

# CENTURION FOOTNOTES

MARCH 2016 – VOL 23 NUMBER2

*The Official Magazine of Australian Centurion Walkers Inc  
Founded 1971, Incorporated 2000, No. A0040301S  
<http://www.centurions.org.au>*

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## DATES...DATES...DATES

The 2016 ultra racing calendar is filled with lots of challenging events for walkers. Some of the key dates are shown below. In addition, the AURA calendar shows quite a few additional Australian ultra events that may suit serious ultra walkers – check it out at <http://www.aura.asn.au/events.html>.

Mar 18-20, 2016	Inaugural 48H/24H/12H/100km/6H Track Races See <a href="http://cbr.48hr.ktkc.com.au/">http://cbr.48hr.ktkc.com.au/</a>	AIS Track, Canberra, ACT
Mar 26-27, 2016	24 Heures de Chateau Thierry	Chateau Thierry, FRA
Apr 16-17, 2016	Coburg 24 Hour Track Championships <b>2016 Australian Centurions 24H Qualifier</b> See <a href="http://www.coburg24hr.org/24hr/">http://www.coburg24hr.org/24hr/</a>	Coburg, VIC
May 14-15, 2016	<b>2016 Continental Centurion 24H Qualifier</b> See <a href="http://www.rotterdamsewandelsportvereniging.nl/index.php?page=rwv-wandelweekend-english">http://www.rotterdamsewandelsportvereniging.nl/index.php?page=rwv-wandelweekend-english</a>	Schiedam, NED
June 1-4, 2016	Paris-Alsace Classic	Paris-Alsace, FRA
Jun 18-19, 2016	Sri Chinmoy 24 Hour, 12 Hour & 6 Hour Track Race	Campbelltown, NSW
Jun 30, 2016	Start of 2016 Swedish Fotrally ( <a href="http://www.fotrally.se/">http://www.fotrally.se/</a> )	Sweden
Aug 6-7, 2016	<b>105<sup>th</sup> English Centurions 100 mile qualifier</b> (Redcar RWC) See <a href="http://www.centurions1911.org.uk/redcar-100-miles.html">http://www.centurions1911.org.uk/redcar-100-miles.html</a>	Redcar, Teeside
Sept 24-25, 2016	<b>2016 USA Centurions 24H Qualifier</b> Enter at <a href="https://raceroster.com/events/2016/7132/not-just-a-walk-in-the-park">https://raceroster.com/events/2016/7132/not-just-a-walk-in-the-park</a> See also <a href="https://www.facebook.com/NotJustAWalkInThePark/?fref=ts">https://www.facebook.com/NotJustAWalkInThePark/?fref=ts</a>	Owega, NY
Sept 17-18, 2016	Roubaix 28 Hours Walk	Roubaix, FRA
Oct 1-2, 2016	New Zealand Sri Chinmoy 24 Hour Championship Incorporating the <b>2016 New Zealand Centurions 24H Qualifier</b>	Auckland, NZ

Close to home, our **2016 Australian Centurions qualifier** is gazetted for the weekend of 16-17 April, on the track at Coburg (Melbourne). You can still enter at <http://www.coburg24hr.org/24hr/>. The 5 annual Centurion qualifiers are

Apr 16-17, 2016	<b>2016 Australian Centurions 24H Qualifier</b>	Coburg, VIC
May 14-15, 2016	<b>2016 Continental Centurion 24H Qualifier</b>	Schiedam, NED
Aug 6-7, 2016	<b>2016 English Centurions 100 mile qualifier</b>	Redcar, Teeside
Sept 24-25, 2016	<b>2016 USA Centurions 24H Qualifier</b>	Owega, NY
Oct 1-2, 2016	<b>2016 New Zealand Centurions 24H Qualifier</b>	Auckland, NZ

Note that the 24 Hour walk in Dijon, France, originally gazetted for 23-24 April, has now been cancelled. See <http://www.marche-mythique.org/selectifs.html>.

## THE GORDON SMITH AWARD GOES TO JOHN KILMARTIN

This annual award, named after Australian Centurion Number 1, is awarded for the **Best Australian Ultra Distance Walking Performance of the Year**. Award criteria are as follows

1. It is restricted to the best SINGLE performance done in Australia.
2. All Australian Centurions will vote on a short list of performances, as proposed by the Executive.

Previous winners are	2005 Deryck Skinner (C 51)	2006 Stan Miskin (C 23)	2007 Terry O'Neill (C 18)
	2008 Deryck Skinner (C 51)	2009 Peter Bennett (C 24)	2010 Peter Bennett (C 24)
	2011 Michelle Thompson (C 58)	2012 Barry Loveday (C 62)	2013 Tim Erickson (C 13)
	2014 Michelle Thompson (C 58)		

As is always the case, we had a number of very worthy local nominations for 2015 and we whittled it down to a final 4 nominations for voting. I am pleased to announce that our 2015 winner is **John Kilmartin (C 67)**. Attempting his first 24 hour walk in April 2015, John powered through to his 100 miles with almost unbelievable consistency, never more than 1-2 seconds variation from lap to lap. His 50 mile splits tell the story: 10:33 followed by 10:38 for a final 100 mile time of **21:11:56**, becoming Australian Centurion 67 into the bargain. He then walked a couple of extra laps for insurance purposes and called it quits, job done for the day. A very impressive first up effort indeed!

**THE 2015 CENTURIONS ANNUAL GENERAL MEETING**

Having finalised our Gordon Smith winner, the 2015 Australian Centurions AGM was held at the Leighoak Club in Oakleigh on Sunday 31 January 2016, followed by lunch. Apart from presenting the prestigious award to John, the other main item of business was the election of a new Executive and Committee to lead the club for the next 2 years. Congratulations to our new committee

Club Executive	President	Terry O'Neill (C18)
	Vice President	Robin Whyte (C29)
	Treasurer	Lois Erickson
	Secretary	Tim Erickson (C13)
General Committee	Committee	Karyn O'Neill (C45), Michelle Thompson (C58), John Kilmartin (C67)



**Centurions AGM – John Kilmartin, Ian Jack, Tim Erickson, Karyn O'Neill, Clarrie Jack, Terry O'Neill, Michelle Thompson and Stuart Cooper**

**OUT AND ABOUT**

**Michael Harvey (C43)** continues his running exploits. He has recently returned from 2 weeks traveling in India. While there, he ran the Mumbai marathon (3:27:30). He then came back through Thailand and picked up another marathon there a week later (3:26:27). Well done Mike!

I received a note recently from **Merv Lockyer (C30)** who wanted to let everyone know that he is still kicking on in country Victoria. He wrote: *I had my 84<sup>th</sup> birthday and completed a 25km walk to celebrate (time was 3 hrs 21 mins). I have been so sore ever since!*

Emmanuel Tardi has pointed me to an email advertising the publication of a book covering the inaugural Paris-Alsace ultra walk, held in June 2015. The hard cover book, written by Mathieu Weimer, is 96 pages in length and features

many photos, some text and the final race classification. Cost is 28 euros and it is available online: see <http://www.pixalib.com/fr/mathieu-weimer/paris-alsace-a-la-marche-2015>.

## COBURG 6 HOUR TRACK WALK/RUN CHAMPIONSHIPS, COBURG, SUNDAY 6 MARCH

Another great set of results from the 2016 Coburg 6 Hour Championships, contested on Sunday 6<sup>th</sup> March at the Harold Stevens Reserve in Coburg. The 6AM start time proved its worth once again as the early cloud made for ideal running/walking conditions until the sun broke through around 10AM, in conditions almost identical to last year. The last 2 hours saw the temperature quickly climb but everyone was able to knuckle down in the sunny conditions and see it out.

As usual, runners were allocated to lane 1 and walkers were allocated to lane 3. This worked well. The Men's 6 Hour Run Championship was a ripper with Francesco Ciancio giving a running lesson to all present. Last year, he came 2<sup>nd</sup> with 83.695km, beating the current Australian record but having to play second fiddle to Dion Finocchiro who won with 85.037km. This time he was out to make amends and that he did, powering through to a new Australian Open and M35 6 Hour record of 85.265km. Behind him, Kevin Muller was on his own record breaking mission and he was also successful, bettering Yiannis Kouros' M45 record distance of 78.400km with a masterful 80.681km. The Women's 6 Hour Run Championship saw an inaugural win to Amelia Griffith in her first track ultra. Although a new runner on the ultra scene, Amelia is a real talent and confirmed her credentials with an excellent 70.945km.

But it is the walking results with which we are concerned in the context of this newsletter and these events also saw record breaking performances compliments of Australian centurions **Clarrie Jack (C4)** and **Michelle Thompson (C58)**. Clarrie, having turned 70 recently, made short work of the current M70 6 Hour walk record of 50.741km (set by fellow Centurion Robin Whyte last year), powering through to **51.227km**. Michelle, a perennial winner here at Coburg, was the fastest walker overall and her winning distance of **55.782km** bettered her W45 record distance of 55.731km and was only 83m short of her Australian Open record. We also added a 2 person relay category this year to enable long time supporters **Terry O'Neill (C18)** and **Karyn O'Neill (C45)** to participate. Walking in relay legs of 1 hour, they completed a distance of 50.974km.

And there is plenty to talk about from the other walkers. **John Kilmartin (C67)** was having his first race for a while as he recovers from a foot injury – all good with a tentative 47.338km. First time walkers **Albin Hess** impressed with 45.063 km – I think we will see more of him. NSW walker **Saul Richardson** was just outside his PB of 43.492km with his distance of 43.313 km. **Gary Turner** beat his best of 38.639km with his distance of 39.155km. **Sandra Howorth** beat her best of 41.300km with 42.021km and **Liz Wrigley** walked her first ever ultra with a great 39.160km.

### 6 Hour Walk Men

1.	Clarrie Jack (C4)	VIC	51.227 km	Aust M70 Record
2.	John Kilmartin (C67)	VIC	47.338 km	
3.	Albin Hess	VIC	45.063 km	Inaugural
4.	Saul Richardson	NSW	43.313 km	
5.	Gary Turner	VIC	39.155 km	PB
6.	Louis Commins	VIC	37.015 km	
7.	Ian Hoad	VIC	36.642 km	
8.	Ken Carter	VIC	23.463 km	

### 6 Hour Walk Women

1.	Michelle Thompson (C58)	VIC	55.782 km	Aust W45 Record
2.	Sandra Howorth	VIC	42.021 km	PB
3.	Liz Wrigley	VIC	39.160 km	Inaugural

### 6 Hour Walk Relay

1.	O'Neill Team	VIC	50.974 km	
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All 4 winners showed how such an event should be tackled, with hourly lap splits of great consistency.

Francesco Ciancio	Male Run	36, 36, 36, 35, 34 and 37 laps
Amelia Griffith	Female Run	30, 32, 29, 29, 29 and 28 laps
Clarrie Jack	Male Walk	21, 21, 21, 20, 20 and 20 laps
Michelle Thompson	Female Walk	22, 23, 23, 23, 21 and 22 laps

Thanks to our many volunteers and helpers, especially first aider Elizabeth Ravalli and sports masseur extraordinaire

Michael Gillan. Thanks also to the many Coburg Harriers helpers, support crews and supporters and thanks especially to all our competitors who made the event so successful once again.

Full Results and Lap Splits at <http://www.coburg24hr.org/24hr/> and photos at <http://www.coburg24hr.org/coppermine/>.



**Clarrie Jack, John Kilmartin and Albin Hess**



**Michelle Thompson, Sandra Howorth and Liz Wrigley**

Our next event will be the Coburg 24 Hour Track Championships (incorporating the AURA Australian Track championships) on the weekend of 16-17 April and we look forward to welcoming many of our 6 Hour field back for their next challenge. Entries are still open if you feel particularly in need of a challenge at the moment!

**2016 AUSTRALIAN CENTURIONS 24 HOUR WALK ENTRIES**

With the Coburg 6 Hour championships now finished, attention turns to the Coburg 24 Hour Track Championships which are to be held on the weekend of 1-18 April. Although entries have not yet closed, walk numbers are building nicely with 3 women and 11 men entered so far. A brief profile of each follows:

<b>24 HOUR WALK WOMEN - 3</b>			
DE GRAAFF, Sandra	48	A very well credentialled Dutch walker, having 2 centurion walks to her credit: 2015 Continental Centurion 423 (23:40:38) 2015 English Centurion C1160 (23.42.23) Will be a strong contender in our 24H walk field.	NED
HOWORTH, Sandra	53	Sandra has competed in the walk at Coburg on a number of occasions and is one of our many regular supporters. She warmed up with a PB in our 2016 6H walk (42.021km). Has longer Pbs of 69.37km (12H) and 103 km (24H) and will be hoping to better those in the 24H walk.	VIC
THOMPSON, Michelle	47	Won our 2005 12 Hour run with 101.9 km, won our 2006 24H run with 166.053km, was second in 2008 in both the 6H run (57.596km) and the 12H run (105.974km), won the 2010 6H walk (49.1km) and 24H run (172.906km) double and won the 2011 6H Walk (53.784km) and 24H walk (172.593km) double. Has chipped away at the Australian Walk records with a n ongoing series of superb walks since then and her walk records now read as follow: 6H (55.865km), 100km (11:38.04), 100 miles (19:53:59) and 24H (190.894km). Warmed up in the 6H with 55.782km. Should be in a class of her own in the 24H.	VIC
<b>24 HOUR WALK MEN - 11</b>			
CARTER, Ken	63	Ken is a regular walk competitor, having best times of 32km for the 6H, 58km for the 12H and 60km for the 24H. This year, will once again attempt the 6H and 24H. Good luck Ken!	VIC
COMMINS, Louis	67	Competed in his first ultra at Coburg in 2006, finishing 7 <sup>th</sup> in the 24H Walk with 131.517 km. Came back in 2007 to achieve 160.150 km and has been walking regularly (but sparingly) on the ultra scene since. Always a tough competitor, Lou will do both 6H and 24H walks this year.	NSW
ESSAM, Phil	54	AURA historian Phil Essam has dusted off his walking shoes and will be joining us at Coburg for the first time in a while. He has a best of 119km for the 24H walk and is keen to get back into that sort of shape again. Good luck Phil!	ACT
HOAD, Ian	64	Ian competed in our 2014 6H run and 24H walk events last year and is back again and going both 6H and 24H walks in 2016. Has been competing on the circuit since 2013.	VIC
JACK, Clarrie	70	Clarrie is one of Australia's most experienced ultra distance walkers, being Australian Centurion No 4 (1971 – 20:39:45). He also holds the Australian Open Record for the 50 mile walk with a time of 7:57:57, set in 1979. Won the 2007 12 Hour walk with 88.370 km and was second in the 2008 and 2009 6H Walk. A regular Coburg walker and still going strong at 70 years of age. He warmed up for the 24H walk with a win in the 2016 Coburg 6H and a new M70 walk record of 51.227km.	VIC
KILMARTIN, John	64	John, from country Victoria, walked his first ultra in Melbourne in September 2012, completing 47.973km in 6H. He quickly improved, becoming an Australian centurion in 2015 in 21:11:56. Only months later, he became an English Centurion with another 100 mile walk on the Isle of Man (21:26:48). Now an accomplished walker who will be hard to beat in the 24H walk if fully fit.	VIC
RICHARDSON, Saul	43	Saul had his first ever long walk at the 2012 Sri Chinmoy 24H in Sydney, completing a good first up 128.8km. He is now a regular on the ultra scene with walk PBs of 43.492km (6H), 80.800km (12H) and 139.028km (24H). He returns to Coburg once again for the double - 6H and 24H Walks - and will be hoping to set some PBs along the way.	NSW
ROBERTSON, Rob	53	Rob Robertson is one of our overseas entrants, being USA based. A relative newcomer to ultra distances, he became a USA centurion in June 2015, walking 100 miles in 22:37:49. He recorded a second 100 mile walk finish in November. Will be hoping to emulate these performances here at Coburg and the signs look good.	USA
TIMMS, John	73	John is a very experienced runner at all distances from 24 hours to 1000 miles	VIC

		and has a best 24 Hour run of 170.7 km (1994). A regular Colac 6 Day runner and a regular supporter of our Coburg event. Has been dipping his toes into ultra walking the last few years and completed 142km to come 2 <sup>nd</sup> in our 2010 24H walk. Is back walking again this year and will contest the 24H.	
VAN GINKEL, Albertus	54	A very well credentialled Dutch walker, having 4 centurion walks to his credit: 2013 Continental Centurion 399 (23.47.12) 2014 Continental Centurion 151.622 km 2015 Continental Centurion second finish (23:45:29) 2015 English Centurion C1162 (23.45.18) Will be a strong contender in our 24H walk field.	NED
YOUNG, Brendan (Blue)	49	Brendan completed the Oxfam 100km in 2013 and 2014 (best time 22 hrs) and has done multiple 50km walks. Now for the jump to a 24H track walk!	VIC

**19<sup>TH</sup> 8 HEURES DE CHARLY-SUR-MARNE, CHARLY-SUR-MARNE, FRANCE, SUNDAY 7 FEBRUARY**

Thanks to our intrepid European correspondent Emmanuel Tardi who reports from Charly-sur-Marne, about 100km east of Paris, where the first ultra walk classic for the year was held. With the temperature around 10°C for the 8am start, conditions were good for the 80 walkers who negotiated their way through an opening lap of 1.075km, followed by laps of 2.575km. In the men's event, Pascal Bunel led the race the first 20km before Florian Letourneau took over, passing the 50km mark in 5:05:55, 10 minutes in front of 8 times winner David Regy at 5:15:15 and Philippe Gilles 5:16:41. The last hours were hard for the leader due to very strong winds but he hung on to win by 2 minutes from Philippe Gilles and David Regy with a distance of 73.175km. In the women's race 3 women finished with 63.875km, Sylvie Maison getting the nod ahead of Benedicte Salomez and Florence Pierre. Good French article at <http://www.aisnenouvelle.fr/sport-region/marche8-heures-de-charly-sur-marne-letourneau-succede-ia0b0n326886>.

**Les 8 heures de Charly sur Marne (all those above 60km)**

1.	LETOURNEAU Florian	Ac Chateau Thierry	SEH 1	73.175km	7:45:33
2.	GILLES Philippe	Usm Montargis	VEH 1	73.175km	7:47:05
3.	REGY David	Spn Vernon*	VEH 2	73.175km	7:53:36
4.	OLIVARES Mathieu	Neuilly Sur Marne Athletisme	VEH 3	70.600km	7:50:51
5.	BUNEL Pascal	Neuilly Sur Marne Athletisme	VEH 4	70.600km	7:57:58
6.	LABORIE Christophe	Essonne Athletic*	VEH 5	70.600km	8:03:59
7.	RAULET Christophe	Ga Meusien	VEH 6	70.600km	8:04:02
8.	VANDENDAUL Daniel	Cabw	VEH 7	68.025km	7:46:30
9.	VARAIN Cedric	Ac Chateau Thierry	SEH 2	68.025km	7:54:31
10.	VANDERCOILDEN David	Cm Roubaix	VEH 8	68.025km	7:57:29
11.	ROUAULT Jean-marie	As Culturelle Francophone	VEH 9	68.025km	7:58:52
12.	BIEBUYCK Pascal	Ath	VEH 10	68.025km	7:59:43
13.	KERLAU Yves-michel	Cm Roubaix	VEH 11	68.025km	7:59:59
14.	CHATILLON Nicolas	A Marcheurs St Thibault Des Vi	SEH 3	68.025km	8:00:39
15.	TILL Jacques	Waco	VEH 12	68.025km	8:05:45
16.	THIRIOT Louis	Asm Bar-le-duc	VEH 13	65.450km	7:47:11
17.	DIEN Daniel	Neuilly Sur Marne Athletisme	VEH 14	65.450km	7:52:34
18.	LABARRE Bertrand	Cs Provins Athletisme	VEH 15	65.450km	7:52:36
19.	LEIJTENS Frans	Rotterdam Wv	VEH 16	65.450km	7:53:56
20.	LOUGRADA Saadi	Cm Roubaix	VEH 17	65.450km	7:58:07
21.	TOUTAIN Eric	As Culturelle Francophone	VEH 18	65.450km	7:58:52
22.	EORGELIN Serge	Bruz Athletisme	VEH 19	65.450km	7:58:53
23.	MICHELOT Remi	Es Thaon	VEH 20	65.450km	8:03:19
24.	THEVENIN Pascal	Marne Et Gondoire Athletisme	VEH 21	62.875km	7:45:23
25.	MAISON Sylvie (F)	Strasbourg Agglomeration Athle	VEF 1	62.875km	7:46:04
26.	MARECHAL Pascal	Ac Chateau Thierry	VEH 22	62.875km	7:53:16
27.	MASSON Pascal	Cm Roubaix	VEH 23	62.875km	7:54:57
28.	CHATILLON Dominique	Ni Fublaines	VEH 24	62.875km	7:55:43
29.	SALOMEZ Benedicte (F)	Neuilly Sur Marne Athletisme	VEF 2	62.875km	7:56:46
30.	CHABIN Frederic	Essonne Athletic*	VEH 25	62.875km	7:59:06
31.	HARTMANN Emmanuel	Athle 55 *	VEH 26	62.875km	8:00:29
32.	PIERRE Florence (F)	Athle 55 *	VEF 3	62.875km	8:01:49
33.	BUISSON Dominique	Saint-brice Athletisme	VEH 27	62.875km	8:02:53
34.	LETESSIER Gilles	Plm Conflans	VEH 28	60.300km	7:49:44

35. PELLERIN Alain	Rc Epernay	VEH 29	60.300km	7:50:29
36. BIZARD PLANCHOT Emilie (F)	Thiais Ac	SEF 1	60.300km	7:54:56
37. MOUGENOT Patrick	Marne Et Gondoire Athletisme	VEH 30	60.300km	7:55:46
38. CASELLI Pierre	Nl Fontenay Sous Bois	VEH 31	60.300km	7:55:58
39. BIZARD Claudie (F)	Thiais Ac	VEF 4	60.300km	7:56:46
40. GRADOS Stephane	Cm Roubaix	VEH 32	60.300km	7:57:00
41. SEYNAEVE Serge	Cm Roubaix	VEH 33	60.300km	7:57:50
42. PANNIER Josiane (F)	Havre Ac	VEF 5	60.300km	7:58:56
43. BOUFFLERT Eric	Ga Basse-seine Bolbec*	VEH 34	60.300km	7:59:55
44. SONNOIS Martine (F)	Racing Club Haut-jura Morez	VEF 6	60.300km	8:02:02
45. LAGABE Corinne (F)	Athle 55 *	VEF 7	60.300km	8:02:56
46. ARNAULT Francoise (F)	Neuilly Sur Marne Athletisme	VEF 8	60.300km	8:04:12
47. ARNAULT Jacques	Neuilly Sur Marne Athletisme	VEH 35	60.300km	8:04:12

The classic also featured an additional 10km walk which started at 10AM. For the record, it was won by Thomas Da Silva Carvelho with 49:57 and for the record, Emmanuel finished 7<sup>th</sup> with 1:10:11.



**Florian Letourneau, Philippe Gilles and David Regy**



**Sylvie Maison, Benedicte Salomez and Florence Pierre (photos Emmanuel Tardi)**

## 19<sup>TH</sup> LES 24 HEURES DE BOURGES, BOURGES, FRANCE, 27-28 FEBRUARY

The 19<sup>th</sup> edition of the annual Bourges 24 Hours walking race was held last weekend in Bourges, 250km south of Paris. This was the first of the 2016 Paris-Alsace qualifying races and was fiercely contested as usual. The 24H entrants walked an initial loop of 540m before settling down to laps of 2.688km (to enable an exact 100km time) before contesting a shortened loop of 629m in the final hour. The weather was very cold and walkers were forced to put on multiple layers of clothing to keep warm as the race progressed.

**David Regy** led the men's event early and was still in front when the sun came up on the Sunday morning. But it was **Philippe Gilles** who eventually won out with 189.554km, ahead of **Christophe Laborie** 184.404km and Regy 184.526km. The amazing 66 year old British walker **Sandra Brown (C36)** dominated the women's event, winning yet again with a very impressive 178.889km – she has won previously in 2009, 2010 and 2015. Yet another centurion finish for the most prolific ultra distance walker ever. Also great to see two other English centurions participating – Isle of Man walker **Andrew Titley** took 10<sup>th</sup> with 168.533 km and fellow Surrey Walking Club member **Kathy Crilley** finished in 30<sup>th</sup> place with 143.527km.

Sandra summed things up nicely as follows

*Kathy, Andrew and I all enjoyed the event and were happy with our results. Perhaps the arctic temperatures by night helped to keep us moving! Among the leading men, the cold conditions seemed to cause some problems, including some retirements. The women seemed less affected. Bourges is a lovely city, with its cobbled streets, overhanging timbered houses, fine Renaissance mansions, and World Heritage cathedral famous for its C13<sup>th</sup> stained glass. It's always a pleasure to return there. We were told that 2017 will be the 20<sup>th</sup> edition of the 24h race. We're already looking forward to it!*

The ancillary event saw walkers contest the first 6 hours and the last 6 hours of the race to make up a 12 Hour tally. **Jean Marie Rouault** produced a very good mark of 109.933 km.

In four weeks time, the long distance walkers will be back in action at Chateau Thierry for the French National 24 Hours Championships.

### 24 Heures de Bourges (top 40 distances)

1. GILLES Philippe	USM Montargis	189.554 km
2. LABORIE Christophe	s/l CO des Ullis	186.404 km
3. REGY David	SPN Vernon	184.526 km
4. FORESTIERI Alexandre	UST Courir À St Tropez	180.935 km
5. VANDENDAUL Daniel	BELGIUM	180.413 km
6. BROWN Sandra (F)	Surrey Walking Club (GBR)	178.889 km
7. MASSON Pascal	CM Roubaix	175.331 km
8. MAISON Sylvie (F)	s/l Ill Bruche A Lingolsheim	174.340 km
9. BARBIER Florence (F)	CA Balma	171.144 km
10. TITLEY Andrew	Isle of Man (GBR)	168.533 km
11. SALOMEZ Benedicte (F)	Neuilly-Sur-Marne A	167.596 km
12. CAILLEAUX Patrick	NL - Ingre	165.927 km
13. TILL Jacques	BELGIUM	165.126 km
14. DAVID Christine (F)	s/l CO des Ullis	164.399 km
15. DIEN Daniel	Neuilly-sur-Marne A	163.394 km
16. GILLET Max	NL- Aschares-le-Marche	163.055 km
17. CZUKOR Zoltan	HUNGARY	162.239 km
18. HUART Gilles	ASPTT Besanson	158.142 km
19. BIET Christophe	s/l SEPA Bellegarde	157.021 km
20. DELANGE Dominique	AJ Auxerre Section Marathon	156.217 km
21. BIZARD-PLANCHOT Emilie (F)	Thiais AC	156.206 km
22. BLONDE Daniel	NL - Meythet	155.098 km
23. PICOT Gerard	Pass Running	154.897 km
24. PINEAU Laurent	s/l Haute Saintonge A	154.451 km
25. LINARD Benoit	NL - Bourges	151.609 km
26. CARREY Franck	NL - Berry-Bouy	148.269 km
27. EMONIERE Philippe	COSM Arcueil	146.396 km
28. BIZARD Claudie (F)	Thiais AC	145.570 km
29. BORISOVA Olga (F)	RUSSIA	145.120 km



30. CRILLEY Kathy (F)	Surrey Walking Club (GBR)	143.527 km
ZANCHI Pierre-Gilbert	Vallorbe	140.321 km (DNF)
31. NAUDIN Jean-Pierre	NL - Saint-Jean-de-Braye	138.168 km
32. BLANCHOUIN Gaston	NL - Lion-en-Beauce	127.265 km
33. GUYOMARC'H Jean-Pierre	Evreux AC	125.620 km
LHOEST Daniel	NL - Wrenne	121.504 km (DNF)
34. MEHLINGER Rudy	Evreux AC	120.244 km
35. GLASER Jean-Bernard	Neuilly-sur-Marne A	119.569 km
36. RASSAIND Andre	s/l AL Voiron	117.793 km
37. PRUCKNER Jaroslav	CZECH REPUBLIC	116.366 km
38. PIERRE Patrick	CA Castelsarrasinois	113.634 km

### 2 x 6 Hour Walk (top 20 distances)

1. ROUAULT Jean-Marie	ASC Francophone	109.933 km
2. LANGLOIS Patrick	Marne et Gondoire A	105.134 km
3. BOCUZE Daniel	FAC Andrezieux	102.426 km
4. TOUTAIN Patrick	ASC Francophone	100.034 km
5. LABARRE Bertrand	CS Provins Athletisme	99.991 km
6. CAZENAVE Vincent	Stadoceste Tarbes	98.145 km
7. THEVENIN Pascal	Marne et Gondoire A	98.163 km
8. GRASSI Alain	Pass Running	97.042 km
9. MOUGENOT Patrick	Marne et Gondoire A	90.498 km
10. LACROIX Jean-Louis	AC Chateau-Thierry	88.662 km
11. PANNIER Josiane (F)	Havre AC	88.229 km
12. BOVIN Laurent	AM St Thibault des Vignes	84.717 km
13. DALOZ Robert	Neuilly-sur-Marne A	83.562 km
14. PANNIER PILLE Magali (F)	Havre AC	82.852 km
15. BERTHAULT-KHORZYK Annie (F)	s/l US Agenton	77.064 km
VARAIN Cedric	AC Chateau-Thierry	73.118 km (DNF)
16. MOROSI Thomas	NL - Vichy	71.550 km
17. CORMIER Mireille (F)	Lunel Athletisme	70.136 km
18. MAUNY Claude	Neuilly-sur-Marne A	68.887 km
19. COSSON Maryse (F)	NL - La Bastide du temple	58. km

Some nice videos during the race <https://youtu.be/CbvpM6FQqP4>

<https://youtu.be/V9tDDILkTEc>

<https://youtu.be/5kN74DnPSY>

and on the last lap [https://youtu.be/5vUz2JC1\\_rs](https://youtu.be/5vUz2JC1_rs)



Left: Philippe Gilles before the event



Right: The men's podium after the event – somewhat the worse for wear



The amazing Sandra Brown wins again – the world's best female ultra walker makes it look easy (photo <http://www.leberry.fr/>)

### CENTURION AGES

Ever wondered if there was an optimal age for getting your centurion badge. Well, have a glance at this table and make up your own mind. It certainly shows to my mind that it is a challenge that appeals to the older rather than the younger athlete. But overall, ages range from 16 (**Bill Dyer C15**) to 72 (**Deryck Skinner C51**). If you see a trend here, you are a better man than me!

Age	Cent	Name	Year	Time
16	15	Bill Dyer	1977	22:50:33
20	05	Stuart Cooper	1971	21:36:53
23	18	Terry O'Neil	1979	21:13:08
24	12	John Harris	1975	23:18:15
25	13	Tim Erickson	1976	22:10:27
26	04	Clarrie Jack	1971	20:39:45
26	06	Tim Thompson	1972	23:48:08
27	48	Graham Watt	2004	23:59:23
28	25	Andrew Ludwig	1994	22:26:09
34	17	Ian Jack	1979	17:59:30
34	50	David Billett	2005	23:52:27
34	62	Barry Loveday	2012	22:37:56
36	01	Gordon Smith	1938	20:58:09
36	63	Sharon Scholz	2013	20:06:00
37	61	Justin Scholz	2012	22:09:03
38	24	Peter Bennett	1994	19:42:54
38	43	Michael Harvey	2001	22:51:30
40	03	Jim Gleeson	1971	18:33:58
40	16	John Smith	1978	18:49:20
41	19	Bill Dillon	1979	20:51:06
41	28	Caleb Maybir	1996	23:34:20
42	58	Michelle Thompson	2011	22:03:27
42	14	Claude Martin	1977	22:42:53
42	27	Carmela Carrassi	1996	23:44:22
42	33	Yiannis Kouros	1998	22:55:23
43	56	Caroline Mestdagh	2009	22:40:27
44	35	Sue Clements	1998	23:58:40
44	55	Rudy Schoors	2009	22:01:45
45	46	Charles Arosanyin	2003	23:35:51
46	37	Herbert Neubacher	1999	21:03:07

46	44	Lyn Lewis	2002	22:46:54
47	45	Karyn O'Neill nee Bollen	2002	23:35:56
48	49	Geoff Hain	2004	23:30:38
48	57	Ian Valentine	2009	23:37:03
49	47	Bob Lee	2003	22:44:44
49	60	Eddy Goeman	2011	21:16:23
50	09	Mike Porter	1975	21:45:47
50	10	Stan Jones	1975	22:04:59
50	21	Jim Turnbull	1986	23:38:53
50	36	Sandra Brown	1999	19:14:56
50	39	Carol Baird	1999	22:16:43
52	22	George Audley	1988	23:28:48
52	59	Mark Wall	2011	23:20:41
52	66	Peter Crump	2013	23:39:40
53	07	Dudley Pilkington	1972	23:29:00
53	20	Buck Peters	1980	23:34:10
54	29	Robin Whyte	1996	20:37:12
54	31	Gerald Manderson	1998	21:37:31
54	54	Cathy Cox	2008	23:54:28
55	65	Anyce Melham	2013	23:46:32
56	02	Jack Webber	1971	22:43:53
56	64	Steve Jordan	2013	23:13:33
57	32	Norm Morriss	1998	22:32:47
57	34	Roger LeMoine	1998	23:04:51
58	38	Jill Green	1999	21:15:35
58	40	Gerrit de Jong	1999	22:51:24
58	52	Jens Borello	2006	22:33:01
58	53	Pat Fisher	2006	23:10:38
62	08	Fred Redman	1973	22:59:00
62	11	Chris Clegg	1975	22:34:14
62	26	Ken Walters	1994	22:28:31
63	23	Stan Miskin	1988	22:59:48
63	67	John Kilmartin	2015	21:11:56
64	41	Boyd Millen	2000	23:25:43
65	30	Merv Lockyer	1996	23:45:51
67	42	Fred Brooks	2001	22:31:15
72	51	Deryck Skinner	2005	22:39:55

#### MULTIPLE CENTURION BADGES

Which centurions have achieved the largest number of centurion badges from the 6 clubs which regularly hold qualifying events? Going back to the 1970's when there were only 4 such clubs, it was easy. The first person to earn all available badges was **Chris Clegg** who got there in 1977. His 4 badges were earned as follows

June 1947	Age 30	London to Brighton and Back	21:39:42	British Centurion 135
Sept 1971	Age 54	Colombia, Missouri, USA	22:46:14	American Centurion 7
Oct 1975	Age 58	Melbourne, Australia	22:34:14	Australian Centurion 11
June 1977	Age 60	Sint-Oedenrode, Holland	23:18:55	Continental Centurion 53

With the New Zealand Centurions forming in 1998 and the Malaysia Centurions forming in 2001, it was now possible to earn up to 6 badges and two people have done so – **Sandra Brown** and **Jill Green**. Their qualifying performances were as follows

Sandra Brown:	1-2 July 1983	Leicester, England	22:18:24	British Centurion 735
	May 1984	St Oedenrode, Holland	21:05:07	Continental Centurion 131
	10-11 July 1999	Auckland, NZ	19:00:47	New Zealand Centurion 4
	18-19 Sept 1999	Melbourne, Australia	19:14:56	Australian Centurion 36
	19-20 Sept 2000	Golden, Colorado	22:35:45	American Centurion 50
	25-26 Aug 2001	Genting Highlands, Malaysia	182.032 km	Malaysian Centurion 7

Jill Green	20-21 July 1992	Leicester, England	23:13:59	British Centurion 898
	15-16 May 1999	Weert, Holland	22:13:52	Continental Centurion 282
	18-19 Sept 1999	Melbourne, Australia	21:15:35	Australian Centurion 38
	19-20 Sept 2000	Golden, Colorado	23:35:07	American Centurion 53
	07-08 July 2001	Auckland, NZ	22:18:08	New Zealand Centurion 8
	4-5 Aug 2003	Genting Highlands, Malaysia	164.350 km	Malaysian Centurion 20

Going down the list, **Herbert Neubacher** qualified in 5 of the 6 countries way back in 2001. Alas, he then retired from centurion walking so never got his sixth badge. His performances are as follows:

May 1989	Holland	21:21:57	Continental Centurion 203
13-14 Aug 1999	Battersea Park, London	21:40:38	British Centurion 959
18-19 Sept 1999	Melbourne, Australia	21:03:07	Australian Centurion 37
19-20 Sept 2000	Golden, Colorado	23:36:38	American Centurion 54
07-08 July 2001	Auckland, NZ	22:18:08	New Zealand Centurion 9



**Sandra Brown, Herbert Neubacher and Jill Green in January 2004 – 17 centurion badges between them**

More recently, **Geoff Hain, Rudy Schoors and Caroline Mestdagh** have also amassed 5 badges apiece.

**Geoff Hain**

16-17 Oct 2004	Adelaide, SA	23:30:38	Australian Centurion 49
1-2 Oct 2005	New Zealand	162.474 km	New Zealand Centurion 14
19-20 Aug 2006	Isle of Man, UK	23:31:43	English Centurion 1051
17-18 Nov 2007	Grapevine, Texas	23:25:14	American Centurion 68
31 May – 1 Jun 2008	Schiedam, Holland	23:18:30	Continental Centurion 368

**Caroline Mestdagh**

28-29 July 2007	Battersea Park, ENG	23:37:45	English Centurion 1061
31 May – 1 Jun 2008	Schiedam, NED	23.00.52	Continental Centurion 366
19-20 April 2009	Coburg, VIC	22:40:27	Australian Centurion 56
5-6 June 2010	Minneapolis, MN	23.01.38	American Centurion 72
02-03 Oct 2010	Auckland, NZ	22:51:46	New Zealand Centurion 17

**Rudy Schoors**

28-29 July 2007	Battersea Park, ENG	23:37:45	English Centurion 1062
31 May – 1 Jun 2008	Schiedam, NED	23.00.52	Continental Centurion 367
19-20 April 2009	Coburg, VIC	22:01:45	Australian Centurion 55
5-6 June 2010	Minneapolis, MN	23.01.38	American Centurion 73
02-03 Oct 2010	Auckland, NZ	21:37:25	New Zealand Centurion 15

Since the Malaysian Centurions have now ceased operations, 5 is the most anyone can earn from now on unless a walker was lucky enough to earn a Malaysian badge while they were operating. There are some walkers in this situation.

There are 7 walkers who have achieved 4 of the 5 possible badges, 18 who have 3 badges and 234 who have 2 badges!

#### FINANCIAL NEWS

The bank account looks healthy thanks to some recent donations. We look well placed now to cover any costs associated with our 24 Hour qualifying event. Thanks everyone!

<b>Income</b>	Gladys Gleeson – newsletter postal subscription and donation	20.00
	Clarrie and Ian Jack – donation	30.00
	Clarrie and Ian Jack – newsletter postal subscription 2016-2017	30.00
	John Kilmartin – donation	50.00
	Michelle Thompson – donation	50.00
	Stuart Cooper – donation	50.00
	Terry and Karyn O'Neill – donation	30.00
	<b>Expenditure</b>	Postage and Photocopying
	Gordon Smith Trophy Engraving	15.00
	Annual Incorporation Payment	54.40
<b>Balance</b>		<b>\$1013.61</b>

#### UNTIL OUR NEXT NEWSLETTER

Wow, an action packed newsletter this time around and lots more new to follow next month with our own qualifying event as well as lots of other events world wide. Stay tuned!

Yours in Centurion walking

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