

CENTURION FOOTNOTES

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DATES...DATES...DATES

Nov 22-23, 2008	2008 New Zealand Centurions Qualifying Event See http://www.srichinmoyraces.org/nz/races/auck/24hr	Auckland, NZ
Nov 22, 2008	Traralgon Harriers 6 Hour Vic Track championship Inquiries: race director Shane Pettingill 0407843509 email relianceplastering@bigpond.com	Traralgon, Victoria
Dec 13-14, 2008	1 st Putrajaya International 12 Hour Walk Email me if you want further info or a race entry form	Putrajaya, Malaysia
Sun 15 March, 2009	Coburg Harriers 6 Hour endurance Run/Walk	Coburg, Victoria
18-19 April, 2009	Coburg 24 Hour Carnival, incorporating the Australian Centurions 2009 Qualifying event See http://home.vicnet.net.au/~austcent/index.html	Coburg, Victoria

Even at this early stage, numbers are building for our 2009 qualifying event and I expect that we will fill our allotted 45 positions early in the new year. If you are intending to walk in either the Coburg 6 Hour or the Coburg 24 Hour event, you should plan your entry now.

NEWS ON OUR MEMBERS

Mike Harvey (C 43) is a surprise entry in our 2009 Australian Centurion qualifier but one that excites me. Mike was one of our best ever international walkers and had a long international career spanning nearly 20 years. He qualified for centurion membership in 2001 and we all thought that might signal the end of his competitive walking efforts. Since then he has been doing lots of running and bush walking and generally catching up on lost opportunities but he has now decided that 2009 will see him returning to the track to attack the 100 mile distance once again. He took this year off work and has been doing lots of travelling. That travelling included the opportunity to complete 4 marathons (running) in a six month period – the events being the Six Foot Track (45 km) in NSW and marathons in Thailand, Alice Springs (where he came 3rd) and Japan. Now he is back in walking mode and tells me he is starting to get his walking legs again. Stay tuned!

Peter Bennett (C 24) was in action in the Pan Pacific Masters Games in Queensland last week and won three gold medals in the M50 division – 1500m track walk (7:29), 10 km roadwalk (54:42) and 3000m track walk (14:43). Well done Peter! **Robin Whyte (C 29)** has been in action on the ACT racewalking front with times of 11:45 (2000m) and 29:36 (5000m).

Ian Jack (C 17) showed that his enthusiasm for Grand Prix motor car racing is not just restricted to the Melbourne GP event. In late September, he travelled to Singapore to watch the inaugural Singapore Grand Prix and, by all accounts, thoroughly enjoyed himself. Interestingly, Ian does not drive himself!

Jill Green (C 38) has been in our thoughts recently after the unexpected news of the death of her husband Dave. Dave died suddenly on Sunday 28 September while leading a walking party in London. Jill was in Scotland at the time on a separate walking weekend and, when she had finished her walk for the day, she rang Dave's mobile to cross bases. Somebody else in the walking party answered the mobile when they heard it ringing and told Jill that Dave had just collapsed and a nurse in the walking party was doing CPR. Later on, paramedics arrived but were unable to resuscitate him. All Jill could do at that stage was return to her accommodation in the Dales and wait for further news. Already she had an idea that the outcome was likely to be unhappy. Later on the hospital telephoned her to advise that Dave had died. As travelling down to London that evening was not possible, she stayed in Scotland the Sunday night and returned first thing on the Monday morning.

Although Jill is based on the Isle of Wight off the English coast, she has made two trips to Australia and completed our 100 mile walk at Coburg on both occasions. In 1999, she did it in fine style, recording a time of 21:15:35 to become Australian Centurion number 38 and set a whole swag of W55 records. She returned in 2005 to set a whole new swag of W65 records with her time of 22:58:41.

Dave and Jill supported each other 100% in everything each knew was important to the other. Dave's work often meant they were apart but all their times together were special. Once their boys grew up, they travelled the world and holidays were often arranged around Jill's centurion races – America, Malaysia, Holland, Australia, New Zealand and all over

England. Together, they did a parachute jump, they climbed Kilimanjaro, they ran the London Marathon. They also shared their love of nature, walking together, and just this July spent 5 nights sleeping in their garden under the stars.

The funeral was a very large one as expected and the congregation included many of the long distance walking fraternity as well as some more official persons like the head of the Civil Aviation Authority. There was even a fly past in recognition of Dave's long association with the aeronautical industry. In his retirement, Dave had worked for Synergy Aviation and they have named their two latest planes, a Chieftan and a Navaho, in his honour, one being called Poppet which was Dave's pet name for Jill, the other being called Buddy, another name that Dave would call his close friends.

Both times Jill and Dave came to Melbourne, they stayed with us so Lois and I knew Dave very well and are deeply saddened by the news.

Jill sent this photo of Dave to us. It was taken on July 13th 2008 and was one of a number of occasions when Dave walked in LDWA walks with this young lad Oliver. Oliver's father Jeff ran the long route while Dave and Oliver did the 20 mile or 18 mile routes. This was just typical of Dave's caring attitude towards others.



To Jill and to her two boys Jim and Fred and their families, we extend our deepest sympathies. We will all miss Dave.

SRI CHIMNOY AUSTRALIAN 24 HOUR CHAMPIONSHIP, ADELAIDE, 4-5 OCTOBER 2008

Deryck Skinner (C) was the standout walker in the recent Sri Chinmoy Australian 24 Hour championship, held in Adelaide on 4-5 October 2008. He set new Australian M75 records for all categories up to 24 Hours. He commented as follows:

I have set new times/distances for all the M75 standards. However, with the exception of the 100 km, which was clear cut, all the others were a very close call so I won't be claiming any of those until you have seen the lap sheets. It may take a while to get these.

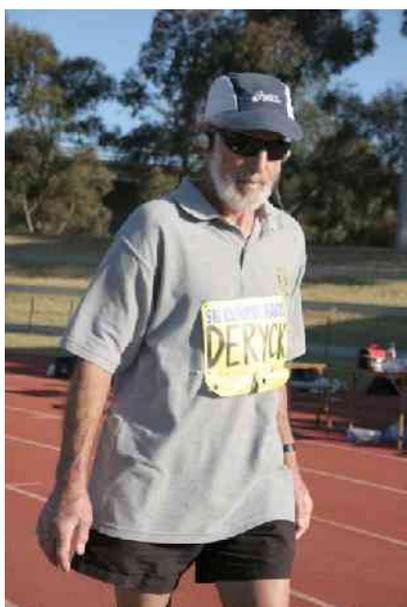
I was never going well, and it is obvious that 5 weeks between Caboolture and Adelaide was not enough. The body just did not respond, and I am probably not going to do any competitive walking for 12 months. My final distance was 143.033 km - it was very obvious early on that a qualifier was not possible and I had to go off the track for a couple of hours in the early morning on Sunday.

Lorraine Billet took on the role which you usually do when things are a bit tight, and "bullied" me into finding a little bit extra when it was needed.

Deryck set new M75 100 mile, 200 km and 48 Hour records in Caboolture in August. Now with his new M75 records in Adelaide, he has all the M70 and M75 records up to and including the 48 Hour. Here are Deryck's new M75 records as compared with Stan Miskin's old records. It has taken a great couple of walks by Deryck to beat Stan's records which were something special themselves. It is astonishing to me that we had had two such outstanding walkers in such close succession. I suspect that the new records will last a long time.

50M	Stan	11:40:41	Deryck	11:35:51
100KM	Stan	15:47:33	Deryck	14:49:42
6H	Stan	42.850 Km	Deryck	43.852 km
12H	Stan	82.650 Km	Deryck	83.229 km
24H	Stan	142.791 Km	Deryck:	143.033 km

100M	Stan	48 Hours	Deryck	30:04:37
200 Km	Stan	48 Hours	Deryck	38:53:58
48 Hours	Stan	205.133 km	Deryck	238.811 km



Deryck in action in Adelaide (<http://www.srichinmoyraces.org/gallery/australia/24hrAdelaide2008>)

The only other walk competitors were Doug McKay and David Attrill. Doug, having his first hitout over the 24 hours, finished 16th with 127.55 km and has already entered for the Coburg 24 Hour walk next year so is obviously keen to improve on his first up performance. David who finished 15th with 138.125 km, also put in a good solid performance but was in great physical trouble over the last few hours and had to be carried from the track at the bell. Luckily he seemed ok after the race. **David Billett (C 50)** was also in action, but as a runner this time. He finished 8th with 162.250 km. Well done David!

You can see the full results at http://www.srichinmoyraces.org/au/results/2008events/sri_chinmoy_24hr_results

12	Deryck Skinner	143.033 km
15	David Attrill	138.125 km
16	Doug McKay	127.550 km

2009 PARIS COLMAR QUALIFIERS

The 2009 Paris Colmar qualifying period continues with two further events scheduled since the last newsletter. Thanks to **Sandra Brown (C 36)** for pointing out to me that the qualifying criteria have changed. In previous years, men had to walk 200 km in 24 hours and women had to walk 170 km in 24 hours. Sandra comments on the changes

Tim

Just a small point about the format of the French qualifier races for this season (from Graide onwards through to Dijon next April). The French Federation decided (and announced at Dijon this last May) that in future all qualifying events would be 24h for everyone - not 200 kms for men and 170kms for ladies. This not only creates a sort of level playing field for everyone - more fun for the walkers - but also ensures more interest for the spectators throughout the 24h as you no longer have the fastest walkers finishing in 21-22 hours. Interestingly, in the late 80s and early 90s, the fastest men could stop after 200kms, but there was no 170kms for ladies, so for the majority of the field - most men and all ladies - the races lasted for 24h. Rouen [which isn't strictly part of the qualifier circuit, for historical reasons] was always a 24h for everyone. Roubaix remains a 28h race for all as usual.

*Best wishes
Sandra*

Sandra also pointed out that the qualifying events often have larger fields than quoted in the final results. For instance, the 24 Heures de St Thibault des Vines event (see our last newsletter) saw 60-70 walkers start the event but the results on <http://www.marchons.com> list only those 21 men and 7 women who completed the full 24 hours. Sandra explained that quite a number retired along the way. In some cases this was because there were couples (husband/wife,

father/daughter etc) of whom one continued and one stopped to support the other. Sandra also commented on the participation rate in ultra walk events in Europe

There has been some reduction in numbers participating in some of the qualifying races, over the past 10-15 years - just as there's been a reduction in entries for our own 100 miles in some years. But it's risky to generalise - in the UK, for example, the ultra events in the Isle of Man (including the 85 miles Parishes walk and the 100 miles when held there) attract excellent fields. And in France, the fields of the qualifying races are boosted in various ways. One very good initiative is to include relay teams within the 24h. At St Thibault there were half a dozen relay teams, each of 3 or 4 walkers, and the same is true at most of the races. This adds to the fun for all - especially as there are always walkers who are fresh and bright buzzing around the circuit, even when the 24h stalwarts are getting weary. Another initiative has been to promote a community 24h walk for "non-licensed" walkers as the French call them (people who are not members of registered athletics clubs). At Dijon, this has been done successfully for several years. At Chateau Thierry this spring, there was a community 24h walk for a Diabetes charity. Again, this enlivens and enriches the event for all concerned.

Thanks Sandra...and now onto events 3 and 4 in the Paris Colmar qualifying list. For full details of all races as well as a great selection of photos, visit <http://www.marchons.com>

28 HEURES DE ROUBAIX, FRANCE, 20-21 SEPTEMBER 2008

The Roubaix 28 Hour walk is an event to which walkers come from far and wide, in recognition of the quality of the event and its organisation. This year was no exception and, once again, the 55th edition of this classic produced the goods.

The women's event was of great interest. The standout walker was Sylviane Varin, the 2008 Champion of France and the 2008 Paris-Colmar winner. She was in a class of her own and her distance of 216,370 km was 10 km further than she has done previously. Claudine Anxionnat, second to Varin in the 2008 Paris Colmar, was second once again with 198,040 km. In spite of her ambition to hang up her shoes, walking is a sport where age is not an absolute limiter and we could well see her back in action again in next June's Colmar classic. Lots of credit must go to third place getter Dorit Attias. The New York based walker came to France to take stock after an operation and a long layoff. Her goal was, once again, to try to qualify for the Colmar classic, but without being injured again. She achieved that in fine style with her distance of 191,070 km, ably supported by the members of 'marchons.com' Her style and consistency in the last 10 hours must give her confidence and she will be back next spring for further racing.

It took a lot longer to decide who was going to win the men's race but eventually the pre-race favourite, Dimitri Osipov, won out. The Russian was the second place getter in this year's Paris Colmar classic and looks likely to win a lot of the big events from now on. His Roubaix distance of 238,175 km came down to an average speed of just over 8.5 km/hour and was too fast for the others. The second and third places were fought out between French walkers Gilles Letessier and Dominique Naumowicz and it was a man-on-man struggle the whole way. They had fought out the 24 Heures de Graide in late August with Naumowicz taking the win by 3 km. This time only 1 second separated them with Letessier crossing the finish line to take second by the narrowest of margins, both walkers completing 229,315 km.



Left: Dominique Naumowicz and Gilles Letessier

Right: Dorit Attias accompanied by Yves Michel Kerlau

And now onto what was a fantastic set of race results.

1.	Ossipov Dimitri	Individuel St Petersburg	RUS	238,175 km	28:0:52	8,502 km/h
2.	Letessier Gilles	PLM Conflans Ste Honorine	FRA	229,315 km	28:0:53	8,186 km/h
3.	Naumowicz Dominique	CM Roubaix	FRA	229,315 km	28:0:54	8,185 km/h
4.	Simon Zdenek	U K Prague	CZE	217,935 km	28:1:17	7,777 km/h
5.	Frolov Nicolai	Individuel Mordovie	RUS	215,415 km	28:1:17	7,688 km/h
6.	Haumesser Marc	AC Villeneuve d'Ascq	FRA	208,465 km	28:1:27	7,439 km/h
7.	Pedersen Per Kleis	Postem MF Aarhus	DAN	206,900 km	28:1:31	7,383 km/h
8.	Bunel Pascal	Neuilly sur Marne Athletisme	FRA	205,600 km	28:1:42	7,335 km/h
9.	Boetje Huliscloen	-	HOL	204,035 km	28:1:49	7,279 km/h
10.	Foudjem Genno- Daniel	-	CAM	200,295 km	28:1:45	7,146 km/h
11.	Haan Ricks	Rotterdamse WV	HOL	199,095 km	28:1:44	7,103 km/h
12.	Leijtens Frans	Rotterdamse WV	HOL	198,995 km	28:1:25	7,101 km/h
13.	Costils Alain	SPN Vernon	FRA	195,520 km	28:1:23	6,977 km/h
14.	Dekker Marcel	SV de LAT Amsterdam	HOL	195,520 km	28:1:24	6,977 km/h
15.	Baudrillard Antonio	CSL Neufbrisach	FRA	195,520 km	28:1:47	6,975 km/h
16.	Czukur Zoltan	Komboi Banyasz	HUN	194,565 km	28:1:22	6,943 km/h
17.	Van den berg Martinus	SV de LAT Amsterdam	HOL	191,700 km	28:1:45	6,839 km/h
18.	Jones David	Redcar Race WC	GBR	190,135 km	28:2:50	6,779 km/h
19.	Grados Daniel	CM Roubaisien	FRA	188,570 km	28:1:08	6,730 km/h
20.	Bovin Laurent	C A Montreuil	FRA	188,570 km	28:1:13	6,730 km/h
21.	Courcy Jean Claude	SPN Vernon	FRA	188,225 km	28:1:24	6,717 km/h
22.	Strunc Pierre	-	FRA	186,050 km	28:1:26	6,639 km/h
23.	Lukashevich Nicolai	Individuel Brest	BLR	181,620 km	28:1:26	6,481 km/h
24.	Watts Ken	London Vidarians WC	GBR	179,710 km	28:1:43	6,412 km/h
25.	Leermakers Ad	AV Attila Hart	HOL	171,195 km	28:1:18	6,109 km/h
26.	Seynave Serge	CM Roubaisien	FRA	170,249 km	28:1:21	6,075 km/h
27.	Spieser Jean Paul	PCA Neuf Brisach	FRA	168,330 km	28:2:26	6,003 km/h
28.	Psutka Roman	Slovan Liberec	CZE	158,515 km	28:1:42	5,656 km/h
29.	Watts Bob	London Vidarians WC	GBR	155,040 km	28:1:38	5,532 km/h
30.	Hasselvelde Sébastien	CLLL Armentières	FRA	149,045 km	28:1:33	5,318 km/h
31.	Mercier Jean Pierre	CS Neuf Brisach	FRA	115,250 km	28:3:20	4,108 km/h
1.	Varin Sylviane	SPN Vernon	FRA	216,370 km	28:0:53	7,723 km/h
2.	Anxionnat Claudine	RESDA Vosges	FRA	198,040 km	28:1:15	7,068 km/h
3.	Attias Dorit	WALK USA	USA	191,090 km	28:1:46	6,817 km/h
4.	Perevalo Iryna	Neuilly sur Marne Athletisme	FRA	171,805 km	28:1:34	6,130 km/h

24 HEURES DE VALLORBE, SWITZERLAND, 4-5 OCTOBER 2008

Bernard Rindlisbacher, on behalf of the local organising committee, announced that the 32nd edition of the 24 Heures de Vallorbe, was cancelled for 2008 but he expected that it would be held again in 2009. He advised that the committee made this decision for purely financial reasons, the budget not being assured.

There are now 4 remaining qualifiers for the 2009 Colmar classic, one later this month in Guadeloupe in the West Indies and the remaining three in 2009.

5	24 heures de Bouillante (GUADELOUPE)	29-30 November 2008
6	24 heures de Bourges	28 February – 1 March 2009
7	24 heures de Chateau-Thierry	21-22 March 2009
8	24 heures de Dijon	25-26 April 2009

FROM THE ARCHIVES – THE 1998 AND 1999 AUSTRALIAN CENTURION QUALIFIERS

The 1998 and 1999 Australian Centurion qualifiers remain the highest quality ultra distance walks ever seen in Australia and boasted 6 centurion finishers and 7 centurions finishers respectively. With a few spare pages in this week's newsletter, I thought it opportune to review these two wonderful carnivals for newer members.

19-20 Sept 1998 George Knott Athletic Field, Clifton Hill, Victoria

The 1998 Australian Centurion qualifying event saw a large field of 20 entrants with 19 actually fronting the starting line. The race start time of 2 PM turned out well as this gave competitors a chance to get the tough night time hours over

while still relatively fresh. As an added bonus, the weather was kind - while it was windy and showery early, it never got really cold and a sunny Sunday gave competitors ideal conditions to help them through the tiring final stages.

The race saw a number of firsts:

- A large international flavour with 2 English and 4 New Zealand walkers competing.
- The presence of 6 Centurions in the field guaranteed a class event.
- An entry on the day from the great Yiannis Kouros who holds so many of the ultra-distance running records and is the only runner to have completed more than 300 km in a 24 hour period.

There were many talking points but perhaps the main one was whether Yiannis Kouros could convert from running to walking. With no real preparation, Yiannis simply turned up on the day and started walking...and kept on walking. Rumour has it that he did 10 laps walking the day before to prepare for it.

The race started with Gerald Manderson of New Zealand and Frank Overton of NSW setting a cracking pace. They kept it up for the first 50 miles with both passing that mark in just over 10 hours. At that stage, Gerald was some 2 laps in front of Frank. However, Frank was feeling the pace and within another 2 hours had been forced effectively out of the race and off the track. That left Gerald on his own and he made the most of it. With a very consistent and strong performance, he walked right through to the 100 mile mark with only a couple of breaks of a few minutes duration. He passed the 100 mile mark in a personal best of 21:37:31 and kept on to the 24 hour with another personal best of 177.665 km.

Fellow Kiwi Norm Morris was always only a short distance behind Gerald and walking consistently. Like Gerald, he had few breaks and just kept putting the laps in. The contrast between the 2 was stark. Gerald was short in stature, stocky with a quick business like gait. Norm was tall and lean with a long raking gait. It just goes to show that fitness, rather than build, is the main criteria to a good 100 mile walk. Gerald finished a clear second in the fine 100 mile time of 22:32:47 and then stopped. He had achieved his goal of Centurion membership.

Behind Gerald and Norm, an interesting battle was developing. As others fell by the wayside, Centurion John Harris of Queensland and Victorian Yiannos Kouros were slowly making their way though the field while British Centurion Roger LeMoine was trying to hold them off and take the third placing. They finished with only 4 laps separating the 3 walkers. Yiannis was the first of the 3 to reach the 100 mile mark in the time of 22:55:23 and he then continued on to the 24 hour gun, completing 168.406 km. Roger was on his heels and completed his 6th 100 miler in 23:04:51. For Roger, it was especially pleasing given his limited training over the previous few years. John Harris had been about 30 minutes behind them at the 50 mile mark but walked a great second half to eat up the field. His 50 mile splits were 11:28 and 11:42. He walked 23:18 in 1973 and improved that to 23:10 some 25 years later. John had been some 13 years out of the sport and was only intending to walk 100 km but felt so good that he continued on.

While all this was happening, Sue Clements of England was staging her own personal struggle further back. At one stage she looked destined to just miss out on the magical 100 mile distance. She was slowing and projections indicated that she would fall a lap or so short. But she rallied in the final 2 hours and dug deep to finish in 23:58:40. We thought at the time that this might be the closest anyone had come to the 24 hour limit – about half a lap to spare. It was certainly an exciting finish and Sue was obviously rapt with the result.



The finishers – Roger, John, Yiannis, Gerald, Sue and Norm

Behind Sue were a whole bevy of walkers with 9 others walking at least 100 km, indicating the depth of the event.

24 Hour / 100 Mile Walk Results

1.	Gerald Manderson	NZ	177.665 km	24:00:00
2.	Yiannis Kouros	VIC	168.406 km	24:00:00
3.	Norm Morriss	NZ	100 miles	22:32:47
4.	Roger LeMoine	UK	100 miles	23:04:51
5.	John Harris	QLD	100 miles	23:10:36
6.	Sue Clements	UK	100 miles	23:58:40
7.	Frank Overton	NSW	134.400 km	23:31:04
8.	Robert Radley	NZ	133.604 km	24:00:00
9.	Steel Beveridge	NSW	132:000 km	23:15:17
10.	Peter Waddell	ACT	120.000 km	22:22:57
11.	Fred Baker	QLD	110.400 km	20:01:36
12.	Peter Gray	VIC	101.933 km	24:00:00
13.	Paul Thompson	NSW	100.479 km	24:00:00
14.	Brian Glover	VIC	100.400 km	13:52:21
15.	Graham Watt	VIC	54.800 km	08:31:40

100 km Walk

1.	Carol Baird	ACT	100 km	16:16:10
2.	Robin Whyte	ACT	24.4 km	03:01:36

50 km Walk

1.	Dudley Harris	NZ	50 km	06:56:47
2.	Merv Lockyer	VIC	50 km	07:07:04

Centurion Qualifiers

C31.	Gerald Manderson	54	21:37:31
C32.	Norm Morriss	57	22:32:47
C33.	Yiannis Kouros	42	22:55:23
C34.	Roger LeMoine	58	23:04:51
C35.	Susan Clements	44	23:58:40

18-19 Sept 1999

Coburg Athletics Track, Coburg, Victoria

The 1999 Australian Centurion qualifying event saw a record field of 25 entrants with 23 fronting the starting line. We were very pleased to have a record 9 overseas competitors join us for this annual event. The race started at 2PM on Saturday 18 September and ended at 2PM on Sunday 19 September. The venue was the Coburg Athletics Track in Melbourne. This was the first time we had used this track and we have been there ever since. The Collingwood Harriers track at Clifton Hill had served us well for many years but the track surface had deteriorated so badly that we deemed it unwise to continue using it.

The pace was evident early with Sandra Brown of England setting a cracking 2:30 per lap. Gerald Manderson of NZ (the 1998 winner) was keen to take up the challenge and shadowed her for the first 2 hours. However, he was soon forced to slow and Sandra was left on her own to dominate the race.

The 50 mile splits tell the story for the first half of the race with overseas competitors filling 5 of the first 6 places. Sandra's 50 mile time was a new Australian Open Record and was ahead of her own 100 mile world record split while Ann Staunton from Canberra, having her first ever ultra distance walk, broke the Australian Residential Record for 50 miles.

Sandra Brown	09:08:52	(Australian Open Record)
Gerald Manderson	09:58:28	
Jill Green	10:08:00	
Robin Whyte	10:15:08	
Herbert Neubacher	10:20:47	
Gerrit de Jong	10:43:04	
Ann Staunton	10:52:27	(Aust Residential Record)
Carol Baird	10:57:07	
Steel Beveridge	11:44:01	
Robert Radley	12:37:11	
Lachlan Wilkinson	13:45:25	
Kelvin Marshall	14:07:44	
Harry Berg	15:42:14	

Sandra's final 100 mile time of 19:14:56 was all the more amazing given that this was her 6th 100 mile walk for the year. She was only 14 minutes outside the recent world record she had set in winning the New Zealand Centurions 24 hour event in July and she finished relatively fresh.

Behind Sandra, attention was focused on Gerald Manderson (NZ), Jill Green (England) and Herbert Neubacher (Germany). Gerald was eventually caught by the more evenly paced Jill and a great battle developed between these two with Herbert only 3 laps adrift. For many hours, all three lapped consistently until Herbert finally caught and passed the other two at about the 15 hour mark. Then he powered away and Jill and Gerald were left to fight it out for third place. At the 19 hour mark, Gerald paid the penalty for his aggressive early walking and faded. Jill came home strongly for a clear third place while Gerald limped home in fourth spot. Herbert, Jill and Gerald all produced personal best times for 100 miles.

Robin Whyte of Canberra was next to finish, completing his second 100 mile finish in Australia (1996 was his first one). As Ann Staunton faded from the efforts of her 50 mile record performance, her training partner Carol Baird came through strongly to be the 5th finisher. She set new Australian Residential standards for the 100 km, 100 mile and 24 hour distance along the way. This was only her second ultra distance walk and she duly went on to have a fine career.

The other walker to finish the 100 mile distance was Dutchman Gerrit de Jong. Like the other European walkers, he was both experienced and fit and had no trouble in beating the 24 hour mark. He had completed the British Centurion 100 mile event an amazing 18 times in the previous 20 years. This gives readers an idea of his credentials.

100 Mile Finishers

Sandra Brown	England	100 miles	19:14:56	C36
Herbert Neubacher	Germany	100 miles	21:03:07	C37
Jill Green	England	100 miles	21:15:35	C38
Gerald Manderson	NZ	100 miles	21:36:09	C31
Robin Whyte	ACT	100 miles	21:34:48	C29
Carol Baird	ACT	100 miles	22:16:43	C39
Gerrit de Jong	Holland	100 miles	22:51:24	C40



The 1999 finishers – Herbert, Gerrit and Gerald in the back row, Jill, Robin, Carol and Sandra in the front.

Both Gerald (1998) and Robin (1996) had completed this distance in Australia previously but the other 5 finishers became new Australian Centurions with their outstanding performances. They were awarded badges 35 to 40.

Full results were as follows

24 Hour / 100 Mile Walk Results

Carol Baird	50	ACT	169.607 km	24:00:00
Robin Whyte	57	ACT	163.200 km	21:48:50
Gerald Manderson	55	NZ	162.400 km	21:49:07
Sandra Brown	50	England	100 miles	19:14:56
Herbert Neubacher	46	Germany	100 miles	21:03:07
Jill Green	57	England	100 miles	21:15:35
Gerrit de Jong	57	Holland	100 miles	22:51:24
Steel Beveridge	48	NSW	147.945 km	24:00:00
Robert Radley	42	NZ	146.649 km	24:00:00
Kelvin Marshall	35	VIC	127.430 km	24:00:00
Lachlan Wilkinson	40	ACT	118.150 km	24:00:00
Paul Tierentyn	60	Belgium	72.400 km	10:02:38
Graham Watt	25	VIC	66.800 km	10:18:17
David Blackett	46	NZ	56.400 km	20:41:00
Peter Waddell	68	ACT	54.000 km	09:28:45
Frank Overton	51	NSW	32.800 km	04:47:38

100 Km Walk

1. Ann Staunton	35	ACT	100 km	14:43:27
2. Harry Berg	59	ACT	100 km	20:34:10
3. Kathleen Berg	56	ACT	100 km	20:39:38
Cornelia Neubacher	43	Germany	70.0km	11:52:04

50 Km Walk

1. Peter Gray	35	VIC	50 km	06:58:29
2. Brian Hamer	47	VIC	50 km	23:14:23
Merv Lockyer	68	VIC	20.4 km	02:32:46

Australian Residential Records

Ann Staunton	35	ACT	50 miles	10:52:27
Carol Baird	50	ACT	100 km	13:39:33
Carol Baird	50	ACT	100 miles	22:16:43
Carol Baird	50	ACT	24 hours	169.607 km

Australian All Comers Records

Sandra Brown	50	England	50 miles	09:08:52
Sandra Brown	50	England	100 km	11:33:24
Sandra Brown	50	England	100 miles	19:14:56

FINANCIAL NEWS

It has been a quiet month for finances but a special thank you to Deryck Skinner who donated his money from officiating over 4 days at the Adelaide Sunday Mail Bay Fun Run Series. Thanks Deryck!

Incoming:	Donation – Deryck Skinner	140.00
Outgoing:	Photocopying and postage	24.48
Balance:		843.92

UNTIL OUR NEXT NEWSLETTER

Our year has nearly finished but I won't close the books yet as we may see some walkers in action in the Victorian 6 Hour Championship later this month. With our warmer summer months now just around the corner, I have dusted off the walking shoes and am enjoying some pleasant low key strolls. I know that I am in good company as our many friends around the world are also doing the miles. May you all have many enjoyable walking experiences over the coming months.

Yours in Centurion walking

Tim Erickson (C 13)
Secretary, Australian Centurion Walkers Inc.
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