

CENTURION FOOTNOTES

DECEMBER 2009 – VOL 16 NUMBER 8

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DATES...DATES...DATES

12-13 Dec 2009	2 nd Putrajaya International 12 Hour Walk 2009 See http://racewalkermalaysia.synthasite.com	Putrajaya, Malaysia
9-10 Jan 2010	Narrabeen All Nighter (100km and 12 Hour events)	Narrabeen, NSW
23-24 Jan 2010	Launceston 6 Hour and 12 Hour track races	Launceston, Tasmania
6-7 Feb 2010	Caboolture Dawn to Dusk 6 and 12 Hour races Canberra 12 Hour Run / Walk	Caboolture, QLD Canberra, ACT
6-7 March 2010	24 Hours Bourges (French C'ship and 2010 Paris - Colmar qualifier)	Bourges, France
7 March 2010	Coburg 6 Hour Walk/Run Championships	Coburg, Victoria
27-28 March 2010	24 Hours de Chateau Thierry (2010 Paris - Colmar qualifier)	Chateau Thierry, France
17-18 April 2010	2010 Australian Centurions 24 Hour Walk	Coburg, Victoria
24-25 April 2010	24 heures de Dijon (2010 Paris - Colmar qualifier)	Dijon, France
6-12 June 2010	6 Day Race, Antibes	Antibes, France
27-28 June 2010	Sri Chinmoy Australian 24 Hour Championship	Brisbane, QLD
31 July – 1 Aug 2010	Australian 48 Hour Champs and Qld 24H Champs	Caboolture, QLD
21-22 Aug 2010	2010 British Centurions Qualifier	Isle of Man

2010 is full of events, both local and overseas and the above listing is just the tip of the iceberg. For a full review of all Australian based ultra runs and walks, check out the AURA calendar at http://www.aura.asn.au/events_2010.html.

Phil Essam, a keensupporter of all things ultra and webmaster of some of our best ultra website resources, has advertised an informal ultra event which will take place in Canberra on 6-7 February 2010. It sounds a great concept and I am sure it will draw plenty of entrants. Here are the details as per Phil's announcement

This is not a race, but a FAT ASS event.

Open to runners and walkers of all abilities. Come and do the whole 12 hours or set your own goal for the night.

No entry fees.

BYO Food and drink.

When: 6/7 February 2010. (Sat night/ Sun morn)

Time: 7pm to 7am

Where: The Carillion, Canberra

Route: Measured 1km out and back along cycleway adjacent Lake Burley Griffin. Start and finish is adjacent the Carillion carpark.

If you want to be part of the unofficial results, you will do your own lap counting.

Toilets are close by and should be open.

For further information, email me on philip.essam@three.com.au

See <http://planetultramarathon.wordpress.com/2009/12/11/canberra-12-hour-fat-ass-february-2010/>

NEWS ON OUR MEMBERS

Sue Clements (C 35) was in action at the annual Sri Shinmoy Tooting Bec 24 Hour track event on 17-18 October 2009. The following race report says it all – well done Sue!

The annual Tooting 24 Hours has always been popular with the race walking fraternity, as although a running race, race walkers are made welcome. On a track, with the direction of travel changing every 6 hours, this year saw only one walker. Sue Clements got past 50 Miles in 11¼ hours and was on schedule for a good time. However the really cold night (below freezing) and a back complaint took their toll and Sue deserved credit for reaching 93 miles when 24 hours elapsed. The organisers are looking for late September in 2010, rather than mid-October in 2009. One wonders how severe cold would have affected race walkers, had they been ordered to have knees uncovered? Common sense prevailed at Tooting! Well done to Sue, who is one of our most

active walkers. Thanks to long-distance regular Dave Hoben and Centurion Paul King who popped into Tooting to offer Sue encouragement.

Sandra Brown (C 36) has been busy as usual but, just for a change, it has not been in her usual elite ultra distance field – first some bike touring and then another trip that included Poland and China. Wow .. talk about globetrotting!

Dear Tim

Many thanks for another super newsletter. Richard and I are recently back from cycling around 750kms from Santander to Santiago along the old pilgrimage route through the mountains of northern Spain. We took 12 days to reach Santaigo. It was a fantastic experience on every level. We had just what we carried in our bike panniers and were in pretty remote areas much of the time. We enjoyed enormously the fabulous scenery especially in the mountains. We also enjoyed the lovely company of the people we met - few on some days - exchanging traditional greetings of "Buen camino" with other pilgrims and "Hola!" with passers by. I had committed to learn enough Spanish to get by and it helped make the whole experience such a rich one.

By the end of the journey I had a good vocabulary for bicycle maintenance as inevitably we had a few bike problems, especially as we took the bikes across country at times over rough and ancient tracks. Life was quite simple - we ate what we could get, shared many litres of milk for a nourishing drink, washed our few clothes at night and hung them from the panniers to dry in the morning. We can't wait for the next great journey and are already planning which of the great trails to take next.

Best wishes to all

Sandra

and then

We are just back from more globe-trotting. In the last 3 weeks we have joined a group of friends for a study visit of pilgrimage sites and routes in southern Poland, mostly from a base in Cracow. This was a fascinating and inspiring experience, as you can imagine. We had just one day in London before setting off to China where Richard and I were attending a conference of universities at which he was speaking. We decided to add on a few days to enable us to visit Shanghai and Beijing - including briefly seeing the Olympic sites. We were there during severely cold weather in Beijing - fantastic weather provided you were wrapped up well! Our visit also co-incided with Obama's brief visit to China; it was lucky we had visited the Great Wall before he arrived, as the area we had visited was closed to all other visitors the day he went there.

After all these great and fascinating experiences it's now time to get down to some work again!

Peter Bennett (C 24) has also been overseas and should just be returning home as I write this. He emailed me to say

Tim,

Just want to let you know that I will be away in France from Friday night November 27th and will return home on December 12th. No walking involved this time, it is a work training seminar (some unkind people might refer to it as a junket). I arrive on the Saturday afternoon and will be picked up from the airport in Paris by the organiser of the Rouen 24 hour race. He has planned a reception dinner for that night in Rouen. The training course starts in Lille on the Monday morning so I will travel north on Sunday night.

Yes, Peter, I would also call it a junket but then that is just me showing my obvious jealousy!!!

C-561 AD LEERMAKERS HONOURED

C-389 Piet Jansens, the secretary of the Dutch Centurions recently emailed everyone to let us know some big news:

Dear Brotherhood of Centurions

From 24-31 October the Hart van Brabant walking club held a 7 day 500km jubilee walk with a group of invited walkers through Belgium, Germany and the Netherlands. At the completion of the walk, **C-561 Ad Leermakers** was received by the Mayor and officially presented with the Royal Medal and Member of Oranje Nassau the in name of the Queen of the Netherlands. This was in recognition of his many years of work for Hart van Brabant organizing such walks as "Nacht van Loon", Amsterdam-Tilburg and many others.

Ad Leermakers has completed the British Centurions 100 miler on 10 occasions including a win in the 2002 Blackpool race. He holds the Dutch time record over 100 miles in England at 17.38.27 (1988 in Leicester) and is also a Centurion in Malaysia and a winner of the Madagaskar 100 miles. He has walked the Paris - Colmar race on many occasions and is still a regular competitor every year in the Roubaix 28 Hour classic.

VICTORIAN 6 HOUR TRACK CHAMPIONSHIP, NEWBOROUGH, 12 NOVEMBER 2009

We have had only one race locally since the last newsletter, namely the Victorian 6 Hour Track Championships, run by Traralgon Harriers at the Joe Carmody Athletics Track in Newborough in eastern Victoria. Although I am yet to source a complete race report or actual results, I do know that we had 5 walkers in the mix and do know their results which are shown below.

6 Hour Walk Men

- | | |
|-------------------------|---------------------------------|
| 1. Terry O'Neill (C 18) | 50.560km |
| 2. Brian Glover | 49.000km (approx distance only) |
| 3. Steve Jordan | 42.830km |

6 Hour Walk Women

- | | |
|-------------------------|----------|
| 1. Michelle Thompson | 44.292km |
| 2. Karyn O'Neill (C 45) | 42.496km |

Well done to Terry and Karyn and a special note on Brian Glover and Michelle Thompson. Brian burst onto the ultra scene in our 1998 Centurion qualifier, walking 100.4km in 13:51:21 and finishing fresh. He regularly pops up in this 6 Hour event each year but is yet to return for a serious Centurion attempt. Michelle has been one of our top female runners of recent years but has struggled recently with a few running injuries. Perhaps this might be the start of a walking career! Time will tell.

DERYCK SKINNER RETIRES

It is my sad news to report that **Deryck Skinner (C 51)** has announced his retirement from ultras.

Hi Tim,

Just a note to let you know that I have finally decided to retire from ultra-walking. I was quite disappointed with my last 6 hour, which was well below my expectations, and I was never comfortable in the event. I am now carrying a slight injury, which is unusual for me, and this may have helped my decision.

Thanks for your help and support in the past and I hope the club continues to prosper and turn out many future Centurions.

Regards,

Deryck C51

I was not too surprised to get this email as I know that Deryck had been battling niggling injuries for a couple of years and felt that his recent performances had been below the high standard that he set for himself. But I am so grateful that I have been around to see Deryck's performances over the last few years and I have no hesitation in saying that it will be some time before we see someone who can match his quality. So time for a retrospective!

Deryck burst onto the scene in October 2004 in his first ultra at the Adelaide Sri Chinmoy 24 Hour event, rewriting the M70+ record books with new standards for 50 Miles (**11:15:30**) and 12 Hours (**85.583km**). A year later he returned to the same venue to become **Australian Centurion number 51** with a superb 100 mile time of **22:39:55**. His significant splits on that occasion were as follows

50 Km:	6.16.29
50 Miles:	10.23.05
100 Km:	13.10.44
100 Miles:	22.39.55
24 Hrs:	166.033 Km (415 laps + 33.2 mtrs)

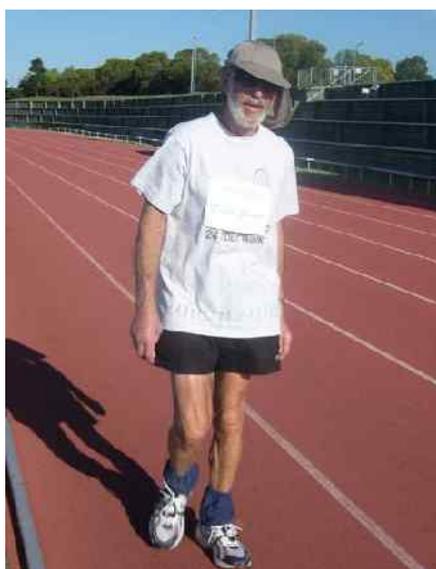
It was a real record breaking spree for Deryck, setting new Australian M70 walking records at 50 miles, 12 Hours, 100 km, 100 miles and 24 Hours and new Australian M70 running records for 100 km, 100 miles and 24 Hours (even though he was walking!). His 100 miles and 24 Hour records were probably M70 World Walking bests for track and he became the first Australian male in that age group to cover 100 miles whether running or walking. He also became the oldest ever Centurion Walker on Debut. This performance gave Australia the rare distinction of boasting both the youngest Centurion debutante (Bill Dyer – 16 years) and the oldest Centurion debutante (Deryck at 72 years and 10 months). Deryck was born 27 November 1932. Hence he was only just short of his 73rd birthday when qualifying as a Centurion! This superb performance won him the inaugural Gordon Smith Award.



Deryck in action in Adelaide in 2005 – 22:39:55 for the 100 miles

Deryck journeyed east in April 2006 to participate in our Centurion qualifier at Coburg and was one of 4 walkers to achieve the centurion distance (the others being Jens Borello, Pat Fisher and Geoff Hain), stopping the clock at **23:23:43**.

Deryck was now on a roll and in August 2006 he travelled to the Gold Coast in Queensland for the Australian 48 Hour Championship. He astonished all present by coming 3rd overall with a distance of **257.877 km**. This was an Australian best ever 48 hour walking performance (previous best was 230.3 km, set by John Harris in 2002). What made it even more amazing was that Deryck covered **162.8 km** for the first 24 hours to record yet another centurion mark (100 miles in less than 24 hours). At the half way mark, he was only 3.3 km behind his current M70 Australian record for 24 hours. Deryck's 200 km and 48H marks also set Australian M70 walking and running records!



Deryck in action at the Gold Coast in August 2006

After this huge race, he commented

This was my first 48 hour event so it was a steep learning curve, and the second 24 hours was really hard going - I had hoped to walk the whole distance without taking a rest. This proved impossible and I had to take four short

breaks in the last 24 hours. As it happened, this was probably a good thing as I felt better for a while after each break and was able to put in a few (comparatively) faster laps. At the end I was able to say, for the first time, that I could not have done any better - that was quite satisfying.

As I usually do, after each ultra, I vowed never to do another one - but a few days in I find myself planning for the next one - Ultras are just about as addictive as family history research!

It was not long before Deryck's words proved true – 7 weeks later and he was back in action in the annual Sri Chinmoy 24 Hour event in Adelaide. Unfortunately it always depends on the weather and this particular weekend was HOT and sunny, with daytime temperatures nudging 30°C. The attrition rate was high but Deryck was not put off. In fact, he was the outstanding walker, finishing his fourth centurion qualifier within a 12 month period – **23:30:12** at just under 74 years of age. Deryck's comment - *“The heat was cruel and it was the most rugged 24 hour I have contested so far.”*



Deryck on his way to his fourth hundred in October 2006

Deryck's next event was the April 2007 Australian Centurion qualifying event at Coburg and the contrast could not have been greater, with cold weather and intermittent squalls of rain, some quite heavy. He was content for an easy stroll, completing only **89.200 km**. His body was not yet ready for another big effort.

Six weeks later he was back on the track and attempting what was undoubtedly his toughest challenge thus far. Inspired by Jack Webber's 1980 endurance walk around the Adelaide Harriers track (when Jack covered 1062.25 miles in 38 days 2 hrs 30 mins at an average of more than 27 miles per day - at the age of 66), Deryck decided to emulate the feat. He started his 1,000 mile walk on 28 May 2007 at the Adelaide Harriers track, with Geoff Peters seeing him off. He had set himself an even tougher task than Jack – he aimed to complete his 1,000 miles in about 23 days and, if he felt ok, would do another 100 miles to better Jack's performance. He commented to me in an email before he started: *“it is all uncharted territory and the weather conditions will probably play a big part.”*

How true this turned out to be. His basic plan was to start at 6AM each day and walk for 12 hours, covering as much distance as he could and hopefully averaging around 80 km per day. But on day two, the Adelaide weather turned bad and he battled gale force winds for the entire 12 hours, still covering 80 km. But his back was now gone after only 2 days and the weather did not let up. On day 4, it rained so heavily all day that the old cinders track was unable to cope and he walked the whole 12 hours in ankle deep water. He confided to me that he walked in continuous pain from day three onwards. It says a lot for his personal toughness and determination that he he soldiered on for 13 days, covering **780 km** (an average of 60.5 km per day) before he was forced to retire.

With such a gruelling endeavour behind him, we did not expect to see Deryck back in action for quite some time but in late September 2007, he toed the line yet again for the annual Sri Chinmoy 24 Hour championship in Adelaide – it was perhaps not surprising when he passed the 50 mile mark in just under 12 hours and then called it quits.

Deryck now had to take some time off to allow his body to recover physically. He was just hitting 75 years of age and had done so much in such a short timeframe. It was nearly a year before he felt ready - his next appointment was the Australian 48 Hour Championship at Caboolture in Queensland starting on 29th August 2008. The course was a 500 metre circuit with a compacted decomposed granite road surface and the race direction was reversed hourly. He and Andrew Ludwig (C 25) were never far from each other and beat all but the first 3 runners. The final results showed Andrew 4th with 240.033 km and Deryck 5th with **238.811 km**. Deryck had announced his entry into the M75 division with new Australian records for 100 miles, 200 km and 48 Hours.

Amazingly, 5 weeks later and he was back at the 2008 Sri Shinmoy 24 Hour event in Adelaide setting a whole swag of new M75 records for all categories up to 24 Hours.

I set new times/distances for all the M75 standards. However, with the exception of the 100 km, which was clear cut, all the others were a very close call. I was never going well, and it is obvious that 5 weeks between Caboolture and Adelaide was not enough. The body just did not respond, and I am probably not going to do any competitive walking for 12 months. My final distance was 143.033 km - it was very obvious early on that a qualifier was not possible and I had to go off the track for a couple of hours in the early morning on Sunday. Lorraine Billet took on the role which you usually do when things are a bit tight, and "bullied" me into finding a little bit extra when it was needed.

Now with his new M75 records in Adelaide, he had all the M70 and M75 records up to and including the 48 Hours. But it had taken a great couple of walks by Deryck to beat Stan Misikin's M75 records which were something special themselves. It is astonishing to me that we had two such outstanding walkers in such close succession. I suspect that the new records will last a long time.

50Mmiles	11:35:51
100 Km	14:49:42
6 Hours	43.852 km
12 Hours	83.229 km
24 Hours	143.033 km
100 Miles	30:04:37
200 Km	38:53:58
48 Hours	238.811 km

It was no surprise when he won the 2008 Gordon Smith Award, his second win in 4 years.

Deryck's last ultra walk was in March 2009 at the Coburg Carnival 6 Hour Walk at Coburg and, although the oldest competitor in the field at 76 years of age, he showed that he has lost none of his form with a fine **43.836km**, just 16m short of his M75 record.

Deryck, you can rest assured that your name will live forever in the Centurion annals – your career has inspired us all and your superhuman efforts are now etched in the record books.

LES 6 HEURES DE MARCHIENNES, FRANCE, 29 NOVEMBER 2009

Marchiennes, in the far north of France, was the venue for what was one of the last European ultra walks for the year. The event saw an exclusively French field with Alain Costils (58.517km) and Claudine Anxionnat (49.227 km) both clear winners.

1	Anxionnat Claudine	Resda Vosges	FRA	49,227 km	8,205 km/h
2	Clementz Bernadette	Resda Vosges	FRA	47,930 km	7,988 km/h
3	Masy Antoinetta	Resda Vosges	FRA	44,635 km	7,439 km/h
4	Douet Christiane	Neuilly sur Marne Athlétisme	FRA	42,437 km	7,073 km/h
5	Vit Martine		FRA	37,345 km	6,224 km/h
6	Lasson Marika		FRA	32,252 km	5,375 km/h
1	Costils Alain	SPN Vernon	FRA	57,517 km	9,586 km/h
2	Vit Philippe	AM St Thibault des Vignes	FRA	57,217 km	9,536 km/h
3	Dien Daniel	Neuilly sur Marne Athlétisme	FRA	56,917 km	9,486 km/h
4	Bunel Pascal	Neuilly sur Marne Athlétisme	FRA	56,617 km	9,436 km/h
5	Pellerin Alain	AM bazancourt	FRA	53,522 km	8,920 km/h
6	Maréchal Pascal	AC Château Thierry	FRA	52,822 km	8,804 km/h

7	Freschengues Bernard	Combs la Ville	FRA	52,325 km	8,721 km/h
8	Grassi Alain		FRA	51,925 km	8,654 km/h
9	Bunel Dominique		FRA	51,825 km	8,638 km/h
10	Legrand Gildan		FRA	50,127 km	8,355 km/h
11	Bovin Laurent	AM St Thibault des Vignes	FRA	49,427 km	8,238 km/h
12	Mauny Claude	Neuilly sur Marne Athlétisme	FRA	46,432 km	7,739 km/h
13	Sakesyn Olivier		FRA	46,232 km	7,705 km/h
14	De Gryse Dominique	CM Roubaix	FRA	45,635 km	7,606 km/h
15	Pichon Jean	AM St Thibault des Vignes	FRA	43,337 km	7,223 km/h
16	Spieser Jean Paul	Resda Vosges	FRA	43,037 km	7,173 km/h
17	Rivière Sylvain	SPN Vernon	FRA	42,537 km	7,090 km/h
18	Dumoulin		FRA	42,240 km	7,040 km/h
19	Kesselmark Patrick		FRA	40,442 km	6,740 km/h
20	Walleys Jean		FRA	39,042 km	6,507 km/h
21	Canivet Yves		FRA	33,950 km	5,658 km/h
22	Denys Ali		FRA	32,252 km	5,375 km/h

2nd PUTRAJAYA INTERNATIONAL 12 HOUR WALK, PUTRAJAYA, MALAYSIA, 12-13 DECEMBER 2009

Last year, after 4 schedulings at Penang, the Malaysian 12 Hour walk was changed to Putrajaya, the country's new administrative centre, just outside Kuala Lumpur. The new venue proved so successful that race organiser Mr Khoo Chong Beng is back there again for the 2009 race. I was hoping that, since the event was last weekend, the results might be available in time for this newsletter but Christmas is too close and I have decided to leave it for our January 2010 newsletter. I am sure that the results will soon be available at website <http://racewalkermalaysia.synthasite.com/>

GORDON SMITH MEMORIAL AWARD

I am pleased to announce the nominees for the **2009 Gordon Smith Memorial Award**. This annual award, named after Australian Centurion Number 1, is awarded for the **Best Australian Ultra Distance Walking Performance of the Year**. Award criteria are as follows

- It is restricted to performances done in Australia.
- It is awarded for the best SINGLE performance.
- All Australian Centurions will vote on a short list of performances, as proposed by the Executive.

Previous winners have been **Deryck Skinner (C 51)** in 2005, **Stan Miskin (C 23)** in 2006, **Terry O'Neill (C 18)** in 2007 and **Deryck Skinner (C 51)** in 2008. This year's nominations are

1. **Clarrie Jack (C 4)** who set a new M60 6 Hour record at the Coburg 6 Hour track championship on Sunday 15 March 2009, achieving a final distance of 52.504 km. For Clarrie, this was a record of some note as he only returned to ultra distance walking in 2007 after a break of some 30 years. His 2007 effort saw him win the 12 Hour walk with 88km and then in 2008, he came 2nd in the 6 Hour walk with 47km. This year, just 1 month shy of 64 years of age, he improved by a further 5km, showing that he has lost none of his competitive edge and is still a force to be reckoned with.
2. **Geoff Hain (C 49)** who secured yet another Australian Centurion badge (his fifth) with his second fastest ever 100 mile time (23:24.50) at the annual Australian Centurions qualifying event at Coburg on 17-18 April 2009. In the 5 years that Geoff has been walking, he has 9 successful hundreds and has won 5 of the 6 different Centurion badges. What marks this year's walk is that fact that he struggled early and looked unlikely to finish, battling a sore hip and limping around the track for hours on end. But come good he did and he stormed home to the most unlikely of finishes. It is fair to say that it was his own self belief that got him over the line.
3. **Peter Bennett (C 24)** who decided to enter the Australian 24 Hour Track Championship in Brisbane only a few days before and had no intentions of going the full distance as he was still in recovery mode after his Rouen 24 Hour classic win (213km) in France only 4 weeks earlier. But complete the race he did, coming 4th overall and beating all but 2 of the male runners – his final distance of 186.533 km is second only to Jim Gleeson's Australian Open record and saw him set 4 new Australian M50 walking records

M50 12 Hour record	101.120 km
M50 24 Hour record	186.533 km
M50 100 Km record	11:52:10

All our Centurion members are being separately sent ballot papers and I look forward to announcing the winner in our next newsletter. Clarrie, Geoff and Peter are all wonderful walkers and outstanding representatives for our sport and would all make worthy winners.

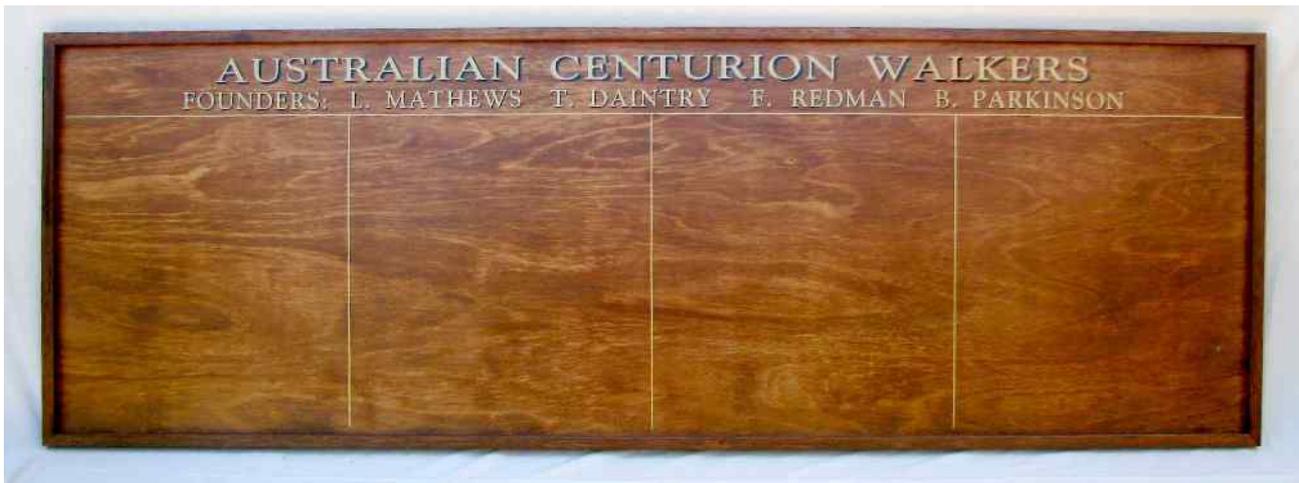


Clarrie, Geoff and Peter in action

PLANNING FOF THE FUTURE – OUR NEW CENTURION HONOUR BOARD

With only a small number of spaces left on our current Centurion honour board, I was wondering about how to proceed when I became aware of an unused honour board which Victorian Race Walking Club member Bob Gardiner had built but which had been found to be slightly too large for the designated area. Bob very graciously agreed to give the board to us for a small donation to VRWC and a figure of \$100 was agreed. With that amount duly paid, we had a blank honour board to use.

Brian Parkinson, our one surviving founder, very generously agreed to cover the cost of initial setup with gold lettering so I was able to proceed in arranging for board markup. This has now been completed and we have a new Centurion honour board to start using when our current one is full. Thanks to Brian for this very generous donation to the club which he helped set up and which he continues to support. And here you can see the new board for yourself.



NEW RESULTS WEBSITE

I have recently been working hard putting up a new Australian based racewalking results website and I have made sure that all our 2009 ultra distance walking results are there as well. Overseas readers might recognise the format which is

identical to the RacewalkUK website. That is because UK webmaster John Constantinou has kindly worked with me to set up our own Australian copy – a big thanks to John for his help. Check it out at <http://www.racewalkaustralia.com/>

You can zoom in via the 'Athletes' link and check out any of our current centurion members and supporters who have participated in any walking events this year. For instance, it will tell you that Peter Bennett has completed 21 races in 2009 (he has probably done more but that is all I have found and recorded) and that he has raced a total distance of 603 km. See http://www.racewalkaustralia.com/AthleteDetails.asp?id=7351&athlete=Peter_Bennett). You can even drill down and look at individual races or view where walkers rank in the overall Australian rankings for various distances.

Hopefully this will build up over the next few years to become an invaluable resource for both racewalking and ultra distance walking .

FROM THE ARCHIVES

I have recently been chatting via email with Adrian Hack, the grandson of T. E. Hammond, British Centurion number 10 and one of the founders of the Centurions. He had read my article on Tommy Hammond (see <http://www.vrwc.org.au/tim-archive/wo-tommy-hammond.pdf>) and was keen to chat. He has since forwarded me a number of images which I intend to incorporate into my biography and he has directed my attention to a number of internet websites that mention his grandfather. One of those links is <http://www.oldredhill.com/?goto=londonroadredhill>. This website features pictures of the old London Road and the top of the list is the following one of Tommy Hammond on his way back to London after shattering all records in the 1907 London to Brighton and return.



Brighton And Back Walk June 21st - 22nd 1907

Time: 18 hours 13 minutes 37 seconds

Distance: 104 miles

Mr T.E. Hammond passing through Redhill on the return journey after completing 90 miles.

He beat the record by over two hours.

(Photo reproduced with permission of Mr Paul Walters - <http://www.oldredhill.com>)

FINANCIAL NEWS

We finish the year in a good financial situation and well placed to tackle the costs associated with our 2010 Australian Centurion qualifying event. Brian's generous honour board donation is shown alongside donations from Rudolf Skrucany and John Smith – thanks the continuing support John and Rudolf!

Incoming	Rudolf Skrucany – donation	10.00
	John Smith – donation	50.00

	Brian Parkinson – reimbursement for new Honour Board	375.00
Outgoing	Photocopying and Postage	10.00
	New Honour Board signwriting	<u>374.00</u>
Balance		1246.77

UNTIL OUR NEXT NEWSLETTER

It has been the usual big year for us with many fine performances and lots of highlights. On a individual note, most of us have managed to get out for regular strolls and keep the walking legs moving. Our sport is a life long endeavour as we continue to challenge ourselves and maintain our healthy lifestyles long past our competitive days. To all our members and supporters, I wish a Christmas filled with peace and joy and a new year of promise and bounty.

Yours in Centurion walking

Tim Erickson (C 13)
 Secretary, Australian Centurion Walkers Inc.,
 1 Avoca Cres, Pascoe Vale, Victoria, 3044