

CENTURION FOOTNOTES

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DATES...DATES...DATES

9 May, 2009	6 Heures de Bernouville	Bernouville, FRA
16-17 May, 2009	24 Heures de Corcieux	Corcieux, FRA
23-24 May 2009	Continental Centurions 2009 Qualifying event	Weert, Netherlands
7-13 June, 2009	Antibes 6 Day Race (now includes walk division) See http://www.6jours-antibes.fr/	Antibes, FRA
17-20 June 2009	Paris Colmar Classic	FRA
27-28 June 2009	Australian 24 Hour Track Championship See http://www.srichinmoyraces.org/au/events/24hour/	St Lucia, Brisbane, QLD
11-12 July 2009	English Centurions 2009 Qualifying event	Newmarket, England
31 July – 2 Aug 2009	Australian 48 Hour Track Championship See http://www.aura.asn.au/Caboolture_6-12-24-48.html	Caboolture, QLD
5-6 Sept, 2009	24 Heures de Saint Thibault	Saint Thibault des Vignes, FRA
19-20 Sept 2009	28 Heures de Roubaix	Roubaix, FRA
18 Oct, 2009	8 Heures	Etampes, FRA

I recently received a letter from the Sri Chinmoy group about the Australian 24 Hour Track Championship which used to be held in Adelaide in August and is now to be held in Brisbane in late June. They advise that entries close on June 20th and that registration information is available on their website at <http://www.srichinmoyraces.org/au/events/24hour/>

NEWS ON OUR MEMBERS

I picked this one up from the Essex Walker newsletter. **Sue Clements (C 35)** is going to be busy on the last weekend of May when she travels to the European mainland to take part in the 4 Day 292 Km Paris to Tubize (Belgium) walk. Sue commented in the article:

Although not a race, this is very good training and aspiring Centurions may like to consider having a crack at it. The daily distances are quite long and reveille is at 02.00 am so you get to practice walking when you are cream-crackered. The daily distances are as follows:

Day 1 (May 29)	Paris Lagny to Pierrefonds	75 kms
Day 2 (May 30)	Pierrefonds to Ribemont	80 kms
Day 3 (May 31)	Ribemont to Feignies	77.7 kms
Day 4 (June 1)	Feignies to Tubize	60.5 kms

Not all graft though...helpers serve the 3 course lunch and evening meal to walkers, and the organisation even provides Belgian Beer – can't be bad!

Jill Green (C 38) is putting on her annual 24 Hour Walk Around the Island (Isle of Wight) as a special Memorial walk for her husband Dave. The date is 9th May and the acceptances include many of their friends from the British and European walking community. Amongst them will be **Herbert Neubacher (C 37)** and Marie Doke (who ran in the recent Coburg 24 Hour carnival) and her husband Graham. It is indeed a small world! **Sue Clements (C 35)** will also be helping Jill with the event and Jill will walk bits of it with the participants. Jill, I hope it is a fitting tribute to Dave.

AUSTRALIAN CENTURIONS 24 HOUR WALKS, COBURG, 18-19 APRIL 2009

The Coburg 24 Hour Carnival was held on the weekend of 18-19 April and as usual the event also doubled as our annual Australian Centurions qualifier. Overall, some 40 runners and walkers were in action in what turned out to be an absolutely fantastic event. The starter's gun went off at 10AM on Saturday morning and exactly 24 hours later, the gun was fired again to mark the end of the event. This year saw 4 walkers reach the elusive one hundred mile goal and

overall, we welcomed 3 new members to the Australian Centurions, Australia's most exclusive sporting club.

- Belgian couple **Rudy Schoors** and **Caroline Mestdagh** won their respective divisions in masterly fashion, adding Australian Centurion badges to their British and Continental Centurion badges. They both recorded 100 mile personal best times and obviously enjoyed their first track 24 hour walks. Rudy became **Australian Centurion number 55** with **22:01:45** while Caroline became **Australian Centurion number 56** with her time of **22:40:27**
- Behind them, two Queensland based Australian walkers also achieved the elusive 100 mile mark. **Geoff Hain (C 49)** who already has 5 of the 6 available Centurion badges, produced yet another Australian badge (his fifth) with a great time of **23:24:50**, after suffering early with leg problems.
- Behind him, **Ian Valentine**, a former winner of the Coburg 24 Hour run, showed that he can walk as well as run. Using an impeccable racewalking action nearly the whole way, he strolled through to a wonderful inaugural 100 mile time of **23:37:03** to become **Australian Centurion number 57**.



Rudy Schoors
C55 - 22:01:45



Caroline Mestdagh
C56 - 22:40:27



Geoff Hain
C49 - 23:24:50



Ian Valentine
C57 - 23:37:03

The walk saw 10 men and 6 women in action. Unfortunately, I had held spots for 3 Malaysian walkers who just did not turn up. This was very disappointing as it potentially meant that other walkers or runners missed out on spots.

In the men's 24 Hour walk, **Clarrie Jack (C 4)**, contesting his first 24H walk for many years, led early and covered nearly 27 km in the first 3 hours before slowing and eventually deciding to call it quits after 6 hours and 49.349 km. By the 6 hour mark, **Terry O'Neill (C 18)** had caught and passed him and was one lap clear of him and 7 laps ahead of Rudy and Ian who were level pegging. At the 12 hour mark, the leading positions were unchanged with Terry, at 94.5 km, 7 laps ahead of Ian and 8 ahead of Rudy. The 12 hour mark saw the first 6 men (Terry O'Neill, Ian Valentine, Rudy Schoors, Geoff Hain, Steve Jordan, and Gerald Manderson) all well past the 50 mile mark and we looked set for an interesting second half.

By this stage, Terry was suffering badly and decided to work through to the 100 km mark and then then have a break and see how he felt. Once back on the track, he found that he could not continue without a huge effort so called it quits at 112.384 km. By the 16 hour mark, Rudy had quietly passed Ian and was 3 laps in front and walking strongly. **Geoff Hain (C 49)** had come good after a horrid first half when he struggled with a sore hip and visibly limped around the track. We had all but written him off but he proved us wrong and was now matching Rudy and Ian lap for lap, although some way behind overall in third place. Steve Jordan was still on target for a 100 mile finish but he was suffering and it was a long way yet to go.

From here on, we were pretty certain that Rudy and Ian and Geoff would reach the hundred so attention was focused on Steve. He was still on track at 5AM with a distance of just on 130 km when he collapsed and could go no further. It was a cruel finish for him – he had 5 hours in which to cover the final 31 km but the legs were not able to carry him any further. Steve was a first time competitor at Coburg in 2005 when he won the 6 Hour Walk with 43.6 km. He was back again in 2006 to come 2nd with an improved distance of 44.12 km. In 2007, he upgraded to the 12H Walk and came 2nd

with 85.98 km and in 2008, he was 3rd in the 6H Walk with 45 km and 5th in the 24H Walk with 109 km. This year he did a PB in the 6H event in March (46.032 km) and reached 129.801 km in the 24H Walk. Like Graham Watt, he is improving each year and next year could see him put it all together.

From there, the three leaders pushed through strongly to reach their 100 mile goals as discussed earlier. Doug McKay was next in with a PB distance of 138.687 km. Doug has come a long way in a short time - he competed in his first 24H event in Adelaide in October 2008 with 127.55km, then walked 43.958 km in our 6H event in March. He has lots of strength and just needs to increase his base speed to challenge the hundred. Next year!

Gerald Manderson (C 31) was next in with 126.499 km and he was well pleased. After 7 years out of the sport, he decided to make a comeback some 6 months ago. Shedding 15 kg, he whipped himself into shape and was pleased to reach the 50 mile mark inside the 12 hours. With another year of walking under his belt, he should be ready for another hundred to go with his 8 or 9 previously accumulated. The other finishers were Lou Commins (118.372 km) and Rudolf Skrucany (102.812 km) who both put together good first halves but just could not hold it together in the second half. It is indeed a tough event.

In the women's walk, local Victorian Masters walker Heather Carr stormed to a big lead early. Heather had told me that she only intended to walk for 6 Hours and she was true to her word, stopping at that point with just over 51 km to her credit. Once Heather retired, Caroline Mestdagh became the new leader. She was walking with her husband Rudy and, by the time she passed the 12 hour mark with just on 90 km to her credit, she was over 10 km ahead of Dawn Parris and a further 3 km ahead of **Karyn O'Neill (C 45)**. While Caroline looked set for a centurion qualifier, the other walkers looked out of contention. Dawn was the next best with 78 km, Karen had 75 km and Val Chesterton had 71 km.

From here on, Caroline walked without rest to reach her 100 mile mark in 22:40:27. Dawn Parris also walked without rest to a final distance of 137.445 km. I felt before the race that Dawn was a chance for a centurion finish but she would be the first to admit that she did not have a good day. I am still convinced that she can return next year and complete unfinished business. She completed 45.610 km in our 6 Hour event in March so has the necessary speed. She just needs things to fall into place on the big day. Val Chesterton, our oldest competitor at 68 years of age, did a PB of 115.578 km and set a new W65 24 Hour record in what was an excellent walk. Behind her, Karyn suffered early but toughed it through to 92.478 km before retiring. The final competitor, Sandy Howorth, was pleased with her distance of 85.930 km and will, I am sure, be back to improve next year.

Full results for the walkers read as follows (note that walkers raced in lane 3 so their distance was 414.7m per lap)

24 HOUR WALK MEN

	NAME	AGE	STATE	NUM	LAPS	DIST.	EXTRA	FINAL	
1	SCHOORS, Rudy	44	BELGIUM	52	405	167.954	0.000	167.954	C55
2	VALENTINE, Ian	48	QLD	55	390	161.733	0.077	161.810	C57
3	HAIN, Geoff	62	QLD	43	390	161.733	0.000	161.733	C49
4	McKAY, Doug	58	VIC	47	334	138.510	0.177	138.687	
5	JORDAN, Steve	52	VIC	46	313	129.801	0.000	129.801	
6	MANDERSON, Gerald	65	NZ	48	305	126.484	0.015	126.499	C31
7	COMMINS, Louis	59	NSW	41	285	118.190	0.182	118.372	
8	O'NEILL, Terry	53	VIC	49	271	112.384	0.000	112.384	C18
9	SKRUCANY, Rudolf	53	VIC	54	247	102.431	0.381	102.812	
10	JACK, Clarrie	63	VIC	45	119	49.349	0.000	49.349	C4
DNS	GOVINDASAMY, Param	22	MAL	42	0	0.000	0.000	0.000	
DNS	PALANY, Mahalingam	51	MAL	51	0	0.000	0.000	0.000	
DNS	SINGH, Devinder	49	MAL	53	0	0.000	0.000	0.000	

24 HOUR WALK WOMEN

	NAME	AGE	STATE	NUM	LAPS	DIST	EXTRA	FINAL	
1	MESTDAGH, Caroline	43	BELGIUM	64	397	164.636	0.000	164.636	C56
2	PARRIS, Dawn	56	VIC	66	331	137.266	0.179	137.445	
3	CHESTERTON, Val	68	ACT	62	278	115.287	0.291	115.578	
4	O'NEILL, Karyn	54	VIC	65	223	92.478	0.000	92.478	C45
5	HOWORTH, Sandy	46	VIC	63	207	85.843	0.087	85.930	
6	CARR, Heather	59	VIC	61	124	51.423	0.000	51.423	



Terry O'Neill, Gerald Manderson, Clarrie Jack and Doug McKay



Rudolf Skrucany, Lou Commins, Steve Jordan and Dawn Parris



Val Chesterton, Karyn O'Neill, Sandra Howorth and Heather Carr

The event also co-hosted Racewalking Australia 100 km championships. I have yet to review the lapsheets so can't publish the exact time each walker took to reach the 100km but I can publish the results which saw Terry O'Neill and Caroline Mestdagh become our new Australian champions.

RWA 100 KM WALK CHAMPIONSHIP MEN

- | | | |
|----|----------------|-----|
| 1. | O'NEILL, Terry | VIC |
| 2. | VALENTINE, Ian | QLD |
| 3. | SCHOORS, Rudy | BEL |

RWA 100 KM WALK CHAMPIONSHIP WOMEN

- | | | |
|----|--------------------|-----|
| 1. | MESTDAGH, Caroline | BEL |
| 2. | PARRIS, Dawn | VIC |
| 3. | CHESTERTON, Val | ACT |

Finally, the Jack Weber Trophy for the most meritorious performance went fittingly to Ian Valentine (C 57).

Other highlights included a number of new Australian Ultra Distance Masters walking records

- **Heather Carr** set a new **W55 6 Hour record** of just over 51 km (exact distance to be confirmed).
- **Val Chesterton** became the first W65 woman in Australia to complete a 24 Hour walk event so her distance of 115.578km becomes the inaugural **W65 24 Hour record**. This is actually a greater distance than her W60 Australian record of 109.567 km, set in 2005 and confirms the quality of her performance.
- **Ian Valentine (C 57)** set new **M45** Australian Residential records for **12 Hours, 100 km and 24 Hours**.

In the run section, the first 4 runners were over 200km (a very high standard) so the event was also very strong on the running side. You can see the entire race results at [http://home.vicnet.net.au/~austcent/2009 Coburg Carnival 24 Hour Final Results.pdf](http://home.vicnet.net.au/~austcent/2009_Coburg_Carnival_24_Hour_Final_Results.pdf)

Special thanks to the small band of Centurion workers who helped out in various capacities during the event - Bill Dyer, Graham Watt, Stu Cooper, Pat Fisher, Robin Whyte and Clarrie Jack (once he retired).

And finally, we all got together after the event for a photo – it is not often that so many of us meet.



Centurions all – Tim Erickson (C 13), Rudy Schoors (C 55), Caroline Mestdagh (C 56), Gerald Manderson (C 31), Geoff Hain (C 49), Pat Fisher (C 53), Karyn O'Neill (C 45), Terry O'Neill (C 18), Robin Whyte (C 29), Clarrie Jack (C 4) and Ian Valentine (C 57)

WELCOME TO OUR NEW CENTURIONS

Now it is time to formally welcome our three new centurions and tell everyone a little about them.



Rudy Schoors (C 55) and **Caroline Mestdagh (C 56)** are a couple from Belgium. Rudy, 44, and Caroline, 43, have been walking for only a few years but have done a lot in a short time. They qualified as British Centurions in 2007 at Battersea Park in London after coming into the event as relative walking novices. Walking together the whole way in atrocious conditions, they reached the 100 mile mark in 23:37:45 to become centurions 1061 (Caroline) and 1062 (Rudy).

The next year, they gained their second Centurion badges by completing the Continental Centurions event at the end of May at Schiedam in Holland. Once again they crossed the finish line together in an improved 23:00:52. Caroline was awarded C366 and Rudy C367. Again he had done the gentlemanly deed and allowed his wife the honour of crossing the line first. Geoff Hain (C 49) was also in that race and finished next to become C368.

This year, they set themselves for their third badge and hence the trip to Australia. They were now regular walkers in the various European based ultra distance events and had done a number of 100 km events in the intervening last 12 months. The improvement was evident at Coburg where, walking superbly, they both easily beat their PBs with times of 22:01:45 and 22:40:27.

What next – well, there are 3 further Centurion badges to earn – USA, New Zealand and Malaysia. I am sure that 2010 will see a further overseas trip to another exotic location for badge number 4!

Ian Valentine (C 57) is yet another centurion to come from an ultra distance running background. In 2003, Ian travelled down from his home in Nowra in NSW to compete in the Coburg 24 Hour as a runner and that was when I met him. The records show that he won the event with 175 km, his first time over 100 miles and his first major win. Of course, that does not really tell what happened on that weekend as he covered 110 km in the first 12 hours and 65 km in the second 12 hours. But it did mark Ian as a runner to watch and over the next few years, he continued to compete and improve. He showed his real mettle in the Gold Coast 48 Hour championship in 2004 when he ran 283 km. But once again, the result does not tell the complete story. On that occasion, he covered 106 km in the first 12 hours, a PB 189 km for the 24 hours and then struggled through only 94 km for the final 24 hours.

He learnt a lot about ultras beyond 24 hours when he crewed for Ken Matchett at Colac in 2005 and probably learnt a lot about the need to pace yourself more carefully. He emailed me in early 2008 to ask about how he should go about doing the 100 mile walk and qualifying as a centurion. He was untested at walking but well known ultra identity Nobby Young reckoned he was a born walker and he was willing to give it a go. By now, he had moved to Queensland and conditions were not ideal for training but he knuckled down and started his preparation.

His first walking effort, in the 2008 Caboolture 48 Hour event in Queensland, ended ingloriously when he was forced to retire after only 110 km. His next effort was in February 2009 in the Caboolture Dawn to Dusk 12 Hour when he was 13th in the mixed field with 81 km in 11:51. Not exactly big walking credentials but enough to convince him to enter for

our Coburg event two months later and give it a crack.

The rest is history – passing through the 50 mile mark in a little less than 10:30 (a 90 minute PB), he racewalked the whole way to reach his 100 mile target with a time of 23:37:03 and became Australian Centurion Number 57.

His comments post race:

I arrived back at work today, almost walking properly. Thanks so much for your support and encouragement throughout the night and morning. This race was my most memorable ultra to date. Being presented with the Jack Webber Trophy was very special. I feel a great sense of achievement and will start thinking about future quests shortly. I hope to be back next year to spend some quality time with my fellow Centurions.

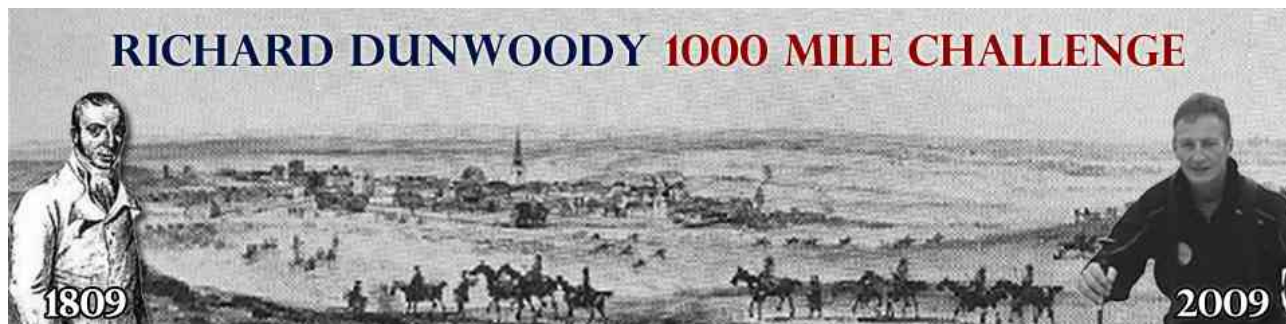
REVISITING THE OLD PEDESTRIAN FEATS – RICHARD DUNWOODY 1000 MILE CHALLENGE

I was recently alerted to an upcoming attempt to walk 1000 miles in 1000 hours in England at the end of May. To read the full press release and check out the website, go to <http://www.dunwoody1000mile.com/>. For those who don't have internet access, here is the gist:

On 29th May 2009 at 11.30pm, Richard Dunwoody will start a 1000 Mile Challenge and walk the same mile 1000 consecutive times (from the Bedford Lodge hotel in Newmarket up the Bury Road to a post half a mile away and back again) for a 1000 consecutive hours with the last mile up the home straight of Newmarket racecourse just before the Ladbrokes Bunbury Cup on 10th July 2009.

In 1809 Captain Robert Barclay Allardice was bet that he couldn't walk 1000 miles in 1000 hours for 1000 Guineas – meaning he had to walk one mile in every consecutive hour 24 hours a day – the challenge therefore taking 42 days with the maximum an hour and 20 minutes sleep at any one time (if you walk back to back miles in different hours). He completed the challenge on 12th July 1809, losing three stone in the process with his challenge hailed as 'one of the greatest human feats ever attempted.'

200 years on, champion jockey, polar explorer and BBC presenter, Richard Dunwoody MBE will recreate this challenge walking the same mile 1000 times in Newmarket – 1000 miles in 1000 hours but this time to raise a substantial sum for charity – Alzheimer's Society, SPARKS, Racing Welfare and Spinal Research.



I look forward to following the endeavour as it unfolds.

KING OF THE PEDS

And while still on the feats of old, I ordered a very interesting book last week and am just starting to read it now that it has arrived. It is called **King of the Peds** by **P. S. Marshall**. It is a huge book, being over 500 pages of small print in A4 soft cover format. Website is <http://www.kingofthepeds.com/> and it can only be ordered online from what I can see. A brief synopsis from the website reads as follows

King of the Peds is predominantly about the history of long distance pedestrianism or long distance walking and “go-as-you-please” (a mixture of running and walking) racing during the 1870s and 1880s. Pedestrianism was a massive spectator sport and the big guns at the time were able to attract thousands of spectators to the big indoor tracks in Britain and the USA. Indeed these men had the pulling power of modern day sports stars like Mohammed Ali, Tiger Woods, Pele and David Beckham.

The book begins by focusing on the early career of a certain young American man called Edward Payson Weston, who, in 1861, set out to walk from Boston, Massachusetts, to Washington D.C., after having made a bet that he could accomplish the proposed feat in 10 days. The book covers the attempt in full illustrating what

happened on the way. It then follows the sport right through its heady days in England, America, Australia and New Zealand where the real action took place, and where the big prize money was fought.

King of the Peds is a truly fascinating story that just had to be told. With a fascinating storyline, a host of real characters, incredible feats of endurance, skulduggery, rioting, comedy, romance and a murder and suicide which involved one of the peds themselves, all in all, King of the Peds offers the reader a “ringside” seat during one of the greatest sporting spectacles the world has witnessed.

The book finishes in 1888 and then readers are invited to sit in a worldwide jury. After being offered all the evidence followed by a final summing up, they are invited to pick for themselves their choice for the title of.....King of the Peds

PHIL ESSAM DELVES INTO AUSTRALIAN ULTRA HISTORY

Well known Australian ultra historian and part time ultra walker, Phil Essam, has recently gained access to the National Library historical records section and has been busy finding old newspaper articles on the colonial pedestrian feats of the 1800s. As he finds these gems, he is adding them to his Ultra Legends website (<http://www.ultralegends.com/>). It is well worth a visit and a bookmark for future reference. Recent additions include an 1881 6 Day race in Sydney, an 8 Hours contest in Perth in 1889 and an 1880 24 Hour match in Brisbane. In fact, he has been talking to P. S. Marshall, the author of 'King of the Peds' and discussing the finer points of these performances.

FRENCH 100 KM CHAMPIONSHIPS, BAR LE DUC, 12 APRIL 2009

The European ultra walking season continues with one of the highlights being the annual French 100 km championship which was held this year in Bar Le Duc on 12th April.

The event saw an amazing solo performance by Hungarian walker **Zoltan Czukor** who covered the distance in 9:27:51 at a speed of nearly 10.6 km/hr. Czukor, now aged 46, is a former international racewalker with a 50 km PB of 3:50:02, set in 1995. He has represented Hungary on many occasions, most recently in the 2008 Beijing Olympic 50 km. His IAAF profile reads <http://www.iaaf.org/athletes/biographies/country=hun/athcode=597/index.html>. In fact, he has 3 Olympics to his credit as well as many other international vests. With such a background, the result makes sense. It takes a top racewalker to walk that sort of time and he comes with that pedigree.



Zoltan Czukor (<http://www.marchons.com/article1248.html>)

Behind him, French walker David Régy confirmed his position as the best Frenchman once again with a wonderful 10:06:56 for the 100 km. This was his 5th 100 km National Title and his 10th National title overall. After his win in last month's Chateau-Thierry race (208 km in 24 hours), this was the icing on the cake. If he decides to front for this year's Paris Colmar event, he will be one of the favourites.

And the good results did not finish there with the next 3 walkers all under 11 hours as well. Of the 19 finishers, 17 were French – a wonderful proof of the strength of walking in that country.

1.	Czukor Zoltan	Komboi Banyasz Kolmo	HUN	100,000 km	9:27:51	10,566 km/h
2.	Régy David	EA Cergy Pontoise Athlétisme	FRA	100,000 km	10:06:36	9,891 km/h
3.	Vit Philippe	AM St Thibault des Vignes	FRA	100,000 km	10:30:14	9,520 km/h
4.	Kieffer Pascal	AS Libourne	FRA	100,000 km	10:40:53	9,362 km/h
5.	Tournois Pascal	ASM Bar le Duc	FRA	100,000 km	10:59:27	9,098 km/h
6.	Maurel Eric	OCT 55 Thierville	FRA	100,000 km	11:19:15	8,833 km/h
7.	Ferrachat Laurent	AC Cannes	FRA	100,000 km	11:20:54	8,812 km/h
8.	Michelot Remy	ES Thaon	FRA	100,000 km	11:24:04	8,771 km/h
9.	Baudrillard Antonio	Pays de Colmar Athletisme	FRA	100,000 km	11:26:57	8,734 km/h
10.	Albrecht Jacky	ASM Bar le Duc	FRA	100,000 km	11:27:36	8,726 km/h
11.	Bovin Laurent	C A Montreuil	FRA	95,000 km	11:36:35	8,183 km/h
12.	Hanouzet Jany	ASM Bar le Duc	FRA	92,500 km	11:33:24	8,004 km/h
13.	Seynaeve Serge	CM Roubaisien	FRA	92,500 km	11:38:14	7,949 km/h
14.	Spieser Jean Paul	Resda Vosges	FRA	85,000 km	11:41:45	7,268 km/h
15.	Tabouret Guy	US Toul	FRA	80,000 km	11:38:52	6,868 km/h
16.	Chamagne Daniel	ASM Bar le duc	FRA	77,500 km	11:35:01	6,690 km/h
17.	Mercier Jean Pierre	Pays de Colmar Athletisme	FRA	77,500 km	11:36:09	6,680 km/h
18.	Hilmoine Abel	ASM Bar le Duc	FRA	72,500 km	11:32:24	6,282 km/h

A 50 km for women was also held with 4 starters including English centurion Kathy Crilley. Results here were

1.	Fauqueur Duda Corinne	US Dunkerque	FRA	50,000 km	5:45:32	8,682 km/h
2.	Anxionnat Claudine	RESDA Vosges	FRA	50,000 km	5:51:49	8,527 km/h
3.	Erard Magalie	ASM Bar le Duc	FRA	50,000 km	6:01:43	8,294 km/h
4.	Crilley Kathy	Surrey Walking Club	GBR	50,000 km	6:53:44	7,251 km/h

24 HEURES DE DIJON, DIJON, FRANCE, 25-26 APRIL 2009

This last selection race for the PARIS-COLMAR classic, the 24 Heures de Dijon, was expected to be a very strong event but for various reasons, the field was small and the top walkers stayed away. Perhaps they felt that they already had their times on the board. Philippe Thibaux was the winner with an excellent distance of 195.452 km in the 24 hours but then the distances dropped away. Claudine Anxionnat was the first women to finish with 166.082 km and fourth place overall.



Philippe Thibaux and Alexei Rodionov (<http://www.marchons.com/article1251.html>)

1.	THIBAUX Philippe	CA AY	Fra	23:48:12	195.452	8,211
2.	DIEN Daniel	CS Credit Agricole Credit Lyonnais	Fra	23:54:27	184.438	7,715
3.	BUNEL Pascal	Neuilly sur Marne Athletisme	Fra	23:56:38	180.767	7,550
4.	ANXIONNAT Claudine	RESDA Vosges	Fra	23:57:15	166.082	6,933
5.	BAUDRILLART Antonio	PCA Neuf-Brisach	Fra	24:09:45	166.082	6,874
6.	LAILLER Patrick	ASPTT Tours	Fra	23:45:19	162.411	6,837

7.	PRUCKNER Jaroslav	AC MLADA BOLES LAV	Tch	23:45:37	155.068	6,526
8.	CADOUX Monique	EAG	Fra	23:49:33	155.068	6,508
9.	LECOMTE Jean-Claude		Bel	23:46:07	147.726	6,215
10.	PSUTKA Roman	AC Domazlice	Tch	24:05:11	147.726	6,133
11.	SPIESER Jean-Paul	RESDA Vosges	Fra	24:21:06	147.726	6,066
12.	QUINQUETON Bernadette	Saint Thibault des Vignes	Fra	23:46:21	140.383	5,905
13.	REYMOND Blaise		Sui	23:46:07	133.041	5,597
14.	PROST-ROMAND	André Racing Club Haut Jura Morez	Fra	23:52:15	125.698	5,266
15.	HARASSE Daniel		Fra	23:47:55	118.356	4,973
16.	RODIONOV Alexei		Rus	23:55:08	111.013	4,641
17.	AUVILLE Daniel	KM 520	Fra	23:57:54	107.342	4,479
18.	PHEULPIN Gilles	GASH Vesoul	Fra	23:47:45	100.000	4,202
19.	BASTIEN William	ASM Bar le Duc	Fra	23:55:08	77.972	3,260
20.	BERTHAULT Annie	Neuilly sur Marne Athletisme	Fra	24:08:14	59.616	2,470

FINANCIAL NEWS

We have successfully weathered our annual centurion qualifier event and the books still look good. I will have some more expenses over the next month (honour board updates, perpetual trophy updates, new silver and bronze medallions) but we are well placed to absorb these costs. Thanks to all who continue to support us financially.

Incoming	Gerald Manderson – donation	50.00	
	Gerald Manderson – tee shirts	100.00	
	Rudy Schoors – tee shirts	45.00	
	Rudy Schoors – donation	5.00	
	Rudolf Skrucany – tee shirts	30.00	
	Michael Harvey – donation	60.00	
	Dudley Pilkington – 2009 newsletter postal subscription	12.00	
	Jill Green – donation	30.00	
	Outgoing	Postage and photocopying	24.15
		Tee Shirt Company – 30 new centurion tee shirts	<u>495.00</u>
Balance		961.59	

UNTIL OUR NEXT NEWSLETTER

I am now sitting back savouring a successful 2009 Australian Centurions qualifying event. The weekend before the qualifier was hot and the weekend just finished (the one after the qualifier) was windswept and cold as an antarctic front swept Victoria but we were able to enjoy perfect autumnal conditions with cool overcast and still conditions for the entire race. Sometimes you just strike it really lucky!

To all our members and supporters and newsletter readers, I wish you all the best for the rest of the year. For myself, I have been out for a walk for the last 7 days in a row – a condition unheard of in years for me! It must be rubbing off!

Yours in Centurion walking

Tim Erickson (C 13)
 Secretary, Australian Centurion Walkers Inc.
 1 Avoca Cres, Pascoe Vale, Victoria, 3044