

# CENTURION FOOTNOTES

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## DATES...DATES...DATES

The number of ultra distance events in Australia is growing each year and 2011 provides many opportunities for both walkers and runners. The best source of information remains the Australian Ultra Runners Assn (AURA) website – check out <http://www.aura.asn.au/events.html>. Here is a selection of local and overseas walk events.

2-3 July 2011	<b>British Centurions 24H Walk Qualifier</b>	Lingfield Race Course, Surrey
16 July 2011	6/12/24 Hour race (2.2km loop at Adelaide University)	Adelaide, South Australia
29-31 July 2011	Australian 48 Hour Championship (and Qld 24 Hour champ)	Caboolture, QLD
20 August 2011	24 Heures de Graide	Graide, BEL
3-4 Sept	24 Heures de Saint Thibault des Vignes	St. Thibault des V. , FRA
17-18 Sept 2011	28 Heures de Roubaix	Roubaix, FRA
1-2 Oct 2011	24 Heures de Vallorbe	Vallorbe, SUI
15-16 Oct	24 horas de Merignac	Merignac, FRA
30 Oct 2011	French 100km Championship	Etampes s/Marne, FRA
12 Feb 2012	8 Heures de Charly sur Marne	Charly sue Marne, FRA
25-26 Feb 2012	24 Heures de Bourges – French Championship	Bourges, FRA
31 Mar - 1 Apr 2011	24 Heures de Chateau-Thierry	Chateau-Thierry, FRA
28-29 Apr 2012	24 Heures de Monthey	Monthey, SUI
12-13 May 2012	24 Heures de Dijon	Dijon, FRA

And talking of AURA, the quarterly newsletter is now stored online. If you are not a member, it is well worth a read as it is indeed an impressive magazine. Check out <http://www.aura.asn.au/ultramag.html>

Next weekend sees the **British Centurions annual 24 Hour Walk** qualifying event and it's going to be a beauty. Starting at 2PM on Saturday 2 July, it will be held over a 1.907km lap in Lingfield Park Racecourse in Surrey. The event includes the Surrey Walking Club Centenary 100 Mile Championship as well as the RWA National 100 Miles Championship. The entry list stands at 84 and includes Sandra and Richard Brown, Mark Wall, Sue Clements, Serena Queeney (who walked at Coburg in April), Rudy Schoors, Caroline Mestdagh and Herbert Neubacher, We wish the very best of luck to all the walkers!

## NEWS ON OUR MEMBERS

A number of our Australian centurion members participated in the annual Lake Burley Griffin racewalking carnival in Canberra earlier this month. Most chose the hilly 20 Mile walk around the lake and all finished with good times. For **Robin Whyte (C 29)**, it was his 42<sup>nd</sup> finish in this annual event and for **Peter Bennett (C 24)**, it was his 18<sup>th</sup>. It was the first time that **Michelle Thompson (C 58)** and **Karyn O'Neill (C 18)** have tackled the legendary course and I am sure that they learnt a lot from this exercise. **Terry O'Neill (C 45)** is recovering from a knee operation so he contented himself with an easy stroll over the shorter 10 mile distance. Up the front of the field, our elite racewalkers were leading the way, my son **Chris Erickson** amongst them. Chris finished 4<sup>th</sup> in the slightly faster time of 2:24:37.

### 20 Mile Walk Men

12	Peter Bennett	3:06:24
14	Robin Whyte	3:33:33

### 20 Mile Walk Women

2	Michelle Thompson	3:29:14
4	Karyn O'Neill	4:00:21

### 10 Mile Fitness Walk

1	Terry O'Neill	1:45:21
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I didn't catch everyone but I did get some photos as shown below.



**Michelle Thompson, Robin Whyte, Peter Bennett and Chris Erickson in the LBG Carnival 20 Mile**



**Post event - centurions Terry O'Neill, Tim Erickson, Peter Bennett, Clarrie Jack, Karyn O'Neill and Michelle Thompson**

No sooner had Peter Bennett finished his Canberra walk than he was back home and packing for a trip to France to compete in the **43<sup>rd</sup> annual Rouen International 24 Hour Walk Classic**. This was his fifth outing in this prestigious event which is held in the Espace Jacques Anquetil sporting complex on the Ile Lacroix, a small island on the Seine in Rouen. In 2006, he completed 176.175 km for 4<sup>th</sup> place. In 2008, he returned and won with a huge distance of 214.65 km. In 2009, he won again with 213.885 km. In 2010, he returned to take second place behind Russian ultra walking legend Aleksei Rodionov with a PB distance of 216.240 km.

After recovering from the race, Peter will travel to the north of France and will be cheering on our Australian representative walkers at the World Youth Championships in Lille. Three of the four walkers are from the racewalking club of which he is President.

I haven't been able to find any results online but I did find a one liner in the news archives of the Paris Normandie newspaper which had the heading '**Bennett as expected**' and said that he had **won with over 200km**. I await further news!

The French newspaper website published the following photo of Peter in action in Rouen



Peter Bennett wins in Rouen

[http://www.paris-normandie.fr/article/autres-sports/bennett-comme-prevu&usg=ALkJrhjYHE0WHe6gCr4q\\_SA2YKqJOQdbeA](http://www.paris-normandie.fr/article/autres-sports/bennett-comme-prevu&usg=ALkJrhjYHE0WHe6gCr4q_SA2YKqJOQdbeA)

**FINAL ROUNDUP FROM THE 2011 AUSTRALIAN CENTURIONS EVENT**

Some final bits and pieces from our own Australian Centurion qualifying event in April. Firstly, we have now confirmed the times for the Australian 100km championships which were as follows

**AUSTRALIAN 100 KM WALK CHAMPIONSHIP FOR MEN**

- |    |                           |      |          |
|----|---------------------------|------|----------|
| 1. | WALL, Mark                | ENG  | 13:55:55 |
| 2. | Van den BOOGAARD, Martijn | HOLL | 14:02:33 |
| 3. | JORDAN, Steve             | VIC  | 14:21:24 |

**AUSTRALIAN 100 KM WALK CHAMPIONSHIP FOR WOMEN**

- |    |                    |     |          |
|----|--------------------|-----|----------|
| 1. | THOMPSON, Michelle | VIC | 12:43:23 |
| 2. | O'NEILL, Karyn     | VIC | 14:13:53 |
| 3. | QUEENEY, Serena    | ENG | 14:50:46 |

The honour board has been updated - it is great to see it nearly full.



I can now confirm the full list of new Australian records which read as follows

- |                   |               |            |
|-------------------|---------------|------------|
| Michelle Thompson | W40 50 Miles  | 9:58:23    |
|                   | W40 12 Hours  | 94.727 km  |
|                   | W40 100km     | 12:43:23   |
|                   | W40 100 Miles | 22:03:27   |
|                   | W40 24 Hours  | 172.593 km |
| Karyn O'Neill     | W50 24 Hours  | 162.092 km |



And finally, our Melbourne based members met for dinner in late May to welcome Michelle to our ranks.



**Centurions all: Clarrie Jack, Karyn O'Neill, Terry O'Neill, Michelle Thompson, Ken Walters, Tim Erickson, Stan Miskin and Stuart Cooper**

#### LATEST SPANISH ULTRA WALKING NEWSLETTERS

Bernardo José Mora has been busy producing more Spanish Ultra Walking newsletters. Two more issues have come out since our last newsletter and they are great reading once you fire up an online translator and translate from Spanish to English. They can be easily accessed and downloaded from website <http://www.ultrawalking.es/>. Here are the links for the latest 2 newsletters.

May 2011 -> <http://www.ultrawalking.es/2011/UWE6.pdf>

June 2011 -> <http://www.ultrawalking.es/2011/UWE7.pdf>

#### BRITISH CENTURIONS CENTENARY DINNER, HOUSE OF COMMONS, LONDON, 14 MAY 2011

The British Centurions Centenary Dinner at the House of Commons in London was a great success. To quote from the official report on their website (see [http://www.centurions1911.org.uk/centenary\\_dinner\\_report.html](http://www.centurions1911.org.uk/centenary_dinner_report.html))

The Centurions held their 60<sup>th</sup> Anniversary Dinner at the House of Commons in 1971; the 95<sup>th</sup> Re-union dinner was held at the RAF Club in London and attracted a total of 65 Centurions and guests. The Centenary Celebratory Dinner in 2011 attracted 164 Centurions and guests. What an amazing evening it was!

Our host and sponsor at the House of Commons was Bob Russell MP - those who have competed at a 100 mile event in Colchester will know the name as he is the MP for Colchester and has started at least three of our races there. "Started" means he told everyone to GO! Cliffe Royle, C148, and as our "youngest" Centurion gave the Loyal Toast; Carl Lawton, our President applauded all our guests and Frans Leijtens, Assistant Secretary C.V.N Netherlands gave a most eloquent toast to The Society - as it was designated way back in 1911. Read Frans' speech.

We have had many message from Centurions telling us how much they enjoyed the evening and indeed many messages offering congratulations and best wishes before the dinner. What emerged from the evening is just how much everyone thought about "The Centurions" - it was very special... it generated a huge sense of achievement and a sense of belonging to a very special band of people - who are indeed committed to taking forward the message of what it means to be a part of the Brotherhood.

And indeed the Brotherhood extends beyond the shores of the United Kingdom... testimony to the Centurions who came from Canada, Denmark, Belgium, the Netherlands, Germany, Ireland, Scotland, the Isle of Wight and the Ise of Man and from all parts of England and Wales to celebrate the Centenary.

And a special thank you to **Rudy Schoors (C 55)** and **Caroline Mestdagh (C 56)** who sent me a selection of great photos. Here are a couple



**A gathering of Australian centurions - Sue Clements (C 35), Sandra Brown (C 36), Caroline Mestdagh (C 56), Mark Wall (C 59), Herbert Neubacher (C 37), Jill Green (C 38) and Rudy Schoors (C 55)**



**Rudy and Caroline with ultra distance legends Richard and Sandra Brown**



**Enjoying dinner in the historic House of Lords**

**FANS 24 HOUR – AMERICAN CENTURION QUALIFIER, MINNEAPOLIS, USA, 4-5 JUNE 2011**

The annual American Centurions qualifying event was held earlier this month in Minneapolis, in conjunction with the FANS 12 Hour and 24 Hour Championships. The walk categories saw good competitor numbers but alas, no one managed to get to the elusive 100 mile mark. The best of the walkers was Kathy Winslow who completed 80.77 miles (129 km). Full results at <http://www.fans24hour.org/>

**24 Hour Walk**

1.	Kathy Winslow	80.77 miles
2.	Ray Sharp	77.85 miles
3.	Marsha White	76.72 miles
4.	Maryann Ramirez	66.49 miles
5.	Melody Hughes	64.94 miles
6.	Ollie Nanyes	54.38 miles
7.	Barbara Bengtson	52.51 miles
8.	Kendra Martin	51.59 miles
9.	Keith Hardy	50.46 miles
10.	Barb Curnow	50.09 miles
11.	Haley Bengtson	45.24 miles
12.	Jordan Jarandson	39.48 miles

**12 Hour Walk**

1.	Kathleen O'Connor	45.82 miles
2.	John O'Connor	45.82 miles
3.	Phil Aaron	41.77 miles
4.	Annette LeDuc	39.23 miles
5.	Ken Jarandson	35.93 miles
6.	Kayla Jarandson	35.93 miles
7.	Brendan Kelly	28.29 miles
8.	David Rubin	23.45 miles
9.	Kevin Jarandson	22.52 miles
10.	Beth Jarandson	14.26 miles

**CONTINENTAL CENTURIONS 24 HOUR WALK QUALIFIER, WEERT, HOLLAND, 4-5 JUNE 2011**

The annual Continental Centurion qualifying event in Weert in early June saw unseasonably hot weather and all performances were effected. This meant only 5 finishers achieved the 100 mile mark and there was only one new Centurion, namely Jantinus Meints (C 388).

**24 Hour Walk**

1.	M1	Boudewijn Blom-Hertbeek	171.121 km	23:50:41	7.176 km/hr	
2.	M2	Ludo Scharlaeckens	164.826	24:04:22	6.847	
3.	M3	Jantinus Meints	162.880	23:38:11	6.891	<b>C388</b>
4.	W1	Marie Paule Vandenebee	160.934	22:43:10	7.084	
5.		Frans Derijcke	160.934	22:43:10	7.084	
6.		Willy Vermeulen	142.049	21:13:37	6.692	
7.	W2	Hanny Klumpkens	131.405	23:51:12	5.509	
8.		Marcel Dekker	129.002	24:04:25	5.359	
9.	W3	Marry Heuvelman-Goudriaan	117.412	23:42:24	4.953	
10.		Jan Asselberghs	116.869	18:51:00	6.200	
11.		Jurgen Mol	112.520	23:47:30	4.729	
12.		Wim van Cappelle	110.574	16:05:00	6.875	
13.		Hans Pranger	110.574	17:13:00	6.422	
14.		Hans Raaijmakers	110.574	22:45:51	4.857	
15.		John Sijahailatua	110.574	22:30:40	4.912	
16.		Ed Voogt	110.574	15:21:00	7.204	
17.		Peter van den Brink	110.574	18:44:00	5.903	
18.		Gerrit Arfman	110.574	19:57:42	5.539	
19.		Wilko van Nieuwenhuijzen	110.574	18:50:00	5.871	
20.		Antoine Hunting	91.689	13:29:00	6.800	
21.		Dirk Donders	67.877	11:20:00	5.989	
22.		Con Bollmann	47.624	06:40:00	7.144	
23.		Filip Bonnyns	47.624	06:37:00	7.198	
24.		Eddy Goeman	47.624	05:55:00	8.049	
25.		Frank van der Gulik	47.624	06:09:00	7.744	
26.		Alois Bschor	41.329	04:55:00	8.406	
27.		Wil Stijnen	35.034	05:42:00	6.146	

**100 Mile Performances**

1.	M1	Boudewijn Blom-Hertbeek	100 Miles	22:15:09	7.232 km/hr
2.	W1	Marie Paule Vandenebee	100 Miles	22:43:10	7.084
3.	M2	Frans Derijcke	100 Miles	22:43:10	7.084
4.	M3	Jantinus Meints	100 Miles	23:19:22	6.900

5.	Ludo Scharlaeckens	100 Miles	23:32:49	6.835
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### 50 Mile Championship

The field in the 50 Mile event was a large one and 40 finished the event. 19 new Kennedywalker badges (50 Miles in less than 12 Hours) were awarded as shown below.

1.	M1	Wil Boudewijns	10:12:24	7.884 km.hr	KV 360
2.	M2	Frans van den Berg	10:29:52	7.665	
3.	M3	Ronald Cuijlits	10:48:39	7.443	
4.		Martien van Achterberg	10:50:14	7.425	
5.		Dennis van Reeden	10:54:18	7.379	KV 361
6.		Cees Versteeg	10:54:21	7.378	KV 362
7.		Rob Wiche	10:57:50	7.339	KV 363
8.		Rinus Meijers	11:02:12	7.291	KV 364
9.		Piet van der Kroft	11:02:12	7.291	
10.		Jos van Gorp	11:07:35	7.232	KV 365
11.		Richard Kok	11:16:33	7.136	KV 366
12.		James Philip Millard	11:17:31	7.126	KV 367
13.		Arie Boertjes	11:27:14	7.025	
14.		Dwight de Kluijver	11:29:44	7.000	KV 368
15.		Henk Vink	11:29:44	7.000	
16.		Ton Telkamp	11:30:47	6.989	KV 369
17.		Ap van Gelderen	11:30:47	6.989	KV 370
18.		Rob van Stuivenberg	11:34:50	6.948	KV 371
19.		M.Jochoms	11:34:50	6.948	KV 372
20.		J.M.J.Helm	11:37:40	6.920	KV 373
21.		Bertus van Ginkel	11:42:12	6.876	KV 374
22.		René Wakkee	11:42:29	6.873	KV 375
23.		Ludo van de Wijngaert	11:45:47	6.841	KV 376
24.		Ton Seetsen	11:48:32	6.814	KV 377
25.		Ton de Jong	11:48:33	6.814	
26.		Ernst Westerhoff	11:49:20	6.806	KV 378
27.		Jan Dinnissen	12:18:42	6.536	
28.		Marleen Ramakers	12:23:25	6.494	
29.		Wil Ubben	12:51:40	6.257	
30.		Harrie Wijtsema	13:15:00	6.073	
31.		Harrie Loonen	13:29:50	5.962	
32.		Pieter Hendriks-Franssen	13:32:56	5.939	
33.		Nico van Hassel	13:42:23	5.871	
34.		Willy Janssen	13:46:56	5.838	
35.		Sjaak Ververgaert	14:04:08	5.719	
36.		Gerard Meeuws	14:43:38	5.464	
37.		Pieter Boots	14:56:42	5.384	
38.		Rini Welten	14:56:42	5.384	
39.		Kees Relou	15:22:16	5.235	
40.		Henk Bartelds	15:50:14	5.081	

100km and 50km events were also scheduled. The finishers in each of these events are shown.

### 100km Championship

1.	M1	Ton van Andel	100.000 km	12:30:06	7.999 km/hr
2.	M2	Rein Pistorius	100.000 km	12:57:50	7.714
3.	M3	Bernard Jacob	100.000 km	13:29:26	7.413

### 50km Championship

1.	M1	Ad Leermakers	50.000 km	07:10:54	6.962 km/hr
2.	W1	Sandra Irene de Graaff	50.000 km	08:40:41	5.762
3.	M2	Frans Simons	50.000 km	09:32:00	5.245
4.	W2	Lola Simons	50.000 km	09:32:00	5.245
5.	W3	Stephany Jansen	50.000 km	10:23:00	4.815

**FRENCH ULTRA FESTIVAL, ANTIBES, FRANCE, 5-11 JUNE 2011**

The annual Antibes 6 Day Ultra Distance Festival has been completed for 2011 and once again we saw great times by the walkers. In the men's walk event, victory went to Frenchman Dominique Naumowicz (665.225km) ahead of Spain's Bernardo José Mora (641.773km) and fellow Frenchman Philippe Emoniére (581.198 km). Alain Grassi, the defending champion who won in 2010 with 701.892km, was forced to withdraw from the competition after the second day.

In the women's walk event, Nicoletta Mizera set a new world best with her winning total of 616.025 km. Second place went to Germany's Martina Hausmann with 607.724 km while third place on the podium went to Josiane Pannier who covered 556.575 km. The first three walkers all surpassed the Antibes championship record of 473.972km, set by Pannier last year.

Conditions were made a lot harder when torrential rain early in the race left large puddles along the dirt track. Check out [http://www.dailymotion.com/video/xj9qh9\\_antibes-2011-volvio-la-roja\\_sport](http://www.dailymotion.com/video/xj9qh9_antibes-2011-volvio-la-roja_sport) to see what I mean.

**6 Day Walk Men**

1.	NAUMOWICZ, Dominique	FRA	665,225 km
2.	JOSE-MORA, Bernardo	ESP	641,773 km
3.	EMONIERE, Philippe	FRA	581,198 km
4.	SVENSSON, Christer	SWE	531,976 km
5.	LEBRUN, Thierry	FRA	522,751 km
6.	PRUCKNER, Jaroslav	CZE	502,250 km
7.	LESCURE, Frédéric	FRA	446,898 km
8.	DALPHIN, Daniel	FRA	414,119 km
9.	SEGUI, Santiago	ESP	376,176 km
10.	LHERITIER, Michel	FRA	361,826 km
11.	BOULONNE, Frédéric	FRA	330,050 km
12.	GRASSI, Alain	FRA	223,371 km
13.	BURGER, Alain	FRA	178,271 km

**6 Day Walk Women**

1.	MIZERA, Nicoletta	ITA	616,025 km
2.	HAUSMANN, Martina	GER	607,724 km
3.	PANNIER, Josiane	FRA	556,575 km
4.	BLANC, Simone	FRA	424,740 km
5.	PANNIER, Magali	FRA	354,650 km
6.	AUNE, Anna	BEL	267,544 km
7.	NICLASS, Simone	SUI	262,411 km

**72 Hours Walk Men**

1.	BRUNET, Roger	SUI	319,798 km
2.	BETAÏLLE, Roger	FRA	315,698 km
3.	RIVIERE, Sylvain	FRA	271,623 km

**72 Hours Walk Women**

1.	BRUNET, Paola	SUI	290,073 km
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**48 Hours Walk Men**

1.	PAILLE, Stéphane	FRA	226,526 km
2.	BLONDE, Daniel	FRA	217,310 km
3.	RABREAU, Yves	FRA	215,251 km

**48 Hours Walk Women**

1.	CHOGNE, Evelyne	FRA	171,176 km
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Bernardo José Mora, who runs website <http://www.ultrawalking.es/>, has updated his 6 Day All Time Lists to reflect these latest results. Here is an extract showing all the men above 400km and the women above 300km. Let us know if you see any major omissions.

Men	Name	Nat.	DOB	Venue	Date
741,212 km	John Dowling	IRE		Nottingham (GBR)	31-7/6-8.1983
701,892 km	Alain Grassi	FRA	21.07.59	Antibes (FRA)	06/12.06.2010



665,225 km	Dominique Naumowicz	FRA	28.03.63	Antibes (FRA)	05/11.06.2011
641,773 km	Bernardo José Mora	ESP	10.08.63	Antibes (FRA)	05/11.06.2011
622,000 km	Gerald Manderson	NZE	11.11.43	Colac (AUS)	15/20.11.1999
581,198 km	Philippe Emoniére	FRA	22.07.61	Antibes (FRA)	05/11.06.2011
555,555 km	Stéphane Pallé	FRA	1964	Antibes (FRA)	06/12.06.2010
541,312 km	Patrick Lailler	FRA	1950	Antibes (FRA)	06/12.06.2010
540,000 km	Peter Waddell	AUS	25.01.31	Colac (AUS)	16/22.11.1997
532,336 km	Bernabé Rodríguez	ESP	25.02.68	Antibes (FRA)	07/13.06.2009
531,976 km	Christer Svensson	SWE	15.12.69	Antibes (FRA)	05/11.06.2011
526,928 km	Jaroslav Prueckner	CZE	01.05.54	Antibes (FRA)	06/12.06.2010
522,751 km	Thierry Lebrun	FRA	11.11.80	Antibes (FRA)	05/11.06.2011
512,822 km	Jean Claude Courcy	FRA	1948	Antibes (FRA)	06/12.06.2010
495,200 km	Norman Morris	NZE	1941	Colac (AUS)	15/21.11.1996
493,397 km	Zoltan Czukur	HUN	18.12.62	Antibes (FRA)	06/12.06.2010
482,539 km	Stan Misikin	AUS	31.07.25	Colac (AUS)	16/22.11.2003
476,662 km	Alain Martínez	FRA	29.01.65	Antibes (FRA)	07/13.06.2009
471,382 km	Fredéric Lescure	FRA	17.01.61	Antibes (FRA)	06/12.06.2010
414,119 km	Daniel Daplhin	FRA	10.07.56	Antibes (FRA)	05/11.06.2011
405,426 km	Michel L'Heritier	FRA	11.02.48	Antibes (FRA)	07/13.06.2009

Women	Name	Nat.	DOB	Venue	Date
616,025 km	Nicoletta Mizera	ITA	20.09.64	Antibes (FRA)	05/11.06.2011
607,724 km	Martina Hausmann	GER	13.01.60	Antibes (FRA)	05/11.06.2011
556,575 km	Josianne Pannier	FRA	24.12.50	Antibes (FRA)	05/11.06.2011
448,170 km	Deborah de Williams	AUS	Sept 1969	olac (AUS)	21/27.11.2004
424,740 km	Simone Blanc	FRA	11.11.43	Antibes (FRA)	05/11.06.2011
371,665 km	Jacqueline Delassaux	FRA	1946	Antibes (FRA)	06/12.06.2010
354,650 km	Magali Pannier-Pille	FRA	08.11.72	Antibes (FRA)	05/11.06.2011

#### SRI CHINMOY 24 HOUR TRACK CHAMPIONSHIP, BRISBANE, QUEENSLAND, 18-19 JUNE 2011

The Sri Chinmoy 24 Hour, 12 Hour and 6 Hour championships were held on the QEII track in Nathan, Brisbane, a couple of weeks ago. The weather on the Saturday was fine with a slight breeze but the clear skies meant the temperatures dropped during the night and early morning and conditions were unusually cold.

There were two walkers taking part in the 24 hour race, Alun Davies (QLD) and Steve Jordan (VIC). **John Harris (C 12)** had entered the 6 hour walk but selflessly gave up his race to help out with the shortage of lap scorers.



**Steve and Alun in action in the Sri Chinmoy event**  
[\(http://gallery.srichinmoyraces.org/australia/20110618-19SCMT\\_Brisbane24Hour/\)](http://gallery.srichinmoyraces.org/australia/20110618-19SCMT_Brisbane24Hour/)

Alun, a local ultra runner, looked comfortable as he covered 44km in the first six hours with Steve not far behind on 43km. Both walkers made it to 12 hours still in control with Alun on 86.6km and Steve on 80.8km. The second half was

a trial for both walkers as they battled injury and fatigue. Alun was unable to walk the last few hours due to a severe hamstring injury but both walkers put in credible performances and both look capable of achieving Centurion status in the future.

#### Sri Chinmoy 24 Hour Queensland Track Championship

1	Trevor Allen	Run	200.405 km
2	Mike Canty	Run	193.568 km
3	Sharon Scholz	Run	163.156 km
4	Steven Houldsworth	Run	159.744 km
5	<b>Steve Jordan</b>	<b>Walk</b>	<b>149.765km</b> (PB by 11km)
7	<b>Alun Davies</b>	<b>Walk</b>	<b>136.435km</b>

#### PARIS COLMAR CLASSIC, FRANCE, 22-25 JUNE 2011

And now onto the race report for the toughest annual event on the international walking calendar, the famous **Paris-Colmar Classic**, which was held from June 22-25. It is an annual race of 440 km for men and 300 km for women but not just anyone can enter. Participants are invited to participate based on the results of a series of selection races over 24 and 28 hours. This is the Tour de France of race walking. During four days and three nights, they traverse the French countryside, encouraged on by their crews and by the many supporters who come especially for the occasion. The towns and villages on the race route get right behind the race with banners and cheering crowds as the walkers pass through. The competition starts at Neuilly-sur-Marne in outer Paris on Wednesday evening and finishes on Saturday afternoon in the city of Colmar, near the German border. In fact, it used to be even longer (well over 500km) and the winning time is usually well under 3 days! This year was no exception.

#### Men: 439.3km, Paris to Colmar

This year, the men contested a Prologue and 4 Stages, with very little time to recover between each effort, total distance 439.3km ( note the doco says 5km for the Prologue but the times indicate it was more probably 3km).

Wed 22 June, 2:30PM	Prologue: Paris (5km)
Wed 22 June, 7PM	Stage 1: Neuilly-sur-Marne to Saint-Thibault de Vignes (15km)
Wed 22 June, 10PM	Stage 2: La Ferte-soux-Jouarre to Baccarat (356.5km)
Sat 25 June, 9:30AM	Stage 3: Corcieux to Colmar (62.8km)

French ultra distance legend David Regy was the first to finish Stage 1 (20km in 1:39:51) and he continued to build his lead in the long second stage. Unfortunately, not far from Baccarat, he was forced to abandon the race and was taken to hospital. This left the way open for Russian ultra specialist and defending champion Dmitriy Osipov to take the overall line honours - 439km in 56:46:11. Such is the toughness of this race that many of the walkers fail to reach the intermediate checkpoints within the designated times and are withdrawn. This year, only 6 of the original 19 starters reached Colmar.

Name	Club	Prologue Paris	Stage 1 Neuilly/Marne Saint Thibault	Stage 2 La Ferté Baccarat	Stage 3 Corcieux Colmar	Final Time	Place
OSIPOV Dmitriy	RUS Sport Club - V.I. Alexseev	00:13:29	01:28:57	48:10:56	06:52:49	<b>56:46:11</b>	1
ROUAULT Jean-Marie	FRA Omnisports Pithiviers	00:20:18	01:38:41	49:18:40	06:30:14	<b>57:47:53</b>	2
LETESIER Gilles	FRA P.L.M. Conflans Sainte-H	00:21:28	01:38:30	50:18:35	06:18:08	<b>58:36:41</b>	3
MARECHAL Pascal	FRA A.C. Château Thierry	00:18:44	01:33:18	49:57:38	07:31:08	<b>59:20:48</b>	4
BUNEL Dominique	FRA Neuilly sur Marne Athlétis	00:17:56	01:30:27	52:08:20	06:46:39	<b>60:43:22</b>	5
DUFRIEN Pascal	FRA A.M. - Saint-Thibault des	00:18:16	01:31:28	52:32:55	06:41:09	<b>61:03:48</b>	6
BIEBUYCK Pascal	BEL A.L.C. - Vieux Condé	00:16:50	01:34:51	52:15:24		<b>54:07:05</b>	DNF
REGY David	FRA E.A. - Cergy Pontoise At	00:15:08	01:24:43			<b>01:39:51</b>	DNF
BUNEL Pascal	FRA Neuilly sur Marne Athlétis	00:16:22	01:25:05			<b>01:41:27</b>	DNF
GIROD Urbain	SUI C.M. - Monthey	00:13:31	01:29:10			<b>01:42:41</b>	DNF
CZUKOR Zoltán	HUN Komló Banyasz S.K.	00:14:14	01:29:06			<b>01:43:20</b>	DNF
THIBAUX Philippe	FRA Club Athlétique Agéen	00:16:46	01:29:21			<b>01:46:07</b>	DNF
VIT Philippe	FRA A.M. - Saint-Thibault des	00:16:43	01:30:29			<b>01:47:12</b>	DNF
PELLERIN Alain	FRA Club Athlétique Agéen	00:17:07	01:30:28			<b>01:47:35</b>	DNF
FAUBERT Daniel	FRA A.M. - Saint-Thibault des	00:19:24	01:31:27			<b>01:50:51</b>	DNF
LUKIANOV Serguey	FRA TARANTUL – Saint-Peter	00:15:39	01:37:43			<b>01:53:22</b>	DNF
DIEN Daniel	FRA Neuilly sur Marne Athlétis	00:18:44	01:35:38			<b>01:54:22</b>	DNF
PETER Vincent	FRA S.A. Verdun	00:17:03	01:38:42			<b>01:55:45</b>	DNF
THEVENIN Pascal	FRA A.M. - Saint-Thibault des	00:21:28	01:45:39			<b>02:07:07</b>	DNF

## Women: 297.7km, Paris to Colmar

The timetable for the women read a little differently - a shorter distance overall (297.7km) and a break between stages 1 and 2 (note the doco says 5km for the Prologue but the times indicate it was more probably 3km).

Wed 22 June, 2:30PM	Prologue: Paris (5km)
Wed 22 June, 7PM	Stage 1: Neuilly-sur-Marne to Saint-Thibault de Vignes (22km)
Thurs 22 June, 8PM	Stage 2: Vitry-le-Francois to Baccarat (208.9km)
Sat 25 June, 11AM	Stage 3: Corcieux to Colmar (62.8km)

This year saw a new winner in Dominique Alvernhe of France who completed the 297.7km in 38:43:50, over 2 hours ahead of 2003 winner Irina Poutintseva of Russia. Alvernhe lead the whole way so was a deserving winner. Like with the men, the race took its toll with only 4 of the 10 starters making it all the way to Colmar.

<i>Name</i>	<i>Club</i>	<i>Prologue Paris</i>	<i>Stage 1 Neuilly/Marne Saint Thibault</i>	<i>Stage 2 Vitry Baccarat</i>	<i>Stage 3 Corcieux Colmar</i>	<i>Final Time</i>	<i>Place</i>
ALVERNHE Dominique	FRA Montpellier Athlétisme	00:16:36	02:02:40	28:03:30	08:21:04	<b>38:43:50</b>	1
POUTINTSEVA Irina	RUS Individuelle - Saint Peters	00:16:42	02:07:53	30:14:30	08:21:23	<b>41:00:28</b>	2
LABYLLE Maggy	FRA A.C.Bouillante	00:20:08	02:09:14	30:25:41	08:28:36	<b>41:23:39</b>	3
VARIN Sylviane	FRA F.F.A. Pass'Running	00:19:05	02:09:13	32:26:03	09:00:07	<b>43:54:28</b>	4
ANXIONNAT Claudine	FRA Athletic Vosges Entente	00:18:40	02:10:09	31:22:08		<b>33:50:57</b>	DNF
PEREVALO Iryna	UKR Neuilly sur Marne Athlétis	00:20:18	02:25:27	32:38:46		<b>35:24:31</b>	DNF
BORISOVA Olga	RUS TARANTUL - Saint Peter	00:16:59	02:04:16	34:20:43		<b>36:41:58</b>	DNF
BERTHAULT-KORZHYK An	FRA Neuilly-sur-Marne Athlétis	00:20:03	02:19:46	35:04:54		<b>37:44:43</b>	DNF
QUINQUETON Bernadette	FRA A.M. - Saint-Thibault des	00:21:29	02:22:36	35:41:50		<b>38:25:55</b>	DNF
MIROSHNICHENKO Véra	RUS Individuelle - Saint Peters	<b>00:19:49</b>	<b>02:19:15</b>			<b>02:39:04</b>	DNF

## PARISH WALK, ISLE OF MAN, UK, 25-26 JUNE 2011

The hugely popular Parish Walk was held last weekend on the Isle of Man. This event offers a variety of distances but the classic challenge covers all 17 parish churches around the Island - the aim is to complete the hilly 85 mile (135 km) route within 24 hours. The walk numbers are astounding - this year saw a record entry of 1756 walkers spread across the various categories. Check out [http://www.youtube.com/watch?v=uNGtDtL\\_Xw](http://www.youtube.com/watch?v=uNGtDtL_Xw) to see the start which just seems to go on forever! Then check out the fantastic Parish Walk website at <http://www.parishwalk.com/> to see the full results for this year as well as much historical information.

Sean Hand set the Parish Walk record of 14:47:36 in 2006 and Jock Waddington's winning time of 15:01:48 was not too far outside that amazing time and ranks him as number 2 overall. A total of 159 walkers completed the full 85 miles within the requisite 24 hours. The first lady was Maureen Moffatt with a time of 18:19:21.

Find below details of the 55 finishers who bettered 20 hours (extracted from Murray Lambden's fine analysis on the parishwalk website). "Rank" is position in list of 1,692 finishers (in time order) since 1960; "debut" is the time for a first time entrant; "first" is the time for a first time finisher; "improve" is the improvement compared to a previous best time (blank if slower than best time).

<b>Position</b>	<b>Num</b>	<b>Name</b>	<b>Time</b>	<b>Rank</b>	<b>Finishes</b>	<b>Debut</b>	<b>First</b>	<b>Improve</b>
1	1	Jock Waddington	15:01:48	2	8			00:16:18
2	3	Vinny Lynch	15:15:44	3	3			00:41:58
3	5	Richard Gerrard	15:23:21	7	4			00:50:06
4	8	Richard Spenceley	15:47:32	17	6			01:04:02
5	2	Robbie Callister	16:13:46	35	10			
6	6	Terry Moffat	16:19:38	41	7			00:05:14
7	7	Maurice Bellando	16:59:49	81	3			
8	13	Stephen Harvey	17:02:01	84	3			00:29:58
9	23	Michael Bonney	17:16:22	107	4			00:48:14
10	9	Tony Okell	17:25:08	121	4			
11	16	Chris Cale	17:35:59	141	9			00:02:47
12	11	Michael Shipsides	17:41:40	153	5			
13	18	Jonathan Wild	17:48:28	163	3			00:09:54
14	17	Dick Callin	17:51:42	171	2			
14	20	Julian Thomas	17:51:42	172	11			

16	84	Les Webb	18:10:04	211	3		00:48:56
17	81	David Walker	18:13:45	220	2		00:40:44
18	19	Maureen Moffatt (F)	18:19:21	232	6		
18	7389	Shaun Dean	18:19:21	231	1	18:19:21	
20	34	Jared Smith	18:28:55	252	3		01:25:15
21	945	Brian Wade	18:33:16	266	1	18:33:16	
22	44	Jane Foster (F)	18:36:24	270	2		02:15:26
23	37	Noel Ash	18:38:32	277	2		01:39:44
24	129	Ian Kelly	18:40:21	282	2		02:30:22
24	76	Samantha Draper (F)	18:40:21	283	3		00:03:24
26	333	Ben Coates	18:47:55	296	1	18:47:55	
27	817	Brian Kelly	18:49:40	304	1	18:49:40	
28	102	Carl Senogles	18:51:35	313	2		01:24:55
29	59	Samuel Fletcher	18:53:39	322	2		03:12:01
30	77	Marie Gilbertson (F)	18:54:22	326	7		00:13:58
31	30	Adam Russell	18:55:21	330	4		00:35:49
32	497	Andy Martineau	18:56:11	333	1	18:56:11	
33	21	Gillian Cunningham (F)	19:03:01	355	3		00:23:10
34	82	Anthony Atkinson	19:12:22	378	6		
35	85	Jane Ryder (F)	19:19:57	396	2		
36	27	John C Ryder	19:19:57	397	5		
37	275	James Bassett	19:26:05	422	1	19:26:05	
38	74	Dave Taylor	19:26:27	424	3		
38	75	Shirley Gage (F)	19:26:27	425	4		
40	770	Stuart Gibson	19:27:35	430	1	19:27:35	
41	87	Malcolm Newton	19:29:40	436	6		
42	151	Chris Moore	19:30:16	438	3		02:26:44
43	113	Kellie Haworth (F)	19:30:35	440	2		01:05:06
44	33	Perry Downward	19:37:47	462	3		00:08:37
45	94	John Callow	19:39:01	468	6		00:03:40
46	449	Stewart Jones	19:40:24	474	1	19:40:24	
47	36	Pauline Ringham (F)	19:40:40	475	4		00:36:13
48	450	Mike Kaighin	19:43:35	496	1	19:43:35	
49	136	Suzannah Corkill (F)	19:46:02	504	2		01:54:56
50	317	Paul Callow	19:47:54	512	1	19:47:54	
51	72	Gordon Corran	19:48:36	514	8		
52	67	Angela Martin (F)	19:50:20	524	3		00:48:15
52	93	Chris Murphy	19:50:20	523	4		
52	117	Simon Cox	19:50:20	522	9		
55	1643	Anthea Varey (F)	19:54:36	532	1	19:54:36	

**24 HOURS HAUTE SAINTONGE, MONTGUYON, FRANCE, 25-26 JUNE 2011**

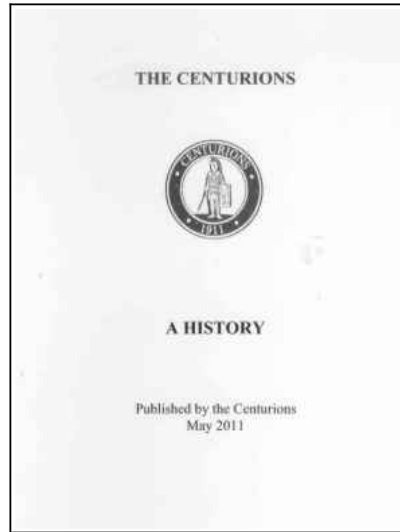
This is the 11<sup>th</sup> year that this 24 Hour French ultra has been held and the circuit of around 2200m is lit at night and traverses a medieval site. It certainly sounds a good event from what I can read on the web. This year, 120 individuals and 31 teams participated and the event was won by French walker Alain Bognard with 155.619 km. Full results can be sourced from <http://asso.lempreinte.free.fr/uploads/images/24heures2011/11%20classements/indmas.PDF>. The first 10 places are reproduced here.

1.	BOUGNAUD Alain	1947	M	155.619	23:59:35
2.	BERT Dominique	1960	M	146.174	23:46:54
3.	WALLAEYS Jean	1980	M	142.585	23:49:01
4.	MONNIER Jean-François	1969	M	140.196	24:00:30
5.	SADET François	1960	M	138.407	23:56:18
6.	PINEAU Laurent	1968	M	137.818	23:41:53
7.	KIEFFER Pascal	1961	M	133.529	24:00:30
8.	PIOLET Edwige	1963	F	126.073	23:50:23
9.	FABRE Françoise	1966	F	125.873	23:42:34
10.	SOULARD Eliane	1957	F	124.773	23:59:48



**BRITISH CENTURION HANDBOOKS AVAILABLE**

**Jill Green (C 38)** kindly brought across some copies of the latest **British Centurions Handbook** and I have 2 left which are now for sale, first come first served, for **A\$15** each. The book, of 100 pages, contains a comprehensive history of the Centurions as well as the results of all their Centurion qualifying events from 1877 (with C 1) to 2010 (with C1079-1082).



**FINANCIAL NEWS**

Thanks to the many club members who continue to support us financially. Our main costs for the year have now been completed and we are nicely placed to prepare to contribute towards our 2012 centurion qualifying event

Incoming	Ken Walters - donation	50.00
Outgoing	Postage and Photocopying	23.05
	Annual Racewalking Australia affiliation fee	68.00
	Honour Board signwriting update	88.00
	Engraving of Perpetual Trophies	<u>30.00</u>
Balance		\$882.89

**UNTIL OUR NEXT NEWSLETTER**

Yep, another bumper issue which I really enjoyed putting together. It is nice to see lots of activity on the local Australian front and on the international front. I even went for a 17km walk last night! How's that for enthusiasm.

Yours in Centurion walking

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