vinça (France) in 1997 and 1998
- Winner of the Schiedam 24 Hour Walk (France) in 1998
- Winner of the 100-mile RWV Wandelweekend de Schiedam (Netherlands) in 1998
- Participation on two occasions in the Paris-Colmar classic (1999 and 2000)
- Winner of the 72 Hours Of Epinal (France) in 2000
- Second in the Chateau Thierry 200km (France) in 2003
- Winner of the International 24 Hours of Malaysia in 2003
- Winner of the 200 km of Bourges (France) in 2004
- Winner of the 6 days of Antibes (France) 2009, 2011, 2012 and 2013
- Winner of the Coney Island 10 Mile Handicap Race Walk (Brooklyn, New York) 2009
- Winner of the 8 hours of Charly sur Marne (France) 2010
- Spanish recordholder for 100 km (10:10:24), 100 miles (18:23:54) and 200 km (23:25:24)

In 1994 he became the first centurion from Spain, when he finished the Continental Centurions qualifier in the Netherlands (C249 20:14:37). He has since earned the Malaysian Centurion badge in 2001 (C5 190.552km) and the English Centurions badge in 2010 (C1079 21:48:31).



Bernardo José Mora (photo <http://top-sport.es/>)

FINANCIAL NEWS

A quiet month once again, with our bank account holding a healthy balance as we come towards our 2017 Australian Qualifying event at Coburg. Even though we do not host the event ourselves, we still contribute to the overall costs and need a good bank balance to start the year.

As we do not have any annual subscription fees, we rely on donations from our members to remain afloat. If you have not made a contribution lately and feel the urge to contribute, now is the time!

Incoming	Donation – Claude Martin	50.00
	Donation – Tim Erickson	50.00
	Bank Interest	0.48
	Donation – Gladys Gleeson	35.00
	Newsletter Postal Subscription – Gladys Gleeson	15.00
Outgoing	Photocopying	10.00
Balance		\$1105.10

2016 ANNUAL REPORT AND AGM

I have separately dispatched our 2016 Annual Report and Financial Statement. We have also scheduled our Annual General Meeting and annual luncheon for Sunday 12th February (12:30PM start) and cordially invite members (well,

locally based ones) to join us at the Leighoak Club in Oakleigh. Details are as follows:

Event: Australian Centurions 2016 AGM and annual luncheon
Where: Leighoak Club, 1555 Dandenong Road, Oakleigh
When: 12:30PM, Sunday 12th February 2017

Let me know if you are coming, especially if you need a lift.

UNTIL OUR NEXT NEWSLETTER

It's hard to believe that this issue marks the 24th year that I have been producing the Australian Centurions newsletter. The first one, a humble 2 pager, was posted out in May 1994, soon after we 'reformed' and in preparation for our 100 Mile Centurion Walk event which was to be held at the Collingwood Track in Melbourne on 8-9 October 1994. A lot of water has flown under the bridge since those days!

We were formed in 1971 and our club is stronger than ever as we enter our 46th year. Onward, ever onward!

Thought for the month from W.H. Davies Now shall I walk or shall I ride?
 'Ride,' Pleasure said;
 'Walk,' Joy replied.

Yours in Centurion walking

Tim Erickson (C 13)
1 Avoca Cres, Pascoe Vale, Victoria, Australia, 3044