

CENTURION FOOTNOTES

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DATES...DATES...DATES

The number of ultra distance events in Australia is growing each year and each year provides many opportunities for both walkers and runners. The best source of information remains the Australian Ultra Runners Assn (AURA) website – check out <http://www.aura.asn.au/events.html>. Here is a selection of local and overseas walk events.

10-11 Dec 2011	Malaysia 12 Hour Walk	Melaka, Malaysia
11 Dec 2011	Kurrawa to Duranbah (50km, 30km)	Gold Coast, QLD
12 Feb 2012	8 Heures de Charly sur Marne	Charly sue Marne, FRA
25-26 Feb 2012	24 Heures de Bourges – French Championship	Bourges, FRA
Sun 11 Mar 2012	Coburg 6 Hour Walk/Run Championships	Coburg, Victoria
31 Mar - 1 Apr 2012	24 Heures de Chateau-Thierry	Chateau-Thierry, FRA
14-15 Apr 2012	2012 Australian Centurions 24 Hour (Coburg Carnival)	Coburg, VIC
28-29 Apr 2012	24 Heures de Monthey	Monthey, SUI
12-13 May 2012	24 Heures de Dijon	Dijon, FRA
26-27 May 2012	Continental Centurions 24 Hour Qualifying Walk	Scheidam, NED

NEWS ON OUR MEMBERS

Fred Brooks (C 42) tells me that he is due back in Melbourne in late December and will be here until February 9th so we will be organising a local Centurion get together for Fred in late January or early February. More on that in the next newsletter. Fred keeps busy on the English front as you can see from this email

Hi Tim,

Well things have been quite busy what with trips to Cornwall, Wales and then Scotland with the awe inspiring scenery of the mountains and fields. It has just been one revelation on top of another. One more short trip to go and that is to the walled city of York. After that it will only be a few short weeks until I arrive back in Australia on about 29th December. The Birmingham Mail has just done an article on me as an evacuee in World War II. Olympic fever is now starting to take hold and the Birmingham Mail is doing another article about the Olympics here in 1948 and the after affects, I am going to be featured in that as well. My other project is about my life in the U.K. and Australia which I have now started. On that note I finish with a wonderful quote from Sir Winston Churchill: "We make a living by what we get but we make a life by what we give". Give my regards to all. Fred

Sandra Brown (C 36) and **Sue Clements (C 35)** were recently in action in Holland. Over to Sandra:

Sue Clements and I very much enjoyed the Nijmegen to Rotterdam 160kms (which the organisers also call the 100 miles - all in the margin of error at this distance!). Sue completed this walk last year and some Dutch walkers have completed over 30 of the 45 held. This was my first visit to Nijmegen and I found it a very interesting and pleasing city which I'd be happy to return to. Some 70 did the walk, in mixed weather. Very few didn't complete the full distance. This is in part a tribute to the splendid formula of such events which sees everyone start and finish together and everyone regroup together at a number of cafe stops (often sports club facilities which are ideal) en route. Jill has done many of these excellent events in NL and Belgium. This is my third over some years (this 100 miles, a 200km, and a very special 50 miles Kennedy walk which we did with Vicky some years ago). During this weekend's walk, one Dutch friend told me that there are 32 Kennedy walks (always 50 miles) in the Dutch calendar for 2012. Good on them!

For the record, the Nijmegen to Rotterdam was Sandra's 145th event of one hundred miles or more. And she tells me that she has recently been granted membership of another prestigious club

I have recently had the pleasure of being accepted as a member of the 100 Marathon Club here in UK, having been encouraged to apply by friends who are members. Many of my runs have been beyond the marathon, but

they have no problem with that. They do not accept "pure" walks, ie race-walks in which one would not be allowed to run. Fortunately, I have done enough running events over the years to achieve their qualifications.

Deryck Skinner (C 51) tells me that he is feeling exceptionally well and still walking wherever he go. He says:

I look forward to seeing the results of the 24 hour - I am still considering getting back into training for my 80th.

Now that would be an exciting thing to see. Deryck's records in the M70 and M75 division are absolutely awesome and Stan Miskin's M80 records are equally awesome. What a mouth watering proposition!

Talking of ages, a quick scan through our Australian Centurion lists shows seven of our members over 80 and two who will reach that milestone in the next 12 months. So a belated congratulations to Jim Gleeson and Merv Lockyer who celebrated their four score earlier this year. Gentlemen – may you all have many more years of productive and enjoyable lifestyle, as may we all!

Dudley Pilkington (C 7)	92
Mike Porter (C 9)	86
Stan Miskin (C 23)	86
Stan Jones (C 10)	86
Geoff Peters (C 20)	84
Jim Gleeson (C 3)	80 (Jim turned 80 in June)
Merv Lockyer (C 30)	80 (Merv turned 80 in August)
Ken Walters (C 26)	79 (Ken will turn 80 in Sept 2012)
Deryck Skinner (C 51)	79 (Deryck will turn 80 in November 2012)

Numbers are building nicely for our 2012 Australian Centurion event in April. And amongst the list of walk entrants are **Rudy Schoors (C 55)**, **Caroline Mestdagh (C 56)** and **Clarrie Jack (C 4)**. Rudy and Caroline are returning from Belgium for another walk with us and will be accompanied by another Belgian centurion walker in Willy Vermuelen.

28 HEURES DE ROUBAIX, ROUBAIX, FRANCE, 17-18 SEPTEMBER 2011

The 58th edition of the 28 Heures de Roubaix was once again the premier one day race on the European ultra walking calendar with a huge field of international walkers and some very high quality walking. The race started on the Saturday at 1PM with an initial loop of 20 km followed by small loops of 3.2km before reducing to a loop of 1km for the final hour. Check out the race video on YouTube - http://www.youtube.com/watch?v=_GkkYJWy8gg – and race photos at http://photos.nordeclair.fr/main.php?g2_itemId=44358

The favourite in the men's event was last year's winner, Dimitryi Ossipov of Russia, but with the first 5 placed competitors from 2010 all fronting again, it was always going to be a strong race. Last year, Ossipov won with 234.515km from Hungarian walker Zoltan Czukur with 225.585km. This year, the roles were reversed with Czukur winning with 235.2km ahead of Ossipov with 228.6km. And like last year, Giles Letessier was third with an almost identical distance of 224.4km. The first 5 placed men were from 5 different countries, an excellent result.

Now Czukur is no mug walker – he is a multiple Hungarian national racewalk champion, a dual Olympian (2004 and 2008 Olympic 50km) and has a 50km PB of 3:50:02 and a 20km PB of 1:24:59. Even as recently as 2009 he won the Hungarian 50km title so his move into ultra distances was always going to pay dividends quickly.

Dominique Alvernhe, competing at Roubaix for the first time, was a clear winner in the women's event, her distance of 217.0km nearly 9km ahead of Nicoletta Mizera of Italy with a further 5km back to Irina Poutintseva of Russia. Alvernhe only took up long distance walking in 2006 but her rise, like Czukur's, has been meteoric – she has won the title of Champion of France for the last 3 years and has participated in the last 4 Paris-Colmar events, finishing 8th, 3rd, 2nd and finally winning this year. With this win under her belt, she can lay a strong claim to being the top woman ultra walker for the year.

1.	CZUKOR Zoltan	HUN	235 200 m	28:01:24
2.	OSSIPOV Dimitryi	RUS	228 600 m	28:01:23
3.	LETESSIER Gilles	FRA	224 400 m	28:01:24
4.	SNOEREN Bart	HOL	223 200 m	28:07:17
5.	SIMON Zdenek	CZE	218 200 m	28:00:59
6.	BUNEL Dominique	FRA	218 000 m	28:01:36
7.	ALVERNHE Dominique (W)	FRA	217 000 m	28:07:52
8.	LYKYANOV Serguei	RUS	212 800 m	28:00:53

9.	DUFRIEN Pascal	FRA	210 600 m	28:01:55
10.	VIT Philippe	FRA	210 600 m	28:01:56
11.	MIZERA Nicoletta (W)	ITA	208 400 m	28:05:41
12.	BUNEL Pascal	FRA	206 200 m	28:01:36
13.	LAILLER Patrick	FRA	206 200 m	28:03:46
14.	POUTINTSEVA Irina (W)	RUS	203 200 m	28:00:55
15.	CLEMENTZ Bernadette (W)	FRA	202 000 m	28:06:31
16.	DVORETSKI Serguey	RUS	197 800 m	28:01:01
17.	HAZENBOSCH Kris	BEL	197 800 m	28:01:42
18.	PEDERSEN Per Kleis	DEN	194 600 m	28:07:31
19.	BOVIN Laurent	FRA	190 400 m	28:04:46
20.	WICHE Robert	HOL	189 200 m	28:01:25
21.	2KONDRATENKO Alexei	RUS	187 000 m	28:01:01
22.	LABYLLE Maggy (W)	Guadeloupe	186 000 m	28:06:50
23.	SCHAERLAECKENS Ludo	BEL	185 000 m	28:00:28
24.	HASSEVELDE Sebastien	FRA	185 000 m	28:00:36
25.	OBYDOL Yvan	Guadeloupe	181 800 m	28:02:05
26.	PICOT Gerard	FRA	179 800 m	28:00:16
27.	BIBRAC Eric	Guadeloupe	177 800 m	28:05:05
28.	BOUFFLERT Eric	FRA	177 400 m	28:03:51
29.	DECKER Marcel	HOL	175 200 m	28:04:55
30.	KERLAU Yves Michel	FRA	173 400 m	28:02:41
31.	BERTHAULT-KORZHYK Annie (W)	FRA	173 200 m	28:03:21
32.	SEYNAEVE Serge	BEL	172 200 m	28:01:16
33.	PSUTKA Roman	CZE	171 200 m	28:03:36
34.	KOROTKOV Alexander	BLR	169 000 m	28:02:51
35.	DERRIEN Franck	FRA	169 000 m	28:05:24
36.	ELIESER Jocelyn	Guadeloupe	168 200 m	28:02:06
37.	FABRE Françoise (W)	FRA	168 000 m	28:06:02
38.	ASSELOS Patrick	Guadeloupe	168 000 m	28:08:34
39.	DAVIES Karen (W)	GBR	167 000 m	28:04:49
40.	DUBOIS Jean Michel	FRA	165 800 m	28:00:16
41.	RODITCHEV Alexander	BLR	165 000 m	28:01:06
42.	WATTS Ken	GBR	164 800 m	28:01:19
43.	MIROSHNITCHENKO Vera (W)	RUS	163 800 m	28:05:37
44.	BAUDRILLART Antonio	FRA	160 600 m	28:00:51
45.	PRUCKNER Jaroslav	CZE	160 600 m	28:04:10
46.	KHLUSEGICH Vasily	RUS	159 400 m	28:00:45
47.	ZUBAKINA Helena (W)	RUS	158 600 m	28:01:07
48.	HAUSMANN Martina (W)	GER	157 400 m	28:03:48
49.	DUTERTE Andre	FRA	150 000 m	28:00:33
50.	WALLAEYS Jean	FRA	147 800 m	28:01:11
51.	WATTS Bob	GBR	147 800 m	28:03:32
52.	SPIESER Jean-Paul	FRA	146 600 m	28:05:21
53.	CONSTANDINOU John	CHY	144 600 m	28:05:47
54.	DUJARDIN Bernard	FRA	130 800 m	28:04:22
55.	ROSALE Jean Jacques	Guadeloupe	129 800 m	28:02:05
56.	LAMAILLE Jose	FRA	125 600 m	28:02:04
57.	MERCIER Jean Pierre	FRA	113 600 m	28:05:47
	DANDOY Jeremy	FRA	122 400 m	20:34:41
	MACHAL Francis	FRA	116 000 m	22:45:53
	MAGNIER Joel	FRA	109 600 m	16:03:41
	VARAIN Cedric	FRA	106 400 m	14:01:35
	PISTORIUS Rein	HOL	100 000 m	12:49:02
	MASORSKIY Mikolai	RUS	80 800 m	16:28:59
	GRADOS Daniel	FRA	71 200 m	08:52:34
	HOLOD Mikhail	BLR	71 200 m	09:57:45
	QUINQUETON Bernadette (W)	FRA	71 200 m	11:58:04
	TSVETKOV Kirill	RUS	61 600 m	08:35:47
	ZAJIC Jakub	CZE	45 600 m	15:07:47
	HENRY Fabrice	FRA	39 200 m	04:11:38
	NAUMOWICZ Dominique	FRA	39 200 m	04:14:35

The 24 Hour split saw an amazing 26 walkers covering 100 miles or more with Czukor leading the pack with 208.670km.

CZUKOR Zoltan	HUN	208 670 m
OSSIPOV Dimitryi	RUS	197 807 m
SNOEREN Bart	HOL	194 008 m
LETESSIER Gilles	FRA	193 384 m
BUNEL Dominique	FRA	190 692 m
ALVERNHE Dominique (W)	FRA	189 247 m
SIMON Zdeneck	CZE	188 014 m
LYKYANOV Serguei	RUS	185 913 m
DUFRIEN Pascal	FRA	183 578 m
VIT Philippe	FRA	183 578 m
MIZERA Nicoletta (W)	ITA	181 424 m
DVORETSKI Serguey	RUS	178 474 m
BUNEL Pascal	FRA	175 854 m
CLEMENTZ Bernadette (W)	FRA	175 818 m
LAILLER Patrick	FRA	175 145 m
POUTINTSEVA Irina (W)	RUS	174 843 m
HAZENBOSCH Kris	BEL	171 576 m
PEDERSEN Per Kleis	DEN	171 217 m
BOVIN Laurent	FRA	167 588 m
BIBRAC Eric	Guadeloupe	166 632 m
WICHE Robert	HOL	166 151 m
SCHAERLAECKENS Ludo	BEL	163 962 m
HASSEVELDE Sebastien	FRA	162 967 m
KONDRATENKO Alexei	RUS	162 743 m
ELIESER Jocelyn	Guadeloupe	161 437 m
LABYLLE Maggy (W)	Guadeloupe	161 437 m



Zoltan Czukor in action representing Hungary in the IAAF 50km World Championship in 2007 in Osaka

NEW ZEALAND CENTURION QUALIFIER, SRI CHINMOY 24H, AUCKLAND, NZ, 1-2 OCT 2011

The New Zealand Centurions annual qualifying event was held in conjunction with the 14th Sri Chinmoy 24 Hour championship at Auckland's Sovereign Stadium in early October. Overall, 37 individual runners/walkers and 3 relay teams participated in 6 Hour, 12 Hour and 24 Hour events in cool/ mild and overcast conditions with gusty winds and some intermittent fine rain (it is New Zealand after all). Full results and photo selections can be sourced from website http://nz.srichinmoyraces.org/race_results/2011/akoct11 but I will restrict my reporting to the walkers.

Brenda Farley was the sole walk entrant in the 24 Hour event but her credentials (5:18 in the 2011 Rotorua Marathon

and 23:14 for the Oxfam 100km walk) meant that she was a serious starter. **Hilary Body** (PB of 54.5km for 12 Hours), **Cliff Harrison** (4:22 marathon, 5:35 50K, first walker in the 2011 Rotorua Marathon) and **Mark Gray** (3:56 marathon, NZ 50K walk champion in 1986, NZ Walk Rep in 1991) had entered the 12 Hour event.

Cliff pulled out a day or so before the race because of illness and Brenda did not want to be judged so NZ Cent Secretary Philip Sharp had just Mark and Hilary to watch over in the 12 Hour walk. Onto Philip now for the fine detail:

Mark started at around 3:00 - 3:10 per lap. He has retained much of his leg action from racewalking days. Brenda jogged the first lap and then settled into a walk. I gained the impression from the Wairarapa contingent that they saw it acceptable for a walker to jog during the very part of a race to warm up. Hilary started at her normal pace.

Nothing untoward happened with Mark and Hilary for the first 8 hours. Mark slowed a bit but I expected this. Just after eight hours I checked Hilary's distance and she had done 44K. I told her that if she kept going at this rate she would get 65-66K. Well, with encouragement from me and others she did keep going at this pace, breaking her PB with 1 hour 45 minutes to go and ending up with **65.224K**. Shaun said afterwards that Hilary had done two things differently from previous 12 hour races - eaten a lot more during the second half of the race and worn enough layers of clothing. Mark slowed significantly after the tenth hour and in the last hour he was walking slower than Hilary. His goal became to get 50 miles, which he did - **81.560K**.

One of the success stories of the carnival was Lars Madsen (35) in the 6 hour run. He was running for charity and wanted to make 40K. He started off at a modest pace but it was not long, somewhere in the second hour, when he started walking. Early on in the third hour he had run out of water. The Wairarapa crew came to his aid (they were extremely well stocked). Into the fourth hour and he was having trouble with cramps in his legs. Lars' wife was crewing for him and began massaging him as regular intervals. It was at about this point that we learnt the longest Lars had run before was 7K! Lars used a mixture of walking with a limp and jogging with a bit of pain for the rest of the race. At one point he was walking in the fourth lane. I told him that he was covering an extra 20-25 metres lap and should get in the first lane, hug the guard rail, stay there, and let others go around him (as you probably know, Simihan does not separate walkers and runners as you do in Melbourne). Lars did exactly what I told him to do - I didn't know I had so much control over strangers. Lars made just over 41K. One of the lap counters told him to continue to the marathon point. Lars did, reaching it in 6:06:58.

I thought you might be interested in the article on the 24 hour race that appeared in the local newspaper for my home town of Masterton (100k northeast of Wellington): <http://www.times-age.co.nz/news/personal-best-for-endurance-runner/1128063/>. It provides insight about the training Graeme Butcher (winner of 24 Hour run) and Brenda Farley (24 hour walk) did. The Rimutaka's referred to is a lowish mountain range between Masterton and Wellington. Here is a picture of part of the road from the summit of the road: <http://www.newzealandphotography.co.nz/new-zealand-images/nzphoto85.php>. The road is 14.6km between bridges near the base of either side. The road climbs about 450 metres from one side and about 350 metres from the other.

And finally, Brenda Farley finished fourth overall in the women's 24 Hour race with 134km, a gutsy effort considering her feet were taped three times during the night to stop the blisters coming through.

24 HEURES DE VALLORBE, VALLORBE, SUI, 1-2 OCT 2011

The same weekend that the New Zealand walkers were in action in Auckland, the Europeans were at Vallorbe in Switzerland for their own 24 Hour encounter. Frenchman Jean Marie Roualt won with 201.011 km ahead of Russian Sergei Dvoretzki with 176.132 km and third placed Belgian Pascal Biebuyck 169.190km. Of the 3 women, Bernadette Quinqueton won with 149.266 km.

24 Hour Walk Men

1.	ROUALT, Jean Marie	FRA	201,011 km
2.	DVORETSKI Sergei	RUS	176,132 km
3.	BIEBUYCK Pascal	BEL	169,190 km
4.	PICOT Gérard	FRA	162,312 km
5.	DERRIEN Franck	FRA	157,222 km
6.	PHEULPIN Adrien	FRA	146,329 km
7.	REYMOND Blaise	FRA	143,050 km
8.	PRUCKNER Jaroslav	CZE	132,760 km
9.	SPIESER Jean-Paul	FRA	127,523 km
10.	PHEULPIN Gilles	FRA	109,686 km
11.	HATTE Joseph	FRA	92,783 km

12. GUERINIER Christian	FRA	76,685 km
LABARRE Bertrand	FRA	103,076 km (DNF)
GIROD Urbain	SUI	81,544 km (DNF)

24 Hour Walk Women

1. QUINQUETON Bernadette	FRA	149,266 km
2. MOINEAU Isabelle	FRA	137,788 km
3. LANDRU Noëlle	FRA	107,670 km
VARIN Sylviane	FRA	103,076 km (DNF)

The 100km splits for the first 10 walkers were as follows

100km Splits

1. DVORETSKI Sergei	11:20:24
2. ROUAULT Jean-Marie	11:47:59
3. BIEBUYCK Pascal	12:28:33
4. DERRIEN Franck	13:30:43
5. PICOT Gérard	14:10:51
6. PHEULPIN Adrien	14:10:52
7. QUINQUETON Bernadette	14:35:55
8. REYMOND Blaise	16:17:11
9. SPIESER Jean-Paul	16:20:40
10. MOINEAU Isabelle	17:24:42

24 HEURES DE MERIGNAC, MERIGNAC, FRANCE, 15-16 OCTOBER 2011

Frenchman Dominique Bert was the winner of the first edition of the Mérignac 24 Hour Walk in mid October, his distance of 183.906km seeing him 9km ahead of second placed Alain Grassi. Eliane Charvy won the women's section with 131.517km.

24 Hour Walk Men

1. BERT Dominique	FRA	183,906 km
2. GRASSI Alain	FRA	174,906 km
3. DERRIEN Franck	FRA	165,016 km
4. DALPHIN Daniel	FRA	161,149 km
5. PINEAU Laurent	FRA	146,271 km
6. BERNARD Jean-Yves	FRA	138,144 km
7. SPIESER Jean-Paul	FRA	125,602 km
8. LAVIGNE Daniel	FRA	122,692 km
9. PIERRE Patrick	FRA	120,892 km
10. GILLES Philippe	FRA	116,970 km
11. LABYLLE Guy	FRA	109,799 km
12. MARTY Sylviane	FRA	102,623 km
13. LASPOUSSAS Andre	FRA	102,599 km
14. VERGER Pierrick	FRA	97,853 km
15. FONTAN David	FRA	87,005 km
16. DAIRAIN Benjamin	FRA	83,147 km
17. FAUMONT Yves	FRA	82,799 km
18. LATESTTE Xavier	FRA	64,779 km
19. ARRICAU Andre	FRA	63,987 km
20. PENY Gerard	FRA	63,684 km
21. PAILLE Stephane	FRA	37,770 km
22. LEPITRE Cyril	FRA	26,970 km

24 Hour Walk Women

1. CHARVY Eliane	FRA	131,517 km
2. BENSACQ Liliane	FRA	120,336 km
3. VIDAL Pascale	FRA	106,223 km
4. MARTY Sylviane	FRA	102,623 km
5. LEPITRE Sandrine	FRA	89,979 km
6. CHABREYRIE Joelle	FRA	89,970 km

7.	COSSON Maryse	FRA	71,116 km
8.	LASPOUSSAS Marcelle	FRA	66,599 km
9.	MESNARD Marlène	FRA	66,570 km
10.	PENY Françoise	FRA	55,770 km

The carnival also included a 2 x 6 Hour walk which proved quite popular.

2 x 6 Hour Walk

1.	ANXIONNAT Claudine	94,859 km
2.	CLEMENTZ Bernadette	93,059 km
3.	PETILLON Yannick	92,092 km
4.	LEMOUROUX Annick	91,402 km
5.	COURCY Jean Claude	89,089 km
6.	BARTHELEMY Christian	82,958 km
7.	CATTEAU Georges	79,140 km
8.	LEVREAU Didier	73,544 km
9.	LEVREAU Veronique	68,373 km
10.	JOUSSE Jean Raymond	52,170 km

FRENCH 100KM CHAMPIONSHIP, ETAMPES SUR MARNE, FRANCE, 30 OCT 2011

Emmanuel Tardi was in Etampes-sur-Marne, east of Paris, on Sunday 30 October for the French Men's 100km Championship which was won for the second year in a row by 40 year old Eddy Roze with an excellent time of 9:54:03, some 15 minutes ahead of Zoltan Czukor of Hungary, the winner of the Roubaix 28 Hour Classic 6 weeks earlier. Roze, who competed for France in 3 World Race Walking Cups (most recently in Chihuahua in 2010), has successfully transitioned to the ultra scene and looks set for a long career in what is one of the toughest disciplines of the lot, that of the long distance athlete. Like most events of this type, there was a cutoff time of 12 hours imposed on all walkers.

The carnival also featured a French 50km Championship for women and this was won by 26 year old Severine Lanoue who is also an accomplished walker over the shorter distances – she came 8th in this year's French 20km championship with 1:46:01. Her winning time on this occasion was 5:33:26.

As usual, Emmanuel has included a number of pics – thanks heaps mate! To see them all, check out <https://picasaweb.google.com/EmmanuelTardi/ChDeFrance100km30102011?authuser=0&feat=directlink>

French 100 km Championship for Men

ROZE Eddy	(Amiens UC)	100 km 000 m	09:54:03	MAST	1
CZUKOR Zoltan	(HUN)	100 km 000 m	10:09:57	MAST	2
SVENSSON Christer	(SWE)	100 km 000 m	10:34:14	OPEN	1
MOREL Philippe	(AC Chateau Thierry)	100 km 000 m	10:38:36	MAST	3
TOURNOIS Pascal	(ASM Bar le Duc)	100 km 000 m	11:00:27	MAST	4
LASSALLE Emmanuel	(Amiens UC)	100 km 000 m	11:11:52	OPEN	2
BUNEL Dominique	(Neuilly sur Marne Athletisme)	100 km 000 m	11:17:45	MAST	5
THIBAUUX Philippe	(CA Ageen)	100 km 000 m	11:22:15	MAST	6
BUNEL Pascal	(Neuilly sur Marne Athletisme)	100 km 000 m	11:31:36	MAST	7
KIEFFER Pascal	(AS Libourne)	100 km 000 m	11:36:27	MAST	8
MICHELOT Remi	(ES Thaon)	100 km 000 m	11:40:53	OPEN	3
DIEN Daniel	(Neuilly sur Marne Athletisme)	100 km 000 m	11:42:57	MAST	9
BAUDRILLART Antonio	(Pays de Colmar Athletisme)	100 km 000 m	11:47:51	MAST	10
VARAIN Cedric	(AC Chateau Thierry)	100 km 000 m	12:02:47	OPEN	4
METEAU Jean Paul	(AS Culturelle Francophone)	97 km 257 m	11:46:53	MAST	11
VERNIER Jean Pierre	(AS St Junien)	97 km 257 m	11:49:52	MAST	12
FAUQUEUR Raymond	(Entente Littoral Athletisme)	97 km 257 m	11:52:34	MAST	13
GIRAUDEAU Denis	(PLM Conflans)	97 km 257 m	11:54:46	MAST	14
LETOURNEAU Florian	(AC Chateau Thierry)	97 km 257 m	11:56:03	OPEN	5
MARECHAL Jean	(AC Chateau Thierry)	91 km 771 m	11:58:12	MAST	15
LOUGRADA Saadi	(CM Roubaix)	86 km 285 m	11:52:43	MAST	16
CHABIN Frederic	(Essonne Athletic)	86 km 285 m	12:06:07	MAST	17
BORDIER Daniel	(AC Chateau Thierry)	83 km 542 m	11:46:35	MAST	18
BRASTEL Yves	(EFS Reims A. *)	80 km 799 m	11:52:50	MAST	19
SPIESER Jean Paul	(Athletic Vosges Entente Clubs)	78 km 056 m	11:56:52	MAST	20

ROBINET Michel	(AC Chateau Thierry)	72 km 570 m	11:47:06	MAST	21
BONNOTTE Remi	(Dijon UC*)	61 km 598 m	06:45:36	MAST	DNF
ERARD Christophe	(ASM Bar le Duc)	61 km 598 m	07:00:34	MAST	DNF
HENRY Fabrice	(Non Licencie)	31 km 425 m	02:50:40	MAST	DNF
GENIN Sebastien	(SUI)	31 km 425 m	03:35:50	OPEN	DQ
HAGHEBAERT Eric	(AC Chateau Thierry)	28 km 682 m	03:44:56	MAST	DNF
LEGRAND Guy	(CA Ageen)	20 km 453 m	02:45:18	MAST	DNF

French 50km Championship for Women

LANOUE Severine	(Avia Club Issy les Moulineaux)	50 km 000 m	05:33:26	OPEN	1
COUGOUREUX-AUGE Emilie	(Stade Rodez Athletisme)	50 km 000 m	05:34:41	OPEN	2
NICOLAS Myriam	(Bertrix Basse Semois (BEL	50 km 000 m	05:36:51	MAST	1
SEVELLEC Sylvie	(EA Cessonaise)	50 km 000 m	05:49:10	MAST	2
MALOCHET Dominique	(ASC le Havre)	50 km 000 m	05:53:42	MAST	3
ANXIONNAT Claudine	(Athletic Vosges Entente Clubs)	50 km 000 m	06:06:28	MAST	4
CLEMENTZ Bernadette	(Athletic Vosges Entente Clubs)	50 km 000 m	06:21:50	MAST	5
BRASTEL-JUNG Emilie	(Strasbourg Agglomeration Athl)	50 km 000 m	06:44:18	OPEN	3
MOINEAU Isabelle	(AC Chateau Thierry)	50 km 000 m	06:58:08	MAST	6
DELASSAUX Jacqueline	(Club d'Athl. d'Aubervilliers)	50 km 000 m	08:25:21	MAST	7
PANNIER Josiane	(Havre AC)	14 km 341 m	01:44:03	MAST	DNF



Left: Severine Lanoue



Centre: Eddy Roze (here leading Pascal Tournois)



Right: Zoltan Czukur



Men's podium: Zoltan Czukur (far left), Philippe Morel, Eddy Roze and Pascal Tournois (photos Emmanuel Tardi)

VICTORIAN 6 HOUR CHAMPIONSHIP, MOE, SATURDAY 12 NOVEMBER

The annual Victorian 6 Hour and 50km Track championships were held last Saturday at the Newborough Athletics Track in Moe, eastern Victoria. Put on by the Traralgon Harriers, this is a regular event that has been held since 1996 and, like past years, it also saw a small number of walkers in action. I was not able to go this year as I was working and the results have not yet been posted on the Harriers website but Terry O'Neill has rung to tell me how the walkers fared.

It was a warm and sunny day and the 2PM start time meant that most of the race was walked in full sunshine, a tough ask for all concerned. **Michelle Thompson (C 58)** took off at a cracking pace, covering over 10km in the first hour and nearly 20km by the end of the second hour. But she was forced to slow from then on with a hamstring twinge and she eventually retired at the 4 Hour mark rather than risk further damage. That left **Brian Glover, Karyn O'Neill (C 45)** and **Steve Jordan** in the walk section and they all soldiered on until the finish at 8PM. Unofficial walk results read

Brian Glover	46.590 km
Karyn O'Neill (C 45)	44.880 km
Steve Jordan	42.600 km
Michelle Thompson (C 58)	DNF (35.600 in in 4 Hours)

CITY OF PALMA 100KM, MAJORCA, SATURDAY 12 NOVEMBER

Emmanuel Tardi certainly gets around. Last weekend he was in Palma, the capital of Majorca (Majorca is a Spanish island in the Mediterranean Sea) for a track race that featured 100km and marathon events for individuals and relay teams (see <http://www.atletasdebaleares.com/100km>). Four walkers were in action – 3 in the 100km event and Emmanuel in the marathon. It was very warm weather and the 8AM start time meant a long hot day of walking. Spanish untra walking champion Bernardo José Mora was the best of them with a fine time of 11:54:12.

100km Event

4.	Bernardo José Mora	11:54:12
5.	Antonio Joao Canet Ferreira	12:57:05
	Julian Olmos	DNF (68 km)

Marathon

8.	Emmanuel Tardi	6:23:12
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Bernardo José Mora (3) and Antonio Ferreira (20) in action in the 100km event at Palma, Majorca

LATEST SPANISH ULTRA WALKING NEWSLETTERS

A quick item to link to the latest Spanish Ultra Walking newsletter from Bernardo José Mora - the usual great reading once you fire up the online translator!

October 2011 → <http://www.ultrawalking.es/2011/UWE10.pdf>

I was saddened to hear of the passing of New Zealand centurion elder statesman Dudley Harris on 23rd September 2011 at Ranfurly War Veterans Hospital in Auckland. Dudley was one of an initial group of 23 people who established the Auckland Race Walking Association in 1983. At that founding meeting Kevin Taylor was elected President and Dudley took on the task of producing a monthly newsletter which he then published for many years. Dudley eventually took over as President when Kevin stepped down. Mike Parker commented that Dudley was a real stalwart of Auckland race walking during his involvement from 1982 to 2000.

He also had a group of race walkers whom he coached, the most prominent of these being 1990 Commonwealth Games representative Jane Jackson. Dudley was also actively involved in the YMCA walking group and was also a sometimes racewalker when time permitted. He was one of 4 walkers who participated in a Taranaki Race Walking Club 50 mile event in 1992, along with Norm Morriss, Robert Keighly and Sonja Rowe – and all finished, Norm winning in 9:34:46. Some years later in 1995, he finished 3rd behind Mark Gray and Jane Jackson in the national 50 km championship.

In the 1990s, the New Zealand ultra distance walkers regularly participated in the various ultra runs on offer throughout the country so it was no real surprise to us when, in September 1998, four of them - Gerald Manderson, Robert Radley, Norm and Dudley - decided to travel to Australia to test themselves in the Australian Centurions 24 Hour event in Clifton Hill, a suburb of Melbourne. They all stayed with me and Lois at our Melbourne home along with English walker Roger Le Moine (and we had 4 boys at home at that stage!)

Gerald won the event outright and thus became the second New Zealander to walk 100 miles within 24 hours in proper competition. He passed the 100 mile mark in 21:37:31 and continued on to achieve a final distance of 177.665 km for the 24 hours. His feat was, however, eclipsed by the performance of Norm Morriss. Norm was the second walker overall to reach the 100 mile mark, in 22:32:47, and he then retired – but he had a pretty good excuse – he had endured a quadruple heart by-pass operation only 5 months previously! Gerald and Norm became Australian Centurions Number 31 and 32 respectively. Dudley himself walked in the 50km event, recording a time of 6:56:47.



Dudley Harris, Robert Radley, Gerald Manderson and Norm Morriss in 1998 in Melbourne

Dudley was very interested in how we ran our Centurions club here in Australia and he went back to New Zealand intent on starting their own chapter. It did not take long for the momentum to gather. On Sunday 29th November 1998, Dudley, Gerald, Norm, Tom Stratton and Jack Tregurtha met at Debrett Thermal Hotel in Taupo and established the New Zealand Centurions Club (full name New Zealand Centurions Endurance Walking Club). The following officers were duly elected

President	Ross Pilkington Senior
Vice Presidents	Gerald Manderson and Norm Morris
Secretary	Dudley Harris
Treasurer	Tom Stratton
Technical/Standards	Kevin Taylor
Publicity/Newsletter	Dudley Harris

Dudley of course took on the role of Secretary and newsletter writer. I have all his NZ Centurion newsletters, dating from Number 1 (March 1999) to Number 34, dated October 2003. At that stage, he stepped down in favour of Philip Sharp.

He was always keen to present more than a tabulation of race times or distances and his articles were laced with distinctive humour. And his articles were always big on statistics and splits – Dudley had a great eye for detail. Major races were dissected, written up and distributed in quick smart fashion. He was also into booklets and books, big and small. Some of his publications that I have include

- His definitive 1994 book “Long at the Top” on the careers of Richard and Sandra Brown
- His booklet “A different kind of Commonwealth Games” which showcased our 1998 Centurion event
- His booklet “Norm Morriss's Colac” which documented Norm's successful 6 day walk at the 1996 Colac event
- His 2004 publication “More than 100 Hundreds” which detailed Sandra Brown's extraordinary career thus far.

Yet, he was much more than simply an athletics enthusiast and administrator. Few of his fellows in the walking community knew that he had an MBE, awarded during his time in the British Royal Army Service Corps. He rose to the rank of Major in the army and served in Malaysia during the 1950s if my memory is correct.

His daughter Janet emailed me with the following soon after Dudley's passing.

Dad passed away on Friday night, September 23rd at 8:45 pm. He had his 85th birthday in May.

Dad started to deteriorate seriously in the last 3 weeks, so I was visiting him often, at evening dinner time to help feed him and then make sure he was settled in bed for the evening. Unfortunately in the last week he had stopped eating and since Wednesday, taking significant amount of fluids (although a week ago I got his dessert ice-cream down him!).

I had been with him until 6:30 Friday evening - I got the nurse to put Dad onto oxygen as his breathing began to be laboured. He was then very comfortable and lucid, and I told him that I loved him and that I was so proud of him, and he nodded that he had heard. A few minutes later I asked him if he was okay with me going home as he was shutting his eyes and looked like – thankfully – he may get some peaceful sleep. He again nodded yes, and I told him that I would see him in the morning.

The nurse called me at 8:30pm that, although he had been doing very well since I left, he had just suddenly had an ‘episode’ and that I should come asap. I called Roger and we both arrived at 9 pm, Dad had already gone. He had the lovely nurse and carer with him, talking to him.

There will be a funeral at Ranfurly Home on Wednesday afternoon.

This is sad news, yet also merciful. Dad could no longer walk unaided and his quality of life was minimal (although Ranfurly do an excellent job of caring) – and he left us very quickly, with little pain. His mind and body are now free and hopefully he is up there with a new training regime in the heavens, his mind alert and focused on lap times! And free of the restraints that the illness of dementia imprisoned him with.

The funeral, held the following Wednesday at Ranfurly Home, saw many of the NZ athletics community in attendance. Jane Jackson gave the eulogy. And guess who wrote the eulogy - Dudley in 2004!

At the end of this year's Sri Chinmoy 12 Hour race in Auckland (see report earlier in the newsletter), Hilary Boyd dedicated her race to Dudley and said that he had taught her to use her arms correctly. At the end of the prize giving for the 24 Hour race, race organizer Simahin Pierce also paid tribute to Dudley.

Dudley, you will live long in our memories.

FINANCIAL NEWS

A special thank you to Deryck Skinner who once again volunteered for the City-Bay Fun Runs in Adelaide and donated his earnings to us. Thanks Deryck – very generous indeed.

Incoming	Deryck Skinner – donation	\$ 250.00
Outgoing	Nil	-
Balance		\$1157.86

UNTIL OUR NEXT NEWSLETTER

Another newsletter done and lots more fantastic ultra walking to discuss and report. With summer less than a month away in Australia, the weather is fantastic and there is no excuse for not dusting off the shoes and enjoying the great outdoors in the most natural way possible – walking!

Yours in Centurion walking

Tim Erickson (C 13), Secretary, Australian Centurion Walkers Inc., 1 Avoca Cres, Pascoe Vale, Victoria, 3044