

CENTURION FOOTNOTES

AUGUST 2015 – VOL 22 NUMBER 6

The Official Magazine of Australian Centurion Walkers Inc
Founded 1971, Incorporated 2000, No. A0040301S
<http://www.centurions.org.au>

President	Terry O'Neill (C 18)	03-95435753
Vice-President	Peter Bennett (C 24)	07 38703824
Secretary	Tim Erickson (C 13)	03-90125431
Treasurer	Lois Erickson	03-90125431

DATES...DATES...DATES

The AURA calendar shows quite a few Australian ultra events that may suit serious ultra walkers – check it out at <http://www.aura.asn.au/events.html>. Some key races follow.

Aug 15-16, 2015	Track Ultra WA (see http://trackultrawa.com/) - 3H, 6H, 12H, 24H	Bunbury, WA
Sept 19-20, 2015	28 Heures de Roubaix (with 28 Hour Individual, 24 Hour Relay)	Roubaix, France
Sept 19-20, 2015	50 th anniversary Nijmegen to Rotterdam 100 miles walk	Holland
Oct 3-4, 2015	St Thibault 24 Hour Walk	St Thibault, FRA
Oct 3-4, 2015	NZ Centurions Qualifier (NZ Sri Chinmoy 24H) See http://nz.srichinmoyraces.org/races/auck/24hr	Auckland, NZ
Oct 25, 2015	Ned Kelly Chase (50km and 100km)	Wangaratta, VIC
Dec 21-13, 2015	Malaysian 12 Hour International Walk See www.themarathonshop.com.my	Kajang, Malaysia
Sun Mar 7, 2016	Coburg 6 Hour Track Championships	Coburg, VIC
Mar 18-20, 2016	Inaugural 48H/24H/12H/6H Track Races See http://cbr.48hr.ktkc.com.au/	AIS Track, Canberra, ACT
Apr 16-17, 2016	Coburg 24 Hour Track Championships Australian Centurions 2016 Qualifier See http://www.coburg24hr.org/24hr/	Coburg, VIC
Jun 30, 2016	Start of 2016 Swedish Fotrally (http://www.fotrally.se/)	Sweden
Aug 6-7, 2016	105 th English Centurions 100 mile qualifier (Redcar RWC)	Redcar, Teeside
Sept 24-25, 2016	USA Centurions qualifying walk,	Owega, NY

The Race Walkers' Association of Malaysia has announced that the **MKH Kajang 12 Hour International Walk 2015** will be held on the weekend of 12-13 December 2015 in the city of Kajang, just outside Kuala Lumpur. It's an overnight walk with an 8PM start on the Saturday evening. Registrations are now open at www.themarathonshop.com.my. We had been told that the 2014 edition was the last to be held so this is a very pleasant surprise.

Dave Talcott has finalised the date for the **2016 USA Centurions qualifier** – it will be held in Owega, New York State, on 24-25 September. More information and links to flyer and entry form later in the newsletter.

And of course, closer to home, our **2016 Australian Centurions qualifier** is now gazetted for the weekend of 16-17 April, on the track at Coburg (Melbourne). Entries are already open and the field is building. We also have a Coburg 6 Hour Track Championship 6 weeks before, on Sunday 7th March. Entries at <http://www.coburg24hr.org/24hr/>.

AROUND THE TRAPS

Peter Bennett (C 24) was in action in the Caboolture 24 Hour Track event in Caboolture, QLD, on the weekend of 8-9 August, coming 5th against the field of runners with **164.557km**. Yet another 24 hour walk effort in excess of 100 miles for Peter! Then a few days later, he was off to the Seychelles for another long walk which is underway right now as I put the finishing touches to this newsletter.

The Seychelles 24 Hour Walk is quite different in that it is spread over 4 days, with a 6 Hour walk being contested on each day. I found a facebook event entry (see <https://www.facebook.com/nscseychelles>) which reads as follows:

The National Sports Council and the Honorary Consulate for Normandie to Seychelles, presents another edition of the 24 hours walking event, to be held over 4 days from the 19th to the 22nd August 2015 at the following places; 19th August - Berjaya Beau Vallon Bay, 20th August - UniSey Anse Royale, 21st August - Ile Perseverance(1) and 22nd August - Victoria... All walk start around 10 am with various activities on the programme.

An amazing 49 walkers completed the requisite 100 miles distance in the annual English Centurions 24 Hour walk, held last weekend in Castleton on the Isle of Man. And Ballarat based Australian Centurion **John Kilmartin (C 67)** was amongst them.

He qualified as a centurion in Australia in April with a fine 100 mile walk time of 21:11:56. He walked a similarly powerful race in Castleton, well back early (down towards 30th place) and then storming through the field to finish **7th overall with 21:26:48**. It was a dream come true for John who had targeted this walk earlier this year. He had been putting in a lot of long walking through the bitterly cold Ballarat winter and it all paid off with a superb performance.

In October, he is travelling to Auckland to walk in the New Zealand Centurions qualifying event – when (no ifs about it!) he finishes that one, he will have done 3 hundreds in one year, a mighty feat.



John in action in last weekend's IOM 24 Hour walk – 21:26:28 for 100 miles of walking

Club president **Terry O'Neill (C 18)** and his wife **Karyn (C 45)** were in Lyon earlier this month for the World Masters T&F Championships and they both walked pretty well. Terry came 21st in the M55 10km roadwalk (59:59) while Karyn was 21st in the W60 10km roadwalk (1:07:28) and 11th in the W60 20km roadwalk (1:18:30). She was also part of the W55 Australian team that took silver in the 10km roadwalk. Well done Terry and Karyn!

Mark Wall (C 59) was over from England a couple of weeks ago and Lois and I were lucky enough to meet up with him and Sue for dinner. Mark is of course one of 4 Aussies to have become English centurions, along with Carol Baird, Geoff Hain and John Kilmartin.

Finally, Lois and I fly out for China tomorrow to waive the flag for our son Chris who is competing in both the 20km and the 50km racewalks at the 2015 IAAF World T&F Championships in Beijing. The excitement is building!

NIJMEGEN RECORD FOR PIET JANSENS

The 99th Nijmegen Four Day Walk was held in late July extending from 21-24 July and centred around the Dutch city of Nijmegen. First held in 1909, it is the largest multi-day walking event in the world (see <http://www.4daagse.nl/en/>). Participants walk 30, 40 or 50 km daily, depending on their age and gender, and, on completion, receive a royally approved medal (Vierdaagsekruis). It started off as a purely military march but nowadays the participants are mostly civilians, albeit with a few thousand military participants. Standard categories are 30 km x 4 days, 40 km x 4 days and 50 km x 4 days. The Military category involves 40 km x 4 days. wearing uniform and at least a 10kg backpack for both men and women.

And it gets a mention in this month's newsletter because of the feat of Dutch walker Piet Jansens (Piet is the secretary of the Dutch Centurions) who completed his 50th Nijmegen. What a performance. Well done Piet!



Piet Jansens completes his 50th Nijmegen

6 JOURS DE FRANCE, PRIVAS, FRANCE, 2-8 AUGUST

Now for those who think that the marathon or the 50km walk is too short, I have just the thing for you – the 10th edition of the 6 Jours De France, held in Privas earlier this month (see <http://www.6jours-de-france.fr/>). A 6 Day Race might be termed the ultimate torture but it doesn't stop people from signing up every year and testing themselves out and usually completing the test.

This year was especially tough with very hot summer temperatures, up to 35C during the day and only dropping to 25C overnight. This was a nightmare scenario for the contestants who were competing over a 1.025km loop around the Privas athletics track. I can only imagine how they felt when the final gun sounded at 4PM last Saturday. Overall, an amazing 104 runners and 37 walkers started the 6 Day event and more started in the shorter 3 Day event as well.

French walker **Dominique Bunel**, who won the 6 Day Walk with an astounding 751.725km (a new World Best), beat all but one of the runners. Second place went to **Daniel Duboscq** who beat the M60 world best with 702.525km. The first woman was W60 walker **Josianne Pannier** with 523.150km. The 3 Day walk was won by French woman **Benedicte Salomez** with 301km

Congratulations to the English Centurions who took part in the races at Privas – club captain Kathy Crilley (C933) completed 343.775k in 143:56:02, Suzanne Beardsmore (C1094) completed 414.500k in 143:56:02 and Richard McChesney (C1131) completed 283.300k in 71:56:02 (he was in the 3 Day walk event) .

6 day Walk

1.	BUNEL - Dominique	M	751.725 km	143:07:23
2.	DUBOSCQ - Daniel	M	702.525 km	143:49:27
3.	THIRIOT - Louis	M	658.450 km	143:54:28
4.	CLEMENT - Philippe	M	607.200 km	143:55:14
5.	BIET - Christophe	M	603.100 km	143:51:22
6.	CAILLEAUX - Patrick	M	601.050 km	143:55:13
7.	PRUCKNER - Jaroslav	M	524.175 km	143:52:06
8.	PANNIER - Josy	F	523.150 km	143:49:45
9.	PINEAU - Laurent	M	521.100 km	143:53:29
10.	MASSON - Pascal	M	518.025 km	143:57:12
11.	BIZARD - Claudie	F	515.975 km	143:56:50
12.	WALLAEYS - Jean	M	511.875 km	143:56:03
13.	HAUSMANN - Martina	F	494.450 km	143:49:42
14.	GUERIN - Severine	F	477.025 km	143:49:15
15.	LESCURE - Frederic	M	476.000 km	143:55:28
16.	LINARD - Benoit	M	463.700 km	143:59:13

17.	EMONIERE - Philippe	M	422.700 km	143:41:44
18.	BEARDSMORE - Suzanne	F	414.500 km	143:56:02
19.	RABREAU - Yves	M	407.325 km	143:53:24
20.	DUBOIS D'ENGHIEN - Catherine	F	400.150 km	142:39:26
21.	CHIFFOLEAU - Alain	M	390.925 km	143:55:27
22.	CORNICHON - Laurent	M	365.300 km	143:05:36
23.	VARETTE - Graziella	F	354.025 km	143:56:04
24.	ECHE - Dominique	M	351.975 km	143:54:15
25.	PANNIER - Magali	F	345.825 km	143:49:45
26.	PIERRE - Patrick	M	345.825 km	143:50:25
27.	CRILLEY - Kathy	F	343.775 km	143:56:02
28.	AVELOT - Sandrine	F	320.200 km	143:59:13
29.	THANRON - Bernard	M	314.050 km	143:55:27
30.	OUTREQUIN - Florian	M	306.875 km	143:59:13
31.	SAUTAI - Stephanie	F	273.050 km	143:52:47
32.	BOURRE - Philippe	M	250.500 km	143:49:52
33.	BURGER - Alain	M	184.900 km	143:36:29
34.	NICLASS - Simone	F	177.725 km	143:48:16
35.	BERT - Dominique	M	175.675 km	34:22:03
36.	BLONDE - Daniel	M	155.175 km	40:56:10
37.	SCHEFFER - Christian	M	117.250 km	34:12:55

The quality of these performances can be seen when compared to the 6 Day walk ranking list which was in effect before the event started. The world best stood at 741.212km, set by Irish walker John Dowling in 1983. Bunel has put a further 10km onto the mark.

6 Day All-Time Rankings (Emmanuel Tardi)

1.	741k212	John Dowling	IRE	00.00.29	M50	Nottingham (GBR)	31-7/6-8/1983
2.	710k060	Christian Mauduit	FRA	09.06.75	M35	Privas	19-24/10/2014
3.	701k892	Alain Grassi	FRA	21.07.59	M50	Antibes	6/12.06.2010
4.	665k225	Dominique Naumowicz	FRA	28.03.63	M45	Antibes	5-11/06/2011
5.	653k200	Richard Brown	GBR	18.11.46	M65	Abingdon (GBR)	11-17/08/2013
6.	641k773	Bernardo José Mora	ESP	10.08.63	M45	Antibes	5-11/06/2011
7.	639k940	Christophe Biet	FRA	19.05.66	M45	Privas	19-24/10/2014
8.	622k000	Gerald Manderson	NZE	11.11.43	M55	Colac (AUS)	15/20.11.1999
9.	609k941	Bob Wise	USA	00.00.39	M45	New York	02-07/05/1985
10.	588k215	Robert Davidson	USA	00.00.55	M35	El Cajon	15-20/04/1984
11.	581k411	Jean Wallaey	FRA	04.08.80	M30	Privas	19-24/10/2014
12.	581k198	Philippe Emoniére	FRA	22.07.61	M45	Antibes	5-11/06/2011
13.	580k550	Roger Betaille	FRA	18.07.53	M60	Privas	19-24/10/2014
14.	575k354	Dominique Bert	FRA	04.04.60	M50	Le Luc	7-13/05/2013
15.	575k354	Stéphane Paillé	FRA	02.04.64	M45	Le Luc	7-13/05/2013
16.	545k298	Bernabé Rodríguez Sibaja	ESP	25.02.68	M40	Antibes	5-11/06/2011
17.	543k276	Daniel Dalphin	FRA	10.07.56	M55	Antibes	3-9/06/2012
18.	541k312	Patrick Lailier	FRA	21.10.50	M60	Antibes	6/12.06.2010
19.	540k000	Peter Waddell	AUS	25.01.31	M75	Colac (AUS)	16-22/11/1997
20.	536k101	Jaroslav Pruckner	CZE	01.05.54	M55	Antibes	3-9/06/2012
21.	531k976	Christer Svensson	SWE	15.12.69	M40	Antibes	5-11/06/2011
22.	522k751	Thierry Lebrun	FRA	11.11.80	M30	Antibes	5-11/06/2011
23.	518k481	Pascal Masson	FRA	29.11.64	M45	Privas	19-24/10/2014
24.	517k196	Yves Rabreau	FRA	25.06.42	M70	Le Luc	7-13/05/2013
25.	512k822	Jean Claude Courcy	FRA	18.03.49	M60	Antibes	6/12.06.2010
26.	503k322	Dale Sutton	USA	00.00.39	M40	Chula Vista (USA)	28/07-02/08/1982
27.	502k656	Jean Michel Bano	FRA	17.06.55	M55	Le Luc	7-13/05/2013
28.	495k200	Norman Morris	NZE	00.00.41	M65	Colac (AUS)	15/21.11.1996
29.	493k397	Zoltan Czukor	HUN	18.12.62	M45	Antibes	6/12.06.2010
30.	482k539	Stan Miskin	AUS	31.07.25	M80	Colac (AUS)	16/22.11.2003
31.	480k748	Serge Le Maner		00.00.51	M60	Antibes	3-9/06/2012
32.	480k004	Dominique Odouard	FRA	28.08.57	M55	Privas	19-24/10/2014
33.	476k662	Alain Martínez	FRA	29.01.65	M40	Antibes	7/13.06.2009
34.	471k382	Fredéric Lescure	FRA	17.01.61	M45	Antibes	6/12.06.2010

35.	456k429	Dominique Eche	FRA	01.04.55	M55	Privas	19-24/10/2014
36.	454k575	Patrick Pierre	FRA	19.08.48	M65	Privas	19-24/10/2014
37.	417k900	Ian Slatter	GBR	11.07.57	M55	Abingdon (GBR)	11-17/08/2013
38.	415k145	Laurent Cornichon	FRA	19.01.63	M45	Antibes	3-9/06/2012
39.	405k426	Michel L'Heritier	FRA	11.02.48	M60	Antibes	7/13.06.2009

And thanks to our regular European correspondent Emmanuel Tardi for the photos:



6 Day walker Josianne Pannier and 3 Day walk winner Benedicte Salomez



6 Day winner Dominique Bunel and runner up Daniel Duboscq (on reaching the 700km milestone)

ENGLISH CENTURIONS 24 HOUR WALK, ISLE OF MAN, 15-16 AUGUST



For those of us in the ultra walking world, this month's long awaited **Tower Insurance Isle of Man Open 100 Mile Race Walk**, held in **Castleton** on the **Isle of Man**, lived up to all expectations. The main event got underway at 2PM on Saturday at Castletown Civic Centre, with competitors striving to complete 50 laps of the 2 mile course around the streets and roads of the town. It was a flat course with a good walking surface and stunning scenery and the weather was kind so all was in place for a great event, and so it proved.

First to some links

- Main webpage: <http://www.isleofman100milewalk.co.uk/index.html>
- NRW website: <http://www.northernracewalking.com/products/inc-rwa-centurions-100-miles-champs-also-20-mile-open/>
- Facebook page: <https://www.facebook.com/groups/550275208327422/>
- IOM results: <http://my5.raceresult.com/41512/?lang=Eng>
- Photos: <http://isleofman.in/100> and https://www.facebook.com/fiona.shaw.7121/media_set?set=a.10153546415597603.1073741875.763187602&type=3
- Video: <https://www.youtube.com/watch?v=0DRSZlvKF3Y>

And now onto the final result: An amazing 49 walkers completed the 100 miles within the required 24 hours – and 32 of them were new English Centurions, the highest number in recent years. And Ballarat based Australian Centurion **John Kilmartin** (C 67) was amongst them.

John qualified as a centurion in Australia in April with a fine 100 mile walk time of 21:11:56. He walked a similarly powerful race in Cattleton last weekend, well back early (down towards 30th place) and then storming through the field to finish 7th **overall with 21:26:48**. It was a dream come true for John who had targeted this walk earlier this year. He had been putting in a lot of long walking through the bitterly cold Ballarat winter and it all paid off with a superb performance. John also received the Castletown Commissioners award for the first overseas competitor to finish.

Overall, Isle of Man walkers filled the first 5 positions. **Vinny Lynch** won by over an hour with the excellent time of 19:14:21 ahead of **Michael Bonney** 20:17:32 and **Janette Morgan** 20:23:11. In fact, the first 3 women were all in the top 6 with Janette third overall, **Karen Chiarello** 5th overall with 20:36:14 and the amazing **Sandra Brown** 6th overall with 20:57:26. It was an international affair with walkers from Belgium, Netherlands, USA, South Africa and Australia joining the local IOM and Great Britain walkers.

Rudy Schoors (C 55) was also in action, finishing 12th in an excellent 22:10:50. He was one of 7 Belgian walkers in action.

100 Miles Walk

1.	Vinny Lynch	Isle of Man	50 laps	19:14:21	Veteran Men 50-59	1
2.	Michael Bonney	Isle of Man	50	20:17:32	Veteran Men 50-59	2
3.	Janette Morgan (F)	Isle of Man	50	20:23:11	Veteran Women 50-59	1
4.	Andrew Titley	Isle of Man	50	20:23:11	Veteran Men 50-59	3
5.	Karen Chiarello (F)	Isle of Man	50	20:36:14	Veteran Women 50-59	2
6.	Sandra Brown (F)	Surrey WC	50	20:57:26	Veteran Women 60-69	1
7.	John Kilmartin	Australia	50	21:26:48	Veteran Men 60-69	1
8.	Robert Currey	Isle of Man	50	21:39:46	Veteran Men 50-59	4
9.	Chris Van Cauwenberghe	Belgium	50	21:44:51	Veteran Men 50-59	5
10.	Richard Brown	Surrey WC	50	21:45:23	Veteran Men 60-69	2
11.	James Quirk	Isle of Man	50	22:03:54	Veteran Men 40-49	1
12.	Rudy Schoors	Belgium	50	22:10:50	Veteran Men 50-59	6

13.	Julian Thomas	Isle of Man	50	22:17:10	Veteran Men 50-59	7
14.	Jack Bertrums	Netherlands	50	22:18:14	Veteran Men 50-59	8
15.	Rick Liesting	Netherlands	50	22:18:14	Senior Men	1
16.	Frank van Der Gulik	Netherlands	50	22:18:15	Senior Men	2
17.	Anne van Anandel (F)	Netherlands	50	22:21:01	Senior Women	1
18.	Jayne Farquhar	Isle of Man	50	22:25:37	Veteran Women 40-49	1
19.	Kersten Mosig	South Africa	50	22:28:24	Veteran Men 40-49	2
20.	Chris Cale	Isle of Man	50	22:28:52	Veteran Men 40-49	3
21.	Richard Highfield	Isle of Man	50	22:29:22	Senior Men	3
22.	Luc Dekeirsschieter	Belgium	50	22:34:27	Veteran Men 50-59	9
23.	Peter Asselman	Belgium	50	22:34:28	Senior Men	4
24.	Suzannah Corkill	Isle of Man	50	22:38:36	Veteran Women 40-49	2
25.	Philip Vermeulen	Isle of Man	50	22:38:36	Veteran Men 50-59	10
26.	Christopher Burn	Isle of Man	50	22:39:34	Veteran Men 40-49	4
27.	Richard Leigh	Isle of Man	50	22:41:27	Veteran Men 40-49	5
28.	Andrew Dawson	Isle of Man	50	22:42:32	Veteran Men 40-49	6
29.	Frans Leijtens	Netherlands	50	22:47:47	Senior Men	5
30.	Jef Glassee	Belgium	50	22:49:01	Veteran Men 50-59	11
31.	Mathijs Timmermans	Netherlands	50	22:55:45	Veteran Men 50-59	12
32.	Martin Payne	Isle of Man	50	22:59:14	Veteran Men 50-59	13
33.	Bas Anandel	Netherlands	50	23:05:38	Veteran Men 60-69	3
34.	Louise Smith	Isle of Man	50	23:05:38	Senior Women	2
35.	Dick Callin	Isle of Man	50	23:13:31	Veteran Men 50-59	14
36.	Karen Lawrie	Isle of Man	50	23:20:48	Veteran Women 40-49	3
37.	Tony Mackintosh	Isle of Man	50	23:20:48	Veteran Men 40-49	7
38.	Maureen Moffatt	Isle of Man	50	23:26:09	Veteran Women 40-49	4
39.	Bart Van Bael	Belgium	50	23:27:39	Veteran Men 40-49	8
40.	Peter Miller	Isle of Man	50	23:38:28	Veteran Men 40-49	9
41.	Sandra de Graaff	Netherlands	50	23:42:23	Veteran Women 40-49	5
42.	Robert De Wolf	Belgium	50	23:43:15	Veteran Men 60-69	4
43.	Alan Teare	Isle of Man	50	23:43:37	Veteran Men 50-59	15
44.	Albertus van Ginkel	Netherlands	50	23:45:18	Veteran Men 50-59	16
45.	Megan Thomas	Isle of Man	50	23:47:57	Senior Women	3
46.	Hattie Thomas	Isle of Man	50	23:47:58	Senior Women	4
47.	Louise Thomas	Isle of Man	50	23:47:58	Veteran Women 40-49	6
48.	Ed Walter	Isle of Man	50	23:48:01	Veteran Men 40-49	10
49.	Community Challenge	Great Britain	50	23:58:52	Senior Men	6
50.	Christopher Flint	Isle of Man	47	23:43:50	Veteran Men 70+	1
51.	Robbie Stockton	Isle of Man	44	23:33:17	Veteran Men 60-69	5
52.	Ap van Gelderen	Netherlands	41	19:24:11	Veteran Men 50-59	17
53.	Alison Kenyon	Isle of Man	40	18:50:31	Veteran Women 40-49	7
54.	Louise Hollings	Isle of Man	35	18:11:53	Senior Women	5
55.	Paul Salisbury	Isle of Man	32	16:38:15	Senior Men	7
56.	Kate Mc Dade	Isle of Man	31	15:17:27	Veteran Women 50-59	3
57.	Norman Johnson	Isle of Man	30	14:08:13	Veteran Men 70+	2
58.	David Walker	Isle of Man	29	10:41:41	Veteran Men 40-49	11
59.	Sailash Shah	Isle of Man	29	14:50:05	Veteran Men 50-59	18
60.	Lynn McCoubrey	Isle of Man	28	13:16:56	Veteran Women 50-59	4
61.	Carol McCoubrey	Isle of Man	28	13:16:59	Veteran Women 50-59	5
62.	Adam Cubbon	Isle of Man	28	13:30:05	Senior Men	8
63.	Stewart Jones	Isle of Man	27	12:14:21	Veteran Men 40-49	12
64.	Lee Johnson	Isle of Man	26	12:06:38	Senior Men	9
65.	Bernie Ball	Isle of Man	26	12:06:39	Senior Women	6
66.	Stuart Gibson	Isle of Man	25	11:02:36	Veteran Men 40-49	13
67.	David Gomberg	United States	25	11:15:59	Veteran Men 40-49	14
68.	Sharon E Cain	Isle of Man	25	11:52:55	Veteran Women 40-49	8
69.	Mark Stephen Byrne	Isle of Man	25	12:09:38	Veteran Men 50-59	19
70.	Haydn Kenna	Isle of Man	25	12:22:52	Veteran Men 50-59	20
71.	Erin Taylor Talcott	United States	23	10:40:03	Senior Women	7
72.	Emma Nation	Isle of Man	22	11:15:42	Senior Women	8
73.	Ray Beattie	Isle of Man	21	9:11:26	Veteran Men 50-59	21

74.	Mark Whear	Isle of Man	21	9:15:15	Veteran Men 40-49	15
75.	Richard Kok	Netherlands	21	9:25:15	Veteran Men 40-49	16
76.	Michael Crook	Isle of Man	21	10:09:34	Veteran Men 50-59	22
77.	Dave Talcott	United States	20	8:24:00	Veteran Men 50-59	23
78.	David Chambers	Isle of Man	20	8:50:38	Veteran Men 50-59	24
79.	John C Ryder	Isle of Man	20	9:23:43	Veteran Men 60-69	6
80.	Mark Gerhard	Isle of Man	20	9:44:24	Senior Men	10
81.	Richard Gerrard	Isle of Man	19	6:28:16	Veteran Men 40-49	17
82.	J.M.J. Van Der Helm	Netherlands	19	8:46:12	Veteran Men 60-69	7
83.	Simon Cox	Isle of Man	18	7:57:02	Veteran Men 60-69	8
84.	Brian Wade	Isle of Man	18	7:59:26	Veteran Men 40-49	18
85.	Werner Alberts	Isle of Man	18	8:03:06	Veteran Men 40-49	19
86.	Barbara Watt	Isle of Man	17	8:29:52	Senior Women	9
87.	Sandra Halpin	Isle of Man	13	6:06:35	Veteran Women 40-49	9
88.	Roy Brook	Isle of Man	13	6:06:37	Veteran Men 50-59	25
89.	Ashley Convery	Isle of Man	12	5:39:07	Senior Men	11
90.	Paul Phillips	Isle of Man	12	5:48:53	Veteran Men 60-69	9
91.	Philip Cannon	Isle of Man	12	6:07:24	Senior Men	12
92.	Donna Cooper	Isle of Man	12	6:07:45	Veteran Women 40-49	10
93.	Ramsey Richardson	Isle of Man	10	4:55:18	Veteran Men 40-49	20



The 4 leading women - Jeanette Morgan, Karen Chiarello, Sandra Brown and Anne Van Andel



Winner Vinny Lynch, Australian rep John Kilmartin and our European correspondent Emmanuel Tardi

The 20 Mile walk started at 8AM on Sunday morning and also attracted a good field. Rob Tersteeg of the Netherlands won by a huge margin with 2:47:17 while our intrepid correspondent Emmanuel Tardi finished in 25th place.

20 Miles Walk

1.	Rob Tersteeg	Netherlands	10	2:47:17	Senior Men	1
2.	Samuel Fletcher	Isle of Man	10	3:27:26	Senior Men	2
3.	Richard Wild	Isle of Man	10	3:27:26	Veteran Men 40-49	1
4.	Brian Kelly	Isle of Man	10	3:33:23	Veteran Men 50-59	1
5.	Keith Green	Isle of Man	10	3:54:52	Veteran Men 50-59	2
6.	Colin Stephen Moore	Isle of Man	10	4:07:20	Veteran Men 50-59	3
7.	Danielle Oates	Isle of Man	10	4:07:39	Senior Women	1
8.	Rebecca Greatbatch	Isle of Man	10	4:10:27	Senior Women	2
9.	Nick Wallinger	Isle of Man	10	4:10:31	Veteran Men 40-49	2
10.	Erika Kelly	Isle of Man	10	4:11:36	Senior Women	3
11.	Dermot O'Toole	Isle of Man	10	4:13:42	Veteran Men 60-69	1
12.	Tom Stockwell	Great Britain	10	4:15:50	Senior Men	3
13.	Pauline Clague	Isle of Man	10	4:21:39	Veteran Women 40-49	1
14.	Richard Ashton	Isle of Man	10	4:23:31	Veteran Men 40-49	3
15.	Maureen Cox	Isle of Man	10	4:24:02	Veteran Women 60-69	1
16.	Mick Holgate	Isle of Man	10	4:24:02	Veteran Men 70+	1
17.	Andrew Baxendale	Isle of Man	10	4:25:02	Veteran Men 40-49	4
18.	Laura Robinson	Isle of Man	10	4:25:08	Senior Women	4
19.	Dale Farquhar	Isle of Man	10	4:25:38	Senior Men	4
20.	Riaan Hodgson	Isle of Man	10	4:27:24	Veteran Men 40-49	5
21.	Hazel Fergusson	Isle of Man	10	4:31:26	Veteran Women 40-49	2
22.	Maura Kelly	Isle of Man	10	4:32:20	Veteran Women 40-49	3
23.	Jane Arzt	Isle of Man	10	4:32:33	Veteran Women 40-49	4
24.	Tony Arzt	Isle of Man	10	4:32:33	Veteran Men 50-59	4
25.	Tardi Emmanuel	France	10	4:35:02	Veteran Men 40-49	6
26.	Michael Ward	Isle of Man	10	4:39:08	Senior Men	5
27.	Oliver Miles	Great Britain	10	4:39:15	Senior Men	6
28.	Natasha Cain	Isle of Man	10	4:42:07	Senior Women	5
29.	Sean Weir	Isle of Man	10	4:46:51	Veteran Men 40-49	7
30.	Ben Davis	Isle of Man	10	4:53:19	Senior Men	7
31.	Amy Cochrane	Isle of Man	10	4:53:31	Senior Women	6
32.	Sally Lee	Isle of Man	10	4:53:31	Senior Women	6
33.	Phil Hatton	Isle of Man	10	4:54:15	Senior Men	8
34.	Sarah Stuart	Isle of Man	10	4:57:21	Veteran Women 40-49	5
35.	David Butterworth	Isle of Man	10	4:59:14	Veteran Men 50-59	5

36. Julie Fletcher	Isle of Man	10	5:06:28	Veteran Women 40-49	6
37. Stephen Fletcher	Isle of Man	10	5:06:28	Veteran Men 40-49	8
38. Rebecca Hands	Isle of Man	10	5:17:02	Senior Women	8
39. Chris Long	Isle of Man	10	5:24:31	Senior Men	9
40. Benny Peczek	Isle of Man	10	5:24:31	Senior Men	9

The Isle of Man is a big walking centre in its own right and their other big annual race is the 85 mile Manx Telecom Parish Walk which was held last month and which saw an amazing 1498 entrants, with 175 walkers doing the entire lap of the island. Check out the fantastic website at <http://www.parishwalk.com/>. It's on my wish list for one of these days. I'd better get moving before I get too old and dottery!

2016 AMERICAN CENTURION QUALIFIER - NOT JUST A WALK IN THE PARK

The quiet village of Owego, NY will host "Not just a walk in the Park" 100km/100 mile/100 mile relay over a 24 hour period on **September 24-25, 2016**. Many of the final details have been completed and Dave Talcott has posted an information sheet and entry form.

There will be 3 separate races - the Niagara Association/Eastern Regional Open 100km race walk championships, a 100 mile relay that may be comprised of 2-5 team members and a 24 hour/100 mile walk to give athletes all over the world a chance to earn a US Centurion title. Currently only 80 athletes have ever done so.

I have loaded the two forms to our Australian Centurions website:

- [2016 Not just a walk in the park - info.pdf](#)
- [2016 Not just a walk in the park - entry form.pdf](#)

FINANCIAL NEWS

Another quiet month but that's good!

Expenditure	Photocopying and Postage	19.00
	Centurions website annual web hosting payment	<u>83.80</u>
Balance		\$343.09

UNTIL OUR NEXT NEWSLETTER

Another newsletter done and dusted with lots of news on the world wide ultrawalking scene. Well done to John Kilmartin on his second centurion walk; this was definitely our local highlight. It has been a dreadfully cold winter here in south eastern Australia but the end is in sight and it's time for a few long walks to celebrate.

Yours in Centurion walking

Tim Erickson (C 13)
1 Avoca Cres, Pascoe Vale, Victoria, Australia, 3044