

# CENTURION FOOTNOTES

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## DATES...DATES...DATES

August 11-12, 2007	<b>4<sup>th</sup> Malaysia International 24 hour walk</b>	Kuala Lumpur, Malaysia
August 10-12, 2007	Australian 48 Hour Championship	Gold Coast, Queensland
September 28-29, 2007	Sri Chinmoy Australian 24 Hour Championship	Adelaide, South Australia
November 5, 2007	Victorian 6 Hour Track Championship	Newborough, Victoria
November 24, 2007	12 Hours of Penang	Penang, Malaysia
19-20 April 2008	Coburg 24 Hour Carnival, incorporating the <b>2008 Australian Centurions Qualifying Event</b>	Coburg, Victoria

Two items of significant news on the local front.

- First, we have settled on a date for our 2008 Australian Centurion event – 19/20 April 2008. We will partner with Coburg Harriers as usual.
- The second big item of news is that the on-again-off-again Colac 6 Day event is now officially off. An effort had been made by a new Committee but, with only a few months to go, entries were small and confidence was low. The plug has now been pulled and this probably spells the final end to this classic event. Alternatives are being discussed and I have a brief summary later in the newsletter.

## NEWS ON OUR MEMBERS

The big news on the local front is that **Terry O'Neill (C 18)** and **Karyn Bollen (C 45)** have announced their engagement. This is great news and we can already hear the wedding bells in the offing. Terry and Karyn have won the Racewalking Australian 100 km racewalking championships for the last 2 years and are regulars on the ultra scene. Congratulations!

**Peter Bennett (C 24)** is travelling to Kuala Lumpur this month to compete once again in the Malaysia International 24 Hour Walk. It is expected to be very hot and extremely humid and we will keep our fingers crossed for you Peter.

**Geoff Hain (C 49)** and **Andrew Ludwig (C 25)** will be competing the same weekend in the Australian 48 Hour Championship in Queensland. It will be a big month for us. Good luck also to Geoff and Andrew.

**Sandra Brown (C 36)** continues to mix ultra running and ultra walking with her usual success. She reported recently on her successful venture across the channel for the Sugeres 48 Hour event, held on May 12. Husband Richard also competed and is another to successfully mix the running and walking disciplines.

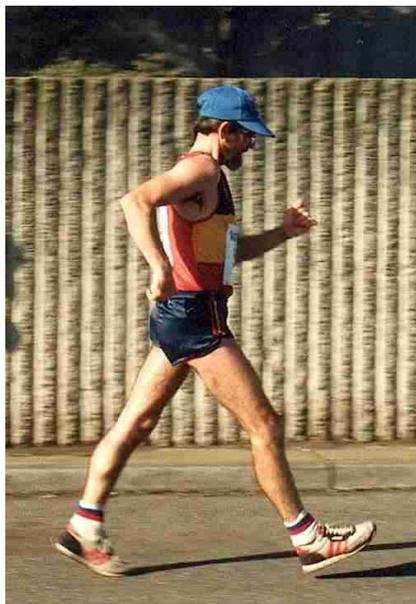
We went to Sugeres in May for the 48h track event - the 27<sup>th</sup> running of the event where Yiannis has recorded some of his great performances. We enjoyed it very much, and combined the run with a couple of days holiday in that very nice part of SW France. We both did around 195km in 24h. Richard was starting to suffer a knee problem even then, but walked on and had to stop after a few more hours. I walked on steadily (under instructions not to do anything rash before the world 24h this month!) I finished with 327 and some kms, and was very pleased to go over 200 miles. It's a GB W55 best, and 10kms short of Irina Reutovitch's world W55 best of 337kms (which must be due for major revision as further excellent Russian runners approach the age group.) Walking (and a bit of running) 48h was surprisingly enjoyable. As always, runners are fascinated to see what walkers can do! This event is very well organised indeed, and builds on years of experience and great community backing. We were very helpfully supported by Kathy Crilley from home.

For the record, the running was fantastic and final placings were as follows

1	OTAKI MASAYUKI	JPN	M	42	426,448
2	MANGAN TONY	IRL	M	50	401,115
3	SAKURAI KANAME	JPN	M	42	372,765
4	EREMINA GALINA	RUS	F	54	367,337
5	KOVAL IRINA	RUS	F	48	355,876
6	DIMITRIADU MICHAELA	CZE	F	33	353,162
7	CONRAUX EMMANUEL	FRA	M	38	351,051
8	ONDRUS JAN	CZE	M	52	347,130
9	KAMURA MASAE	JPN	F	49	345,924
10	PALLARUELO GILLES	FRA	M	44	342,908
11	<b>BROWN SANDRA</b>	<b>GBR</b>	F	58	327,527
12	POWELL SANDY	USA	F	49	310,638

13	DAVID CHRISTINE	FRA	F	49	309,130
14	PILGARRD METTE	DAN	F	46	306,114
15	KISS ZOLTAN	HUN	M	38	282,590
16	SEMUR JOËLLE	FRA	F	46	267,510
17	SOLNIKA PETR	CZE	M	47	259,367
19	<b>BROWN RICHARD</b>	<b>GBR</b>	M	60	233,732
20	RUSSIAS PIERRE	FRA	M	63	216,542

I realised that I did not have an action photo of the late **Tim Thompson (C 6)** who died in May. Stu Cooper has passed on a few to me and I am publishing this fine one of Tim competing in a 50 km event at Fishermans Bend in Melbourne in the 1980s. Tim was a fine racewalker as well as a Centurion and he had a best 50 Mile walk time of 8:48:06, set in 1975 at Mentone in Melbourne.



**Tim Thompson (C 6) in action.**

#### THE DEMISE OF COLAC AND FUTURE ALTERNATIVES

You can read about the official demise of the Colac 6 Day Race in the following newspaper article: [six-day-race.pdf](#). But there may be some light at the end of the tunnel as Lee Troop (Australian Olympic Marathoner) has posted this on the Coolrunning website:

To all ultra runners,  
I am considering putting in a proposal to take over the running of the Colac 6 day race.  
As some of you may know, I formed my own company TEAM (Troop Events and Management) 2 years ago and run the Ron Clarke Classic National A-Series Track Meet along with staging last years Nathan Deakes Race Walking Challenge in which Nathan broke the World Record for the 50km.  
To ascertain whether there really is a future for the event, I would like people to give me some feedback on what they believed has worked and failed in previous years.  
I also need to know that if the event was to be staged, a commitment of your involvement to see if numbers are viable to sustain such an event.  
The Colac 6 day race is such a iconic event and I believe I can resurrect it to it's former glory but revamping it to make it much more entertaining.  
Athletes still have to run for 6 days so nothing changes there, but maybe memorial square has seen its day and maybe a bigger venue close by may need to be looked at.  
Events like this need sponsors and they are involved in events that are vibrant and enthusiastic and I would want to have a giant TV screen, music, entertainment, marquees etc.. to make this a entertaining event. I always say that 110,000 people turn up to the Melbourne Cup and most are not there for the horse racing!!  
Please write in and I will way up whether this is a worthwhile venture or whether it may be close to finishing. You people are the ones that these events are put on for, so please let me know your thoughts.  
Another possibility is moving the event to Geelong.  
Cheers  
Lee

Lee has also raised the possibility of some kind of celebratory farewell race in Colac and the proposal at this stage is for a 48 Hour event starting on Dec 29<sup>th</sup> and finishing on New Year's Eve. Phil Essam is trying to help Lee in this venture and invites constructive comments from those interested in ultrarunning in Australia. He will collate all such feedback

to pass onto Lee. In particular, Phil would like to know of any runners or walkers who would be interested in participating in such a celebratory 48 Hour event at the end of the year. You can email Phil at [pessam@bigpond.net.au](mailto:pessam@bigpond.net.au)

### CLERICAL MEDICAL PARISH WALK, ISLE OF MAN, 23 JUNE 2007

1330 entered and more than 1100 started the 85 mile Clerical Medical Parish Walk around the Isle of Man. In this British classic, walkers must visit every Parish church on that island – indeed competitors have to touch the gate of each church as they pass. Once again, Robbie Callister was the winner.



The start

(photos from <http://www.parishwalk.com/>)



Robbie Callister at Andreas

The following fine report by Isle of Man Newspapers Sports Editor John Watterton sums things up nicely

#### Callister controls Parish Walk to secure fifth win

Robbie Callister was in control of the 2007 Clerical Medical Parish Walk from the second his rival and friend Sean Hands retired at the top of Ballakillowey on the lower levels of the Sloc. Every time the Castletown man has led at the top of the Sloc (or Peel too for that matter), he has never lost a Parish and he duly rattled up his fifth success in seven years with the seventh fastest time ever. Such is his consistency and speed, Callister has recorded four of the fastest seven finishing times in the history of the event. The purists would say that Robbie's style is not that of an out-and-out race walker, though this year it looked a little more refined, but it sure is effective.

Now one short of John Cannell's all-time record of six wins, Callister has one burning ambition left ? to win a hat-trick of Parish Walks. His initial bid was scuppered in 2003 when Peter Kaneen, one of the Island's race walking elite, beat him to the prize, while the second likely three-in-a-row came to an end last year when Hands produced that blistering, memorable record-breaking performance. Whether Callister will have the pace in his legs at 54 to finally achieve that feat in 2009 (assuming he also wins next year) is open to debate, but he shows no sign of letting up. He is the current-day king of the Parish Walk.

Most of the leading contenders left the NSC start in convoy. All eyes were on Callister, Hands, Sue Biggart, Ray Pitts, Michael George, Roy Crellin and one or two more, but it was Jane Gibson ? who had slipped through the net as far as having a graded number as a previous finisher of the event ? who set the early pace. Down as Kathryn Kennaugh (her middle and maiden names), the former leading short distance walker certainly had the radio commentators bamboozled as she headed away from Braddan Church towards Union Mills. The fairer sex were certainly quick off the mark and Sue Biggart was first to reach Marown (her own parish church) closely followed by her training partner Ray Pitts.

The first of the roads restricted to race traffic, the Glen Darragh Road between Glen Vine and the Braaid, and the Oatlands Road between Santon Straight and the Old Castletown Road, enabled the race pattern to be set. By Santon Church (11.5-miles) Callister and Hands were out in front, registering their time on the Manx Telecom wristband timing system at 1hr 54min, followed three quarters of a minute later by southsider Andrew Titley and northerner David 'Lon' Chambers. Sue Biggart had slipped to eighth, with Jane Mooney 10th and Jane Kennaugh 12th - remarkably close to their finishing positions 20 or so hours later.

Eight miles farther on at Rushen, Callister and Hands were still out in front and seemingly set for another close battle as had been largely predicted. They clocked in at 11.20 and 30 seconds, just three hours 20 minutes after setting off from Douglas, now enjoying a 90s lead over new third place man Michael George who was steaming along nicely, closely pursued by Pitts, with ex-Marine Thomas Melvin joining Titley on the road in fifth spot. Within 20 minutes, the race had turned on its head and Callister was ploughing a lone furrow up the Sloc without his mate and sometime training partner Hands.

'My calves and my hamstrings were tightening a little, but to be honest my heart wasn't really in it this year otherwise I would have battled through that,' said the 2007 hero. 'In short I've been a bit lazy over the winter and not prepared for this as well as I should have done.'

Both great sportsmen, Callister offered to slacken the pace to enable his companion to get over his initial bad patch and hopefully continue, but Hands insisted he carried on without him.

Now all alone on the road, Callister arrived in Peel a little before 1.39pm in a race time of 5:38.44, 6m 44s down on the record schedule established by Hands 12 months earlier. There was a slight scare for the four-times winner as he negotiated the Town Hall steps, a touch of cramp in the back of his left hamstring causing him to ease up as he walked away up Derby Road and down Church Street (past the chippy without being tempted to invest).

Second on the road, 3m 44s in arrears was Douglas hotelier Michael George, looking strong, if a little warm, followed by Ray Pitts at a similar margin, then a gap of more than 15 minutes before Sue Biggart and Thomas Melvin exited the town - both having overhauled Steve Partington who made a pre-arranged stop. He left four minutes later in tandem with Eammon Harkin.

Callister reached Kirk Michael at 2.48pm with an extended six-minute advantage over George, while the leader hit the halfway point at Ballaugh in 7hr 20min 10sec, still within nine minutes of last year's record pace. Positions remained largely unchanged up the northwest coastline, with the exception that Melvin moved ahead of Biggart and Harkin in front of Partington. At Bride, the most northerly point of the 85-mile route, Callister had extended his lead to 7m 17s over George, with Pitts at a further eight minutes in third.

Dozens applauded and cheered the leaders (indeed all the competitors who passed that way) at Andreas where not one but two roadside barbecues and random drinks stations had been set up 100 yards apart in Le Tour style. But the party appeared to be over for George a couple of miles down the road at Kerroogarroo where he was visibly slowing. The gap between him and leader Callister had shot up to 12 minutes and Pitts was reeling in the struggling Douglas man by the yard. George inevitably lost second place to Pitts at St Jude's and frankly looked in all kinds of difficulties.

At Maughold, the social club members were out in force, downing more G&Ts and burgers than any of the competitors would dare to attempt. By now, Callister, Pitts and co were well on their way to the next church at Lonan and while the record was not looking on, it was still possible that both men could be in line for a personal best at least.

The main accolades were once again reserved for that man Robbie Callister who looked and appeared as fresh as a daisy at the finish.

'It's a shame Sean (Hands) went out so early on. I thought we were on for another close battle up until then and I was all set for Sean to take it again really. It was a long, hard race and the conditions were very mixed. I started fast with Sean and maintained the pace to Bride, but I knew Michael George had slowed so I slackened my pace and consolidated my lead. The standard of race walking in the Isle of Man is amazing. There were some great performances out there - next year will be even harder.'

And to finalise proceedings, here are the first 20 places from this famous annual 85 Miles race.

1	Robbie Callister	15:36:47
2	Ray Pitts	15:51:42
3	Michael George	15:57:00
4	Eammon Harkin	16:40:24
5	Thomas Melvin	16:46:53
6	Jock Waddington	16:48:18
7	Sue Biggart	16:49:46
8	Steve Partington	17:13:50
9	Terry Moffat	17:21:38
10	Jane Mooney	17:26:36
11	Martijn Biesmans	17:29:41
12	Alison Brand	17:31:18
12	Kathryn Kennaugh	17:31:18
14	Catherine Lowey	17:37:34
15	Michael Shipsides	17:40:28
16	Andrew Titley	17:49:56
17	Dave Cain	17:55:09
18	Mark Hemsall	17:58:06
19	Kevin Marshall	18:10:06
20	Julian Thomas	18:10:35

**BLACKPOOL 50 MILE, STANLEY PARK, BLACKPOOL, LANCASHIRE, 14 JULY 2007**

It was in 1909 that the first Manchester to Blackpool walk was held and the great Tom Payne won it in 7:43:53. The distance was 48¼ miles and there were 22 starters. Nearly 100 years later, the event is still going strong, making it probably the longest running road walk in the world. It stopped during each of the two World Wars but, apart from that, it has been almost continuously contested. The distance has varied depending on the course chosen but it has always been around the 50 mile mark.

Many of the most famous names in British walking won this tough hilly 'fifty'. It offered three sorts of medals for finishers – one for those select few who broke 8 hours, one for those serious walkers who broke 9 hours 30 minutes and one for all other finishers. Many walkers walked it on multiple occasions and at different speeds so that they could get all 3 medals. Of course, few walker have broken the 8 hour barrier and it remains a wonderful achievement for a walker. As a comparison, our Australian 50 mile walk record, held by Victorian Clarrie Jack, is 7 hour and 57 minutes.

This was one of many point-to-point classics in England and was one of the last to disappear from the roads. It has now been replaced by a 50 Mile walk in Blackpool's Stanley Park. Like the Brighton Classics, this event concluded with a traditional sea bath.

This year's edition has just completed and expatriate Melbourne walker Mark Wall reports as follows:

I am attaching the result from the 50 mile on the weekend. This is my second Blackpool finish, 23 years after the 1984 Manchester to Blackpool (51.75 mile). I did something like 9:41 or 9:47 then.

At my age and with my experience, you would think I would know training sessions of 3-5 mile or races of 20km do not prepare you well for this. However after 6 months of a persistent virus, emotional upheaval, regular DNFs' or Dqs' and worn out body parts, this was the result. It is now almost 11 months since my last training excursion of 5 hours or more and a similar time since I completed a race distance greater than 30km (remember I was dq'ed at 25km in the RWA 50km last year, whilst in 3rd place under 5hr pace).

Now to this event: The event was held over a course involving just under 4 laps of the Blackpool athletic track, followed by 32 laps of a 1.5 mile course with 3 laps of the track to conclude. The circuit was bitumen paths in variable condition but included a step off and step up of a kerb at the end of each lap. This became that little bit harder each lap.

Martin Fisher retained the title he has held for several years after catching a surging break-away by John Paddick (1964 Olympian at 50km). Third place was decided only in the shadow of the track as Graham Jackson, son of Denis Jackson (UK 50km International, fondly recalled by some VAWC members) outpaced Chris Flint.

Joe Hardy walked a controlled race but was almost caught by a consistent Tony Collins. David Watson, returning to ultras for the centenary event here, suffered badly and needed to be added as he struggled to finish through his concluding lap, officials by his side for a long 1100 metres.

Hard woman of British walking Cath Duhig (she is one of the few from ultra walking who is competitive in normal distances) walked solidly but she has been almost 40 minutes quicker in previous years.

After what was intended to be a moderate start, I had to ease back off the leaders about 20 mile. The pace was inviting, consistent 16:45's but slipped it back to 18's. The winner was about the former pace all the way.

Dave Findall-Hawkins deserves a mention if only for the fact that he is a newbie. He has run a few 100 milers and intended to do enough to finish here. I do leisurely 50-60 minute sessions on Monday with him and he intended to finish between 10:40 and 10:50. He broke the 10 barrier. The 100 mile in 2 weeks time is the big target. I might use him for pace!

John Constandinou, at 35 years old, was the youngest finisher. He was with the lead pack but had to ease off.

I hope this is of interest to you back home. It is the last of the great distance classics and I am proud to have gained a second finishers medal. The requirement being a finish in under 11 hours.

Regards ... Mark

Gender	Position	Athlete	Club	50km Time	50 Mile Time
F	1	Cath Duhig	Loughton	06:02:21	09:50:36
F	2	Sereena Queeney	E & H	06:54:01	11:15:44
F	3	Sue Rey	Leic WC	06:19:23	
F	4	Hazel Fairhurst	Lancs. WC	06:53:20	
M	1	Martin Fisher	Yorks WC	05:44:28	09:18:17
M	2	John Paddick	Redcar WC	05:41:14	09:20:38
M	3	Graham Jackson	York CIU	05:43:49	09:28:31
M	4	Chris flint	London Vid	05:48:28	09:29:55
M	5	Joe Hardy	Lancs WC	05:49:45	09:36:36
M	6	Tony Collins	Birchfield	05:52:30	09:38:04
M	7	David Watson	Surrey WC	05:48:06	09:45:55
M	8	<b>Mark Wall</b>	Leics. WC	05:51:28	09:52:09
M	9	Dave Findall-Hawkins	MMKAC	06:10:53	09:58:32
M	10	Bob Austin	MMKAC	06:08:16	10:09:14
M	11	Parminder Bhatti	Birchfield	06:11:51	10:18:25
M	12	John Constandinou	Birchfield	05:53:48	10:32:35
M	13	John Fenton	Birchfield	06:26:16	10:43:10
M	14	David Toms	Unattached	06:49:48	11:34:21
M	15	Ed Shillibeer	London Vid	05:31:38	

M	16	Dave Compton	Lancs WC	05:57:45
M	17	Alf Short	Lancs WC	06:13:24
M	18	Dave Fall	Birchfield	06:15:53
M	19	Richard Cole	York CIU	06:53:20
M	20	Jol Martyn Clark	LDWA	07:13:29

Pictures of the big event can be seen at <http://www.pbase.com/shelleylauren/blackpool50>. Some of the numbers are; 1 Tony Collins, 2 John constandinou, 3 Parmindar Bhatti, 14 Joe Hardy, 23 Ed Shillabeer, 30 Graham Jackson, 34. David watson, 36 Mark Wall, 37 Sue Rey, 39 Sereena Queeney, 40 John Paddick, 41 Chris flint, 42 Dave Findall-Hawkins, 43 Bob Austin, 44 Cath Duhig, 46 Martin Fisher

Amongst the photos is this one of Mark in transit (number 36). Mark never managed to complete the magic hundred mile distance when he tried as a young walker in the late 1970's and the best he managed was in 1979 when he retired at the 50 mile mark in 10:52. His 50 mile time this year of 9:52:09 means that he is in with a real show of achieving one of his big aims. Will he do it in the 2007 British Centurions event – you will have to read on to find out.



Expatriate Aussie Mark Wall (number 36) in action in Blackpool

#### BRITISH CENTURIONS 2007 QUALIYING EVENT, BATTERSEA PARK, LONDON, 28-29 JULY

The annual British Centurion qualifier event has been completed and what a successful event it was. Of the 58 entries, 54 started, 28 finished the 100 mile walk within the 24 hour limit and there were 8 new Centurions (C 1055 – C1062). It was a very wet night with over 9 hours of heavy rain but spirits were obviously undaunted **Jill Green (C 38)** completed her hundred in 23.49.42 and won the Chas Shelley Trophy for the first woman finisher over 65 years of age. **Sue Clements (C 35)** completed 40 miles while expatriate Aussie **Mark Wall** was forced to retire at 44 miles and was unable to reproduce his fine form from the Blackpool 50 Mile event 2 weeks earlier.

Dutch walkers dominated this year. How's this for a successful invasion!

- The first three places in the men's event
- The first two places in the women's event
- The Hew Neilson Trophy for the first New Centurion
- The Sunday Dispatch Trophy for the best Team.
- The Hammond Cup
- The Bristol Trophy
- The Ko v.d.Kwaak Cup for winning Centurion match between England versus Holland
- The Bill King Memorial Trophy

And now onto the results

<u>Pos</u>	<u>C-Nr</u>	<u>New C.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
01.	1031		Marcelino Sobczak (Netherland)	A.V. Unitas Sittard	19.14.08
02.	1022		Frank van der Gulik (Netherland)	S.V de LAT Amsterdam	20.25.36
03.	1009		Boetje Huliselan (Netherland)	OLAT St.Oedenrode	21.07.53

04.	849		Chris Flint	London Vidarians	21.14.40	
05.		1055	Annie van der Meer (Netherland)	R.W.V. Rotterdam	21.18.00	1st lady
06.	957		Marcel Dekker (Netherland)	S.V. de LAT Amsterdam	21.27.04	
07.	1038		Andrew Titley	I.O.M. Veterans A.,C.	21.34.46	
08.		1056	David Findel Hawkins	Milton Keynes A.C.	21.57.13	
09.	980		Robert de Wolf (Belgium)	R.W.V. Rotterdam	22.10.27	
10.	789		Oliver Browne	Iford A.C.	22.11.41	
11.		1057	Harm Voortman	S.V. de LAT Amsterdam	22.32.42	
12.	1004		Connie Raijmakers (Netherland)	OLAT St.Oedenrode	22.39.42	2 <sup>nd</sup> lady
12	1005		Huib Raijmakers (Netherland)	OLAT St.Oedenrode	22.39.42	
14.		1058	Ludo Schaerlaeckens (Belgium)	Sparta Bornem	22.41.28	
15.	929		Co de Jong (Netherland)	R.W.V. Rotterdam	22.48.41	
16.	788		Martin Fisher	Yorkshire RWC	22.49.20	
17.	688		Anthony Collins	Birchfield Harriers	22.58.13	
18.	977		Piet van der Kroft (Netherland)	R.W.V. Rotterdam	23.01.49	
19.		1059	Karsten Kohler (Germany)	unknown	23.07.10	
20.		1060	Rik Weverbergh (Belgium)	OLAT St.Oedenrode	23.10.38	
21.	986		Cath Duhig	Loughton A.C.	23.28.11	3 <sup>rd</sup> lady
22.		1061	Caroline Schoors (Belgium)	R.W.V. Rotterdam	23.37.45	4th lady
22.		1062	Rudy Schoors	R.W.V. Rotterdam	23.37.45	
24.	1054		Hedwig Vandeputte (Belgium)	R.W.V. Rotterdam	23.42.41	
25.	912		Kevin Perry	Southend A.C.	23.44.30	
26.	938		Hans van der Knaap	R.W.V. Rotterdam	23.45.43	
27.	898		Jill Green	London Vidarians	23.49.42	5 <sup>th</sup> lady
28.	958		Ken Watts	London Vidarians	23.51.16	
29.	825		Leo Houben (Netherland)	R.W.V. Rotterdam	23.59.20	98 miles
30.			David Toms	Brandon	22. ?..?..	80 miles
31.	944		Jaap Visser (Netherland)	R.W.V. Rotterdam	14.22.53	68 miles
32.	968		Ian Statter	Surrey W.C.	13.08.00	64 miles
33.			David Fall	Birchfield Harriers	17.57.59	62 miles
34.			David Manning	Birchfield Harriers	13.42.36	60 miles
35.			Claude Herman (Belgium)	OLAT St.Oedenrode	15.09.06	60 miles
36.			Sean Pender	Enfield A.C.	12.01.57	52 miles
37.			Michael Sutton	Iford A.C.	10.57.23	50 miles
38.	949		Frans Leijtens (Netherland)	R.W.V. Rotterdam	11.00.35	50 miles
39.			Serena Queenie	Enfield A.C.	12.01.51	50 miles
40.	760		Richard Brown	Surrey W.C.	10.21.27	48 miles
41.			Wim Veerman (Netherland)	R.W.V. Rotterdam		48 miles
42.			Mark Wall	Leicester W.C.		44 miles
43	1042		Ties van de Berg (Netherland)	SV de LAT Amsterdam		44 miles
44			Gary Mac Donald	Ashford A.C.		44 miles
45.	C-950		Sue Clements	London Vidarians		40 miles
46.			Steve Kemp	Southend A.C.		40 miles
47.	1001		Kevin Marshall	Iford A.C.		38 miles
48.	724		Roger Michell	Surrey W.C.		38 miles
49.	965		Ronald van Meensel (Belgium)	R.W.V. Rotterdam	07.59.23	36 miles
50.			Bill Kingston	Bristol & West A.C.		32 miles
51.	639		Theo Tromp (Netherland)	OLAT St.Oedenrode	08.19.28	32 miles
52.	1025		Hans de Vries (Netherland)	OLAT ST.Oedenrode		24 miles
53.	933		Kathy Crilley	Surrey W.C.		24 miles
54		4 <sup>th</sup> att	Geoff Hoggett	Surrey W.C.	02.13.10	08 miles

### Team Results

OPEN TEAM "Sunday Dispatch Trophy": SV de LAT Amsterdam (Frank v.d.Gulik, Marcel Dekker, Harm Voortman)

### Annual Centurion Match

"Ko van der Kwaak Cup" - British Centurions versus Dutch Centurions (6 to score)

Dutch Centurions = Marcelino Sobczak (1), Frank v.d.Gulik (2), Boetje Huliselan (3), Marcel Dekker (6), Connie & Huib Raijmakers (12,13)

### Centurions Awards

“Hammond Cup”	- 1 <sup>st</sup> male Centurion	= C-1031 Marcelino Sobczak
“Bristol Trophy”	- 1 <sup>st</sup> female Centurion	= C-1004 Connie Raijmakers
"Hew Neilson Trophy"	- 1 <sup>st</sup> New Centurion	= C-1055 Annie van der Meer
“Chas Shelley Trophy“	- 1 <sup>st</sup> female finisher at 65 years age	= C-898 Jill Green
“Bill King Memorial Trophy	- youngest finisher	= C-1022 Frank van der Gulik

Point your browser to <http://www.flickr.com/photos/racewalkingrecord/sets/72157601118907182/> for a huge collection of photos compliments of Tim Watt.



Chris Flint (picture from <http://www.surreywalkingclub.org.uk/>)

### AND TALKING OF THE 1000 MILE WALK

In the last issue, I alluded to an Australian based 1000 Mile walk being organised by Val Moran. It's full steam ahead now with the website up and running (see <http://www.1000milewalk.org.au/>) and a promotional DVD cut and distributed. I have been forwarded a copy of the DVD and it has an interview with Val, plenty of footage of her in training (and she looks pretty good!) and other materials relevant to the 1000 Mile walk. I am happy to post a copy to anyone who would like it. Just email me.

To summarise, the walk will occur at Lennox Gardens, Yarralumla, in Canberra, starting on **Sunday 7 October 2007** and hopefully completing on **Saturday 17 November 2007**. The walking will be done on a 2.5km walking track and, to complete 1000 miles in 1000 hours, Val will need to walk approximately 40km per day for 42 days.



Val Moran – attempting 1000 miles in 1000 hours (42 days) in October – November in Canberra

Val is walking to raise money for “sids and kids” (<http://sidsandkids.org/act/index.html>) who provide health promotion, research programs, and bereavement services and resources to families who suffer stillbirth or the sudden death of a child from any unexpected cause. Val, whose ancestor Emma Sharp walked 1000 miles in 1000 hours in 1864, is walking in remembrance of her own child.

What can you do?

- Think about a trip to Canberra (for those retired readers) to support Val and her husband Peter and their team
- Help Val achieve her goal by sponsoring her today. Make your donation directly into SIDS and Kids ACT 1000 Mile Walk account  
 BSB : 062 912  
 Account : 10178272  
 Alternatively you make your cheque out to 1000 Mile Walk and send it to :  
 SIDS and Kids ACT  
 PO Box 3118  
 Weston ACT 2611  
 All donations over \$2 are tax deductible. Receipts will be issued on request.

### HARRY TETLOW – NEW ZEALAND ULTRA WALKER EXTRAORDINARY

I like to occasionally focus on the walkers who competed with distinction in the decades before the Australian Centurions were founded in 1971. In this issue, I will discuss New Zealand walker Harry Tetlow who set an Australasian 50 Mile record of 8:25:37 in 1956. This still stands as one of the best 50 Miles walks done on Australian soil and indicates that Harry would have had little trouble qualifying as a Centurion if the chance had arisen.

Harry Tetlow had much in common with New Zealand's most famous racewalker, Norman Read, the 1956 Olympic 50 km champion. Both were originally from England and both were club mates, competing in New Zealand for the Lower Hutt Athletic Club.

But from a walking perspective, they were like cheese and chalk. While Norm was a stylish walker who was both fair and fast, Tetlow was a very tall gangly chap with what would these days be considered an exaggerated gait.

Although Norm was always the dominant walker, both walkers played a big part in the development of race walking in the Wellington area. Race walking was almost unknown when they entered the local scene. A solitary walker might have had difficulty getting races included in a programme. Having a couple on hand make that job just a bit easier.

The pair took every opportunity. Racing on Tuesday nights with the Petone Athletic Club, Wednesday nights with the Lower Hutt Club, and Thursday nights with the NaeNae Club, they quickly became noticed! Most of their track walks were in those days were over the one mile distance.

Harry Tetlow made a couple of trips to Australia. When he was there in 1954, amongst other races, he competed in and won the Victorian Amateur Walkers' club 50 mile championship. The course was around Albert Park lake with laps of approximately 5 km – 16 laps being required to complete the requisite 50 mile distance. His time was a commendable 9:48:58 and he won by nearly 1 hour from local walkers Fred O'Grady and Bernie Claughton.

He returned in 1956, managing a small team of walkers including Norm Read. The aim was to train for the 1956 Olympics and they based themselves in Melbourne and raced and trained throughout the winter. The Australian 50 km trial was held in September 1956 and both Read and Tetlow were both amongst the starters. The results show that Norm won (4:30:16), thus gaining NZ representation and going on to win the gold in the Melbourne Olympics, but Harry was 7<sup>th</sup> (4:59:53), his time too slow for NZ selection.

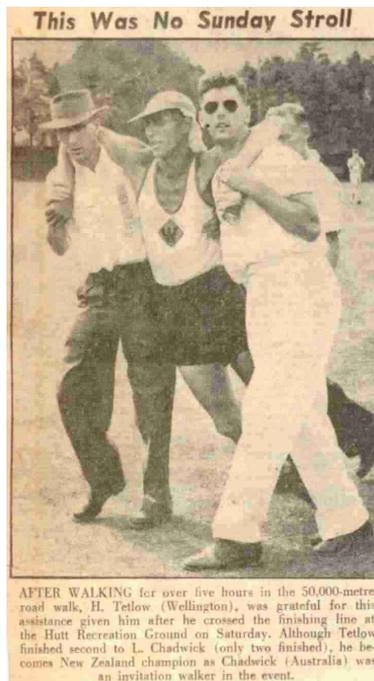
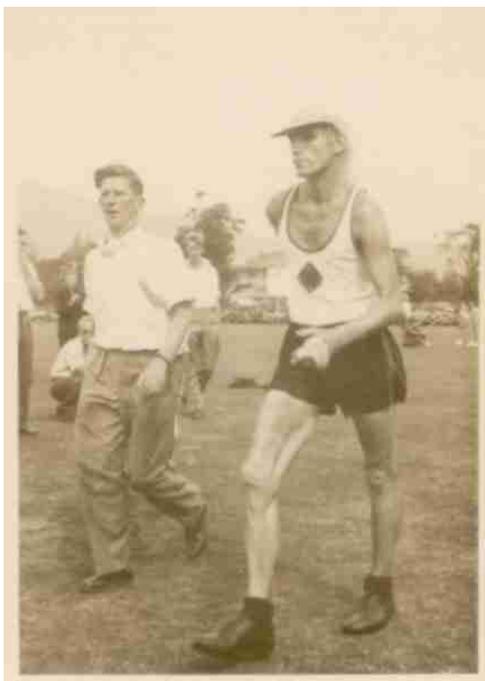
He stayed on in Melbourne while Read prepared for his Olympic race and, in October 1956, recorded what was perhaps his finest walk. Once again, it was in a **VAWC 50 Miles Club Championship** and once again, he won, breaking the 9 hour barrier for the first time in Australasia and thus setting a **new Australasian best of 8:25:37**. The venue was Princes Park and some 25 laps of 2 miles were required to complete the full race distance. Held only a month before the Melbourne Olympic Games, the event attracted a good field but none could go with Harry. He won by nearly 20 minutes with Australian Centurions co-founder Tom Daintry a distant second in 8:46:02.

This remained as the Australian record until surpassed by Jim Gleeson in 1962 but, such was its excellence, it still ranks as the fourth best 50 Mile walk done on Australian shores.

Clarrie Jack	34	07:57:53	03/11/1979
Tim Erickson	24	08:14:46	18/10/1975
Gleeson, James	31	08:15:19	14/10/1962
Tetlow, Harry (NZ)	??	08:25:37	28/10/1956

Now surpassed by Norm, Harry continued to race in New Zealand for many years and can rightly be considered one of the major influences in the sport of racewalking in that country.

His only National Championship win was in March 1958 when he won the New Zealand 50 km championship in Lower Hutt. On that occasion, he finished second to Australian walker Len Chadwick but was the first New Zealander to finish so took the title. His time in the hot conditions was 5:59:30 and his collapse at the end was captured by the local newspapers. The toughness of the conditions can be inferred from the fact that he had been second to Read in the National 50 km title in 1956 and 1957, his times being 5:12:09 and 5:07:59 respectively.



**Harry Tetlow wins the 1958 New Zealand 50 km championship**

He was a first rate organiser and, in 1957, arranged for a group of young Victorian walkers to tour New Zealand. He arranged lodgings for the visitors, transfers to his athletics club NeeNae and even organised jobs for the boys in the Hillman car plant where he worked. With the 1960 Olympics coming up, he arranged a tour to take in the Rome Games and planned to take a small group of New Zealand walkers to the continent. I am not sure if it ever came off but it would not have been for lack of effort or organizational skill.

He is remembered with great fondness in New Zealand for his racing spirit and for his many efforts to further the sport.

**FINANCIAL NEWS**

I had to make a major outlay this month to restock on Centurion silver and bronze medallions. The cost has gone up to \$10 per medallion so it was a major once off expenditure. So if you haven't donated in the last year or more, now is a good time to renew your commitment to the club.

Incoming	Tim Erickson – donation	400.00
Outgoing	'The Shed' – new Centurion silver and bronze medallions	480.00
	Postage	15.50
Balance		\$ 327.63

**UNTIL OUR NEXT NEWSLETTER**

Another action packed newsletter. Good luck to our Australian Centurion members competing in ultras this month. I might even be persuaded to go for a long stroll myself to provide moral support.

Yours in Centurion walking  
 Tim Erickson (C 13)  
 Secretary, Australian Centurion Walkers Inc., 1 Avoca Cres, Pascoe Vale, Victoria, 3044